Coronary Care Unit (CCU)

Relative information guide
Welcome to the Coronary Care Unit (CCU) at the Golden Jubilee National Hospital.

**Why has my relative been transferred to the Golden Jubilee National Hospital and not their local hospital?**

The Golden Jubilee National Hospital provides regional and national heart and lung services, investigations and procedures for the West of Scotland. These include the emergency procedure called primary Percutaneous Coronary Intervention (pPCI) and urgent coronary angiogram which are not available in most local hospitals.

**What is primary PCI?**

Primary Percutaneous Coronary Intervention (pPCI) is an emergency procedure used to open a blocked coronary artery. This blockage results in Myocardial Infarction (MI), more commonly known as a heart attack.

This treatment helps restore the blood supply to the heart muscle by opening the blocked coronary artery and, in some instances, inserting a small mesh tube called a stent.

**What is a coronary angiogram?**

Your relative may have been transferred to the Golden Jubilee from another hospital for an urgent in-patient angiogram if they have been having increasing anginal symptoms or have had a small heart attack. A coronary angiogram is a diagnostic test used to identify any narrowing or blockages in the coronary arteries. If a narrowed or blocked artery is diagnosed your relative may, in some instances, have a stent inserted.

In most cases this procedure is carried out via an artery in the wrist but in some cases it is done via an artery in the groin. Your relative will then be on a period of bed rest until it is safe for them to walk around the room. This will be advised by the nursing/medical staff.
Transfer of your relative to their local hospital

If your relative has had a complication free recovery following their procedure we will aim to transfer them back to their local hospital within 24 hours of admission. This involves discussion with the local hospital and ambulance service to ensure a bed and transport are available. We will notify the next of kin once the transfer has been arranged. Sometimes transfers can happen at short notice. However we will keep you updated of transfer arrangements as early and often as possible.

Cardiac rehabilitation

Cardiac rehabilitation is an important part of the recovery process following a heart attack and will, in most cases, be commenced at your local hospital. Your relative will be given more detailed information regarding cardiac rehabilitation at the time.

Information about Coronary Care Unit

When entering the Coronary Care Unit (CCU), please report to our staff at the nursing station who will provide more information.

Visiting times

3.00pm – 5.00pm
6.00pm – 8.00pm

Visiting outside of these times can be arranged at the discretion of the nurse in charge. If you wish to bring children under the age of 12 to visit, please clear this with the nurse in charge in advance. Visiting out-with these times is limited to two visitors at the bedside; this is for the safety of the patient and to ensure they are getting the rest and recovery time they require.

Please ensure all mobile phones are switched to silent.
Infection Control

When you enter or leave the CCU, please use the gel provided at our various hand hygiene stations.

Please refrain from sitting on patients beds. Seats can be found in the patients rooms.

Avoid visiting if you are experiencing cold or flu like symptoms or have recently recovered from a stomach upset

Meal Times

We have protected meal times. Please do not visit during the following hours unless a prior arrangement has been made with the nurse in charge:

• 12pm – 1pm; and
• 5pm – 6pm.

Phoning the ward

The ward can be contacted on: 0141 951 5202.

If possible, please avoid phoning the ward between 7am and 10am as this is the busiest period of the day. If you have a large family, we would appreciate if you could nominate one family member to contact the ward for updates.

All NHS staff have a legal duty to keep information about your relative confidential and will usually only share information with carers and social workers. Information will only be given to others if the patient has given their permission. As such, please respect that we can only give out limited information over the phone.
Relatives/visitors room and accommodation

If you have had a long journey to the Golden Jubilee National Hospital, for example from the Western Isles or Dumfries and Galloway, and are unable to return home, overnight accommodation can be arranged in the adjoining Beardmore Hotel at a reduced rate. Please speak to the nursing staff who may be able to arrange this depending on room availability.

Please note, only one room can be given at this reduced rate (no breakfast included).

Useful hospital facilities

The following facilities are all located on Level 1:

• Newsagent: Opening hours:
  – Monday – Friday 8am – 8pm
  – Saturday and Sunday 9am – 2pm

• ATM
  – located within the newsagent

• Costa coffee
  – closed at weekends

• Hospital canteen
  – Breakfast is served from 7.30am – 11am
  – Lunch is from 12pm – 2pm
  – Dinner from 5pm to 7pm (Monday to Friday only)
  – Vending machines can be located throughout the hospital.
All of our publications are available in different languages, larger print, braille (English only), audio tape or another format of your choice.

Please call the above number if you require this publication in an alternative format.

☎: 0141 951 5513

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