

Jubilee Life **December 2024**



Issue 66

*Welcome to the **December 2024** edition of your digital staff magazine.*

There's a handy icon at the bottom right to help you navigate through the sections.

News



First Minister visits our new state-of-the-art surgical centre

First Minister, John Swinney, celebrated the opening of our new Surgical Centre by touring the cutting-edge facilities, and meeting staff and patients who are benefiting from the new build.

The Surgical Centre is a £68M investment that focuses on delivering high quality planned care to meet Scotland's growing healthcare needs, and is an integral part of the Scottish Government's National Treatment Centre Programme.

The new Surgical Centre features:

- 5 state-of-the-art orthopaedic theatres, equipped with laminar flow ventilation, natural daylight, and the capability for robotic surgeries.
- An additional 38 patient pods, ensuring expanded capacity for care.
- 14 endoscopy patient pods for improved privacy and patient comfort.
- 5 endoscopy procedure rooms, with two designed for advanced training through the NHS Scotland Academy.
- Individual patient pods to enhance patient experience and privacy.

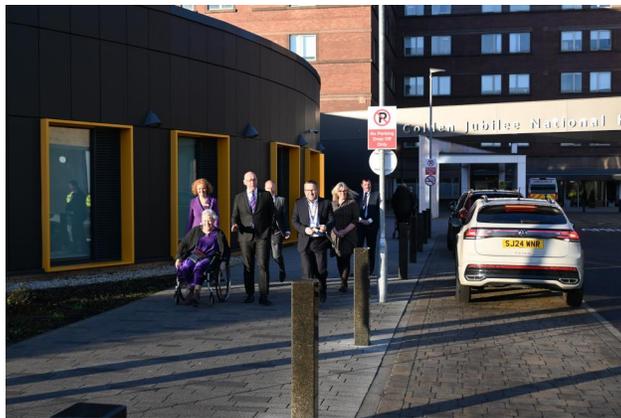












“After extensive collaboration with patients, staff, and third-sector partners, we are delighted to announce that the new centre is now open, offering exceptional care and innovative treatment options for patients across the country.”

Gordon James, Chief Executive of NHS Golden Jubilee

“We want everyone to have a positive experience of the NHS, that is why we are working hard to increase capacity, with new centres like the Golden Jubilee Surgical Centre, to deliver high quality planned care”.

John Swinney, First Minister

Patients Wendy Morris and Frank Clement, both came back for the First Minister’s visit to tell him about the first class care they received in the new facility recently.

Wendy, a former nurse from Kirkintilloch, who had a knee replacement, said: “I came into Phase 2, into the pods, which was a whole different experience, coming into something so new was absolutely fantastic.

“It took away the fear and anxiety because you’re attended to straight away and the result is 3 weeks later I have no sticks, I’m walking again. It sounds like a cliché but it’s really given me my life back.”

Frank, from Linlithgow, who also had knee replacement surgery, said: “I was told that if came to the Golden Jubilee I could have my surgery done in 3 months and that’s what happened.

“I got my operation just 3 weeks ago and I’m delighted. The pain that I had is gone and the care and attention in here is just fantastic.

“Having my own space in one of the pods took the apprehension away, I was in my own space right up until I went to the operating theatre and to have that little bit of privacy was very important. It worked a treat and staff were excellent.”

[Click this link to view our Phase 2 Surgical Centre video playlist](#)

Video



[Click this link to read the full story](#)

The story was featured on the STV News at Six programme on the day, as well as in the following media:

- [Daily Record](#)
 - [The National](#)
 - [Glasgow Times](#)
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Advanced radar and innovative strength training techniques to transform knee replacement recovery

A ground-breaking research collaboration between NHS Golden Jubilee and the University of Glasgow aims to improve recovery outcomes for patients undergoing knee replacement surgery.

ROBUST-KNEE (Radar-based system fOr gait monitoring versus camera-Based systems integrated with testing of blood-flow occlusion Strength Training in total KNEE arthroplasty) addresses a critical need for patients who face significant pain, reduced mobility and muscle weakness while waiting for surgery.

The study aims to improve the muscle strength and mobility of patients undergoing knee replacements leading to better recovery and outcome after surgery. Additionally, the study is

aiming to validate novel radar technology for in-home monitoring of mobility without active patient involvement.

Swati Chopra, our Orthopaedic Research Physiotherapist commented: "ROBUST-KNEE represents a bold step forward in patient care by combining advanced radar technology with tailored exercise programs. This creative solution shows how fresh perspectives can transform clinical research through technological innovation."



1 - (L-R): Dr Julien Le Kerneec, Dr Swati Chopra, Prof Jon Clarke, Prof Aleksandra Vuckovic and Mr Alistair Cooper

[Click this link to read the full story](#)

Golden Jubilee Champions Workplace Inclusion with Reasonable Adjustment Passport

We are delighted to announce that we have introduced a Reasonable Adjustment Passport, furthering our commitment to promoting equality, diversity, and inclusion in the workplace.

This passport aligns with the Equality Act 2010 and supports delivery of the Public Sector Equality Duty. It is designed to make it easier to implement reasonable adjustments for disabled employees and those with long-term conditions.

The passport is for staff with a disability or long-term health condition lasting longer than 12 months that has a substantial and long-term negative effect on a person's ability to carry out their daily activities.



Rob White, Equality and Inclusion Lead, highlighted the importance of this initiative, saying: “The Reasonable Adjustment Passport is a vital tool for our staff. It helps them work with Occupational Health and line managers to ensure they get the support they need. As someone who benefits from reasonable adjustments, I know how much of a positive impact this can have.”

To learn more about the Reasonable Adjustment Passport and how it can support you, visit the [Staff Bulletin: Reasonable Adjustment Passport](#)

Thousands Benefit from Digital Health and Social Care Resources

Thousands of learners from all across Scotland have now benefitted from the innovative Preparing for Work in Health and Social Care programme, developed by the NHS Scotland Academy.

These dedicated digital resources are designed to assist individuals who are new to Health and Social Care, as well as those applying for the first time, helping get more people into the national workforce.

More than 12,000 people interested in a career in healthcare have now used the programme over the 3 years since its launch, marking a major milestone in the Academy’s mission to address workforce needs in the health and social care sectors.

The resource provides essential pre-induction information and training to help their journey into a new career.



“By providing accessible, high-quality training, we are helping to build a resilient and capable workforce ready to meet the evolving needs of patients across the country.”

Dr Clair Graham Head of Programme (Education) NHS Scotland Academy

[Click this link to read the full story](#)

Chair and Chief Executive Flu Vaccine and Walkround

Our Chief Executive Gordon James and Board Chair Susan Douglas-Scott recently got their Winter Flu Vaccinations as an important reminder for staff to follow suit and protect themselves and loved ones from potentially severe illness.

If you are a health, social care or social worker who works directly with patients, or provides care and support services, you're eligible for the flu and COVID-19 vaccines this year.

If you're a non-frontline NHS worker, you're eligible for the flu vaccine.

Viruses like flu and COVID-19 spread more easily during the colder months as we spend more time indoor with others. That's why those most at risk of getting seriously ill are being offered the flu and COVID-19 vaccines. It's important those who are eligible take up the offer of vaccination to get the best protection this winter.

For more information and to book your vaccine, [visit NHS Inform at this link.](#)

Walkround

Shortly after getting their jobs, Gordon and Susan both met with staff from the Housekeeping Team, to discuss the amazing work they have been doing and getting a first-hand look at the services we provide on a daily basis.

They will be continuing to meet with teams across the organisation in the coming months.





Scottish patients to benefit from new ANIA digital dermatology pathway

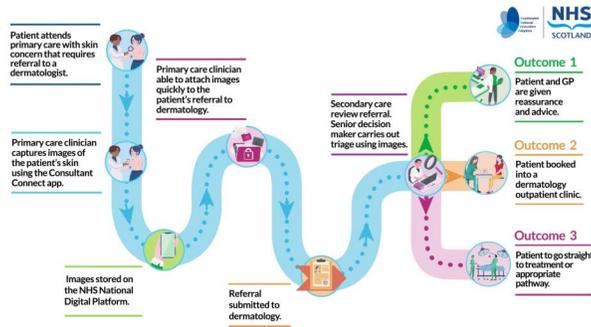
Patients in Dumfries and Galloway and Greater Glasgow and Clyde are the first to benefit from a new technology to allow faster diagnosis and assessment of skin conditions.

Using a secure mobile phone app, the new national Digital Dermatology Pathway will allow Primary Care clinicians to make use of phone cameras to easily, and safely, take images of a patient's skin condition at the point of referral to Dermatology, with the potential to significantly speed up diagnosis and improve waiting times.

The national pathway is backed by £1.8 million of funding from the Scottish Government Chief Scientist Office and is one of the first innovations to be approved for national rollout through the Accelerated National Innovation Adoption (ANIA) Pathway.

ANIA is a collaborative venture that is coordinated by the national Centre for Sustainable Delivery (CfSD) and involves NHS National Services Scotland, Healthcare Improvement Scotland, Public Health Scotland and NHS Education for Scotland.





[Click this link to read the full story](#)

Patient's bestie raises £800 for SACCS team

A heart patient's childhood friend has raised £800 to thank the the Scottish Adult Congenital Cardiac Service (SACCS) team for the life-changing care of her best friend.

Eilidh Main, 25, from Caithness, decided she wanted to give back to the service that had treated her lifelong friend Hollie Whitson, also 25, who was born with a congenital heart defect.

When celebrating her business's - 'The Little Nail Room with Eilidh' - third anniversary in May, Eilidh took part in a local shopping event with other local businesses.

Eilidh offered hand massages, sold retail products and offered 'lucky squares' for £2 to enter a draw for a chance to win a hamper of goodies, such as gift vouchers and free set of nails!

It was then that she decided to donate the money that she earned.



2 - Eilidh during her fundraiser



3 - Eilidh (left) with best pal Hollie who received care from the SACCS team

Eilidh said: "I was fortunate that so many people were being so generous and giving me donations as well and I wanted to give back to the people who took such good care of my best friend."

"The kindness of people in Caithness, in general, are just supportive of local events and local businesses so I'd like to thank them so much as well."

Hollie Whitson was born with a congenital heart defect and underwent open heart surgery at the Yorkhill Children's Hospital in 2013, before undergoing the Ross procedure in May 2024 at NHS Golden Jubilee.

The Ross procedure, or the switch or pulmonary autograft procedure, is a cardiac surgery in which a diseased aortic valve is replaced with the patient's pulmonary valve. This is followed by replacing the pulmonary valve with a pulmonary allograft.

After a long and complicated surgery and with the help from our amazing team, Holly's surgery was a success and she now has a new lease of life.

Hollie is currently working as a Team Manager for the Co-op and is waiting to start a mathematics degree in February 2025 to pursue a career in teaching.

Hollie said: "The Ross procedure for me has been life-changing. Before having the surgery, I could hardly walk up the stairs without being out of breath, I struggled to walk far distances and sports was just a definite no for me. Now, I am swimming 5 times a week and go on walks for up to 5 miles at a time."

She also said that she will be forever grateful to the team who supported her throughout her journey and for her friend's generosity.

Hollie added: "I just want to express my sincere gratitude towards every single member of the Golden Jubilee hospital team who dealt with me during my stay. Thank you, from the bottom of my heart, for saving my life and letting me have a second chance of this beautiful new life I have ahead of me."

"I was so touched when Eilidh messaged me asking if there were any charities relating to what I had been through that she could donate to. It meant so much to me that she had considered me in her charity event. I am so lucky to have the best group of supportive friends."

Strategic Projects



Hospital Electronic Prescribing and Medication Administration (HEPMA) - project update

The Hospital Electronic Prescribing and Medication Administration (HEPMA) project, Pharmacy Stock Control (PSC), and Controlled Drug (CD) Manager are all in the process of being implemented within NHS Golden Jubilee.

Pharmacy Stock Control (PSC)

This system went live in Pharmacy and Finance in September, replacing the previous dispensing and stock management system which had been in use for 22 years. PSC is an electronic medicines management system for stock control and for purchasing of medications. It enables the supply of medications to patients within the hospital and for discharge and outpatient prescriptions.

The medication files within PSC are the foundation of the prescribing files on HEPMA. Both systems will interact with one another, which will allow for seamless transition of accurate medicines request and supply information to dispensary and to Pharmacy stores, directly from the patient's HEPMA record.

PSC is a significant change for both the Pharmacy and Finance teams and has been a great example of teamwork, resulting in a successful go-live within NHS Golden Jubilee.

The PSC team would like to thank all who have supported the go-live.

HEPMA

This platform is an electronic prescribing platform that supports the prescribing of medications for patients and will provide administration support to prescribing staff across the hospital. It will replace the use of paper-based prescribing and medication administration at NHS Golden Jubilee for inpatients.

The HEPMA platform will provide a range of benefits to our hospital for patients and staff including:

- Improved patient safety by reduction of errors in prescribing and medicines management through increased legibility and accuracy
- Increased clinical decision support
- Faster access to patient medication records
- Increased support to ensure consistency in prescribing practices
- Improved reporting potential e.g. medication omission and prescribing prevalence reports

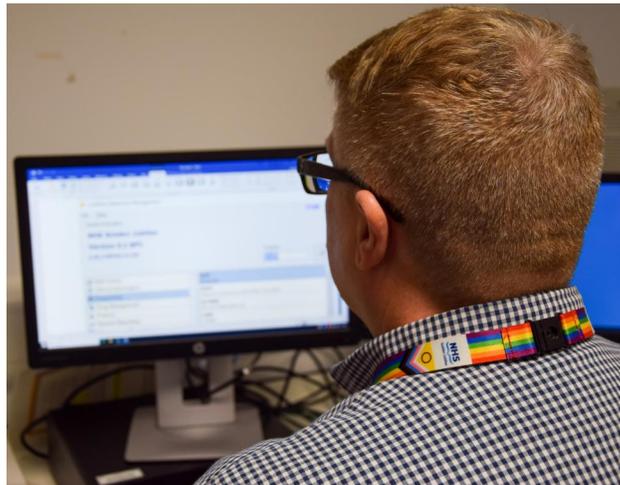
Development of mandatory Turas HEPMA training modules (for prescribers and nurse administration) and a dedicated sharepoint page is underway for HEPMA. The prescribing drug file build is currently in progress and training sessions were held for the HEPMA super-user team between June and September.

There are many ongoing work streams in progress involving eHealth, Finance and clinical teams and we continue to seek advice and support from our HEPMA colleagues across NHS Scotland. We look forward to the HEPMA roll out in 2025!

Controlled Drug (CD) Manager

This is a controlled drug management platform, which has been designed for use throughout all areas within hospitals where controlled drugs are stored, including pharmacy, wards and theatres. It is a completely paperless, digital solution for controlled drug processes.

CD Manager initial roll out will be within the Pharmacy department.



If you have any questions, please contact Mark Wylie (Project Manager) on mark.wylie@gjnh.scot.nhs.uk or Hannah MacLeod (Lead Digital Pharmacist) on hannah.macleod@gjnh.scot.nhs.uk.

Christmas



Our Spirit of Christmas

Continuing a tradition in Team Jubilee over recent years of giving back to the local community during the festive season, we are encouraging staff from across the organisation to get into the 'Spirit of Christmas' and help gather gifts and supplies for local good causes this year.

We are spreading our support for 3 local charities this year:



4 - Volunteer George Smith (centre) collects some of our Spirit of Christmas present pledges

- **Old Kilpatrick Food Parcels (OKFP):** Food collection
- **West Dunbartonshire Community - annual Spirit of Christmas campaign):** Christmas Present Pledge
- **Golden Friendships (Dalmuir):** Selection box collection

2 collections remain open until this Friday, 20 December.

Old Kilpatrick Food Parcels (OKFP) – Food collection

OKFP is a free local food pantry which provides essential items to almost 1,000 people every month who are suffering from financial hardship.

There has been increased demand on the charity's services and it needs more support to help local people in need and as an Anchor Institution in West Dunbartonshire, we'd like to offer what support we can through our big-hearted staff.

The charity needs food urgently to help families in need this Christmas and any donations of the following foods would be gratefully received:

- Children's cereals – Coco Pops, Rice Krispies, Frosties etc

- Tins: beans, soups and tuna
- Cup-a-Soups
- Jams
- Desserts: custard, creamed rice etc

Any other storable foods would also be welcome and the charity is encouraging buying stores' own, cheaper brands in foods to maximise your donations and help more families.

If you or your team/department would like to organise a food parcel, please collect the donations and contact laura.morrison@gjnh.scot.nhs.uk for drop-off.

Golden Friendships – Selection Box collection

Golden Friendships is a charity promoting social inclusion in Clydebank by organising a range of entertainment, events and fun activities for everyone, regardless of ability.

Everyone is welcome at Golden Friendships, no matter who they are, and the charity caters for youngsters, people with additional support needs (ASN), disabilities, older people and anyone experiencing loneliness.

This year the charity is collecting selection boxes to give out to as many kids as they can and your kindness and generosity put a smile on lots of children's faces.

Contact scott.mcangus@gjnh.scot.nhs.uk for collection or pick-up.

West Dunbartonshire Foodshare – The Christmas present pledge has closed.

[Click this link for more details in the Spirit of Christmas Sharepoint story](#)

Digital team are Secret Santas for local pantry

Members of the Digital team have also been collecting supplies for a local charity this year.

Instead of doing a Secret Santa, colleagues collected donations for Dalmuir Barclay Church Community Food Pantry, which needs donations all year round for its pantry, café and this year catered for 90 people for Christmas dinner, a party and gifts.



[Click this link to find out more about the charity](#)

Well done Dashers

Congratulations to all of our colleagues who took part in this year's Glasgow Santa Dash, supporting the Beatson Cancer Charity.

The Health and Wellbeing Group funded 47 places for the annual festive 5k event on Sunday 8 December and sleigh bells were jinglin' around Glasgow Green as thousands of Santas made their way around the route.

The funding for the places was from the Health and Wellbeing endowment fund and is part of NHS Golden Jubilee's commitment to you to help you stay active through healthy activities.

Colleagues, teams and families all took part running, jogging, walking and steering buggies with young ones to help raise awareness and donations as part of Team Jubilee supporting patients and families affected by cancer this winter.

As a cancer care provider ourselves, we want to raise as much awareness and funds as we can to support people affected by cancer and life-saving services at The Beatson.

The great news is the team has raised a massive £1,445, which is 96% of its £1,500 target, so they just need another £55 to get over the donation finish line.









If you'd like to help them reach their fundraising target, click the following link:

[Team Jubilee is fundraising for Beatson Cancer Charity](#)

For more information on the Santa Dash and Beatson Cancer Charity, visit:

<https://www.beatsoncancercharity.org/events/2024/december/santa-dash-2024/>

Find out more about the Health and Wellbeing resources available to you at NHS Golden Jubilee:

- *[Staff Health and Wellbeing Web Hub](#)*
- *[TimeforTalking counselling support](#)*
- *[Mental Health First Aiders](#)*

- [Spiritual Care](#)
 - [National Wellbeing Hub](#)
 - [Staff Wellbeing Zone](#)
-

Heart transplant patients celebrate Christmas together

More than 160 heart transplant patients and their families gathered for our annual festive lunch, which helps them celebrate Christmas together.

This event, allows patients to get together and share their stories, memories and experiences and celebrate the festive season as part of the transplant service family.

Consultant Cardiologist Jonny Dalzell highlighted the importance of hosting events like this, and how the department is celebrating the opening of a new ward, treating 32 patients so far this year.



5 - Jonny Dalzell

“This year we undertook 32 transplants, so it is great to have added 32 new members to our annual Christmas lunch for post-transplant patients, which has been going on now for almost 20 years.”

“It's fantastic to see the patients come back well after what they've been through and it's nice to see them all together and celebrating their journeys through illness.”

Jonny Dalzell



Heart transplant recipient, Morgan McComb, emphasised the value of the events for connecting with others who understand the challenges of recovery.



6 - Morgan McComb

“Attending events where transplant patients can come together and share support is so valuable. Also, it is so important to have friends and family who can relate to the experience and my need to talk about the challenges and triumphs of my recovery.”

Morgan McComb







Santa and Eye

Maureen Laughlin, a previous patient who had cataract surgery at our Eye Centre this year, made a surprise visit this month.

Maureen had created two beautiful, hand-made Christmas sleighs, which she had spent days crafting and wanted to present these to our Theatre Nurses Ashton Cavan and Susan Boyce.

These special gifts were given as a thank you to for the care and compassion she had received during her time here at NHS Golden Jubilee. Well done Team Jubilee!



Schoolchildren spread Christmas cheer with carol singing

Many thanks to pupils from Our Lady of Loretto Primary School for entertaining staff, patients and visitors with their wonderful carol singing this morning.

They were absolutely awesome and the gathering crowds loved it and are now in the Christmas Spirit for the rest of the day.

We hope they all have a Merry Christmas and Santa brings them lots of presents.

Carol Singers 2024



People



Golden Jubilee Consultant Makes History

Congratulations to our very own Professor Hany Eteiba, who has made history as the first international medical graduate to be elected President of the Royal College of Physicians and Surgeons of Glasgow, a 425-year-old institution.

Professor Eteiba began his 3-year term during the College's Annual General Meeting on Friday, 6 December 2024, marking a significant milestone in his distinguished career.



Reflecting on the achievement, he said: “When I came to Glasgow 40 years ago to train under some of the world’s best cardiologists, I could never have imagined being considered, let alone elected, as President of this prestigious institution.

“This appointment is an opportunity to give back by continuing the College’s tradition of excellence in education and training, ensuring that patients receive the best possible care, and supporting the next generation of healthcare professionals.”



To read the full story, visit the news section of the [Golden Jubilee Website](#) at this link.

Mark elected President of national anaesthetic association

Congratulations to Consultant Anaesthetist Mark Steven who has been elected President of the Association for Cardiothoracic Anaesthesia and Critical Care (ACTACC).

The accolade highlights Mark's commitment to patient care and professional development since joining NHS Golden Jubilee in 2002 from the Western Infirmary Cardiothoracic Unit.

He was also recognised for his contributions to ACTACC and its Infrastructure Committee over the past 5 years in various roles, including Thoracic Representative, Meetings and Education Representative, Secretary and President Elect until his election as President.



Mark said: "I got involved in the committee, essentially for the promotion and recognition of my specialist interest, which is thoracic anaesthesia, as this was underrepresented on a national level. It is important that thoracic anaesthesia has its own identity and representation."

The ACTACC represents cardiothoracic anaesthetists from throughout the UK and Ireland, aiming to ensure the highest standards are maintained within the patient care delivered. ACTACC supports its members by providing research, national and quality improvement projects while also delivering the resources for teaching and training the next generation of anaesthetists.

One of the committee's core aims is to deliver a meeting structure on a national basis, allowing members to come together and obtain necessary continued professional development through lectures, seminars, workshops and webinars.

Another important aim for Mark is the launch of a series of free webinars to promote ACTACC and improve engagement with patients.

Mark added: "My job at the Golden Jubilee helps me in the committee, as practising on a day-to-day basis, you can see areas that need developed. Collaborating with the different committees and forums allows you to find problems in common and work towards solutions together.

"With the development of a new website, we hope to provide members or the public with increasing levels of information on cardiac and thoracic anaesthesia and cardiac intensive care. We also aim to help raise the profile of the hospital and have a positive impact on the quality of anaesthesia that's delivered on a local, regional and national level."

Mark said the best part of his role is being part of teams that deliver the best level of patient care, helping them through a very difficult and trying time.

He added: "A lot of the thoracic surgery that we do is cancer and cardiac, which is obviously a very stressful environment involving high risk surgery. Patients can be very emotionally stressed and being able to get them safely through their operations is very rewarding."

On behalf of all of us at Team Jubilee, congratulations Mark!

Lab colleague Lindsay shows her kindness through charity work

Biomedical Scientist Lindsay Houston is making a meaningful impact on people's lives beyond the lab by supporting vulnerable communities with a Glasgow-based charity.

Volunteering with The Kindness Charity, Lindsay helps homeless people and struggling families across the Glasgow area, extending her commitment to supporting people beyond her professional life.

The charity started during the pandemic as one woman's initiative to serve hot meals from her car.

It has since grown into a vital service, providing food, clothing, and essential packages to homeless individuals and struggling families across Glasgow.

Their donation centre in Glasgow's London Road is the heart of their operations, sorting and distributing much-needed supplies, and inspired by their grassroots efforts to help those in need, Lindsay has brought their mission closer to home by setting up 2 donation points within the Golden Jubilee.

For Lindsay, the motivation to give back is deeply personal.



She said: "At first, I couldn't sleep after seeing the realities of homelessness.

"It makes you appreciate what you have and drives you to do more. The stories you hear, like an elderly man who lost everything after his wife passed away, stay with you."

With more than 14 years of experience in the NHS, Lindsay joined the Golden Jubilee 3 years ago after working at Crosshouse Hospital and the Western General.

Now specialising in chemistry, she helps ensure accurate blood test results for patients across the hospital.

She said: "I love the sense of community here at the Jubilee. It's a standalone unit and everyone works so well together, it feels different from anywhere else I've worked."

It is that sense of community at the Golden Jubilee, that will play such a vital role in supporting these charity efforts.

Lindsay's role includes working with the Kindness Charity Street Team, delivering food and support to some of Glasgow's most isolated areas, and meeting people at the George Square soup kitchen.

A Call for Support

Lindsay's 2 donation boxes at the Golden Jubilee are located beside the Hospital Reception, and accepts items such as:

- Tinned food, especially meats such as hot dogs, meatballs, Fray Bentos pies and dried food.
 - Toiletries – deodorants, shower gel, shampoo, shaving foam, razors
 - Full fat cans of juice and bottled water
 - Crisps, snack-size chocolate bars
 - Sugar, tea, coffee, UHT milk
 - Mens' boxer shorts, all sizes
-

Lindsay said: "The queues at George Square can be humbling. Socks are the most requested item, it makes sense when you think about how much they go through in wet and cold weather."

"For me, the reason I put the boxes downstairs is that the donation centres are really struggling. Even though we have great supporters providing hot food, there are families, sometimes with young children, coming to the soup kitchen for food and parcels and we're having to restrict what we can give out because supplies are so limited. Every small donation really makes a big difference."

With Christmas approaching, the charity is working to prepare hampers for families living in temporary accommodation, but resources are stretched thin.

Lindsay added: "If you can add just 1 extra tin of soup or a pair of socks to your weekly shop, it could mean the world to someone in need."

How to Help

If you'd like to contribute, please drop your donations off at the 2 donation boxes at the Hospital Reception or reach out to The Kindness Charity.

[Click this link for more information on the Kindness Charity](#)

David becomes Scottish Nurse Rep for cardiac society

Team Jubilee Advanced Clinical Nurse Specialist, David Rogers, has been appointed as Nurse Representative for Scotland for the prestigious Scottish Cardiac Society (SCS).

David's appointment is a testament to his dedication, expertise and unwavering commitment to improving cardiac care for patients across Scotland.

In his new role, he will work closely with a multidisciplinary team to organise national conferences and support research initiatives, whilst raising awareness of congenital heart disease.

David, who works in the Scottish Adult Congenital Cardiac Service (SACCS), said: "This is an incredible opportunity. I've always admired the Scottish Cardiac Society for the networking and learning opportunities it provides. Their study days are some of the best for meeting colleagues from all over Scotland and sharing ideas. I'm honoured to represent nurses in this capacity."

David has been part of Team Jubilee for over a decade, dedicating the past 3 years to the highly specialised field of adult congenital heart disease.



Reflecting on his journey, he said: "I've always been drawn to cardiology. It started back in school when I found the heart fascinating during biology lessons. From my first role in coronary care to my current work in congenital heart disease, I've always thought that this is what I'm supposed to be doing."

David's role involves working closely with consultants, supporting patients in clinics and providing advice through phone and email services.

"I love the person-centred side of my job," he said. "In congenital care, you really get to know your patients and their families. Each heart condition is unique and the relationships we build are just as important as the medical care we provide."

As an SCS Nurse Representative, David is eager to highlight the importance of congenital heart disease, a field he describes as "niche but vital."

His work in congenital heart disease is both challenging and rewarding, particularly in his specialty area of pregnancy care and he shared a recent success story, saying: "A patient of ours just delivered a healthy baby after a pregnancy that required close monitoring. It's moments like these that remind me why I do this work. It's amazing to see the impact we can have on people's lives."

David also plans to champion education and the value of multidisciplinary collaboration, ensuring that SCS conferences remain engaging and up-to-date.

He added: "Our treatments and surgeries are advancing so rapidly and it's important that we share the latest research and innovations with the wider cardiology community."

"For example, newer surgeries and medications, like Dapagliflozin, are transforming patient outcomes. It's an exciting time for the field, and I want to help ensure our events reflect that progress."

"We want conferences to include everyone - nurses, doctors, allied health professionals, students - so that everyone feels included and inspired."

"The team here is fantastic. It's a privilege to work in such a specialised environment and I've learned so much from my colleagues. This new role with the SCS is an extension of the incredible work we do here every day."

"I'm excited to raise awareness, share knowledge, and ensure that Scotland remains at the forefront of cardiac care."

Celebrating Ida's 50 years in the NHS

Massive congratulations to theatre worker Ida Torrance, who has been honoured for her 50-year service to Scotland's NHS.

Ida's extraordinary 5 decades working in the NHS was recognised at the Our People staff awards ceremony on Wednesday 27 November.

As one of Team Jubilee's most experienced and dedicated members of the team, Ida's contributions to the field of perfusion and cardiac care have left a significant mark on the many hospitals she has worked in, as well as the thousands of patients she has cared for.

Her career spans decades of service across Glasgow's major hospitals, including the Royal Infirmary, the Western Infirmary and Yorkhill Children's Hospital (now Royal Hospital for Children), before joining the Golden Jubilee in Clydebank when heart and lung services relocated in 2008.

Ida, from Milngavie, started her career as a physiological measurement technician in October 1973 at Glasgow Royal Infirmary, before moving to the Western Infirmary a year later. By 1976, she began training as a perfusionist, a role she says has been both "challenging and rewarding".



She said: "The Golden Jubilee has grown to handle a lot of cardiac care for Scotland and it's amazing to have been part of this journey."

"The hospital provides an excellent working environment, really supportive management, dedicated colleagues and we have the resources needed to provide the best care possible."

[Click this link to read the full story](#)

Happy retirement Geraldine

Colleagues in our Pharmacy team said a fond farewell to long-serving Clinical Pharmacist Geraldine Sale, who retired after 19 years with us.

Geraldine began her NHS career 35 years ago working in London and Aberdeen and is now looking forward to a long and happy retirement.

Many thanks for your service Geraldine, you'll always be part of Team Jubilee!



"I've had a great career. I've loved working in the NHS for so long and have been blessed to work with amazing colleagues and friends, who I will really miss."

Geraldine Sale, Clinical Pharmacist

Happy milestone birthdays for Jackie and Siobhan

Big happy milestone birthday milestones were celebrated for dynamic duo from our Outpatients team Jackie Walker, who turned 60, and Siobhan O'Shea, 40, at the end of November.

Happy birthday from everyone at Team Jubilee.



Cyber Security Quiz Winner

During Cyber Security Awareness Month this November, we invited you to participate in our Cyber Security Quiz. Participants who scored 100% before the closing date were entered into a draw for a chance to win a three-course meal at our Conference Hotel.

This year, we're excited to announce that the winner is Theatre Administrator Clair Cassidy!

Congratulations, Clair! Enjoy your delicious meal, and a big thank you to everyone who took part.



Val-You



Our People Awards

Don't forget, there's a special edition Jubilee Life of the Our People Awards 2024 ceremony from last month when all of our winners were revealed.

The awards celebrated staff and volunteers, recognising the incredible efforts of our teams and individuals across Team Jubilee for the inspirational work they carry out on a daily basis.

We received hundreds of nominations from patients, members of the public, staff and volunteers who wanted to celebrate everyone who goes above and beyond for the people of Scotland.



[Click this link to view](#)

The event will be available to watch in full on our Youtube Channel in the New Year, so be [sure to subscribe to stay up to date!](#)



Highlighting 16 Days of Action Against Gender-Based Violence

From 25 November to 10 December, the annual 16 Days of Action campaign brought attention to the critical issue of gender-based violence (GBV). This global initiative called for activism to prevent and eradicate violence against women and girls, under the theme: “Imagine a Scotland Without Gender-Based Violence.”

Violence against women and girls is both a human rights and public health crisis. In Scotland, 1 in 3 women experience domestic abuse during their lifetime. Across the UK, a woman is killed every three days by a partner or ex-partner. These figures underscore the need for action and the urgency to break the silence surrounding GBV.

The campaign encouraged people to share their actions and ideas for tackling GBV while highlighting the vital role everyone plays in building a safer, more equitable society.

Taking Action

Although the 16 Days campaign has ended, the call to action continues. By educating ourselves, speaking out against harmful behaviours, and supporting survivors, we can all contribute to ending GBV.



[Click this link for more information and support](#)

Interfaith Week

We celebrated Scottish Interfaith Week at NHS Golden Jubilee, which ran from Sunday 10 to Sunday 16 November.

The week was an invitation to read about different religions and beliefs in the Spiritual Care Centre space and there is an opportunity to spend some time in the space to learn about different faiths and beliefs, or at least learn about one that interests you. There was information on different faiths and beliefs taken from the NHS Education Scotland multi-faith resource for healthcare staff, which was on display for use in the Spiritual Care reception and Spiritual Sanctuary.

There were comment cards available to allow you to write any thoughts throughout the week, being put on display.

Storytelling was the Interfaith Scotland theme for 2024.



[Click this link to view Scotland's First Minister's video message for Interfaith Week](#)

[Click this link to see the Calendar of Events](#)

Blue Christmas

For many of us, Christmas may be a difficult time.

Blue Christmas has traditionally been associated with people who may seem lost; their loved one(s) have died and those left behind are experiencing grief and Christmas does not hold the same meaning for them.

We want to honour those who are in this situation, to give you the opportunity to name those who have died to be remembered at this time.

In the Sanctuary located in the Spiritual Care Centre we have set up a small tree. It has blue lights and purple baubles. We invite you to write the name(s) of those you wish us to remember at this time and take a purple bauble replacing it with your tag.

The purple bauble is our gift to you to take home and place it on your own Christmas tree. A reminder to you of the people you are thinking about this Christmas.

The tree will be available throughout the Christmas season until 6 January 2024.

Please remember, you are not alone and if you want to talk, a Chaplain is available for you Monday to Friday, 9am - 8pm.



You can get in contact in a number of ways:

- [Page 0318](#)
 - [Call 0141 951 5060](tel:01419515060)
 - [Email Spiritual Care](#)
-

Diwali

Diwali is the 5-day Festival of Lights, celebrated by millions of Hindus, Sikhs and Jains across the world.

It is a festival of new beginnings, the triumph of light over darkness and good over evil.

The festival falls between mid-October and mid-November, but changes each year because it is set by the lunar calendar.

This year Diwali begun on Friday 1 November.

Many people clean their homes and buy gold or silver items for good fortune.

Houses are often decorated with colourful rangoli designs.

There are fireworks and sparklers. Friends and families visit and exchange gifts, hold parties and share food and sweets.

Diwali is also a time for prayers and people also leave offerings to gods and goddesses.



Comments about you!

Linda Gilray: to everyone who looked after me in both the HDU and coronoy ward, plus the surgeons. You saved my life, words cannot express my gratitude, you are all angels.

Gail Copeland: You folk in the eye centre are all stars, great staff, put you at your ease and keep the wheels turning on a very efficient service.

Stephen Frood: Lynsey Paton and her team are amazing people. Everyone at the Jubilee deserves recognition but the SACCS team are the best.

Carolyn Davidson: What an amazing housekeeping team you have – everything was so organised, clean and super friendly on my recent stay.

Margaret Mackenzie: The NHS Golden Jubilee is the cleanest hospital I have ever visited, staff are lovely and so hardworking in often difficult circumstances.

Terrie Bell: Golden Jubilee is amazing, always had brilliant care with SACCS team and still do.

Colin Gray: Thanks to this amazing team that helped me take my first steps after my surgery & without their expertise and guidance it would have been a longer road to recovery.

Chris Gee: The Arthroplasty are an amazing team, and the service simply wouldn't be the same without them.

“

NHS
Golden Jubilee

After the procedure, another nurse looked after me and even brought me a warmed blanket when she noticed I was cold. I hadn't even mentioned I was cold! It was very comforting. Another nurse brought me tea and water.

I felt the atmosphere on the ward was very professional and warm. The place even smelled good. I'd like to thank everyone for their excellent care

Colonoscopy patient ”



“

NHS
Golden Jubilee

Absolutely delighted to have been referred to this wonderful hospital. From my assessment for cataract surgery a few weeks ago to my actual surgery today. A very professional organisation with highly trained staff. The friendly approach, warm smiles, I can't speak highly enough. Even a bit of banter put me at ease throughout my short time there. You are in good hands at the Golden Jubilee.

Thank you all

Cataract Patient ”



“

NHS
Golden Jubilee

I was referred to the eye department at the Golden Jubilee Hospital. I have now had both eyes operated on there. The functioning of the department was like clockwork. The staff were all professional, competent and personable. It truly has been a positive experience and a model of how to run a department efficiently but remaining person centred. Well done all.

”
Daughter of
Cataract Patient

Events



Scottish Right Heart Symposium

Our Team Jubilee Anaesthetics, Perioperative Medicine and Critical Care Research Team held the third annual Scottish Right Heart Symposium. This was led by Professor Ben Shelly and Dr Philip McCall within the Conference Hotel.

The event allowed participants to exchange knowledge, share relevant information and bring together a range of specialties, creating a space which encourages cross-collaboration for various clinical conditions.

We are looking forward to hosting again next year!



Honouring Remembrance Day at NHS Golden Jubilee

On Monday 11 November, staff from across NHS Golden Jubilee came together for our annual Armistice Day ceremony, a moment of reflection and gratitude to honour the sacrifices of those who have served and lost their lives in conflicts since the First World War.

Held at the Lancastria Memorial on-site, the ceremony was led by our Spiritual Care colleagues, Tosh and Joe, who spoke thoughtful words to help us reflect and remember. Together, we observed a two-minute silence before the ceremonial laying of a wreath, a gesture of respect and solidarity for all who have endured the costs of war.

It was a moving reminder of the importance of coming together as a community to reflect on the past, remember those who served, and appreciate the peace and freedoms we hold today.

We invite you to watch a recording of the ceremony and join us in honouring this day of remembrance.





World Radiography Day

Last month we celebrated World Radiography Day and took this opportunity to highlight the amazing work our Team Jubilee Radiography Department do on a daily basis. On socials, we showcased various job roles in the department, from Radiology Assistant, to Admin Support and Reporting Radiography. We wanted to shine a light on the various roles and responsibilities each person plays in the team and that the profession requires various skills and duties to maintain the high level of patient centred care we provide.

Keep up the good work team!

World Radiography Day

Reporting Radiography (including MRI)

“ Here at GJNH, we have a radiographer led MSK x-ray reporting service, which has expanded to include MRI knees. This means the radiologists are freed up to report more complex examinations and reduces patient waiting times. As reporting radiographers, we are Advanced Practitioners, having completed further higher education to gain our reporting qualification. We also work to the 4 pillars of advanced practice, incorporating Clinical Practice, Leadership, Education and Research. When applied, the four pillars allow us to continually improve image quality, patient care and staff learning. ”



Chloe Peace
Advanced Practitioner Reporting Radiographer | Student Liaison Radiographer

World Kindness Day

Our team in the Young People’s Network, marked World Kindness Day on 13 November, by creating and manning a stand in the hospital, sharing information about the day and discussing their commitment to making a difference. We were reminded to act with compassion and generosity, as it has the ability to influence the people and world around us. Well done Team Jubilee!



Fraud Week

International Fraud Awareness Week is a global awareness campaign which aims to reduce the impact of fraud by raising awareness among employees.

This year Counter Fraud Services (CFS) will focus on the main types of fraud in NHS Scotland and the impact that fraud has.

This year, the Fraud Week theme is 'Understanding fraud and the impact it has on our NHS Scotland' with information for all NHS staff about what fraud is and how it impacts 4 key areas within NHSScotland:

“ **Fraud Awareness Week**

Every year, fraud costs the NHS millions of pounds, taking vital resources away from those who need it most. If you suspect fraud, don't stay silent. Report it - call 08000 15 16 28; or visit www.cfs.scot.nhs.uk. Help protect our NHS



”

Lindsay Macdonald
Counter Fraud Champion



-
- [Internal fraud and the threat from employees or contractors](#)
 - [External fraud and the threat from outside the organisation](#)
 - [Primary care fraud](#)
 - [Procurement fraud](#)
-

Staff survey

It is important that NHSScotland employees know what fraud is, are given the information and guidance to spot it, and know how to report it if they have concerns and CFS has provided a quick survey for our staff to build knowledge:

[NHSScotland counter fraud awareness survey](#)

[Click this link to view the Fraud Week Round-up page on Sharepoint](#)

World Diabetes Day

Diabetes affects millions of people. The Centre for Sustainable Delivery (CfSD) life-changing Closed Loop Systems reduce the risk of complications for those with type 1 diabetes, transforming lives, particularly for children and young people.

The Closed Loop System Onboarding Programme was also shortlisted as finalists at the Scottish Healthcare Awards in the Diabetes Project of the Year category.



[Click this link to learn more](#)

World Antimicrobial Week

18 – 24 November was World Antimicrobial Awareness Week, where we raised awareness of the increasing threat of antimicrobial resistance to public health.

A campaign was released on our socials with a series of job roles such as Specialist Nurses and Pharmacists, discussing how this impacts their role at work and why this week was important.

The winner of the eDigest Antimicrobial Week Quiz and a £30 M&S voucher was Lauren-Grace Kirtley.

Congratulations Lauren-Grace and thank you to everyone who participated!



Stop the Pressure Ulcer Day

In November, it was Stop the Pressure Week, which coincides with Stop the Pressure Ulcer Day on 21 November.

Our Team Jubilee staff in Tissue Viability worked hard to increase awareness and understanding of pressure ulcers, how they appear, ways which we can avoid them and how to manage them.

Informative material was provided on eDigest, socials and at stalls outside the West Lifts, to recognise how serious pressure ulcers can be.



Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

Jubilee Active Blog

November's Jubilee Active blog by Occupational Health Physiotherapist Kris Robertson focuses on the 'Effects of Food', as what we consume often changes with the seasons, with the festive one firmly now upon us.

So, is it soup season, or takeaways for you? To help try and understand the amount of energy (calories) in some food products, Kris has matched them up to an exercise which burns the equivalent amount of energy.



[Click this link to read the blog](#)

Staff Wellbeing Zone

The Staff Wellbeing Zone is a space for all staff and volunteers that is calming, comfortable and welcoming. It will feature 2 spaces - the Quiet Zone and the Activity Zone - located on Level 1 beside the Spiritual Care Centre and Garden of Reflection.

It is accessible to you 24 hours a day with your Staff ID and is your space to use at any time for rest, reflection and privacy - part of NHS Golden Jubilee's commitment to your health and wellbeing.

It is now part of our dedicated 'Triangle of Care' along with the Garden of Reflection and Spiritual Care Centre.

We are investing in you and our future workforce to contribute to, and promote, a healthy workplace through a rest area for staff that will have a positive impact on your health and wellbeing.



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[Click this link for all the information on the Zone](#)

Health and Wellbeing support for staff

Health and Wellbeing Hubs

Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

You also have full access to the National Wellbeing Hub, which is full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

The Hub has brilliant resources to help relieve stress and other mental health issues, including blogs and podcasts on exhaustion, low mood and tips on how to improve sleep.

Take care of yourself while you care for others.



Welcome to our new Health and Wellbeing Web Hub for all NHS Golden Jubilee staff and volunteers.

These pages contain national and local resources and links and support whether you are working from home or on site.

Your welfare is extremely important to us and we are committed to supporting you to maximise your health and wellbeing, both professionally and personally.

To achieve this, we have a holistic approach that supports you to achieve and maintain good physical and mental health. This approach also supports you with managing social and financial aspects of your life, which can impact on physical and mental health, as part of our Health and Wellbeing Strategy.



Employee Assistance Programme >

[Click this link to go to the Web Staff Health and Wellbeing Hub.](#)

[New StaffNet - Health and Wellbeing section](#)

[Click this link to visit the National Wellbeing Hub](#)

Learning and Organisational Development



The latest [Learning and Organisational Development update](#) has details of current training opportunities.

Quality Improvement Case Studies

Discover the Power of Quality Improvement in Action!

Browse the latest case studies showcasing transformative quality improvement initiatives.

Click the links below to read each topic:

1. [Case Study: Ophthalmology Outpatient Triage](#)
2. [Case Study: Improving extubation times in ICU1 following cardiac surgery](#)
3. [The Power of Process Mapping](#)

Discover how forward-thinking strategies and teamwork have driven improvements in performance and results. These case studies offer essential insights and practical solutions that are applicable in numerous fields.

Take the opportunity to be inspired and enhance your understanding of quality improvement!



InVOLved



International Volunteer Day 2024

Volunteers are an important part of the NHS Golden Jubilee and have been enhancing the journey of patients and visitors through a range of services since 2004.

Team Jubilee volunteers provide quality, safe, effective and person-centred care through a range of services and play a vital role in making the hospital experience better for every patient or visitor that walks through our doors, and in shaping our services for the future.

On International Volunteers Day 2024 on Thursday 5 December, we celebrated the inspiring individuals who give their free time to enhance the journey of patients and visitors through a range of services.

We also recognised our volunteers who are not from Scotland, hearing their stories and learning why they chose to volunteering at NHS Golden Jubilee.

We have a variety of different roles for our volunteers, each helping support our patients in a number of ways.



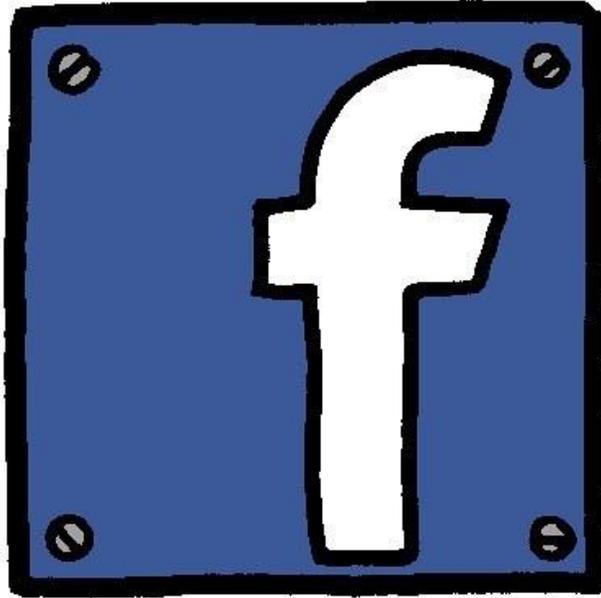
[Click this link to see our Spotlight on volunteering](#)

If you'd like your team or department to be featured in Spotlight, click this link: [News Request](#).

The Social side



Stay up to date by following us on social media



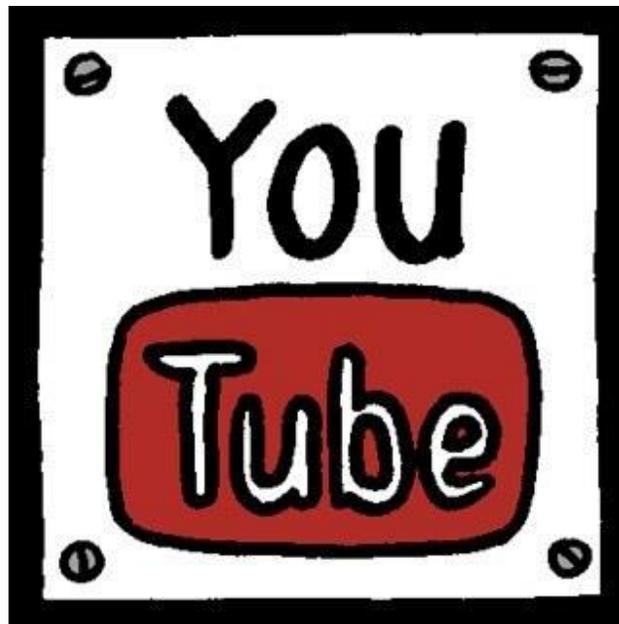
[7 - Click here to access our Facebook page](#)



[8 - Click here to access our X page](#)



9 - [Click here to access our Linked in page](#)



10 - [Click here to access our YouTube page](#)



11 - [Click here to access our Instagram page](#)

If you have any interesting photos you'd like to share with colleagues, or on our social media pages, send them to [Comms](#).

Scottish Government News



Be the Early Bird

People across Scotland are reminded that their GP practice wants to know if they are experiencing persistent symptoms that are unusual, that could be cancer.

The Scottish Government's 'Be the Early Bird' campaign is encouraging people, particularly those aged over 40, to get checked if they notice unexplained bleeding, unusual lumps, unexplained weight loss or something that does not feel normal for them.



[Learn more](#)

Keep Antibiotics Working

Antimicrobial Resistance (AMR) is one of the World Health Organisation's top 10 global public health threats. It occurs when bacteria changes over time and no longer responds to medications, making infections more difficult to treat. Without effective medications, many routine treatments, become increasingly difficult and risk serious illness or death.

World AMR Awareness Week (WAAW) is a global campaign to raise awareness of AMR and promote safe and sustainable use of antibiotics to reduce the emergence and spread of drug-resistant infections.



**KEEP ANTIBIOTICS
WORKING**



#WAAWScotland

[Learn more](#)

Home First

The Home First approach in Scotland highlights the importance of recovering at home once medical treatment is finished. This strategy aims to support people maintain their independence as much as possible whilst they recover from hospital.



**HOME FIRST: WHEN YOUR TREATMENT IS
COMPLETE, THE BEST PLACE TO
RECOVER IS AT HOME.**

NHS
SCOTLAND

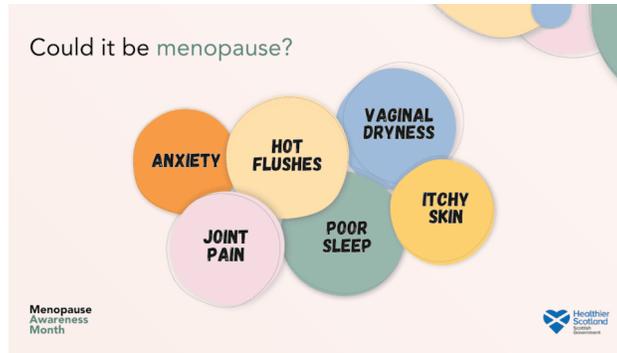
**Healthier
Scotland**
Scottish
Government

[Learn more](#)

Menopause Awareness

Menopause is a transition that all women will experience, typically, occurs between the ages of 45 and 55. Some women may experience menopause early (under the age of 45) or prematurely (under the age of 40).

The Menopause Awareness month campaign aims to support women feel better prepared for menopause by encouraging women to seek more information and increasing awareness of lesser-known symptoms. The campaign also highlights that every woman's experience of the menopause will be different, as will their symptoms and therefore their support needs.



[Learn more](#)

Right Care, Right Place

It is vital that the public access the right care, in the right place to ease pressure on the healthcare services. Since the redesign of the Urgent Care pathway, The Right Care Right Place campaign is designed to communicate the appropriate use of services, aiming to reduce the pressure across the services such as A&E.



[Learn more](#)

Record investment to support health and social care

The Scottish Government have announced record £21 billion investment into supporting health and social care.

If approved, this investment aims to reduce waiting times and appointment backlogs, further investment into primary care, an additional 150,000 more patients being treated and expansion of Hospital at Home programme by 600 beds.



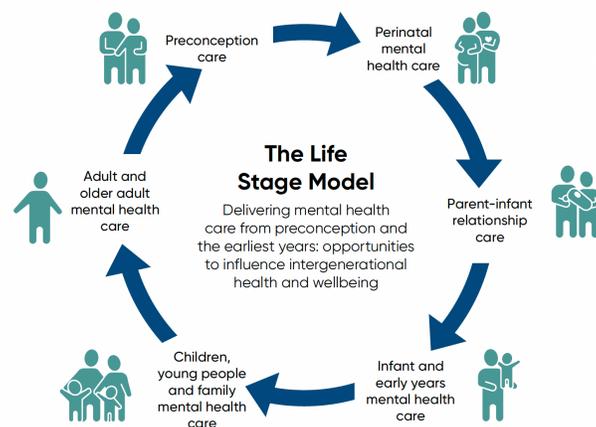
[Learn more](#)

Continued improvement in child mental health waiting times

The Scottish Government has allocated £120 million to all NHS Boards to improve the quality and delivery of mental health services for everyone, including CAMHS.

The latest Public Health statistics show that between July and September, 89.1% of children and young people began receiving mental health treatment within 18 weeks of their referral - the best performance since a national target was introduced a decade ago.

This is a 5% increase on the previous quarter and an 13.5% increase from the same quarter in 2023.

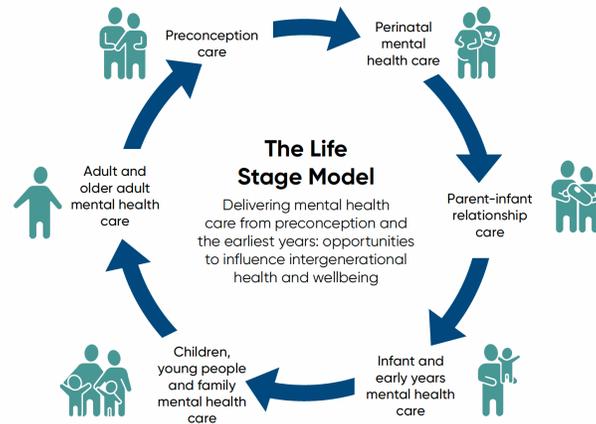


[Learn more](#)

Enhanced support for people in emotional distress

All Health and Social Care Partnerships have signed up the Distress Brief Intervention programme which supports individuals experiencing distress

This programme aims to support people who attend emergency services or primary care in a distressed state through one-to-one support from a specialist practitioner to address the factors contributing to their distress.



[Learn more](#)

Carer Support Payment now Scotland-wide

Tens of thousands of unpaid carers in Scotland can apply for a new benefit. The Carer Support Payment is for unpaid carers who provide 35 or more hours of care a week to someone who gets disability benefits across all local authorities.



[Learn more](#)

Jubilee Life copy deadline



If you'd like an article or information in the next edition of Jubilee Life, please submit your copy by Friday 17 January to be included in our next edition.

While consideration will be given to late submissions due to timings of events, if copy is received after the deadline date, articles may not be included.

Please send your Jubilee Life submissions to [Comms](#).

Contact us

Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the feedback form.

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