

# Jubilee Life June 2023

## Issue 49

Welcome to the **June 2023** edition of your monthly digital staff magazine.

There's a handy icon at the bottom right to help you navigate through the sections.

# News



# 'Longest incision in surgery' cut out of routine heart operations for first time in Scotland

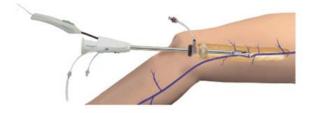
Our heart specialists are cutting out one of the 'longest incisions in surgery' from routine operations, giving Scottish patients a quicker, and almost pain-free, recovery.

Endoscopic vessel harvesting (EVH) surgery is providing heart patients with minimally invasive surgery, giving them a more comfortable recovery after their operation and considerably reduced leg scarring.

We are the first site in Scotland where the surgery is being carried out as a routine procedure.







"Cardiac surgery is constantly evolving. New procedures have enabled surgeons to perform more complex surgery on increasingly frail patients who, in the past, may not have been eligible.

"We believe EVH surgery will bring many additional benefits to NHS Golden Jubilee and to NHSScotland over time, including cost savings and improvements in efficiency."

## Fraser Sutherland, Cardiothoracic Consultant



Click this link to read the full story

# **NHS 75th birthday celebrations**

Please join us on Wednesday 5 July at our staff tea party as we celebrate 75 years of the NHS.

This is our opportunity to get together and thank you for all that you do as part of Team Jubilee and the NHS in Scotland. Sharing fond memories, experiences and stories, with special celebratory cupcakes free for every member of staff, this is not a day to be missed.

**Venue: Conservatory** 

Time: Wednesday 5 July, 12-2pm

If you can't join us on site on the day, please make sure you take time to step away from your desk, or organise a Microsoft Teams call with your colleagues to have your own mini celebration and reflection.

We'd love to hear from you! Please, submit a comment for a social media post by emailing <a href="mailto:comms@gjnh.scot.nhs.uk">comms@gjnh.scot.nhs.uk</a>, or if you'd like to be part of our video messages, use the same email to let us and we'll arrange a suitable date, time and location to come and get you on camera!

Members of the Communications team have been out and about over the last few weeks, and will still be doing so for the next few days looking for willing participants. If you see us, please give us a shout and let us know you'd like to be part of the celebrations!

You can also make the celebrations more visible on MS Teams by adding a 75th anniversary image to your background.



Click this link to view or download a background image

## **Phase 2 Surgical Centre expansion update**

## Progress so far

Work has been continuing on our exciting expansion project, as part of the Scottish Government's commitment to meet increasing demand for elective procedures, as we continue to treat more patients than ever before.

In 2020, we completed Phase 1 of our expansion, with the official opening of our Eye Centre, the UK's most accessible healthcare facility, with the ability to carry out more than 18,000 cataract procedures every year.

#### Phase 2

Since then, work has continued at pace on Phase 2 of our expansion with plans in place for our brand new Surgical Centre set to open later this year. For more information, please take a few minutes to view this sway with timetable for key updates and pictures of the ongoing construction works.

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## New national digital dermatology programme

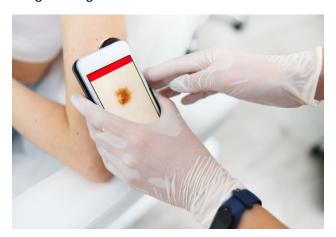
A new national digital dermatology programme will be launched by our Centre for Sustainable Delivery Innovation team to help speed up treatment and reduce waiting lists.

By capturing quality digital images of a patient's skin concern when they visit their GP or primary care provider the programme will, where clinically appropriate, allow a senior dermatologist to triage, diagnose and assess some skin conditions without the need for patients to attend an appointment.

People will then either be treated by their GP, directed to a more suitable service for their skin concern like an acne clinic or be offered a face-to-face appointment at a dermatology clinic, with those who need it directly scheduled for treatment or surgery.

Dermatology is one of the biggest outpatient specialties with over 46,000 patients on the waiting list for a first appointment at the end of March 2023.

This new programme, backed by £1.8 million of funding, could potentially reduce demand for outpatient dermatology appointments by up to 50 per cent with the potential for up to 90 percent of referrals across Scotland to include a digital image.



"The Scottish Government is determined to reduce waiting times across all specialities, and we know that dermatology is one of the busiest when it comes to demand for outpatient appointments.

"This new programme will lead to a better and quicker service for patients – allowing clinicians to see patients in the right place sooner. It has the potential to significantly reduce waiting times.

"Innovation like this is vital for the future of our healthcare service and I am excited to see the real benefits that will come from programmes like this in the years to come."

#### Michael Matheson, Health Secretary

The digital dermatology programme is one of the first innovations to be approved for national rollout through the Accelerated National Innovation Adoption (ANIA) Pathway.

ANIA is a collaborative venture that is coordinated by our national Centre for Sustainable Delivery and involves NHS National Services Scotland, Healthcare Improvement Scotland, Public Health Scotland, Digital Health & Care Directorate and NHS Education for Scotland.

"Having a fast, effective and secure way for Primary Care teams to send images of our patient's skin conditions to specialist colleagues will ensure more rapid and most appropriate advice and treatment is available - a picture provides a level of detail that cannot be conveyed in a traditional referral letter."

## Dr Stuart Sutton, CfSD Clinical Lead for Primary and Secondary Care Interface Working

"Managing referrals during the pandemic highlighted to Dermatologists how important a good quality image is to a Dermatology referral.

"It can help us prioritise the most urgent referrals, choose the right treatment pathway or offer advice to support care provided in Primary care".

Fiona Macdonald, Consultant Dermatologist and Clinical Lead for Dermatology

This system will begin rolling out to the first Territorial Boards in early 2024 and then adopted across Scotland.

For the full story, visit this link.

## Increasing access to diabetes technology

The Scottish Government has invested £350,000 to accelerate the distribution of diabetes Closed Loop Systems.

The investment will see a dedicated team created by our Centre for Sustainable Delivery's Innovation team to support NHS health boards to rollout the technology faster and more efficiently across Scotland.

The creation of this dedicated team to support the national rollout of diabetes Closed Loop Systems is one of the first innovations to be approved through the Accelerated National Innovation Adoption (ANIA) Pathway.

ANIA is a collaborative venture that is coordinated by our national Centre for Sustainable Delivery and involves NHS National Services Scotland, Healthcare Improvement Scotland, Public Health Scotland, Digital Health & Care Directorate and NHS Education for Scotland.



"There's no reason why someone living with type 1 diabetes shouldn't live a long and healthy life, but some people find managing the condition difficult.

"Diabetes technologies make the process easier and can enhance people's quality of life. That's why we're aiming to provide access to Closed Loop at the earliest opportunity and are working with NHS boards to improve access."

#### Jenni Minto, Public Health Minister

## About diabetes closed loop systems

In a Closed Loop System, an insulin pump and a continuous glucose monitor use technology to 'talk' to each other and adjust insulin dosing to help control blood glucose levels.

The life-changing technology reduces the risk of complications for people with type 1 diabetes will become more widely available thanks to additional funding.

The technology is considered the most significant development in type 1 diabetes treatment in recent years and can transform lives, particularly for children and young people.

Closed Loop Systems help people improve their glycaemic control and in turn reduce the likelihood of complications, which at their most serious can include blindness, renal failure, and amputations; as well as unplanned admissions to hospital.

"Closed Loop systems are truly transformative technologies and help reduce the day-to-day burden of trying to optimise type 1 diabetes control.

"Creation of a dedicated team to help support the adoption of Closed Loop Systems and standardise our approach to access across Scotland will help ensure that our healthcare system is well placed to realise the massive advantages that these innovative technologies offer."

## Professor Brian Kennon, National Diabetes Lead

# Ground-breaking medical gases programme wins inaugural European sustainability award

A programme to reduce the environmental impact of medical gases across NHS Scotland has won the Health Care Without Harm European Sustainable Healthcare Project of the Year.

The Green Anaesthesia Scotland project, which is now part of our Centre for Sustainable Delivery's National Green Theatres Programme, was announced the winner at the inaugural European Sustainable Healthcare Awards in Berlin on 7 June.

The project was one of 4 finalists selected from 36 entries across Europe.



"The strategies and procedures have already spread at national level, and improvements first seen locally have now been adopted throughout Scotland and actively adopted in other countries.

"The project has a substantial effect on reducing CO2 equivalent-emissions, benefitting both the community and environment without negative effects on patient outcomes."

#### **European Sustainable Healthcare Awards judges**

"Taking these first small steps to phase out nitrous oxide and desflurane can be a catalyst for greater change. Ultimately the aim is to include sustainability in every clinical and managerial decision.

"A great thanks to the whole team and also to the politicians who listened to our idea and backed it up with the funds, time and resources that we need."



1 - Dr Barker accepts the Healthcare Project of the Year award

"This has been a massive team effort and, without a doubt, will be one of many awards this project will bring home to Scotland."

Professor Jason Leitch, National Clinical Director

## New NHS Scotland national training centre for endoscopy

The National Endoscopy Training Programme (NETP), part of NHS Scotland Academy, has become only the third training centre in Scotland to be approved by the Royal College of Physicians' Joint Advisory Group (JAG) on Gastrointestinal (GI) Endoscopy.

NETP received JAG accredited status for meeting the governance requirements in the plans to deliver standardised, high-quality training to the endoscopy workforce.

Drawing on the strengths of both parent organisations, the Academy uses the state-of-the-art clinical and simulation facilities here at NHS Golden Jubilee and the educational expertise and technology-enabled learning offered by NES.

The new training centre will be based in the endoscopy suite, part of our new Surgical Centre due to open later in 2023, and will feature 2 procedure rooms and an additional training classroom.

Key to delivering vital training, the suite will become the main hub for the NHS Scotland Academy's 'National Endoscopy Training Programme' (NETP), which is currently working to upskill the endoscopy workforce, aiming to increase the number of accredited endoscopists in Scotland.



"The approval of this training centre allows us to progress plans to make NHS Golden Jubilee the hub for the NHS Scotland Academy National Endoscopy Training Programme.

"Once the new endoscopy suite is open, we will deliver JAG approved training courses including basic skills in both upper and lower endoscopy. This course is one of the mandatory requirements for all endoscopists to become accredited.

"This NETP Training Centre will increase the number of places available for Basic Skills, as well as provide a range of other courses to improve the skills of our endoscopy workforce and improve the standard of care delivered to patients within NHS Scotland."

Karen Boylan, National Endoscopy Training Programme Lead at the NHS Scotland Academy

"This approval for the centre follows on from the earlier news that NHS Golden Jubilee endoscopy services were the first NHS services in Scotland to receive JAG accreditation.

## Transplant Retrieval Team win national award for excellence in donor heart retrieval

Our Transplant Retrieval Team have been recognised by NHS Blood and Transplant and the British Transplantation Society at their annual UK award ceremony, receiving the award for Excellence in Organ and Tissue Donation.

The Team were specifically commended for their work in the Donation after Circulatory Death (DCD) and its impact on the heart transplantation programme.

Traditionally, donor hearts are still beating and are only removed from individuals who are certified as brain dead. However, thanks to advances in technology and the pioneering Organ Care System (OCS) or "Heart in a Box" system, it is now possible to retrieve a heart after circulatory death.



# Click here to read the full story

"This recent development, combined with the world-renowned educational expertise of NHS Education for Scotland, will support our ambition to establish a hub and spoke model to deliver the National Endoscopy Training Programme, with NHS Golden Jubilee as the endoscopy training hub, networked to other endoscopy training centres in other parts of Scotland.

"The training delivered by the NETP serves NHS Boards across Scotland, with several programmes to develop the endoscopy workforce in a coordinated 'Once for Scotland' approach.

"The commitment and dedication of so many colleagues across our teams have secured our success in achieving this most recent milestone."

## Kevin Kelman, Director of NHS Scotland Academy, Learning and Innovation, NES

The Golden Jubilee University National Hospital is the only approved training centre in Scotland with a JAG accredited endoscopy suite.

## Click here to read more

# Research study could predict future heart disease and treatment

Specialists in our Hospital are carrying out a ground-breaking study that could predict how a heart patient responds to future treatment.

Members of our Scottish Adult Congenital Cardiac Service (SACCS) have recruited their first patients to a study that could change the treatment of people who suffer from heart disease in Scotland.

The study, carried out in the Golden Jubilee Research Centre, monitors the blood flow of heart patients while they are at rest and during exercise, which could offer a better quality of life and life-saving

treatment in future by predicting outcomes following operations, as well as the development of heart complications in the longer-term.



"We believe that assessing how the heart and the organs respond to different stresses placed upon it will give great insight into the patient's true condition, and will also likely give us the ability to better predict their likely outcomes following procedures."

Dr Gruschen Veldtman, Consultant Cardiologist (study lead)

Click this link to read the full story

## **BBC Filming**

From this week, a documentary crew from BBC Productions will be on site for a period of 14 weeks, filming staff across the Hospital for a documentary series following the work of our heart services for patients across Scotland.

All members of the film and production crew have been through a full induction process and will be identifiable via their ID badges as they carry out this work. All patients and staff involved will also be formally consented by the BBC team and will be supported throughout this project by our Communications and Marketing Team.



Thank you in advance for your cooperation with this exciting project, and if you do not wish to be featured or have any concerns, please contact the Communications and Marketing Department by emailing Comms.

## **Industrial Action Awareness Sessions**

We have arranged a number of awareness sessions around Industrial Action, covering a range of topics around our responsibilities as a Board, how this may impact staff and what action we will take to ensure we can maintain our essential services safely.

These sessions have been arranged following the result of the British Medical Association (BMA) ballot result from Junior Doctors supporting Industrial Action. More information around this will be circulated as soon as possible.

Please, take the time to join a session and support any of your team who wish to attend.

Links and dates can be found below:

- Monday 3 July at 11am: Click here to join the meeting
- Wednesday 5 July at 11am: Click here to join the meeting

Embed://

# **Reminder of Uniform Policy and Infection Control**

Staff are reminded that green scrubs must not be worn outside of Theatres with the exception of collecting or returning a patient to the ward or in an emergency.

Green scrubs must not be worn on Level 1, including in the Canteen, level 5 or within the Hotel.

All staff are also reminded of the importance of following hand hygiene and infection control procedures at all times.

These are simple but vital steps for helping ensure that all of our patients are kept as safe as possible while in our care at NHS Golden Jubilee.



## **University of Strathclyde Healthcare Learning Survey**

Our educational partners at University of Strathclyde would like to understand what learning would be useful to support your career through a survey. The University wants to inform our staff on what is currently on offer at the institution and together is looking to co-design the next generation of health and social care education.

Your views and answers will help shape the university's and NHS Golden Jubilee's future healthcare learning.



### Click this link to fill in the survey

# **Scan for Safety Pilot**

The national NHS Scotland pilots for the Scan for Safety Programme are about to commence, with NHS Golden Jubilee serving as one of the sites across Scotland.

The Scan for Safety Programme aims to implement a system wide approach to the tracking and tracing of high risk implantable devices in Scotland through digital data capture at the point of care.

It will take a "Once for Scotland" approach and will capture implantable medical device data electronically in a consistent format across the NHS, including information on the patient, procedure, clinical staff, information about the device itself and where the procedure takes place.

Joining our colleagues from NHS Lothian and Greater Glasgow and Clyde, we will be the first pilot sites in Scotland, with teams at the boards and all across the national programme implementation team, working hard to prepare the ground work for this pilot.

The pilot period will run for a significant length of time, both locally and nationally, with all 3 boards at the forefront of learnings and improvements.

Teams at each of the pilot Boards, including here at the Golden Jubilee, will be early pioneers in this and ultimately help streamline this in day-to-day operations.



More details will be released in the coming weeks, but in the meantime, for more info, you can visit: <u>Scan</u> for safety

## **Consultation on changes to the NHS Scotland Pension Scheme**

Before making any changes to the regulations of any NHS Scotland Pension Schemes, Scottish Ministers are required by law to formally consult people who are likely to be affected by the changes.

The Scottish Public Pensions Authority (SPPA) recently launched 2 consultations regarding changes to the NHS Pension scheme, and this is your opportunity to be involved and have your say.

## Consultation on implementing the 2015 remedy

This consultation runs until 23 July and is focused on:

- The implementation of the Deferred Choice (DC) and the Immediate Choice (IC).
- Facilitating the return of remedial service to the legacy scheme i.e. the service accrued between 1/4/2015 and 31/3/2022, which was unprotected, as long as the member was a member of the legacy scheme on or before 31/3/2012 and they didn't have a disqualifying break of service.
- Establishing how remedy information must be provided to recipients.
- Facilitating the correction of pensions already in payment, including the underpayment and overpayment of pensions.
- Rectifying the pension contributions for pension scheme members, pensioners and dependants in relation to voluntary additional contributions arrangements.

#### Consultation on the proposed changes to member contributions October 2023

This consultation runs from 23 May until 15 August and is focused on:

- The NHS pension is required to be structured in such a way that it is not a burden on the taxpayer with the scheme being reviewed every 4 years to ensure that is delivering the required yield.
- Following an initial consultation in early 2022, the SPPA are now proposing a new structure which is more in line with NHS schemes in the other nations. It is proposed that these changes are implemented over 2 years.



To take part in the consultations, or for more information, visit this link.

# **Lancastria Memorial**

Wreaths were laid at the Lancastria Memorial on 17 June in memory of those who lost their lives when the HMT Lancastria was sunk off the coast of St Nazaire, France, on this day in 1940.

We are proud to be home to the Lancastria Memorial and to host the annual wreath-laying service. The HMT Lancastria was built in the Beardmore shipyards - the site on which the Golden Jubilee now stands.







# **Spam Email Warning**

All staff are reminded to be vigilant for scam text messages and emails.

Please do not click on any links that are sent to you via text message from a number or email you do not know. Do not complete any forms that ask for personal details e.g. bank account number and do not reshare any messaged with anyone else.

Some of these scam emails or texts may look like they are from a website you are subscribed to, a company you have worked with or even a colleague. Please be extremely careful, and if you are in any doubt, do not click on any links or forms included.



For more information about cyber awareness and how to keep yourself protected, visit Cyber Scotland.

If you believe you have received a scam message, please contact the eHealth support desk on extension 5666 immediately.

# **Events**



# The National Care Service (NCS) - Summer 2023 co-design events

The Scottish Government is hosting a series of regional forums this summer as part of the development of the National Care Service.

The local events will be held across Scotland, from June to August, and will be an excellent opportunity to hear from people with lived experience of social care support.

We would encourage you to attend these events. There will also be hosting five online events for those who cannot make it along in person.

The purpose of the events is to find out more about the unique nature of social care support in local areas across Scotland - and discuss what everyone would like to see in the future National Care Service.

Each event will be different, focusing on co-designing the National Care Service with specific sessions on the following themes:

- Information sharing to improve care support
- Keeping care support local
- Realising rights and responsibilities
- · Making sure my voice is heard
- Valuing the workforceYou will have an opportunity to hear directly from local experts whilst also taking part in design and research activities related to your own experience.



This is your opportunity to use your experience to shape the future of community health and social care in Scotland. For more information about the events and how to sign up, please visit <a href="mailto:gov.scot/ncs">gov.scot/ncs</a>.

## **NHS 4-Nations Golf Tournament**

The Scottish Qualifying Event for the NHS 4-Nations Golf Tournament is being held on Monday 3 July at the Barrasie Links Course at Kilmarnock (Barassie) Golf Club.

The 4-Nations tournament brings together teams from Scotland, England, Wales and Northern Ireland, with this year's event being held in August.

Hosting the annual competition is the Hilton Belfast Templepatrick Golf and Country Club on Monday 14 and Tuesday 15 August.

Subject to guidance from the venue on the day, the Scottish Qualifying Event will run as follows:

- Tea, coffee and morning roll served at an allotted registration time
- Tee-off from an allocated tee-time in groups of up to x4 players
- 18 Holes on the Barassie Links Course
- Format: Stableford with Full Handicap (adjusted to Course Slope)

Entry is at the reduced cost of £90 per person.

In order to secure places with the venue, player registrations will close at midnight on Friday 9 June, with payment due at time of booking confirmation via BACS/Transfer to the following account:

Account Name: F Fergusson

• Sort Code: 83-19-04

Account Number 00681241

• Reference: First Initial and Surname



Once you have made this payment, please email <u>Fraser Fergusson</u> giving the required information (i.e. Name, Organisation, Contact Mobile Number, email address and handicap).

Entries can cover multiple people in 1 email.

Please note: This will be considered as a contract with the venue where any call-offs within 7 days of the event will be liable to a charge if replacements cannot be found.

Visit www.kbqc.co.uk for further details.

## **SACCS Transition Education Event**

The Scottish Adult Congenital Cardiac Service (SACCS) is hosting an education event for patients and their families living with congenital heart disease who are approaching the time of transitioning their healthcare to adult services.

It's an opportunity for young patients, carers and families to meet the dedicated team and other young people born with a heart condition.

This year, the team is delighted to say that the event can be attended in person at the Golden Jubilee Conference Hotel, or on their virtual platform.

For those who attend in person there will be some fun and games on the night, chosen by the attendees.



## **NHS Scotland Event session**

Our Centre for Sustainable Delivery team ran a lunchtime session at the NHS Scotland Event 2023 in Glasgow.

Green, Lean and Clean: New Approaches to Theatre Resource was a showcase of how we are leading nationally to support Boards around theatre resources and show how measurable and sustainable improvement can be achieved.



Click here to find out more about our session and speakers.

# **Scottish Right Heart Symposium and Advanced RV Echo Masterclass**

A specialised meeting covering everything right heart and pulmonary circulation is being held on Friday 10 November in association with NHS Golden Jubilee and University of Glasgow.

An Advanced RV Echo Masterclass is also being held on Thursday 9 November.

The events, co-chaired by NHS Golden Jubilee's Professor Ben Shelley and Dr Phil McCall, bring together a multi-disciplinary team of experts covering:

- Clinical challenges
- Novel therapeutic techniques
- Clinical management
- Emerging assessment methods
- Cutting-edge basic science

For more information, contact Jocelyn Barr, or call extension 4132.



# People



## **Spotlight on Health and Care Futures at Strathclyde**

Professor Roma Maguire, Professor of Digital Health and Care

**Director, Department of Computing and Information Sciences** 

What is Health and Care Futures at Strathclyde and how did it come about?

Health and Care Futures at Strathclyde (HCFs) aims to build on the University's significant health and care-related research, areas of specialist excellence and teaching strengths across all 4 Faculties.

Historically, these activities have been fragmented across the University with strong collaborative relationships with the NHS and Care Sector existing at an individual level, however engagement an institutional level has been lacking.

HCFs will act as an important and pivotal primary link between the University, the NHS and Care Sector to support and coordinate mutually beneficial activities in teaching, research, knowledge exchange and innovation opening up new opportunities and scaling existing work.

How would you describe the mission of Health and Care Futures at Strathclyde?

The vison of HCFs is to use state-of-the-art innovation to enable individuals and populations to live as well as possible at home and in their communities. Through education and research, we will contribute to the delivery of the workforce of the future with the necessary skills, creativity, leadership, and agility to design solutions and deliver transformative change to address the significant challenges facing health and care systems now and, in the future.

Three main areas of activity for Health and Care Futures where academic leads build related activities in collaboration with colleagues across the University.

- The Future of Medicines led by Professor Margaret Watson
- Future Technologies and Data Driven Health and Care led by Professor George Crooks
- Future Organisation led by Professor Alec Morton



Visit the <u>Health and Care Futures at Strathclyde</u> webpages to find out more or email <u>Health and Care</u> <u>Futures</u>.

## As Director of Health and Care Futures at Strathclyde, what do you hope the initiative can achieve?

I would like HCFs to be a medium to bring together and showcase the excellent health and care related teaching, research and knowledge exchange that is being undertaken at Strathclyde. I'd like to see us

extend and enhance our reputation in the field and importantly build and strengthen our links with the NHS, care, and voluntary sectors.

We have already formalised strategic partnerships with 2 of the largest health boards in Scotland – NHS Golden Jubilee University National Hospital and NHS Lanarkshire. These open new and innovative ways of working with our partners in the public sector. For example, it provides opportunities for placements and internships in the NHS for Strathclyde MSc and UG students and for clinical experts to contribute to the design, development and delivery of our health and care related teaching. By working with colleagues in the NHS, we will also have better access to funding routes for collaborative projects which may bring better chances of success e.g., with Medical Research Council and Chief Scientist's Office. Our partnerships also provide a vehicle to attract more clinical academics to study and work at Strathclyde – further building and strengthening our links and activity within these sectors.

## What successes/projects are you initially focusing on?

**Future Medicines:** meeting the needs of patients, populations and service providers through: the development of new medicines, vaccines and formulations; improving access to medicines; maximising the safe and effective use of medicines, by providing education and support to individuals involved in medicines management.

**Future Technologies and Data Driven Health and Care:** collaborating with partners to identify and develop transformative health technologies ready for adoption; support the evolution of a technologically-skilled and knowledgeable workforce to improve health and care in the UK and beyond; and ensure that health and care systems can understand and exploit the advances in data science for the benefit of all.

**Future Organisation:** Focusing on the hard and soft elements of systems management and change, within health and care services. Members working within Future Organisation help analyse, organise, and deliver for higher performing health systems, underpinned by a vision of a future health system which is efficient and productive, delivers quality of patient care, and values the health and care workforce.

#### What can colleagues do to support H&CF – how can they get involved?

Health and Care Futures is a multi-disciplinary, cross University initiative encompassing all four Faculties. We are keen for staff across all Departments with an interest in health and care research, teaching, and knowledge exchange to get involved.

## How do you hope the relationship with NHS Golden Jubilee will evolve?

Now we have a very strong and vibrant relationship with NHS Golden Jubilee University National Hospital. The Golden Jubilee is NHS Scotland's original national elective and diagnostic centre. It is the home to national and regional heart and lung services and is the flagship hospital for reducing waiting times in key elective specialities including ophthalmology, orthopaedics and diagnostic imaging. I am confident that this partnerships will go from strength to strength. Already we are seeing new collaborations develop as a result – with discussions focusing on how we can work in partnership on various multidisciplinary research projects, teaching initiatives and Knowledge Exchange. To date, for

example, a number of research bids have already been submitted as a result of this growing partnership.

### What role do you see technology playing in patient care in the future?

Technology and data will play a key role in the future delivery of health and care. The pandemic has seen an acceleration of the use of medical and digital health technologies at an unprecedented rate – with many patients and professionals using applications such as videoconferencing, remote monitoring solutions, mobile apps and wearables to support the tracking and management of a variety of conditions including COVID.

## How important is it to look at health and care issues from a holistic point of view?

I think that holistic care is important – many people – particularly our ageing population, seldom have only one condition – but experience and have to manage several conditions at the one time. The impact of a condition or an illness does not just manifest itself physically, but psychologically, socially, and spiritually. It is important that we treat the person not the disease.

## Can you tell me a little bit about your own background in health and care?

I worked in the NHS for many years as a nurse and still hold an Honorary Nurse Consultant in Digital Health at NHS Lanarkshire. During my time in the NHS, I worked in several specialities including general surgery, neurosurgical intensive care, as a clinical trails nurse, and as a senior nurse in the field of medical oncology where I cared for people with various types of cancer receiving chemotherapy. During this time, I also went on secondment to NHS Quality Improvement Scotland where I contributed to the development of best practice statements and policy frameworks to inform the delivery of evidence based care.

## Val-You



#### **iMatter**

The 2023 iMatter questionnaire will be open from Monday 26 June until Monday 17 July.

iMatter is a continuous improvement tool that focuses on helping individuals, teams and NHS Boards to understand and improve staff experience, ultimately improving patient care.

We truly value what you have to say about your experience of working here. We therefore ask for your feedback via the iMatter survey, which is designed to improve experiences of working in your teams and also within our organisation.

By taking time to complete it you can continue to have a positive impact on staff experience and help us focus on further areas of improvement.

A new staff bulletin has been issued providing an update on iMatter, NHS Scotland's national continuous improvement tool.

The bulletin provides an update on the difference you've made from last year's feedback as well as information on this year's survey, which goes live on Monday 26 June.

Click the green 'Go to this Sway' button below to read the bulletin.

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height: 100vh" allowfullscreen mozallowfullscreen msallowfullscreen webkitallowfullscreen></iframe>

## Help us develop our People Strategy

NHS Golden Jubilee is developing a People Strategy to:

- build and develop our team in order to meet our organisation's goal,
- define our ambition for our people and detail how this will be delivered, and
- support the full workforce journey through areas such as workforce planning, staff engagement, wellbeing and employee development.

Our People Strategy is essential to:

- help us recruit and retain a workforce that will deliver our goals and responsibilities in healthcare and hospitality,
- let potential, new and existing employees know our approach to workforce in this organisation, and
- make decisions around where to invest time, resources and budget to enable us to be an exemplar employer.



## Red4Research

Staff Across NHS Golden Jubilee marked #Red4Research day by wearing red and hosting a 'cakes and nibbles' afternoon in the Research Institute to show their thanks to those who make vital research possible.

Red4Research bring together all those participating, supporting, and undertaking research. On the front line and behind the scenes, incredible research teams collectively work together to carry out important studies for the benefit of patients now and in the future.

Thank you to the team for their continued hard work and to all who supported this worthwhile event!

To continue to celebrate the incredible role played by our Research Team, please take a few minutes to hear from the staff themselves discussing the life changing work they carry out every day in these videos.









# **Introducing our Armed Forces Network**

This month we announced the creation of our new Armed Forces staff network ahead of Armed Forces Day.

Our Armed Forces Network will provide a supportive space for our armed forces veterans, reservists, and families to share lived experience, recognise and honour the valuable contributions they make on a daily basis.

## This will be done by:

- Embracing the unique skillset of our armed forces veterans, and reservists, as an enabler to enhance career development and adding value within NHS Golden Jubilee.
- Creating the conditions by fostering a supportive community to enable personal and professional growth.
- Working with other armed forces networks and Health Boards across Scotland to better coordinate and collaborate on national issues.



"NHS Golden Jubilee recognise the benefits that staff networks can bring towards fostering an inclusive workplace culture.

"Over the past few years we have embarked on an ambitious journey to establish a family of networks to represent the 9 protected characteristics and Fairer Scotland duty.

"As proud supporters of the armed forces for more than 20 years, we are delighted to now expand those networks to include our forces family colleagues across Team Jubilee."

Serena Barnatt, Director of Workforce

Click here to find out more about our Armed Forces Network.

If you would like to join the Armed Forces Network, email: Armed Forces.

## Pride progress flag raising

This month Board Chair, Susan Douglas-Scott raised the new Pride Progress Flag. As an organisation, we look to celebrate everything that is equality. The Pride Progress flag helps us represent out openness to all and is a symbol of our commitment to embracing all staff, patients, visitors and customers.

Susan reminds us of the importance of creating an environment where everyone feels comfortable to bring their whole self to NHS Golden Jubilee.







## MardiGla

Join colleagues from NHS Golden Jubilee and NHS Greater Glasgow and Clyde for this year's MardiGla – Glasgow's Pride parade on Saturday 15 July.

More details on the event to follow, but you can register your interest on the following link: MS form



Click here for more information on Glasgow's Pride

# **Scottish Health Awards 2023**

This month the Cabinet Secretary for NHS Recovery, Health and Social Care Michael Matheson announced the launch of the 2023 Scottish Health Awards.

This year the theme is 'thanking and celebrating 75 years of the NHS' these awards give us the opportunity to say thank you those incredible teams and individuals who showcase care, dedication and commitment in their work.

From porters and carers to surgeons and district nurses, our healthcare staff uphold the principles of an NHS that means so much to many. Now is the time to celebrate the NHS and the achievements of the unsung heroes working in health and social care.

Please take the time to nominate someone you believe deserves to be recognised. And remember, if you think your team deserve an award: nominate them!

With 16 categories to choose from, there's something for everyone!

Nominations are open until 13 August.



For more information and to nominate, visit <u>Scottish Health Awards</u>.

## **Stay cool this Summer**

With the summer holidays upon us, it's time to soak up the sun and hopefully enjoy some well-deserved time off. But as the temperature rises, it's essential to keep in mind some tips to stay safe and healthy during this hot weather. Here are a few pointers to help you beat the heat:

- 1. Hydrate like a pro: Stay hydrated by drinking plenty of water throughout the day. Don't wait until you feel thirsty. Keep a water bottle handy and take sips regularly.
- 2. Dress to impress the heat: Opt for lightweight, loose-fitting clothing made of breathable fabrics like cotton or linen. Light-colored clothes can help reflect the sun's rays and keep you cool. Don't forget to protect your skin with sunscreen, sunglasses, and a hat when you're outdoors.
- 3. Schedule outdoor activities wisely: If you have plans for outdoor fun, try to schedule them during the cooler parts of the day, such as early morning or evening. This way, you can avoid the scorching midday heat and reduce the risk of heat exhaustion.
- 4. Seek shade and cool down: When taking breaks outside, find shade under trees or bring a beach umbrella. Enjoy a refreshing breeze or use a fan to stay cool indoors. If possible, use air conditioning or fans to maintain a comfortable temperature at home.

- 5. Take care of yourself: The heat can drain your energy, so remember to get enough rest and sleep. Listen to your body and take breaks when you need them. If you're feeling unwell due to the heat, don't hesitate to seek medical attention.
- 6. Mind your food: Opt for light, refreshing meals and snacks that are high in water content, like fruits and vegetables. Avoid heavy, greasy foods that can make you feel sluggish.
- 7. Stay connected: Look out for each other and keep an eye on your colleagues. If you notice someone showing signs of heat-related illness, such as dizziness, nausea, or confusion, encourage them to seek medical help promptly.

Remember, the summer season is meant to be enjoyed, but safety should always come first. By following these simple tips, you can make the most of the hot weather while keeping yourself safe and healthy.



# Comments about you!

Congratulations to the Transplant Team at the Golden Jubilee, they are the most friendly people and you can trust them with your life, they are amazing.

**Caroline Carlin** - Great team, stars! Any way each one is so important on our transplant journey cannot praise each of them enough my hero's.

Ally H Kerr - The team who never stop giving, well deserved to our Tx team Jubilee x

Marie Coyle Robertson - Amazing hospital, with fabulous staff.

Mary Macaulay - Amazing hospital and the staff are something special Every single one.

Liz Taylor - Absolutely amazing hospital.

Geddes Mclean - Most amazing staff.

**Anne Smith Thornhill -** Thank you so much..had hip replacement surgery last year and surgeons & staff were amazing..top notch and very well organised from start to finish.

Laweez Campbell - Aww the best hospital!! Had a new heart, new aorta and new baby here!!

To Mr Nick Ohly and the anaesthetist from Braco, his assistants and everyone at the West Enhanced Recovery (ward) who looked after me so well.

To all the nurses and the others who also looked after me.

Many thanks to everyone.

Henry (Harry) Downie Angiography patient

To Mr Welsh, nursing and support staff – a note of thanks for a successful hip replacement, my months of pain have completely gone.

NHS

I thank all who have been involved in my surgery, care and support. Best wishes to you all for the work you all do, sincerely, thank you.

Hip Replacement patient



# My sincere thanks for all your care and attention shown to me during my recent stay.

James 'Craig' Hamilton
Patient



Dear Dr Boyle, you operated on my cataracts in April and the operation was successful – I can see!

Thank you very much for your skill and patience and I'd like to thank all the staff in your team for their skill and patience. Also, my thanks to all the NHS staff who face patients for their patience, day after day.

Many Thanks.

Keith WF Proborszcz-Maloney

Cataract Patient



NHS

Just heading home after my
hip replacement operation
yesterday. Cant praise Chris Gee
and his Ortho team enough and
also the staff on Ward West 2
for their excellent care. The food,
physiotherapy and care was second
to none.

Thank you.

Colin Warrick

Hip replacement patient



NHS

To all the fabulous nurses,
occupational health physiotherapists,
staff on ward 2 West Enhanced Recovery
who all took great care of me when I had
my right hip surgery.

I felt really looked after before and after my operation. I'm recovering well and just need to be a bit more patient and I am looking forward very much to being able to do so much more like going for walks etc.

With love,

Helen Hannah

Hip replacement patient



### **InVOLved**



### **Volunteer Focus - Antonia Hammond**

### **Volunteer Feature**

This month we sat down with one of our volunteers to find out more about what they do and why it's so important to our patients.

Volunteer: Antonia Hammond

My name is Antonia Hammond I am from Kilcreggan and I am a volunteer here at NHS Golden Jubilee and also a part-time nurse.

### What do you do as a volunteer?

As a Pastoral Care volunteer within Spiritual Care, I visit patients on the ward to chat and offer a listening ear. I also refer patients to the Chaplain if that is something they would like.

### What made you decide to volunteer at NHS Golden Jubilee?

As a nurse, I am very focused on holistic care for my patients and believe that mental health and wellbeing are just as important as physical health. I used to work at NHS24 when it was located here at the Golden Jubilee and I would pass the Spiritual Care Centre, that's where I saw they were advertising for volunteers.

### What do you love most about volunteering at NHS Golden Jubilee?

It's such a rewarding role and a real privilege to walk alongside patients during their stay here. There's also such a great teamwork vibe with the other volunteers, Volunteers Manager (Maureen), and the Chaplains (Tosh and Joe)

### What difference can volunteers make to patients?

We most definitely can make such a difference. We hear really great feedback and can help patients during those long days, especially when their friends and families live far away.

### What is the funniest thing you've experienced whilst volunteering?

I am actually from London and I once visited a patient who had been to my school!

### What would you say to anyone thinking of volunteering at NHS Golden Jubilee?

If you have a few hours a week to spare, please give joining the volunteer team serious thought. Not only do you make a real difference but you meet some very interesting people!



2 - Antonia Hammond

## **Volunteers Week**

This month we celebrated our volunteers who give up their time to help make our patients experience at NHS Golden Jubilee better.

From wayfinding, assisting with queries and being a listening ear, our volunteers use their kindness and skillset to help make #TeamJubilee the best it can be.

Thank you to all involved in volunteering and to making the volunteer event a success.









# **Health and Wellbeing**





We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

### **Dr Bike**

The Health and Wellbeing Group is considering hiring Dr Bike to come to the Jubilee once again this year in August to help colleagues keep their beloved biked in tip-top shape.

Dr Bike is a free pop-up service for bike owners and individuals thinking about cycling. The service offers both a tune-up for regular cycle commuters and an opportunity for those who are considering cycling to work to get their bike safely on the road.

Dr Bike mechanics will carry out comprehensive 20-point check on all bikes brought in on the day, which will be Wednesday 9 August.

Most repairs to your bike will be done on-site with the most common small spare parts and consumables free of charge.

A comprehensive report will also be given to the bicycle owner advising on any further recommendations to improve the performance of their bicycle.



There are a limited amount of appointments for this great, free-of-charge service, so if you'd like to book a spot to have your bike checked over, email christina.maclean@gjnh.scot.nhs.uk

**Note:** Due to demand, some requests may be denied if fully booked.

### Our staff pantry – a communal food store created for you, by you

The new Staff Pantry, launched by our Health and Wellbeing Group's Financial and Social Wellbeing Sub Group, is a communal food store created for you, by you, and is available to all staff who need it.

This initiative is fully supported by the Board of NHS Golden Jubilee and is part of our commitment to staff health and wellbeing.

We are looking for more donations of items to the Pantry, these include:

- Toiletries e.g. shower gel, shampoo, deodorant, toothpaste
- Snack pots
- Tinned soups
- Cereal
- Non-perishable goods

It is located next to the Staff Side office on Level 1 (behind the shop) and is accessible 24 hours a day.



3 - Carole Anderson and Jane Christie-Flight in our staff pantry

For more information contact Employee Director <u>Jane Chrisite-Flight</u>.

### **Hospital vs Hotel football match**

In the spirit of a bit of friendly competition, staff from across the Hospital and Hotel are invited to take part in a Hospital vs Hotel football match on Sunday, 20 August at Holm Park.

The time has to be confirmed, but whether you Ronaldo, or you're looking for a fun way to keep fit, sign up and come along.



If you are interested in taking part, please email Matthew Lester.

# NHS Credit Union: your credit union, your money

Your NHS, your credit union, your money As a member of staff at NHS Golden Jubilee, you can help look after you and your family's financial wellbeing by joining the NHS Credit Union.

The NHS Credit Union is dedicated to helping care for the financial health of members across Scotland.

At the beginning of this financial year, approximately 18,500 staff were enjoying the benefits of the service. Like all credit unions, the NHS Credit Union is a financial cooperative, owned and controlled by its members.

Here are some key things to be know when borrowing or saving with a credit union:

- While credit unions offer many of the same services as High Street banks, they operate a different business model with members electing the directors.
- Any operating surplus generated from a credit union's activities is either re-invested in the business or distributed among members by way of a dividend.
- Worldwide, credit unions now control assets worth billions of pounds. However, the common ethos is providing ethical financial services to members.
- Credit unions offer a range of savings accounts, with members choosing how much or how little they want to save. We also offer loan products suited to members' needs, with the focus being on the member's ability to afford repayments.
- Surveys of customers at banks and credit unions have consistently shown a significantly higher customer satisfaction rate with the quality of service at credit unions.



For more information about options of savings, loans and support for members, visit NHS Credit Union

### Staff Wellbeing Hub – Share your ideas!

Continuing our commitment to support staff wellbeing, NHS Golden Jubilee will be opening a staff wellbeing hub. This will be a physical space that will be accessible to all staff and volunteers and provide a calming environment for relaxation as well as providing access to a range of resources and services.

We would like to know what resources and services you think should be available from the Wellbeing Hub.



It is important that the Hub reflects your requirements so please let us know by submitting your feedback at the link below:

Click here to access the form

# **Learning and Organisational Development**



The latest <u>Learning and Organisational Development update</u> has details of current training opportunities.

### **Workforce Online Learning Week**

NHS Education for Scotland (NES) invites you to take part in a second Support Workforce Online Learning Week from Monday 2 to Friday 6 October 2023.

The programme provides an opportunity to:

- Spend time on learning dedicated to your needs and requests
- Hear what's going on and join interactive learning sessions
- Take time to reflect and celebrate your achievements over the last year

Network with colleagues

NES will be hosting bite-sized sessions on a range of topics to help your learning and development in your current role and support you taking any next steps.

The programme is aimed at supporting workforce across all health boards and health and social care partnerships working in:

- nursing, midwifery, allied health, business and administration, estates and facilities, primary care teams and independent sectors
- Whilst the primary audience is the support workforce, those who line manage or directly support the learning and development of support workforce colleagues are welcome, however the support workforce will be allocated places on a priority basis



For more details and to register, visit: NES events.

### Scottish Improvement Leaders Programme – New recruits

We are delighted to share the news that Pamela Firth, Clinical Educator, and Caroline Handley, Deputy Director of National Elective Services, have both successfully secured places on cohort 45 of the Scottish Improvement Leaders (ScIL) Programme.

The Scottish Improvement Leader (ScIL) Programme is a quality improvement course developed by a number of Scottish Public Service Improvement Partners.

The aim of the ScIL Programme is to enable individuals to:

- design, develop and lead improvement projects,
- lead and generate support for change, and
- provide expert QI support and advice in their organisations.

The programme is designed for those working in the Scottish Public Service in a role with a significant focus on quality improvement and dedicated time allocated to lead improvement projects.



"I had previously completed the QI modules on TURAS. When I heard about the opportunity to apply for this programme – I thought not only will this increase my knowledge and skills, but allow me to network with other leaders and learn from experiences in QI."

"I am delighted to accept a place on the latest ScIL course. Whilst I have some experience of implementing improvement using the change tools. I am keen to augment my previous experience with formal learning."

Pamela Firth, Clinical Educator in Ophthalmology



Caroline went on to tell us how securing a place on ScIL will benefit NHS Golden Jubilee as an organisation.

"There are so many exciting opportunities within NHS Golden Jubilee at the moment, including the opening of the new phase 2 building later in the year, the continued improvement of the Eye Centre. I believe that this formalised training about tools and techniques will enable me to support teams to instigate improvements and ensure our organisation continues to flourish and offer the highest standard of patient care. Personally, I am looking forward also to the networking and mentoring opportunities that this course will provide."

Caroline Handley, Deputy Director of National Elective Services



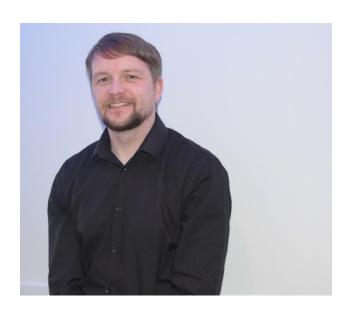
4 - Caroline Handley

"The interest in the recent cohort of ScIL was impressive and we had quite a number of applications.

Pamela and Caroline represented the best of a strong group. We are delighted to support them on their

QI learning journey and welcome them into the wider QI faculty and the Golden Jubilee."

### Jonathan O'Reilly, Head of Quality Improvement (QI)



If anyone is interested in applying for future cohorts of ScIL please register you interest with <u>Jonathan</u>
<u>O'Reilly</u> or call 07500 132 748.

In the meantime, you can apply to join NHS Golden Jubilee's own Quality Improvement Skills programme.

You can learn more, including how to apply, by visiting the staff net page <u>Quality Improvement Skills</u>

Programme.

### **Tissue Viability study days**

Dates have now been confirmed for monthly Tissue Viability Study Days until April 2024 and will take place on:

- Tuesday 18 July
- Tuesday 29 August
- Tuesday 19 September
- Tuesday 10 October
- Wednesday 1 November
- Friday 1 December
- Tuesday 16 January
- Thursday 29 February
- Tuesday 19 March

The study days are for registered nurses only and can be booked via eEES.

### **Quality Improvement Skills Programme Cohort 2**

We are delighted to be recruiting the second cohort of the Golden Jubilee Quality Improvement Skills Programme (GJ-QIS).

The GJ-QIS is a hybrid learning programme delivered by the NHS Golden Jubilee Quality Improvement (QI) Faculty, aiming to support individuals to develop the skills, knowledge, and confidence to participate as members of improvement teams and contribute to testing, measuring and reporting on changes made.

The programme is open to at all NHS Golden Jubilee staff who wish to learn about QI methodology and tools to help support or undertake quality improvement initiatives within your teams. You can apply as a team, which may help your shared learning or as an individual. You will also work through a project while on GJ-QIS.



Cohort two will run from September to November 2023. Applications can be sent to <u>Performance and Planning</u> no later than 12pm on Friday 11 August 2023.

Click this link for more information.

Click this link to watch the information animation.

# The Social side



What's happening on our social media pages

Facebook:

This month several members of our Orthopaedic Team attended the Computer Assisted Orthopaedic Surgery International Conference in Pattaya, Thailand.

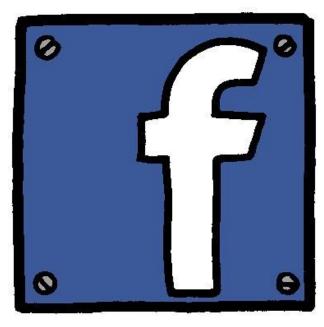
Our very own Orthopaedic Research Physiotherapist, Hollie Leonard, was awarded first prize for 'Best Clinical Podium Presentation' in the 'Emerging Investigators' category.

The leading conference for technology in orthopaedic surgery featured 80 research presentations, 16 clinical experience sharing lecturers and 5 workshops.

Congratulations Hollie and the team!

Click here to view the full post





5 - Click here to access our Facebook page

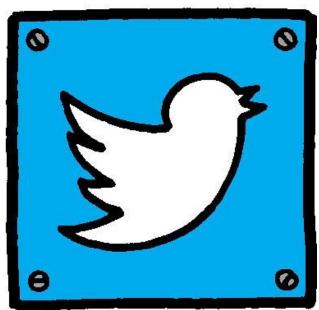
### Twitter:

This month we sat down with Non-Executive Director, Marcella Boyle to mark World Humanist Day.

Humanism plays an important role within our Spiritucal Care Network.

"Humanism is very much about self and having respect and empathy"





6 - Click here to acess our Twitter page

### LinkedIn:

The NHS Scotland Academy welcomed 13 young adults from The Prince's Trust to NHS Golden Jubilee to meet with a number of clinical educators and Team Jubilee staff to learn about different roles available in the NHS.

The group were also given the chance to take part in a range of interactive scenarios.

Click here to view the full post





### YouTube:

Before our patients come into our Hospital, they have access to 'what to expect' videos on our YouTube channels.

Thanks to these videos, patients feel more at ease and knowledgeable about the process.

It's no wonder our 'Hip Replacement' video is the most watched video this month!

View the video on our You Tube channel





7 - Click here to access our YouTube page

# **Scottish Government News**



Children aged 6 months to 4 years at higher risk of COVID-19 now eligible for COVID-19 vaccine

NHS Scotland is offering two infant doses of the COVID-19 vaccine to children aged 6 months to 4 years at highest risk of COVID-19.

Infants and young children with underlying health conditions are 7 times more likely to be admitted to paediatric intensive care units with severe COVID-19, compared to those without underlying health conditions.

Getting the vaccine will help to protect children against COVID-19 as it helps to build up their immunity, so the body can fight it off more easily.

Children at higher risk from COVID-19 includes those living with a neurodisability or neuromuscular condition such as cerebral palsy, severe or profound learning disability, Down's syndrome, serious genetic conditions, serious heart conditions, lowered immunity due to disease or treatment, endocrine disorders, asplenia or dysfunction of the spleen.

There is no need to arrange an appointment. NHS Scotland will contact you if your child is eligible for a COVID-19 vaccine.

For more information visit <u>www.nhsinform.scot/covid19vaccineunder5</u>.

### **Scottish Government News**

### **Update on Medication Assisted Treatment Standards**

Drugs and Alcohol Policy Minister Elena Whitham has welcomed research showing more people are getting treatment for problem substance use and said she is determined to oversee further improvements.

The Medication Assisted Treatment (MAT) standards support the consistent delivery of safe, accessible, high-quality drug treatment, so everyone can get the same level of care wherever they live in Scotland.

Click here to read more

### **NHS Scotland overseas recruitment**

Health Boards across Scotland have hired an additional 800 nurses, midwives and allied health professionals from overseas, helped by £8 million of funding announced in October 2022.

Part of a package of £600 million to support services through the winter period the funding was announced with an aim to recruit 750 new staff.

As a result of intensive work by health boards the target has been exceeded with 293 additional staff already in posts across the country and a further 507 due to arrive by the end of the summer.

### Click here to read more

### New cancer strategy launched to improve survival

A new 10-year Cancer Strategy aims to significantly cut the number of people diagnosed with later stage cancer and to reduce the health inequalities associated with the disease.

Currently around 42% of cancers are diagnosed at the later stages but through continued investment in the Detect Cancer Earlier (DCE) Programme the ambition is to reduce the number diagnosed at stages III and IV in year 10 of the plan to 24%. That would mean around 5,000 fewer people diagnosed with later stage disease in the year 2033.

The strategy is underpinned by a three-year Cancer Action Plan that contains 136 actions. Both documents focus on improving all areas of cancer services, from prevention and diagnosis through to treatment and post-treatment care, with a particular focus on the currently less-survivable cancers.

### Click here to read more

### **Designing a National Care Service**

Social Care Minister Maree Todd will join the first of a series of events where people can co-design the new National Care Service.

The event at Stirling's Albert Halls will allow carers, people who access and deliver care, including the workforce, and anyone with an interest to contribute to how a new National Care Service could work.

Since the regional forums were announced last month, more than 600 have signed up to take part inperson and online, with additional capacity already being made for the Glasgow event next week.

### Click here to read more

### **MMR Against Measles**

In some parts of the UK and Europe, there's been an increase in the number of people getting measles. Measles is one of the most highly infectious diseases and can lead to serious and potentially lifethreatening complications. Fortunately, there's a free measles, mumps and rubella (MMR) vaccine available which is highly effective in protecting you and your child against measles.

For more information on measles, and how to check your child is fully protected, visit NHS Inform.

# Jubilee Life copy deadline



If you'd like an article or information in the next edition of Jubilee Life, please submit your copy by Friday 14 July to be included in our next edition.

While consideration will be given to late submissions due to timings of events, if copy is received after the deadline date, articles may not be included.

Please send your Jubilee Life submissions to Comms.

### **Contact us**

Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to <u>Comms</u> or complete the feedback form.

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