

Jubilee Life **Summer 2024**



Issue 61

*Welcome to the **Summer 2024** edition of your digital staff magazine.*

There's a handy icon at the bottom right to help you navigate through the sections.

News



Art Competition winners

We were absolutely thrilled to welcome the entrants and winners of our art competition this month.

To help us celebrate the opening of our new Surgical Centre, which will very soon help treat more patients from across Scotland than ever before, we launched an art competition for any school child in West Dunbartonshire, or any child of a Team Jubilee, to send in their etchings on the theme of 'Future Healthcare'.

We had a massive 270 entries in total and 10 winning entries will be displayed in the new Centre when it opens.

Among the winners we had one standout entry which took the overall prize, and that was created by P6 pupil Jessica Star Graham of Gavinburn Primary School in Old Kilpatrick, so many congratulations to Jessica for her wonderful piece of art, which will be part of local history.

Our esteemed guests were also given an interactive tour of the NHS Scotland Academy Skills and Simulation Centre.

We'd like to thank all the children who took the time to paint or draw their pictures, they were all amazing!





Here are all the other winners in their categories:

P1:

1st Cian Collins, St. Stephen's Primary

2nd Ronan O'Connell, St. Stephen's Primary

3rd Ciara Courtney, Gavinburn Primary

P2:

1st Struan McNaught, Balloch Primary

2nd Nathan Robertson, Balloch Primary

3rd Lucia Gordon, Gavinburn Primary

P3:

1st Gargi Sonkar, Kelvindale Primary

2nd Ollie White, Linnvale Primary

3rd Elise Connell, Linnvale Primary

P4:

1st Alfie Higgins, St. Stephen's Primary

2nd Oscar Krason, St. Stephen's Primary

3rd Fionn Sawyers-Currie, Our Lady of Loretto Primary

P5:

1st Amber Miller, Bonhill Primary

2nd Mason McIntyre, Bonhill Primary

3rd Amelia Czyzewska, St. Stephen's Primary

P6:

1st Jessica Scott, Bonhill Primary

2nd Ettore Correa, St. Michael's Primary

3rd Jaxon Lumsden, St. Stephen's Primary

P7:

1st Mary Zurawek, Gavinburn Primary

2nd Jonathan Shiels, St. Stephen's Primary

3rd Megan Macnab, St. Stephen's Primary























Staff Primary winners:

1st Ivy Gee

2nd Aaron Morrison

3rd Aaron Muir

Staff Secondary winner:

1st Charlotte Fox











The Hospital: Life on the Line TV documentary

The 4-part documentary series about our heart services here at NHS golden Jubilee has come to an end after an incredible run Channel 5.

The Hospital: Life on the Line followed multiple patient journeys and included a number of our staff from a range of different teams and heart services.

The series was extremely well received with millions of viewers across the 4 week run and was consistently the top viewed programmes on British TV for its timeslot.

A particular claim to fame was only narrowly losing out to "Love Island" on week 1.

Everything we do here is only possible thanks to the tireless efforts of every single member of our team, playing a vital role in our patients' experiences. We are delighted that the world got to see a snapshot of the amazing work, dedication, professionalism and compassion our staff show every single day.

This was shown through the emotional journeys of our patients as they put their trust in our skills to get them through life-saving procedures and back home to their loved ones.

Thank you so much to all of our staff who took part in this momentous series.



*If you've missed any of the shows following the incredible stories, catch up on My5 at:
<https://www.channel5.com/show/the-heart-hospital>*

Our People Awards

Each year, Our People Awards recognises the incredible efforts of our staff for the inspirational work they carry out for people all across Scotland.

Patients, visitors and staff have the opportunity to nominate a member of staff, team or volunteer, who has gone above and beyond across multiple categories.

There are 12 categories that have been devised to ensure that all staff and volunteers could potentially receive a nomination. There may also be special recognition certificates or awards.

Nominations are open until Monday 2 September 2024 at 5pm.



[Click on the link to find out more Our People Awards](#)

[Nominate now for Our People Awards](#)

Our People Awards - have your say about this year's event?

We want to hear your views about the format of this year's Our People Awards event.

Do you think this year's awards event should be a day time or evening event? Should it be a formal do or more informal?

Tell us what you think by clicking the link and answering our quick poll by Wednesday 31 July 2024.

[Answer our quick poll](#)

Building Academic Relationships

We are delighted to announce that we have signed a Memorandum of Understanding (MoU) with The University of Glasgow have signed a Memorandum of Understanding (MoU) to further strengthen our relationship for the future of healthcare.

Building on the existing relationship between the 2 organisations, this MoU continues to build on the incredible track record of innovation, research and collaboration we have built over the last several years.

Originally signing an MoU with the university in 2018 to benefit medical science, this renewed commitment will continue to strengthen and build on this relationship, with the aim of continuing to support successful collaborative research, training and the advancement of knowledge and healthcare provision in Scotland and beyond.



[Click this link to read the full story](#)

Expansion update - July 2024

As our new Surgical Centre nears completion, please take a few moments to read over the following bulletin with updates and details of progress and next steps, along with updated pictures and plans of the site.

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popups allow-same-origin allow-scripts" scrolling="no" style="border: none; max-width: 100%; max-
height: 100vh" allowfullscreen mozallowfullscreen msallowfullscreen webkitallowfullscreen></iframe>

Meetings Show success for Hotel team

Colleagues from the Golden Jubilee Conference Hotel headed down to ExCeL London for this year's The Meetings Shows along with partners Venues of Excellence.

The team spent the days networking with existing and potential clients and partners, showcasing the very best the Hotel has to offer and exploring new business opportunities.



Golden Jubilee in top 10% of hotels worldwide

Each year Tripadvisor recognises travellers' favourite businesses from around the world based on reviews and ratings. This year the Golden Jubilee Conference Hotel scored in the top 10% of hotels worldwide. This comes after an array of nominations and wins for the team, including receiving the 'Best MICE supplier in Scotland' at the 2024 E Awards.

Hosting a conference or event this summer? Take advantage of the 'Summer Sizzler' offer during the months of June, July and August for just £49.50 per person.

From team building days to networking events, the Golden Jubilee Conference Hotel team have got you covered.



Call the team today on 0141 951 6006 or email conferences@goldenjubilee.scot.nhs.uk

Review of Band 5 Nursing Role

As part of the 2022/2023 pay settlement, the Scottish Government agreed to the review of all NHS Scotland Band 5 nursing roles. Within NHS Golden Jubilee, work has been ongoing with senior nursing colleagues in preparation for the forthcoming review.

The digital portal is now live, enabling nursing staff to submit an application for a review of their role. The application process requires nursing staff to complete a questionnaire and provide information about their job, including the skills and knowledge required, responsibilities and working environment. The process that will be followed nationally is in line with the NHS Job Evaluation Scheme.



[Click this link to access the digital portal](#)

*Detailed support and guidance on the application process is available on the link below and should be read before submitting an application as it provides a step-by-step guide on the process:
<https://www.stac.scot.nhs.uk/agenda-for-change-pay-and-reform>.*

*You may also find it helpful to refer to NHS Circular PCS(AFC)2024/3, Frequently Asked Questions:
[PCS\(AFC\)2024/03 Review of Band 5 nursing roles](#)*

Important Information

You must ensure the correct procedure is followed and discuss your application with your Senior Charge Nurse in advance of making an application on the portal. This is an important part of the process, so you need to prepare for this discussion in advance and dedicate time to the submission process.

Click this link for a flowchart which outlines the process: <https://www.stac.scot.nhs.uk/wp-content/uploads/Review-of-Band-5-Nursing-Roles-Application-Process-Flow>

While arrangements are underway with our internal Job Evaluation team, it is anticipated this exercise will take some time for applications to be processed and appropriately evaluated, but please be assured all submissions will be progressed in accordance with the national procedure and you will be notified of the outcome of your application.

This will not affect the effective date of the change if the application is successful, and backdated payments will be processed as appropriate, to a maximum of 1 April 2023.

The board's job evaluation leads will be delivering sessions to answer queries on the process. This is open to all band 5 nurses:

- Wednesday 17 July: 1.30pm – 2pm, Ness Room, Critical Care, Level 3

For further information, please contact your Senior Charge Nurse. In addition, if you are a member of a trade union, your union will be able to provide you with advice and support or contact Human Resources.

Smoking on hospital grounds

All staff are reminded that NHS Golden Jubilee is a smoke free site and that it is illegal to smoke within 15 metres of a hospital building. This includes the Golden Jubilee Conference Hotel and walking routes around the site.

Anyone found to be breaching site rules may face formal disciplinary action. You are also subject to a fixed penalty notice of £50 or a fine of up to £1,000 if the case goes to court.

If you see someone smoking within hospital grounds please alert security immediately.

Visit www.gov.scot/nosmokingzones for more information.

For any queries, and if staff need to report incidents, please contact GJNH.Security@gjnh.scot.nhs.uk.



Car parking update

At NHS Golden Jubilee, we are fortunate to have the benefit of free onsite parking for staff, patients and visitors.

Work is currently ongoing on new ways to improve and support access to parking and transport for staff from all across the site, however in the meantime we all have a responsibility to park in appropriate and authorised spaces and areas **only**.

We know at times this can be challenging, and may cause frustration, but this is absolutely vital for the health, safety and security of all staff, visitors and patients who need to access our site.

In particular, patient and disabled spaces must **only** be used by appropriate individuals: lack of these facilities can make what is possibly already a very stressful and emotional day for those using our services worse, impacting their entire journey at NHS Golden Jubilee.

We can all do our bit to support this by doing the following:

Never

- Park vehicles on walkways or pedestrian areas.
- Park vehicles within restricted loading and goods areas.
- Park vehicles on any access or circulation routes.
- Use a patient or disabled space if this is not appropriate.

Always

- Follow instruction given by your Security, Health and Safety colleagues.
- Park in designated parking bays.
- Leave disabled parking bays vacant for those who have a genuine need for those spaces.

The Car Parking Review Group are continuing to carry out extensive work to support accessible parking on site for everyone who needs it, so please make sure you check back regularly for news and updates. Thank you for all your support and cooperation.



Cyber Security Awareness Quiz Winners

Congratulations to the 3 winners of the May 2024 Cyber Security Awareness Quiz. They were selected out of participants who scored 100% during the cyber quiz. Congratulations to:

- William Boslem, Stores Person, Ophthalmology
- Damien Reilly, Student Nurse

- Fiona McKay, Radiology Admin Manager, Radiology

There are a range of cyber security videos now available. These short clips explain the following key themes:

- [Click this link to watch our Password Security video](#)
- [Click this link to watch our Clear Screen Policy video](#)
- [Click this link to watch our Clear Desk Policy video](#)
- [Click here to watch our Tailgating video](#)



1 - Fiona McKay



For more information or advice, contact the Digital and Information Governance team on ig@gjnh.scot.nhs.uk.

Pharmacy update

Pharmacy Stock Control (PSC) is a complete electronic medicines management system for stock control and purchasing of medications, supply of medications for patients within the hospital and for discharge and outpatient prescriptions.

This will replace the current stock management and dispensing system within the Pharmacy department. PSC is the foundation for HEPMA. It will allow for seamless transition of accurate medicines supply information to dispensary and to pharmacy stores directly from the patient's HEPMA record.

The PSC team have now completed the drug-file build for the system and training sessions with system C for six super users at NHS Golden Jubilee. These super users are working on further elements of the system set up and build and are undergoing a mapping process to digitise our medication ordering process.

Soon they will begin testing the system and will begin training members within the Pharmacy team. They have also been working closely with Finance colleagues during this process.



HEPMA is an electronic prescribing platform that supports the prescribing of medications for patients and will provide administration support to prescribing staff across the hospital. The platform will replace the use of paper-based prescribing and medication administration at NHS Golden Jubilee for in-patients.

The HEPMA platform will provide a range of benefits to our Hospital, for patients and staff including:

- Improved patient safety by reduction of errors in prescribing and medicines management through increased legibility and accuracy
- Increased clinical decision support
- Faster access to patient medication records
- Increased support to ensure consistency in prescribing practices
- A range of reports will be available e.g. medication omission and prescribing prevalence

An initial HEPMA demonstration and familiarisation session is taking place this month for nominated Super Users only and there will be an initial prescribing super user demo session at the end of the month. The HEPMA implementation group will be starting soon with those who have been nominated, and will be led by the Project Manager.

CD Manager is a controlled drug (CD) management platform, which has been designed for use throughout all areas within hospitals where controlled drugs are stored, including pharmacy, wards and theatres.

It is a completely paperless, digital solution for controlled drug processes.

The team are currently working towards a go live date for PSC in July and then HEPMA in September.

CD Manager will follow and will initially be rolled out within the Pharmacy department.

If you have any questions, please contact Mark Wylie (Project Manager) [Mark Wylie](#) or Hannah MacLeod (Lead Digital Pharmacist) at [Hannah Macleod](#).

Counter Fraud Services – National Services Scotland

Lanarkshire GP receives community payback order

A GP working in NHS Lanarkshire has been sentenced to community payback of 100 unpaid hours, ordered to pay £883.02 in compensation to NHS Lanarkshire and subject to a supervision order of up to 1 year.

Gordon Young, Head of Service at Counter Fraud Services said: “The actions of Dr. Henderson are not reflective of the vast majority of dedicated and ethical professionals within the NHS. We are committed to upholding the highest standards of care within NHS Scotland and we will take decisive action against any breach of Trust.”



If you suspect fraud in NHS Scotland, you can report it in confidence by calling 08000 151628. For more information, visit [cfs.scot.nhs.uk](#)

HMT Lancastria Anniversary

This summer we marked the anniversary of the sinking of the HMT Lancastria, which was built on our site and where its memorial sits to the thousands who lost their lives on 17 June 1940.

Members of our team gathered to lay wreaths and mark the date on behalf of NHS Golden Jubilee, including our Char, Susan Douglas-Scott, Director of Transformation, Strategy, Planning and Performance,

Carole Anderson, Director of Strategic Communications and Stakeholder Relations, Deputy Lieutenant, Sandie Scott laid a wreath on behalf of the Lieutenancy.

We are proud to be home to the Lancastria Memorial and to host the annual wreath-laying service.





NHS Scotland Scan for Safety update

NHS Scotland Scan for Safety is a national programme funded by the Scottish Government. It aims to improve patient safety through the traceability of class III and IIb medical devices whilst enabling additional financial, sustainable and performance benefits for boards.

The Scottish Government have released an update for the upcoming launch of Scan for Safety's Medical Device Data Hub Scotland, this includes information about us becoming the first board in to implement Point of Care Scanning in 3 departments.

Click the link to read the sway.

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height: 100vh" allowfullscreen mozallowfullscreen msallowfullscreen webkitallowfullscreen></iframe>
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People



Happy birthday Adam!

This summer, colleagues in our Finance team wished a special Happy birthday to Adam Haahr who celebrated his 40th birthday.

Many happy returns Adam!



Val-You



iMatter 2024

All staff now have the opportunity to complete the 2024 iMatter questionnaire - an important opportunity to provide feedback on your place of work and really make a difference. Thank you to the 39% of staff who have now completed the survey.

The questionnaire is completely confidential and will only take a few minutes to complete.

From this week you will receive an email or SMS from 'webropol' inviting you to complete the questionnaire. If you don't receive this early next week please let your manager know.

For those of you completing the questionnaire on paper, your manager will issue this to you directly.

If you would like to find out more about iMatter please join us at one of the awareness sessions on MS Teams.

There's no need to pre-book, just click the following link on the date that suits you - [join iMatter information meeting](#)

- Tuesday 9 July 4pm - 4.45pm

Your feedback really does make a difference!



Click the following link to see how the Board responded to your feedback from the 2023 iMatter questionnaire: [iMatter 2023](#)

To find out more about iMatter, go to the dedicated iMatter sections on [Sharepoint](#)

*Check out the national iMatter website to view team stories and national annual reports:
<https://www.imatter.scot/>.*

For more, contact [Nyree Anderson](#) or [Carly Robertson](#).

NHS Golden Jubilee Ethnic Minority Network: Leadership Journeys

Join us for an inspiring and empowering event that celebrates the leadership journeys of ethnic minorities within NHS Scotland on Friday 30 August from 9.30am – 12.30pm in the Creation Space at the Golden Jubilee Conference Hotel.

Hear compelling stories from colleagues of navigating unique paths to success, overcoming challenges and driving impactful change in healthcare. Attendees will gain insights into diverse experiences and strategies that have shaped their careers, fostering a deeper understanding of the importance of diversity and inclusion in leadership.

Highlights include:

- **Keynote Speakers:** Hear from visionary leaders who have made significant contributions to the NHS and beyond
- **Panel Discussion:** Engage with a dynamic panel of experts sharing their personal journeys and professional insights
- **Networking Opportunities:** Connect with peers, mentors, and leaders who are passionate about fostering an inclusive healthcare environment.

Whether you are an aspiring leader, a seasoned professional, or an advocate for diversity, this event offers a platform to learn, share, and be inspired by the remarkable stories of ethnic minority leaders within the NHS.

Join us in celebrating their achievements and exploring how we can collectively create a more inclusive future.

Ethnic Minority Network

Creating a working environment and policy framework for ethnic minority staff which is open, supportive and promotes equality of opportunity, employee wellbeing and strengthening the employee voice.

- To encourage and maintain a safe and positive working environment for ethnic minority staff and eliminate racial discrimination for employees and patients.
- To support in developing and maintaining a representative workforce with inclusive leadership, and to raise the visibility and contribution of ethnic minority staff.
- To provide a forum where ethnic minority staff can share experience and issues affecting their work and professional development.



To view the agenda and register for the event, please visit [Ethnic Minority Network Sharepoint](#).

Pride Month

Every year in June, we celebrate [Pride Month](#) to acknowledge the historical significance of the Stonewall riots and the ongoing struggle for LGBTQ+ rights.

NHS Golden Jubilee strives to be an inclusive organisation that values the contribution all our staff make in creating a diverse workplace culture.

Our LGBTQ+ Staff Network is a safe space for LGBTQ+ staff and allies to connect and participate in social events and equality calendar activities. This year we have joined forces again with our colleagues at NHS Greater Glasgow and Clyde LGBTQ+ forum to organise and take part in Pride activities. We will also be taking part in the 'MardiGla' Pride march along with 5 other West of Scotland health boards in July.



[Click here to visit our website to find out more about our Staff Networks](#)

World Humanist Day

On Friday 21 June we celebrated World Humanist Day.

Celebrant and our Board Chair, Susan Douglas-Scott sat down with us to share more about Humanism and how some of its ethos is embedded in the values we have here at NHS Golden Jubilee.



Comments about you!

Jean Martin: I also can't thank the staff enough for the wonderful support I was given at the hospital last year especially Caroline specialist Nurse who is amazing at calming you down. I have a grandson born just after I had 3 stents put in place, I might have never seen him if it hadn't been for this wonderful hospital.

Marian Morris: Thank you to the wonderful staff of this hospital where I had my heart surgery last year. Such important and personal care. God bless our NHS.

Suzanne MacDonald: Fantastic hospital and staff

Alison Richardson: the most wonderful hospital and most amazing caring staff

Catherine Duda: Thank you for looking out for our patients and staff.

Yvonne Henderson: I had open heart surgery last year at this hospital and all staff involved in my care were outstanding. I was 52 and on my 3rd open heart surgery since I was born.

Janice Black: Golden Jubilee saved my husband's life in 2016, allowing us to make many more memories together.

Michelle McDade Smith: What a fantastic but emotional watch. Brought back some memories of my husband's tough but amazing journey. The staff were and continue to be outstanding and so supportive. How lucky we are to have each and every one of them.

Events



Scotland's Health Awards

Nominations for the Scotland's Health Awards are now open!

These awards signify a new partnership between The Scotsman and the Scottish Government and will celebrate those working across NHS Scotland and its partners in delivering high-quality health and social care services to the people of Scotland.

With 16 categories to choose from, including Top Team, Young Achiever and Unsung Hero, this is our chance to recognise the work of our colleagues and teams.

Nominations must be submitted by midnight on Sunday 18 August, winners will be announced on Thursday 7 November.



Submit your nomination by visiting, [Scotland's Health Awards - Nominate now](https://www.scotlandshhealthawards.co.uk)

NHS Scotland Event

This year the key theme of the NHS Scotland Event 2024 was 'Planning for the Future: Delivering Health and Care Services through Innovation and Collaboration'.

NHS Scotland Academy team showcased their poster 'Building a sustainable training model with a focus on efficiency and patient care' which covered the success of the National Ultrasound Training programme being delivered at NHS Golden Jubilee.

The national Centre for Sustainable Delivery team showcased 6 posters, a spotlight session and 2 parallel sessions including, 'Improving the delivery of cataract services in Scotland – a blueprint for success', 'National approach to reducing the carbon emissions of operating theatres' and 'A multi-agency collaboration to establish a clinical resource for information on skin conditions'.

Our team at NHS Golden Jubilee showcased the 'Evaluation of requirement for on-admission pharmacist medicine reconciliation in enhanced recovery orthopaedic patients'.



NHS Event 2024 resources now available

All resources from the NHS Scotland Event 2024 are now available on the Event website. This includes filmed footage of the Plenary sessions, presentations from all sessions as well as posters that were on display.

[Click here to view all resources](#)

[Click here to view all posters](#)



SACCS Transition Event

Save the Date!

The Scottish Adult Congenital Cardiac Service (SACCS) and the Scottish Paediatric Cardiac Service (SPCS) are hosting an education event for patients and their families living with congenital heart disease who are approaching the time of transitioning their healthcare to adult services.



The event is on Thursday 29 August. Click the following to register:
<https://www.eventbrite.co.uk/e/cardiac-transition-event-tickets-911960106227>

The Scottish Cardiac Society's (SCS) 33rd Annual General Meeting is being held from Thursday 24 - Friday 25 October 2024 at the Royal College of Physicians of Edinburgh.

The Society is inviting abstract submissions related to academic clinical and scientific research, as well as the results of projects in service development and quality improvement. Submissions are welcome from clinical and research physicians, nurses, cardiac physiologists, other allied healthcare professionals and medical students.

Abstracts should be submitted by 12pm on Wednesday 5 June 2024. Accepted abstracts will receive one free registration place for the event.



For more information contact scs@societysupport.org.

Health and Wellbeing





We are committed to supporting the health and wellbeing of our staff and have a range of resources available.

Spiritual Care

- The Spiritual Care Pathway is now available to the ward areas. It is also available via the [Spiritual Care Intranet page](#). If you would like a hard copy please contact GJNH.spiritualcare@gjnh.scot.nhs.uk
- There is also a directory of religion and belief groups available on [our Staffnet page](#).
- We would be delighted if you were to consider joining the **Spiritual Care Network**. If you need more information please contact tosh.lynch2@gjnh.scot.nhs.uk
- There are many notable dates for religious and belief festivals throughout the year. We are always keen to encourage staff who may be a member of these groups to write something about it and send it to us. If this is not possible, each year as chaplains we take a particular festival from each tradition to highlight.
- Remember the wellbeing activities we do in the Spiritual Care Sanctuary (Mindfulness Tuesday, Meditation Thursday and Breathe in to the Weekend Friday) all at 3pm lasting for 15 minutes. We look forward to seeing you there.



Staff Health and Wellbeing Hub

Our Staff Health and Wellbeing Web Hub on our [NHS Golden Jubilee website](#) brings resources together in one easily accessible place for colleagues, whether you are at work or at home, when you need it.

We have a range of sources of help and advice in place that you can access for your physical, mental or financial and social health.

Take care of yourself while you care for others.

A screenshot of the NHS Staff Health and Wellbeing Hub website. The header features the NHS logo and the tagline "Delivering care through collaboration". The main heading is "Staff Health and Wellbeing Hub". Below the heading, there is a breadcrumb trail: "Home > Working for us > Supporting our Staff > Staff Health and Wellbeing Hub". The main content area contains a welcome message: "Welcome to our new Health and Wellbeing Web Hub for all NHS Golden Jubilee staff and volunteers. These pages contain national and local resources and links and support whether you are working from home or on site. Your welfare is extremely important to us and we are committed to supporting you to maximise your health and wellbeing, both professionally and personally. To achieve this, we have a holistic approach that supports you to achieve and maintain good physical and mental health. This approach also supports you with managing social and financial aspects of your life, which can impact on physical and mental health, as part of our Health and Wellbeing Strategy." To the right of the text is a circular logo with the text "Health and Wellbeing Resources" and "Employee Assistance Programme".

[Click this link to go to the Web Staff Health and Wellbeing Hub.](#)

[New StaffNet - Health and Wellbeing section](#)

National Wellbeing Hub



We spend our days caring for others, but sometimes we're not good at asking for help ourselves.

The National Wellbeing Hub is a place full of ideas on how to stay well with advice, lived experiences, information and expert guidance to help healthcare workers manage when you need help.

The Hub has brilliant resources to help relieve stress and other mental health issues, including blogs and podcasts on exhaustion, low mood and tips on how to improve sleep.

Eat well, exercise, socialise, sleep well – we all know what we should be doing to maintain our wellbeing. We also know it's rarely that easy – we all have challenges to overcome when it comes to staying well.

On the hub you'll find resources aimed at helping you boost your wellbeing, as well as a few that might help you manage some of the challenges along the way.

[Click this link to visit the Wellbeing Hub.](#)

Learning and Organisational Development



The latest [Learning and Organisational Development update](#) has details of current training opportunities.

Training success for Newly Qualified Nurses in Critical Care

The Clinical Education team in Critical Care have now completed their first Newly Qualified Nurses programme. The newly qualified nurses took part in seven structured teaching days with input from many members of the multidisciplinary team.

The programme has been devised and led by the Critical Care Nurse Education Team consisting of Lesley Truesdale, Cat Carey, Megan King and Sophie McKee.



Feedback from the 19 newly qualified nurses who started employment within the four Critical Care areas between September and October 2023 has been very positive, including:

“Thoroughly enjoyed the sessions, being able to interact with the machines is very helpful for learning.”

“Very good sessions, all flowed together and allowed me to piece together a few subjects at once. Things are making sense now!”

“The session was really informative and related to the patients I deliver care to.”



This has provided a sound knowledge base, helped support and build staff confidence, whilst consolidating their learning as a Critical Care nurse.

It has been noted by senior nursing and medical staff that the new Registered Nurses have settled into their post well and are quickly become valued members of the team.

Well done to the team for this invaluable training experience!



National Ultrasound Training Programme Masterclass Success

The NHS Scotland Academy's National Ultrasound Training Programme has now hosted 3 Masterclasses for Gynaecology and upper and lower Deep Vein Thrombosis.

Each Masterclass has been packed with informative presentations, question and answer sessions and incorporated hands-on simulation and real life scanning and examination practical sessions in the new NHS Scotland Academy Skills and Simulation Centre.

Attendees included radiographers and sonographers from across NHS Scotland, including NHS Borders, NHS Highland, NHS Forth Valley and NHS Tayside, and each masterclass received excellent feedback.



Feedback included:

- *"I thoroughly enjoyed the event and all the speakers were exceptional."*
-

- *“Was a very interesting day and gained valuable knowledge and skills as well as being involved with discussions to see where the services can be improved.”*
 - *“Really friendly learning environment – excellent to have the practical session in such a nice facility. Really glad I attended, felt like I learned a lot and have already adapted my scanning technique/procedure for this examination. Thank you.”*
-



The next National Ultrasound Training Masterclass will take place on 19 August from 9am – 4pm in the Skills and Simulation Centre and will focus on upper limb DVT.

If you would like to register your place, please email nhsscotlandacademy@nhs.scot

Turas Learn

NHS Golden Jubilee is now officially using Turas Learn for all your learning requirements!

Turas Learn is a content and learning management system, but you may already be familiar with the wider Turas system as it hosts appraisal information for all Agenda for Change (AfC) staff.

Turas Learn is a one stop shop which hosts all eLearning content and classroom course bookings on a single system that can be accessed from anywhere, on any device, as long as you have an internet connection.

This means we are saying goodbye to LearnPro as we finalise the transition over to Turas Learn. We can no longer provide staff with access to their LearnPro accounts.

eESS is here to stay **and will remain as the main HR system for all staff personal and job-related data. Managers and staff should continue to ensure this is kept up to date following all local HR processes.**

TURAS | Learn

How can I access Turas Learn?

How you access Turas Learn will depend on your employment type and if you have already have an existing account. Information on how to access an existing, or, create a new Turas Learn account can be found within the following [guide](#).

How can I view my learning history?

Any learning completed on Turas Learn can be viewed in the **'My Learn, Learning History'** section. **However, it is important to note that any historical classroom learning, or eLearning modules completed on LearnPro will not immediately show in your Turas learning history.**

How can I view my historical learning history?

We are in the process of transferring 6 years' worth of historical training data to Turas Learn. Simply put, this means that any learning content (whether eLearning or classroom based) done in the last 6 years will be able to be viewed on your training record on Turas Learn. Anything else outside of those 6 years will still be accessible on your eESS learning history which is detailed in our [FAQ's](#).

It is expected that historical data will be available on Turas Learn by the end of July.

Why can't I see NHS Golden Jubilee learning content on Turas Learn?

If upon logging in to Turas you cannot see Golden Jubilee content you will need to go to your profile by clicking on **'My Turas'** and then **'view my personal details'**, or, **select your initials and select edit profile**. Firstly, check that your sector is selected as NHS boards in Scotland and that **NHS Golden Jubilee is listed as your organisation**. If this is not the case please select these in the drop down fields and save your changes, and log out and back in. If you are still having issues please contact LAndODInfo@gjnh.scot.nhs.uk

Where do I go if I need additional support with Turas Learn?

Please firstly access our [FAQ's](#).

If your question is still not answered then please try the following:

When logged on to Turas Learn, support is available by clicking on the green **Helpdesk** button on the right of the screen and completing the online form. This will automatically send your enquiry directly to the Learning and Organisational Development Team. Alternatively, contact LAndODInfo@gjnh.scot.nhs.uk

Find further information on Staffnet [here](#).

InVOLved



Volunteer Week – Thank you to all of our wonderful volunteers!

During Volunteers Week this month we once again celebrated the amazing, selfless work of our volunteers, who give up their time to help make our patients' healthcare journeys better.

The week is about celebrating and thanking those who give up their time to make a difference and thanking them all for the part they all play in making Team Jubilee a great one, making a difference every day for patients from all over Scotland.

We'd also like to thank the Rock Choir for entertaining our volunteers as they received certificates from West Dunbartonshire CVS, while others received their Long Service Awards for years of dedication to volunteering here.

Some of the volunteers also told why they love volunteering here and what benefits they and our patients get from their work on our social media channels.

We also ended the week with some video highlights of the Volunteer Day.















Volunteers' Week 2024

NHS
Golden Jubilee

“

Since January I have really enjoyed being a Meet and Greet Volunteer on a Tuesday. I do this with another volunteer for 3 hours in the morning to help patients and visitors to find their way around the hospital.

The reason I wanted to volunteer with the hospital was to learn new skills. The thing I enjoy most is talking to new people. Every day I volunteer I meet people for the first time and every day is different.

I receive thanks from people once they find their way around so I think I make a difference as a Volunteer. It is nice to help people and I enjoy it.

Volunteering at NHS Golden Jubilee has really helped my confidence. Staff are lovely and I like it when they stop and speak to me.

Caitlin Lynch
Meet and Greet Volunteer

”

VOLUNTEERS'
WEEK

#VolunteerWeek



Volunteers' Week 2024



I am a recent graduate from Newcastle University in Biomedical Sciences, aspiring to have a career in healthcare. I am a Welcome/Self check-in Guide in The Eye Centre, where I support patients with the check-in procedure, and help to address any concerns patients have. I also mentor new volunteers and help to ensure the smooth running of the clinic.

I was looking for more experience in a healthcare environment, I came across the volunteering service here at NHS Golden Jubilee and felt motivated to apply to such a well-established volunteering programme.

I really enjoy speaking to patients and healthcare staff during my time volunteering, and I feel like this has helped me to build my confidence and strengthen interpersonal skills. I also believe volunteering is a rewarding experience in having the chance to give back to the community.

I think that volunteers play an important role in supporting patients, to make sure they are at ease in the hospital environment and help out in busy hospital clinics. Therefore, I would like to believe the role helps in making a difference.

I have really enjoyed volunteering here and I believe this is mostly due to how supportive and encouraging the staff are, as well as the welcoming environment of Golden Jubilee. I would recommend such an experience without any hesitation.

Stuti Doshi
Welcome/Self check-in Volunteer



VOLUNTEERS' WEEK #VolunteerWeek

Volunteers' Week 2024



I work in Pastoral Care and wanted an opportunity to help people who are ill and what better place than the Jubilee? It is one of the best hospitals to be a part of.

I really like working with my manager Maureen and Joe and Tosh from Spiritual Care who are wonderful caring and helpful people. They are so encouraging and so full of joy. Also, the staff and patients are so sweet.

I hope I have managed to bring a smile to the faces with those I have interacted with. Every week I look forward to my ward visits, listening to stories from the patients is interesting as well as educating. I have learnt to be more patient and meet life every morning with a smile. Let the memories and funny stories be mine!

I would say volunteering an absolute must for everyone. Give it a try and you will simply love the experience. You will come out a better person.

Roma Ann Nisha Prodhan
Pastoral Care Support



VOLUNTEERS' WEEK #VolunteerWeek

Volunteers' Week 2024



I work as an Outpatient Support Volunteer in the Orthopaedic department where I escort patients to consultant rooms and to x-ray on level 2.

I like getting to know and talking to patients as well as meeting new people. I enjoy working alongside Anne Marie Ure on a Tuesday morning and Mark and all the staff in the department are nice.

I think I make a difference because I am polite, kind, hardworking and reliable. Patients sometimes say thanks and they are happy that I helped them.

NHS Golden Jubilee is a good place to volunteer because I enjoy coming in every week. I have been volunteering for some time in different departments and the staff are getting to know me, which is good.

Daniel McLean
Orthopaedic Outpatients Volunteer



VOLUNTEERS' WEEK #VolunteerWeek

Volunteer's Week 2024



Volunteer Week - Susan Douglas-Scott



Volunteer Week - Marcella Boyle



[Click here for more information about volunteering with us](#)

[Click here to view our volunteer video playlist](#)

The Social side



Hospital team gets the right result

Congratulations to staff from the Hospital who scored a convincing victory over Hotel staff in the charity exhibition football derby this month.

The Hospital side racked up a 10-2 win over the Hotel team with a virtuoso performance at Glenhead Park in Duntocher.

Sean Strain (hat-trick), 2 from John Skinner and goals from Matthew Lester, Derek Phillips, Ian Stevenson, Andy Jordan and Will Whitelaw were the players who got on the scoresheet for the Hospital side.

Nathan Durkan and Connor Ross were the goalscorers for the Hotel.

The biggest cheer of the event goes to the more than £1,000 raised for the Beatson Cancer Charity so a massive congratulations to everyone who helped organise the match and fundraising efforts.



What's happening on our social media pages

Facebook:

Our Scottish Adult Congenital Cardiac Service and Scottish Paediatric Cardiac Service can use our social media channels to reach out to patients about different events and share information.

The team are hosting an event on 29 August for patients and their families living with congenital heart disease who are approaching the time of transitioning their healthcare to adult services.

[Click here to view the full post](#)

Save the Date!



SACCS Transition Education Event

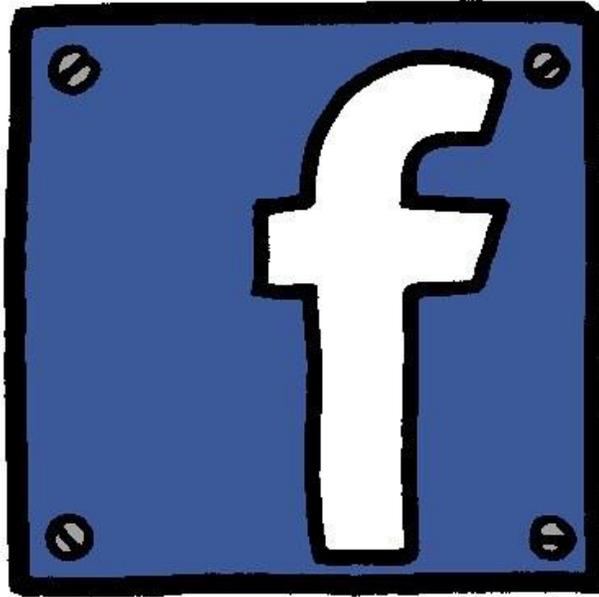
Thursday 29 August 2024

Golden Jubilee Conference Hotel

6pm - 8.30pm

The Scottish Adult Congenital Cardiac Service (SACCS) is hosting an education event for patients and their families living with congenital heart disease who are approaching the time of transitioning their healthcare to adult services.

For more information contact saccs.user@gjnh.scot.nhs.uk



3 - [Click here to access our Facebook page](#)

X (Twitter):

Our NHS Scotland Academy continues to promote the Cultural Humility resource to those working across health and social care. This national resource is designed to support learner to increase their understanding of different cultures and backgrounds, developing their skills to engage in a respectful and meaningful interactions.

[Click here to view the full post](#)

[Click here to access the resource](#)

Cultural Humility



4 - [Click here to access our X page](#)

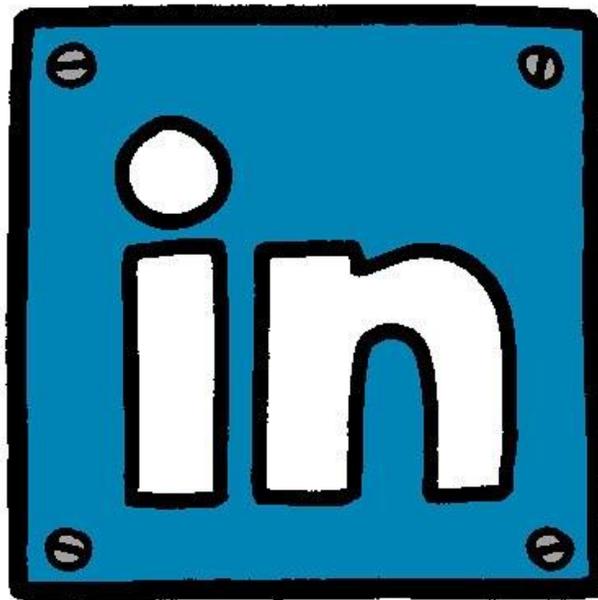
LinkedIn:

As part of the Golden Jubilee Conference Hotel's monthly sustainability pledge, the team looked at ways they can save water.

Did you know the hotel is fitted with water efficient taps, toilets and showers to make sure guests help preserve water wherever they can.

Find out ways you can preserve water at <https://www.scottishwater.co.uk/your-home/save-water>

[Click here to view the full post](#)



YouTube:

Our patients head to our YouTube channel often to watch and learn from helpful patient information videos.

One of our most recent uploads was for those who need to self-inject Dalteparin.

[Check out the video here](#)



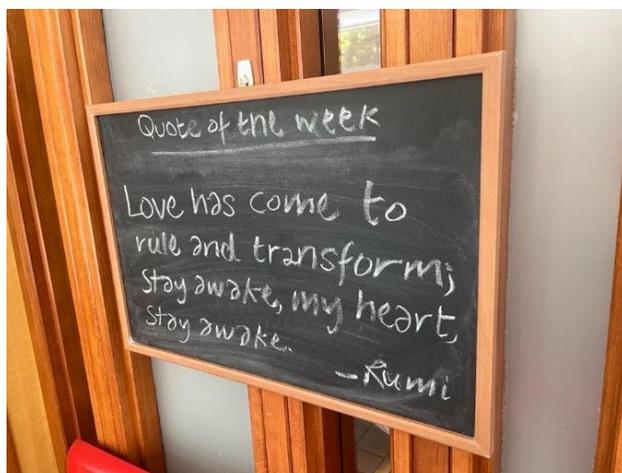
5 - [Click here to access our YouTube page](#)

Instagram:

Our quote of the week from our Spiritual Care Team continues to be a hit with our followers.

Check it out on our channels every Sunday.

[Click here to view the full post](#)



6 - [Click here to access our Instagram page](#)

If you have any interesting photos you'd like to share with colleagues, or on our social media pages, send them to [Comms](#).

Scottish Government News



Hospital at Home for Older People

£3.6 million has been allocated for 2024/2025 to Hospital at Home for Older People.

The Hospital at Home service for Older People provides a safe alternative to being admitted to an acute hospital.

[Click here to read more](#)

Jubilee Life copy deadline



If you'd like an article or information in the next edition of Jubilee Life, please submit your copy by Friday 26 July to be included in our next edition.

While consideration will be given to late submissions due to timings of events, if copy is received after the deadline date, articles may not be included.

Please send your Jubilee Life submissions to [Comms](#).

Contact us

Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the feedback form.

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allowfullscreen webkitallowfullscreen mozallowfullscreen msallowfullscreen> </iframe>