



Jubilee Life October

Issue 17

Welcome to the October 2020 edition of your new monthly digital staff magazine.

News



Rare operation saves cancer patient's leg from amputation

A cancer patient is recovering well after having part of her leg transported for radiation treatment to another hospital, while she was still on the operating table at the Golden Jubilee.

Skilled surgeons and teams from NHS Golden Jubilee and NHS Greater Glasgow & Clyde carried out the rare and complicated procedure on a sarcoma in the patient's left tibia (shinbone) with the aim of saving her leg and avoiding amputation.

Jan Ritson's bone was removed and sent on a 20-minute journey to Glasgow's Beatson West of Scotland Cancer Centre in a sterile container.

Once treated, the bone was re-packaged and brought back to the Golden Jubilee National Hospital, where the team was waiting to insert it back in place.

The whole surgery lasted more than 12 hours and involved a team of three specialist consultant surgeons (Surgical Oncology Consultant, Plastic Surgeon and Foot and Ankle Specialist), two Consultant Anaesthetists, Radiation Oncology Consultant, Theatre teams, Sarcoma Specialist Nurses, Sterilisation Services staff, the National Blood Transfusion Service and medical device company representatives.

The procedure would normally have been performed at Glasgow Royal Infirmary, but in April 2020 the sarcoma service was transferred to the Golden Jubilee to ensure the service could continue to treat patients throughout the COVID-19 pandemic.

Collaborating with NHS Golden Jubilee allows NHS Greater Glasgow & Clyde to continue providing a seamless service for West of Scotland patients who require life-saving surgery, with the surgical element of the service carried out at the Golden Jubilee National Hospital by Glasgow Royal Infirmary surgeons.



1 - Jan Ritson



2 - Surgeon Ashish Mahendra



3 - The surgery lasted around 12 hours



“We have been collaborating with NHS Greater Glasgow & Clyde since April 2020 to support the continuation of surgery for cancer patients who require urgent treatment during the pandemic.

“A major benefit for both the patients and the service is that the Golden Jubilee has dedicated clinical capacity and has developed green patient pathways to support the continuation of urgent and life critical surgery, minimising risk for cancer patients and minimising delays to their surgery.

“It takes enormous skill, planning and collaboration to do a surgery of this magnitude, even more so at this at this particular moment in time, so everyone involved deserves immense credit.

“The professionalism and collaboration shown by all staff from both Health Boards is exceptional and is an exemplary example of first class person-centred care.”

Claire MacArthur, Director of National Elective Services



5 - Click on the image to watch the video

Due to the severity of the tumour in Mrs Ritson’s lower leg, amputation would have been the simplest option to treat the condition.

However, the clinical teams involved assessed that there was a good chance of saving her leg, despite the added logistical difficulties and limited options with the resection procedure.

Mrs Ritson’s surgery, led by Consultant Orthopaedic Surgeon Ashish Mahendra of Glasgow Royal Infirmary, involved the resection of her left tibia, biological reconstruction through a re-implantation of the bone following extra-corporeal irradiation, transfer of vascularised fibula and nailing for stabilisation.

As well as treating the cancer, the radiation effectively killed the bone, meaning it would no longer receive a blood supply. Clean bone from Mrs Ritson's fibula was used to bring the tibia back to life.

"This really was one big team effort by everyone involved and we could not have done this without the teamwork and collaboration when the sarcoma service transferred over to the Golden Jubilee.

"The patient is doing really well so far and is very grateful the cancer is out. She is healing well but has a long road ahead and remains under regular follow-up."

Ashish Mahendra, Consultant Orthopaedic Surgeon

This was the third cancer diagnosis for Mrs Ritson, who is determined to beat the disease again.

"I've had cancer diagnoses twice in the past and I knew I couldn't just live with it so I knew something needed to be done, whatever that was.

"I researched Mr Mahendra and was quite happy to put my leg in his hands, as it were, and just get on with the operation.

"It was a little bit daunting, I have to say, knowing that if the operation hadn't worked out that it would mean an amputation. That really worried me, but I got my head round it and accepted that's what it was going to be.

"It's absolutely mind-blowing what they have achieved.

"Mr Mahendra was exceptionally good at helping me along the way, explaining absolutely everything, as well as all the other people on the teams, making contact with me, so I felt I was in very, very good hands and just wanted to get on with it to get this tumour out of my leg.

"So having read about what Mr Mahendra has done in the past, I just felt confident he was going to do the very best for me, and he has done a wonderful job. The care I received by everyone while I was in the Golden Jubilee was also amazing.

"Now that it's done I feel wonderful and I'm now in the healing process where I have to do a good job too to make me better and whole, maybe get back to some golf at some point hopefully.

"Everything is healing well and going according to plan. Before the operation I hadn't been able to do much like gardening or anything so just getting back to normal life and not being wheeled about in a chair would be just magic."

Flu Vaccine Clinics



Appointments can now be made for flu vaccines at Occupational Health or Peer Vaccinator clinics.

Dozens of clinics are available over the next few weeks, with vaccine slots of 15 minutes to allow the on-duty nurse to carry out the necessary hygiene procedures in between staff members.

Clinical staff and staff working in clinical areas

You can book your own appointment by inserting your name in an available slot on the spreadsheet located here:

U:\Flu Vaccine booking (October 2020)\Flu Vaccine Bookings (MASTER).xlsx

Clinical staff are encouraged to book for the location that is appropriate to where they mainly work.

Please save and close the spreadsheet to confirm your booking. It is vital that you do not save new versions of the spreadsheet.

Attending your appointment

In line with social distancing rules and to protect all involved only one person should be waiting outside the vaccine location. **Therefore, please only turn up for your vaccine slot no more than five minutes before your appointment.**

You must print and complete the Flu Vaccine Questionnaire 2020 and bring it with you to your appointment.

You can download the Flu Questionnaire 2020 from [Staffnet](#)

NHS Golden Jubilee physiotherapy team win UK award



The Cardiothoracic Physiotherapy team at NHS Golden Jubilee is celebrating after winning a top UK award for its innovative care to heart transplant patients.

The team, which specialises in cardiothoracic surgery care as well as advanced heart failure, was led by senior physiotherapists Fiona Nolan, Ross Marscheider and Natalie Lambie, and received the Scottish Government's award for 'Improving quality: measuring and demonstrating impact' in the UK Advancing Healthcare Awards.

The pioneering team was the first in the UK to mobilise a patient on an intra-aortic balloon pump (IABP) awaiting transplant back in 2018, in collaboration with a Multi-Disciplinary Team (MDT) on the National Services Division ward.

The pre-habilitation technique is now standard practice for this group of patients at NHS Golden Jubilee and allows them to have exercise up to twice a day while staying attached to the bulky balloon pump that is keeping them alive.

This helps maintain muscle tone and keeps the patient in better physical shape to receive a transplant, in addition to better chances of a good recovery.

The team impressed with their passion for their profession and the genuine care they show to patients, and judges hailed the technique as "an important and innovative development".

"The team feels very honoured for our work to be recognised in this way. Although this was a physiotherapy-led service development, we had great support from the wider MDT.

"We also appreciated the trust and enthusiasm from our first few patients because without this, walking on a balloon pump would not have become standard practice for NHS Golden Jubilee patients.

“The impact of this is that patients feel physically and psychologically more prepared for their heart transplant. As physiotherapists we are pre-habilitating these patients and getting them as physically well prepared for surgery as possible.

“This has also resulted in a shorter length of hospital stay for the majority of these patients who have been safely discharged home earlier than previous patients who had a more prolonged bed rest.”

Fiona Nolan, Team Lead Cardiothoracic Physiotherapist

“This award recognises the team’s commitment to improving the quality of service offered to our most vulnerable patients and the positive impact this had on the patient experience and overall wellbeing.

“The team is incredibly devoted to delivering first class care to their patients who are benefitting from their dedication and innovation to live longer and healthier lives.

Christina MacLean, Head of Rehabilitation

People who require heart transplants are often too ill to do any form of exercise, or even normal day-to-day activities, and some require additional support such as a balloon pump to keep them stable.

The balloon pump is a bulky device which needs to be wheeled around in a cabinet and connected to the patient through an artery, making it extremely difficult for them to be mobile.

This initiative has been of immense benefit to patients pre-operatively, and has also led to improved post-operative outcomes.

“Here is a big vision, impeccably delivered through careful governance... It is highly transferable – an important and innovative development.”

Award judges

“I am absolutely delighted at the result of the Advancing Healthcare Awards and would like to congratulate our talented and committed members of staff for this incredible achievement.

“To have our team and their work acknowledged like this is fantastic and demonstrates their commitment to their patients. They deserve this accolade so much and we are all extremely proud that their efforts have been recognised at a national level.”

Anne Marie Cavanagh, Nurse Director

AHPs Day

Our Allied Health Professionals (AHPs) celebrated AHPs Day in October - an annual event designed to recognise the extraordinary work of this important workforce.

The Golden Jubilee has a range of AHPs including physiotherapists, occupational therapists, diagnostic radiographers, speech and language therapists and dieticians working across both clinical divisions.

We also have access to podiatrists who look after footcare needs of patients and staff, all of whom are an integral part of helping us deliver person-centred care.

The themes this year were #Celebrate, #Appreciate, #Inspire and #Connect to celebrate successes, say thank you for their work, inspire future careers and share good practice by connecting.

Click to see our photos of AHP staff with their pledges on #AHPsDay.



6 - Fiona Nolan



7 - Jamie McNaught



8 - Jennifer Gilchrist



9 - Ewan Sharp



10 - Allan Ramsay



11 - Amy Shaughnessy



12 - Carol Brolly and Sarah Jamnejad



13 - Erin Ferguson and Emma Connelly



14 - Marcina Novitzky Basso



15 - Julie Morrison



16 - Sara MacKay



17 - Stephen Campbell



18 - Stephen Reid



19 - Joanne Noble and Laura McNicoll



20 - Kathryn Wales



21 - Emma Doherty



22 - Lisa Inge



23 - Occupational Therapists



24 - Orhtopaedic rehabilitation staff



25 - Cardiac Multi Disciplinary Team (MDT)



26 - Senior Rehabilitation team

“As the AHP Lead for the hospital, I would personally like to take this opportunity to thank all AHP staff here at the Golden Jubilee, including our invaluable support staff, who go above and beyond to deliver the highest quality of services to our patients and actively seek ways to improve the patient experience.

“This can be in the simplest of ways by sitting and listening to your patient who is worried or anxious and asking ‘what matters to you?’ to fully understand what is important to them, or by being the voice of encouragement and motivation to help them engage with their rehabilitation.

“I would also like to thank them all for their responsiveness to the COVID-19 pandemic and ability to adapt to the changing needs of our services. They have continued to demonstrate the five organisational values of valuing dignity and respect, a can do attitude, leading commitment to quality, understanding your responsibilities and working effectively together throughout this pandemic to support both patients and colleagues through these very challenging times.

“These are only a few examples of the ways in which they make a difference to our patients and services and they should be hugely proud.”

Christina MacLean, Head of Rehabilitation

AHPs are a vital part of our same day discharge service for hip replacement patients.

[Read the full article here](#)



27 - Watch our video about same day discharge hip replacement

COVID-19 - when you should self-isolate

Staff are reminded that they **should not come to the workplace** and must self-isolate if:

- you have any symptoms of Coronavirus - a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste,
- you've tested positive for coronavirus,
- you live with someone who has symptoms or has tested positive,
- someone in your support bubble has symptoms or tested positive,
- [you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app,](#)
- you arrive in the UK from a country with a high coronavirus risk – see GOV.UK: how to self-isolate when you travel to the UK

Get a test as soon as possible if you have any symptoms of coronavirus.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home

- do not have visitors in your home, including friends and family –except for people providing essential care
- do not go out to exercise –exercise at home or in your garden, if you have

COVID-19: act fast to book a test if you have symptoms

National Clinical Director Professor Jason Leitch is urging those with coronavirus (COVID-19) symptoms to book a test immediately and self-isolate in order to protect themselves and others.

YouGov polling suggests the vast majority of people would book a test and self-isolate right away if they have symptoms of COVID-19.

But nearly one in five (18%) people say they would wait a day or two to see whether they get better or develop further symptoms before booking a test.

“We know that most people say they would follow the guidance to protect themselves and others by booking a test and self-isolating as soon as they develop any of the symptoms of COVID-19.

“However 18% of people asked said they would wait to see whether they got better or developed more symptoms.

“It is crucial that people who think they may have the virus do not delay in booking a test, and self-isolate right away. We have an enhanced Test and Protect system in place, but the longer people who may have symptoms delay in taking these two vital actions, the less effective it can be.

“It is important that all of us are vigilant for the symptoms of COVID-19 and understand what actions we should take if someone develops them.”

Professor Jason Leitch



28 - Professor Jason Leitch



If anyone develops any of the above symptoms, they should self-isolate and [book a test as soon as possible](#) or by calling 0800 028 2816.

If the test is negative, self-isolation can end. If the test is positive, Test and Protect will give you further advice.

30th Alzheimer Europe Conference

Tilda McCrimmon, Lead Nurse for Dementia, presented a session to 800 participants from 42 countries at the 30th Alzheimer Europe Conference.

‘Dementia in a changing World’ was originally scheduled to be held in Bucharest, but was moved online due to COVID-19.

As a representative of the Alzheimer Scotland Dementia Nurse Consultant Group, Tilda presented in the Acute Care session ‘10 years of Alzheimer Scotland Dementia Nurse Consultants: Building Bridges between Scottish Government, the National Health Service and the charitable sector’.

Other speakers included researchers, health and social care professionals and people living with dementia and their carers.



29 - Tilda McCrimmon

Scottish Government announcements

- [PPE action plan available here](#)
- [Tier info available here](#)
- [Winter plan available here](#)



30 - First Minister Nicola Sturgeon

People



Our People - Margaret Young **From Hospitality to Hospital Intensive Care**

As the COVID-19 pandemic began to escalate, the Golden Jubilee Conference Hotel faced an unprecedented challenge.

The suspension of regular conferences led to radical changes in the structure of the hotel programme.

Whilst work slowed and staff wondered how long it would last, it became clear the NHS was facing one of its greatest tests yet.

As the urgent call for voluntary redeployment to the frontline went out, hotel staff were quick to respond.

A surge in the number of COVID-19 patients throughout Scotland required the hospital to dramatically increase its Intensive Care Unit (ICU) capacity and increase roles on the NHS frontline.

One hotel staff member who answered the call was Margaret Young - a Food and Beverage Supervisor, now a Health Care Support Worker (HCSW) in ICU.



31 - Margaret Young

"I've worked in the Hotel as a Supervisor since 2006."

“As supervisor, you’re busy all the time, talking to people, organising staff. In March it all started to become very quiet and lonely there because there were fewer conferences and guests.

“I spoke with HR and asked if there was anything else I could do. I always wanted to be a nurse and felt like this was the perfect time to be able to help people - while the hotel was quiet.

“I love it in ICU, It’s completely different to what I’m used to, it allows me to use a mixture of my hospitality skills and apply them to working with patients.”

Although initially worried about being thrown in at the deep end, Margaret has been supported to take up her new role and has found that she can be involved in patient care on a whole new level.

As well as preparing equipment for the day, making sure the laundry is stocked up and making daily cleaning fluid, Margaret can also be involved in ‘rolling patients’.

“Because the patients in Intensive Care are in bed and sedated, they’re not moving, so they need to be rolled every two hours.

“The Health Care Support Workers help the nurses to do that. This involves turning a patient from a supine position to the prone position. It helps increase oxygenation and has the potential to have a significant impact on a patient’s recovery.

“Teamwork and communication are really important to ensure the safest outcome for the patient.”

Ten weeks into a three-month secondment from the hotel, Margaret, who joined the Intensive Care team in August, is enjoying every second of it, but differences between the hotel and ICU are clear.

“It’s only stressful because I’m not used to it,” said Margaret. “Seeing people on machines which bleep constantly is all new to me. It couldn’t be more different from my work in the Hotel.

“In the Hotel I’m in charge of a lot of things, but I’m not stressed by it because it’s familiar.

“There’s an emotional toll to this job, of course, I really admire the staff in ICU and we all get on really well.

“Everyone is really nice, I feel like I’m part of the team and it’s great to feel like I’m helping patients with their recovery, it’s a good feeling.

"I didn't want to leave the Hotel; I love my job there but the experience so far has been amazing. Yes, it can be difficult but it's so rewarding and who knows, maybe in the future I'll be able to say COVID led me to be a nurse."

SVQ achievers

Congratulations to our Catering staff who have passed various levels of Scottish Vocational Qualifications (SVQ).

Food Services Assistant Ross Ferguson achieved Level 5 in Hospitality Services and is now moving into studying Level 7 Hospitality Supervision and Leadership.

Colleagues Brian Campbell and Peter Ralston completed their Level 7 Hospitality Supervision and Leadership, while Senior Team Leader Catherine McKechnie is now moving on to Level 8 in Hospitality Management.

In addition, Food Services Assistant Carly McCarron has recently begun her learning in Level 5 in Hospitality Services.

Ross and Carly deliver food to patients in the ward and use the new Bedside Menu Ordering System (BMOS), which allows Catering staff to focus on delivering quality healthcare that is person-centred, safe and effective.



32 - L-R: Carly, Catherine and Ross

"The best of my job is the satisfaction of helping to treat patients well and how you would want to be treated yourself while in hospital."

"I'm pleased at passing my SVQ and I'm looking forward to moving forward and doing more which will help me develop my career here at NHS Golden Jubilee."

Ross

"I really enjoy my job, making sure patients are fed well and working alongside the teams on the wards."

“It’s great to have the option of career development and there are lots of opportunities here.”

Carly

“I really enjoy my work and working in this team, making sure menus are processed correctly for our patients and staff.

“I’ve been here eight years now and I’ve been through all the courses Ross and Carly are doing now and they can do the same if they want and progress their own careers further, which I know they can do.”

Catherine



As part of the NHS recovery and to acknowledge our colleagues’ hard work and commitment to NHS Golden Jubilee over the past few months, we have reimagined our awards in a safe virtual way.

The winners will be kept under wraps until the digital awards ceremony premieres on the NHS Golden Jubilee YouTube channel at 7pm on Thursday, 5 November.

The full ceremony will be ‘live tweeted’ by the Communications team, so you can watch on YouTube and tweet along using the hashtag #GJStaffAwards2020.

All winners will be contacted after the awards event to arrange official publicity photographs with their award.

Congratulations to all of our nominees and good luck to all of the finalists! You can read our [Staff Bulletin](#) to find out who they are.

[Subscribe to our YouTube channel and follow us on Twitter now to make sure you don’t miss out!](#)

Welcome to our new Whistleblowing Champion

NHS Golden Jubilee has welcomed its newest Non-Executive Board member.

The two-year appointment of Callum Blackburn as Whistleblowing Champion was announced by the Cabinet Secretary for Health and Sport, Jeane Freeman.

Callum has over 20 years' experience working in public organisations and has extensive policy development expertise in both local authorities and the Scottish Government, most recently as the Head of Policy, Research and Evaluation at Zero Waste Scotland.

He also served as an External Adviser to Standard Life's Ethical Advisory Group for pension fund investments for nine years and has a passion for achieving best practice in governance and management.

Callum's appointment runs from 1 November 2020 to 31 October 2022.



33 - Callum Blackburn

"I am delighted to be joining NHS Golden Jubilee as Whistleblowing Champion.

"This is a challenging, rewarding and worthwhile role and I hope to be able to use my experience and drive to make a difference to patients and staff in this new appointment as a non-executive member of the Board."

Callum Blackburn

"I am pleased to welcome Callum to the Board of NHS Golden Jubilee as our Whistleblowing Champion.

“Our staff do a fantastic job of looking after patients and it is equally important that they experience the care and respect they show to others.

“All NHS Golden Jubilee staff should experience the compassion our values lay out and feel valued for who they are and for their contribution to the NHS.

“I am confident that Callum’s appointment will both help reinforce our values and help us build on our positive and inclusive working environment for every one of our staff.”

Susan Douglas-Scott CBE, Chair

Fond farewells

Vivek Pathi

We said goodbye to Cardiac Surgeon Vivek Pathi, who was with us for 25 years.

Colleagues from our Cardiac Physiology department presented him with a lovely hamper.

Vivek said: "I'll miss working with all these wonderful people."

Thank you for all of your hard work and service over all these years Vivek, all the best in your retirement. You'll always be part of Team Jubilee.



34 - Vivek Pathi

Grace McGarrigle

Colleagues said a fond farewell to Grace McGarrigle from our Cath Labs.

Grace retired after 25 years with Team Jubilee, having worked in several departments.

She said: "It's been great working with such a great bunch of people."



35 - Grace McGarrigle

Health and Wellbeing



The NHS Golden Jubilee Health and Wellbeing group has representation from interested staff from across the organisation to identify both short and longer term initiatives which will support staff health and wellbeing.

The group's initial focus has been to review existing support and initiatives and identify any gaps.

The group will be working with our Communications team to promote what is in place both locally and nationally.

We will also provide regular updates on our progress in the coming weeks and months.

Please let the group know your thoughts on how we can improve the health and wellbeing of our workforce by [emailing us](#).



The NHS Golden Jubilee Coaching Service

What is coaching?

Coaching is a one to one learning process that provides you with a safe space to explore personal and professional development issues that are important to you. Common themes addressed through coaching include: building self-awareness, managing self or others at work, leadership challenges and building effective relationships.

Coaching provides you with an opportunity for constructive reflection with someone who will be open, honest and impartial. A qualified coach would meet with you, on a one to one basis, and use a combination of questioning, listening, observation and feedback to help you develop a greater awareness of your approach and the situation you are facing. They would support you to generate your own solutions to addressing these issues and encourage you to take action.



What are the benefits of engaging in coaching?

Being coached is a challenging and thought-provoking process, it is not always comfortable, but it can offer superb personal development.

The most common benefits of coaching include:

- increased self-awareness
- improved ability to relate to others, increased personal effectiveness
- increased resilience, and
- improved performance

How long would I engage in coaching for?

Coaching generally involves you meeting on a one to one basis with your coach between three and six times over a number of months, with each coaching session lasting from one to two hours.

Is the coaching service available to all staff?

Yes, coaching is available to all NHS Golden Jubilee employees.

How do I access this coaching service?

You should discuss your interest in coaching with your line manager in the first instance and include this within your Personal Development Plan.

If agree that coaching would be helpful, you can email the [Learning and Organisational Development Team](#) who will provide you with more information on the coaching process. You can also call them on extension 5123.

Play - Halloween Special!



Research team Halloween bake-off is a piece of cake

There were some spooky goings-on in Research and Development this Halloween but spirits were high fangs to some top baking by the team.

The team in Research held their own Halloween themed bake-off this week with lots of delicious cakes and treats being entered into the competition.

The winners were:

1st prize and the award for Best Creative Effort prize went to Val Irvine for her Calavera style sugar skull cookies.

2nd prize and award for creating the 'most scary' goods went to Mary McAuley for her spooky cake.

3rd prize went to Christine Aitken for her Oreo bat-eared cupcakes

The award for best tasting cake went to Roisin Houston for her blood red velvet cake.



36 - 1st prize winner Val Irvine



37 - 2nd prize winner Mary McAuley



38 - 3rd prize winner Christine Aitken





39 - Tastiest entry winner, made by Roisin Houston



40 - Yummy mummies!



41 - Very boo-tiful cupcakes

Carving up a competition

On Halloween with spirits high, it was time again for staff to get dressed up and judge the annual Catering pumpkin carving competition.

This year staff from the Golden Bistro went above and beyond carving their pumpkins, giving judges Maeve Coleman, Stephanie Smith and Janet Jordon a 'hellish' decision.

The winning pumpkin was announced as being carved by Alan Beattie, with second place going to Paul O'Connell for his ghostly artwork.

Congratulations everyone!



42 - L-R: Maeve, Alan, Janet and Stephanie



43 - Runner up Paul (left) with winner Alan





Happy Howl-oween!



There were ghostly goings-on in the hallowed halls of Level 5 as staff from the Mobilisation Hub got into the spirit of Halloween - and all for a gourd cause.

The team usually has 'dress down Fridays', but for Halloween this year the staff dressed up to raise money for Alzheimer Scotland.

Staff brought in goodies for sale and there were lucky dips and guess how much is in the tin, as well as prizes for the best fancy dress.

The bacon and egg combo of Laura Morrison and Stephanie Smith brilliantly hammed it up, gave us all pumpkin to talk about and really lifted the spirits.

Hope you all had a Happy Howl-oween!

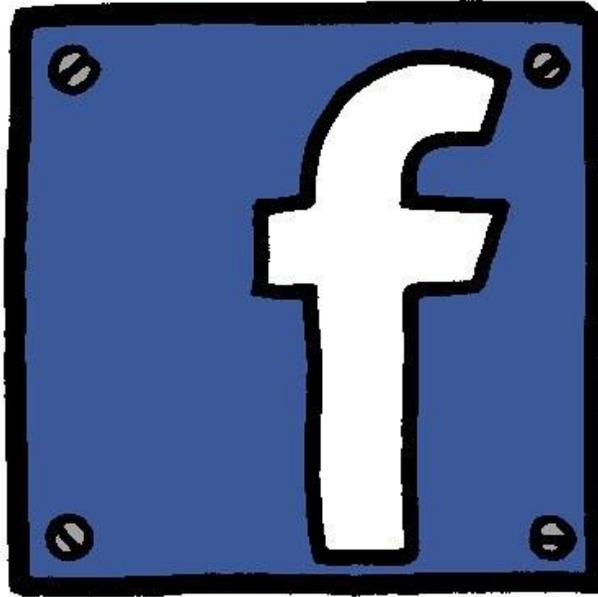
The Social side



What's happening on our social media pages

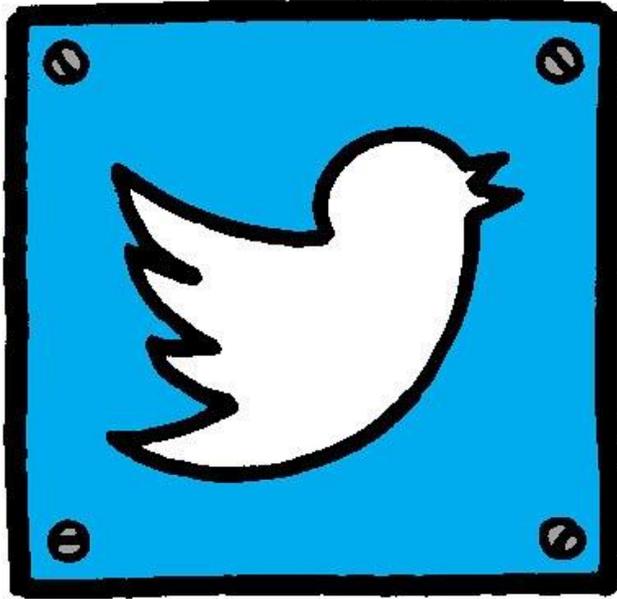
Facebook: The BBC report on how our amazing orthopaedic specialists, rehabilitation and nursing teams have been able to send patients home on the same day as their hip replacement procedure (Day Zero) was one of the most engaged with posts on Face book over the past month.





Twitter: One of the top Twitter posts was a farewell to Cardiac Surgeon Vivek Pathi, who was with us for 25 years as colleagues from our Cardiac Physiology department presented him with a lovely hamper.





45 - [Click here to access our Twitter page](#)

YouTube: Our own video on Day Zero hip replacement has been popular on our YouTube channel, featuring interviews with the staff involved in delivering this innovative service.





46 - [Click here to access our YouTube page](#)

LinkedIn: Allied Health Professionals (AHP) staff making their #celebrate, #appreciate, #connect and #inspire pledges on AHPs Day received good engagement on our LinkedIn page. Pledges included: Connecting with patients at home using new technology #NHSNearMe to assist in preparing them for surgery. #connect





Get social with us and keep up to date with everything that's going on in #TeamJubilee on our social media pages.

Here's what patients have been saying on social media about the care you've given them!

Lynn Martin: Thank you to the team and staff for the excellent care and treatment given to my husband David during his recent illness. Outstanding ♥

Susan Coyle Mcurdo : Thank you to all the staff on 3 east for looking after me in aug for 2wks after my heart surgery couldn't have got through it without their care. Lv

Joyce McCallum (speaking about Bedside Menu Ordering System): Sitting in the ward having breakfast with a lovely view. Ordering is simple and a good wide choice of food. The food is very tasty and catering assistants very helpful. Well done

Liz Taylor: Had a new hip feb2020 absolutely amazing now on waiting list for the next one happy days

Lorraine Stewart: Had a knee replacement 29/09/20 ... the care I received was excellent from the minute I arrived till I left ... every one of the ward staff is a hero! and I was far away from home and it was just like family for me I'm recovering well and will be back for my other one to get done

Sara Smith: Amazing hospital and orthopaedic team

Jay Mills: Amazing, if I ever need my other hip doing please can I have it done under your expert care



Events we celebrated socially this month

Call Handler Day

We paid tribute to all of our staff who provide an essential role as the gateway to our care services on Call Handler and Call Operator Day this month.

These colleagues set the first impression and provide support to patients and families during difficult moments of our callers' lives.

Staff proved resilient and flexible throughout the Covid pandemic, reassuring anxious patients throughout the country, who had surgery postponed when elective services were suspended, with care and compassion.



47 - Reception



48 - NHS24



49 - NHS24



50 - Radiology Booking Office



51 - Patient Coordination Centre

International Infection Prevention Week

With everything that has happened this year we wanted to celebrate how essential our Prevention and Control of Infection team is in keeping our patients and staff safe.

They've probably been the busiest team since the pandemic hit us so thank you so much for all your hard work and dedication over these months.



International Sterile Processing Week

We thanked all of our staff in Central Sterile Processing Department (CSPD) for their tireless dedication to the patients who count on them.

Thanks to their due diligence, dependable equipment and process monitoring, surgeries can be performed without delay.

You might be working behind the scenes but we see you.



World Mental Health Day

At NHS Golden Jubilee we recognise our staff as our greatest asset and want to support and affirm their mental health.

We highlighted the national staff support line as good mental health is more important than ever at the moment.

The support line is operated by trained practitioners that will provide a compassionate listening service and psychological first aid to callers. If you need to talk call 0800 111 4191.



World Sight Day

Taking place annually, World Sight Day draws attention to the issue of blindness and vision impairment.

Cataracts are a common cause of visual impairment.

We are looking forward to opening the Golden Jubilee Eye Centre and treating a minimum of 18,000 cataract patients a year.



World Heart Day

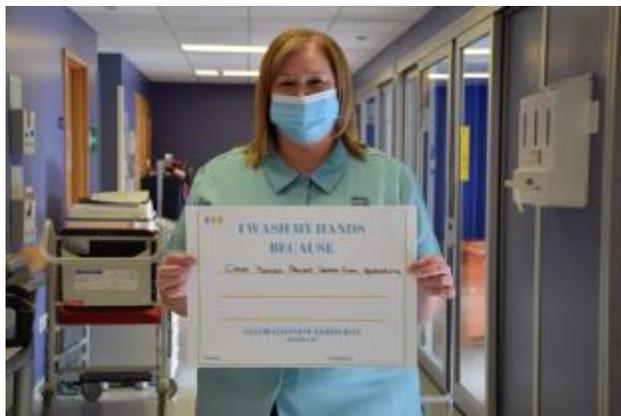
We highlighted how organ donation can offer comfort to the families of donors through the knowledge that something remarkable and truly incredible comes from their loss.

[Read the blog from our Chair Susan Douglas-Scott](#)



Global Handwashing Day

This year, it was particularly important to remember that one of the best ways to stop the spread of a virus is also one of the easiest: hand hygiene.



National Braille Week

This event raises awareness of the importance of Braille and other alternative formats that open up the written word to people with visual impairments.

At NHS Golden Jubilee we are a person-centred organisation and that's why we make sure all our publicly available information can also be requested in alternative formats like braille.



National Pharmacy Technician Day

The theme for this year was 'Honouring Pharmacy Technicians on the Front Line' - our colleagues who are an invaluable part of our Pharmacy team.



National Coming Out Day

We celebrate all who have come out as that takes bravery, and we commend you.

Every person who speaks up changes more hearts and minds, and creates more equality.



Restart a heart day

We reminded people about the importance of Cardiopulmonary Resuscitation (CPR) and how learning can help you save a life.

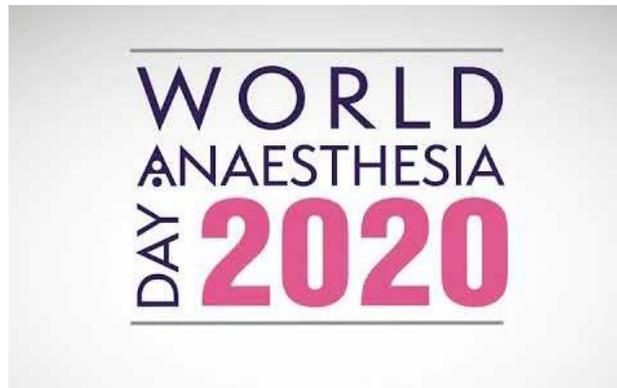


World Anaesthesia Day

We celebrated our anaesthetists' hard work and dedication to their patients.

Anaesthesia is a huge part of our same day discharge service for hip replacements, which gets patients home quicker.

[Read the full article here](#)



Contact



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