



Jubilee Life **April**

Issue 23

Welcome to the April 2021 edition of your monthly digital staff magazine.

News



Sisters' bond is straight from the heart

Two sisters treated at NHS Golden Jubilee have been supporting each other more than normal throughout the COVID-19 pandemic – one has received a life-saving heart transplant while the other is on the waiting list for one.

Allison Kerr and Karen Owens have been inseparable all their lives, providing a lifeline to one another since lockdown last year.

Diagnosed with a congenital condition – familial dilated cardiomyopathy – which sadly led to the death of their father in 2005, the pair have been forced to shield during Coronavirus restrictions. Known for scaling mountains and running 10ks before their heart troubles, the pair are now climbing mental peaks every day as they support one another to stay positive and keep hopes up.

Allison was lucky enough to receive a new heart at the Golden Jubilee last year, while big sister Karen was diagnosed with the condition in 2008 and fitted with a defibrillator four years ago. She was then told in November last year she will need a transplant to survive.

Karen is now on the transplant waiting list, and hoping her chances of receiving a new heart will increase under the new opt out system which came into effect in Scotland, aimed at boosting the number of organs available for transplant.



last five years. There's actually no words. To think of somebody in probably the worst moment of your life.

Karen said: “I saw how Allison had deteriorated in the year before she received her transplant. I think I knew it was inevitable it was going to happen to me after the journey she had. You try to put it to the back of your mind because you don’t want it to be true, but you know deep down it’s inevitable.

“When you lie down in your bed and you can hear your heart beating sometimes, when mine skips a beat, which it does due to the condition we have, I pray to get a new heart.

“But then I stop myself and think I’m being selfish because someone will die to give me a heart. It’s mixed emotions.”

Allison said: “I went from being told I was getting a defibrillator on my 40th birthday to being told I needed a transplant on my 50th.

“But with my new heart I now have my 60th birthday to look forward to. Without it I simply wouldn’t be here and I have so many people to thank for that, not least my donor.

“It’s really mind-blowing being told you need a new heart. My dad was ill from a young age and he died when he was 61 in 2005.

“We had no idea at that point there would be anything wrong with us. Our younger twin brothers are unaffected by it.

“Having a transplant is so life-changing, it’s really hard to put into words. It’s overwhelming to think that someone would actually give me their heart so that I can have a chance of living when they have died.

“They will never know how grateful my family and I are for what they have done.”

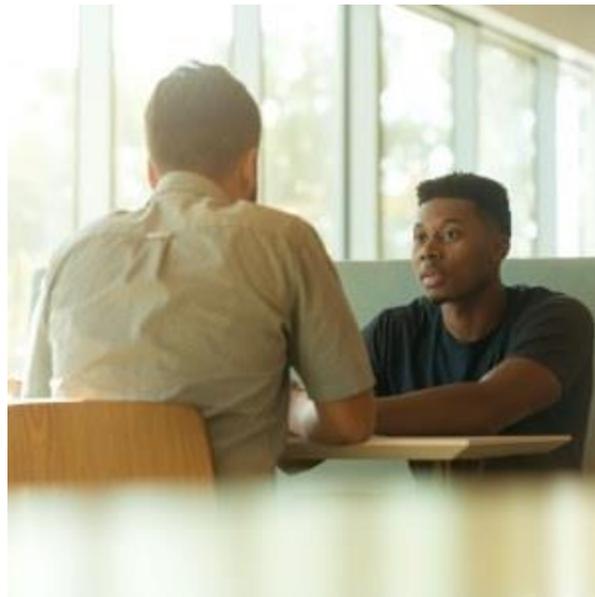
For the full story, including how the pair have coped during lockdown, comments from our team and much more [visit this link](#).

Whistleblowing

The new process for Whistleblowing across NHSScotland is now in place. The process will ensure that all staff feel supported, secure and confident to raise any concerns about patient safety, malpractice or other forms of harm.

We are proud to support and encourage an environment where employees feel confident in raising any concerns they may have.

This process has been developed by the Independent National Whistleblowing Officer (INWO), with the procedures detailed in the [National Whistleblowing Standards](#) and offers staff the support and protection they need to feel confident when raising concerns if they see something wrong.



Whistleblowing Training

There is now training available for all NHSScotland staff, including contractors and volunteers. The modules will teach you about the Standards and role of the Independent National Whistleblowing Officer (INWO).

The modules have been split into two different learning programmes:

- One for staff who need an overview of the Standards
- One for managers and people who receive concerns from other staff in their day-to-day work life

Access training modules here: [Training Modules](#)

Lateral Flow Testing

All relevant teams are reminded that twice-weekly testing is essential, and are asked to make sure that each result is input to the national e-Portal after each test.

We know that people can carry and transmit COVID-19 asymptotically, so staff testing is vital in helping to identify positive cases early.

Testing in this way allows asymptomatic (people not showing any symptoms) but positive staff members to self-isolate immediately. This helps reduce the risk to others including your patients, colleagues, and your family.

Although transmission rates are currently reducing, we must do what we can to stay safe and continue to keep others safe.



Lateral Flow Tests have a sensitivity of 76.8 per cent meaning it will identify more than seven in ten positive cases. This rises to over 95 per cent in those who are most likely to be infectious.

This is why testing is an important part of our defence against transmission. All staff who have signed up to use the Lateral Flow Test kits are reminded that it is essential that you continue to test yourself twice weekly, even once you've had the vaccination and to input your results into the [national e-portal](#).

This includes negative and inconclusive test results. It is vital that this process is followed as it provides vital information for our overall approach to managing and combatting COVID 19.

If staff have a positive result using the LFT they should:

- Self-isolate and advise their line manager of this
- Book a PCR test through the national COVID test request system
- Only return to work if they then receive a negative result through the PCR test
- Repost their positive test to Occupational Health by emailing Occupational Health

To find out more about Lateral Flow Tests, please visit [Lateral Flow Testing for COVID-19](#)

Royal College of Physicians and Surgeons of Glasgow webinar

This month's Royal College of Physicians and Surgeons of Glasgow (RCPSG) webinar will welcome speakers from India, Pakistan and Egypt to update on the COVID-19 vaccination programmes within their respective countries.

The speakers will highlight the current successes and challenges faced so far, with an opportunity for questions after each speaker. This will take place on Tuesday 27 April at 12.30pm, and will last for one hour.



For further information or to book your place, visit [RCPSG](#).

Realistic Medicine and Healthcare Team Secondment opportunities

Realistic Medicine has become essential to the sustainability of healthcare and our team are looking for up to three clinical leads, (time commitment of half to full day), and one Project Manager, (time commitment of one to two days), to champion and drive forward local initiatives.

Applications are welcomed from all healthcare professionals who are passionate about delivering Realistic Care. Applications from Nursing, AHP, Pharmacy and Clinical Sciences are warmly welcomed.

Essential to delivering our Realistic Medicine plan, both Clinical and Project Manager roles will provide critical leadership and management across Golden Jubilee. Clinical lead roles are funded by the Scottish Government and will have the opportunity to bid for funding to head up Value Improvement projects of up to £40,000 per year.

Clinical leads will be supported by Dr Helen Mackie, Associate Medical Director NES division, who leads on Realistic medicine for the board. There will also be access to resources and training from the Scottish Government Realistic medicine team, this includes four development and training sessions each year.



How to Apply:

Applicants are invited to apply in writing by submitting expressions of interest to [Helen Mackie](#). Submissions should follow the below guidelines.

Topic: What Realistic Medicine means to me and how do I demonstrate its principles and values in my clinical practice.

- Expressions of interest should be no longer than 1000 words
- Applicants should also state their role, grade and if they are applying for one or two half days for the role
- Applicants should seek the support of their line managers before applying

Informal discussion prior to application is welcome. Closing date for applications is Monday 24 May 2021

“By 2025, everyone who provides healthcare in Scotland will demonstrate their professionalism through the approaches, behaviours and attitudes of Realistic Medicine.” (CMO annual report 2017)

QI Connect webinar – Becky Malby Session

Professor of Health Systems Innovation at London South Bank University, Becky Malby will be sharing the key findings from her recent survey of NHS staff during the pandemic during the latest QI Connect global webinar series from Healthcare Improvement Scotland.

Professor Malby will discuss what the findings mean for health service leaders and the importance of working in networks and collaboration. There will be an opportunity for staff to ask questions during the session.



The webinar takes place on Thursday 29 April, from 3pm until 4pm.

Register [here](#) for the event.

EU Withdrawal

EU withdrawal (Brexit) is a continually changing landscape with both direct and indirect consequences for the NHS Golden Jubilee. As a Board, we have been monitoring the potential impact since the decision was announced in 2016.

We value the contribution of all of our staff, regardless of nationality and all the information we receive on EU withdrawal can be found on our [Staffnet page](#).

If you have any concerns about the impact of Brexit on your role, please speak to one of our Human Resources (HR) representatives.

General information on Brexit is also available from the [Scottish Government website](#)

There is a requirement to apply to the UK Government's EU Settlement Scheme and it remains critical that everyone who wishes to stay in Scotland must complete an application by 30 June 2021. Any EU citizen who is resident in Scotland before 31 December 2020 is eligible to apply.

Please use these resources to help you understand and exercise your rights and encourage others to do the same.



EU Exit – Stay in Scotland

The Scottish Government has created support for EU citizens who may have questions about what happens next and what you need to do.

You will need to apply to the UK Government’s EU Settlement Scheme in order to continue living, working and studying in the UK.

NHS Golden Jubilee is committed to supporting our staff from EU countries to remain working here if they wish to do so, and encourage colleagues to seek help if it is required.

To help guide you through the steps you need to take to stay, you can access the Stay in Scotland package of support [here](#).

A support and advice service is also available for all citizens living in Scotland affected by the UK Government’s EU Settlement Scheme who may need additional information and support.

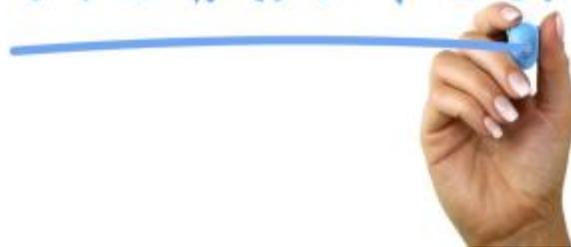


Local Pulse Survey - Thank you!

We want to say thank you to all staff who took the time to complete and share their thoughts on the recent Pulse Survey.

We are now pulling themes from the results and is aiming to create a short-life working group to turn the feedback into actions to help make a positive difference to everyone’s health and wellbeing across NHS Golden Jubilee.

THANK YOU



If you would like you get involved, please contact [Lisa Walsh](#)

Furniture and Container Storage

In March 2020, due to COVID-19, numerous departments were relocated to facilitate social distancing and prioritise clinical areas. To support this, departmental furniture and equipment was stored in containers on the Hospital grounds, with many of the items labelled to clearly state who they belong to.

[This link shows photographs of all items, separated into Labelled and Unidentified](#). Please take the time to look through and identify if there are any items you would like back, or have a use for.



As the containers are nearing capacity, if you have not claimed an item by 7 May 2021, it will be assumed you no longer require it and it can be utilised elsewhere within the organisation or donated. Please email [Rachel Deeney](mailto:rachel.deeney@hse.ie), Project Support Officer for further information or advice.

Call for abstracts

The European Health Management Association (EHMA) are looking for abstracts for the EHMA 2021 Annual Conference. The conference will take place from 15-17 September 2021 and will be a fully digital event.

This years' theme is 'Health Management: managing the present and shaping the future', which will focus on how health management can provide solutions for the unprecedented challenges faced by health systems over the last year, as well as pre-existing issues.

The six key topics are:

- Managing the digital transformation
- Governance and leadership
- Person-centeredness and care integration

- Health workforce
- Environmental sustainability
- Improving healthcare access and outcomes



The deadline for abstract submissions is Monday 3 May 2021.

For more information on the Call for Abstracts, please click [here](#)

Ward moves

As a national resource to accelerate NHS Scotland's recovery from the Coronavirus pandemic, we are collaborating with other boards to provide vital support in services normally delivered elsewhere.

To facilitate this some wards have been extended, moved and renamed to support this delivery.

On Monday 19 April, 2 East (car park corridor) opened as an extension of the Cardiology Day Unit (CDU) with eight beds and is called CDU 2E.

High Dependency Unit (HDU) 1/Surgical Day Unit (SDU) also opened as HDU 2.

The current HDU 2 will open as 3C as a five-bedded Cardiology Inpatient ward from 26 April, and the 2 East central corridor will close as a Cardiology ward from that date.

These moves are in addition to our support of cancer services last year when Ward 4 East General opened for cancer patients and Ward 4 East Orthopaedic opened for complex/revision orthopaedic patients.

We would like to thank the support of all staff who have helped in this recommissioning and extension work, which increases our ward capacity for elective activity whilst supporting physical distancing and ongoing COVID-19 working restrictions.

All services/departments are located on the floors detailed in the sway link below.

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src="https://sway.office.com/s/nj5hK2jCCxqO8hq2/embed" frameborder="0" marginheight="0"

marginwidth="0" max-width="100%" sandbox="allow-forms allow-modals allow-orientation-lock allow-popups allow-same-origin allow-scripts" scrolling="no" style="border: none; max-width: 100%; max-height: 100vh" allowfullscreen mozallowfullscreen msallowfullscreen webkitallowfullscreen></iframe>

Hospital Visitors and Parking

As visitors are now permitted in the hospital, staff are reminded that they must park within staff parking spaces and not in visitor/patient spaces.

Please do not park on any double yellow lines including on the road adjacent to the loading bay.

The loading bay area must be kept clear at all times to allow for deliveries to be made to the hospital.



People



Tosh Lynch – a stand-up guy!

There's something funny about our new Spiritual Care Lead – he's a stand-up comedian.

But if you're worried that any care he might provide you will be a bit too light-hearted, fear not, Tosh brings a repertoire of experience and professionalism to the role he has recently filled.

And in a twist of irony his good friend Andy Gillies – our former Spiritual Care Lead – is now working in NHS Ayrshire and Arran (NHSAA) as lead, where Tosh worked previously as mental health chaplain.



1 - Tosh Lynch

“I know Andy, and Paul Graham who was in the role before him, very well. The spiritual care community is a tight-knit group and we all work together through the National Plan at NHS Education for Scotland (NES).

“I want to bring my wealth of experience to the Golden Jubilee to build on all the great work that has gone before me through Paul and Andy and move forward with that.

“But also to reflect on what healthcare will look like after the pandemic, where does spiritual care fit into that?”

Early in his life Tosh, who now lives in Clydebank but is originally from Glasgow, went to seminary to train for ministry, but left to pursue nursing, qualifying in 1993 and worked in that field for a number of years, specialising in sexual health nursing.

“They changed the title to sexual health, which was helpful for some patients who attended the walk-in service and seeing the old GUM (Genital Urinary Medicine) clinic sign, which some thought meant it was a dental clinic!”

His humour is starting to push its way through as the interview develops.

So where did the comedy come from?

“It started a couple of years ago, I thought about it for a long time,” said Tosh.

“I was involved in amateur dramatics and enjoyed performing comedy plays when I was younger and then doing my Interfaith Ministry course there was an opportunity through the self-learning part about how I was going to know myself better.

“So, I thought, I always wanted to do this, people kept telling me to do it, so I went and did an adult class in comedy and for my graduation I had to do a gig and get marked.

“I’ve done around 13 gigs now. I did one in England which went down really well. I did the Drygate in the east end of Glasgow and The Horseshoe Bar, online gigs and in America as part of the Celtic Comedy run with other international comedians.”

Before moving in to chaplaincy, Tosh worked in the Greater Glasgow and Clyde health board in nurse management and clinical governance and when he eventually completed his Seminary training was ordained as a Minister seven years ago.

He has also studied Interfaith Ministry, counselling and hypnotherapy.

Tosh has worked in Spiritual Care since 2014 in NHSAA as a mental health chaplain and in NHS Forth Valley in the same role. He then moved on to NHS Lanarkshire as a Lead in staff care and wellbeing under the spiritual care banner.

As well as helping our patients and staff through difficult times, or simply being a listening ear when it’s needed, Tosh wants help people understand exactly what spiritual care is and how it can help their mental and health wellbeing, especially in these uncertain times.

“The Interfaith Ministry made sense to me working in this field, working with a population of people who are either religious or not religious, but certainly all spiritual.

“It helped to widen the lens, to say that everybody is different. For me, with all my experience and qualifications that was a good fit and one of my duties and thoughts has always been, ‘how do I attend to the wellbeing of staff?’.

“There are a number of ways to do this for example, Values Based Reflective Practice, I know this is available here, and other forms of structured support.

“It has been over a year now since the first wave, and we recognise as the adrenaline falls, people are now reflecting on the psychological impact.

“Staff are also working from home so how do you navigate the difference between work and rest there, the need to help staff ritualise the distinction between the two so these are all new challenges for us.

“One of the things I enjoy about spiritual care is, first and foremost, being a listening ear to the hospital community.

“For example, patients will come to us with a fear of the unknown and anxieties, not wishing to burden their families or significant others with that.

“But I think when people hear the word spirituality they immediately think ‘religion’ and don’t actually see spirituality as being wider than that.

“It’s really about what gets us up in the morning, about the self, and for some religion is only one aspect of spiritual care is.

“Basically, we talk about us being an empty vessel, so when we get a request to see someone we will go in there as an empty vessel and it’s for the people we see to fill that. Being person-centred is at the heart of what we do.”

Tosh says people turn to him during times of illness when they are reflecting on their lives, what they’ve done, what the future holds, how will their present circumstances change that future and they just need to talk to someone about it.

He is acutely mindful of the wellbeing of staff.

“What we are talking about now is ‘safer staff, safer patients’ and a lot of organisations are tuning more into that thinking, how to promote the psychological safety of staff at the end of the day and the benefits patients will get from that.

“I know there is a Health and Wellbeing Group here and I’m looking forward to contributing to it and excited about that.

“There’s big challenges too. One of the things is user involvement, the whole hospital community, what matters to you when it comes to spiritual care because even though I specialise in this, we all have a part to play.

“I try and widen my lens as much as possible, but user involvement is really important.

“I’m delighted to have been appointed in this role, and feel really welcomed by so many so far and look forward to meeting many more colleagues.

“I am proud to be a part of the NHS Golden Jubilee, to be a part of the multi-disciplinary team and promoting spiritual care and wellbeing.”

Following on from last month's update of the restructure of our medical management team, over the coming editions we will be catching up with our appointed Clinical Directors and Clinical Leads, to talk about their aspirations for their roles.

Jon Clarke

We are delighted to announce that Jon Clarke has been appointed as our new Clinical Director of Orthopaedics.

Jon was first introduced to the Jubilee in 2005 whilst undertaking his PhD as a Research Fellow, before returning in 2014 as a full time Orthopaedic Consultant.

During his initial time with Team Jubilee, he was inspired by how much research underpinned clinical practice, and how encouraged and supported this research was at all levels of the organisation.

"I was inspired to work here and a large part of that was to do with support for research and innovation. My plan as a consultant was to combine research with clinical practice and the Jubilee is one of the few orthopaedic units to offer this opportunity."



2 - Jon Clarke

Taking on his new role as Clinical Director of Orthopaedics brings with it great challenges and opportunities. Jon has some amazing ideas as to how he and the team can approach these, gain a better understanding and offer solutions for the benefit of patients across Scotland.

“It’s a challenging time, there’s no doubt about that. With COVID, Orthopaedics has disproportionately suffered nationally as a specialty with ever increasing waiting times for operative interventions that are truly life changing. We therefore face a huge national challenge and the Golden Jubilee will be a major part of the solution. Year on year we’ve always been able to adapt and deliver, and with everything happening right now, we need to look at how we can further maximise the part that we play.”

“It’s all about how we can step up to the challenge and adapt, which is something our team has always been able to do. We are back operating but the team are having to accept compromises and changes, which is definitely one of the strengths of our units”

Jon’s vision for the Orthopaedic department’s future includes looking at more efficient and effective ways of offering their service to as many patients as possible.

“We will be looking at ways to increase the volume of what we do whilst maintaining and improving the quality and high standards we have”.

“I look forward to representing my consultant colleagues and the entire orthopaedic multidisciplinary team. My job is to serve my colleagues. I think it’s the opposite of simply telling people what to do, it’s a position of privilege that I was able to take on because I had the support of my colleagues who entrust me to represent them.

“I am also motivated to support my colleagues with a number of different service provision improvements including hip and knee revision, soft tissue knees and foot and ankle services. There are a lot of exciting developments on the horizon with technology and innovation We started our robotics programme about a year and a half ago and are now set to expand and take it to the next level. This brings with it a lot of opportunities for teaching and training, with the potential to attract a high calibre of trainee and consultant surgeons.”

With Jon’s wealth of experience and dedication, we are excited to have him as part of the team as we continue the delivery of safe, effective and person centred care for patients across Scotland.

Mark Vella Clinical Director for General Surgery and Endoscopy services

Mark Vella has recently taken on the role of Clinical Director for General Surgery here at NHS Golden Jubilee. Mark is responsible for overseeing the delivery and clinical governance of these services.

A strong believer in the importance of collaborative working, Mark is excited to work with the team to advance current services.

“I am looking forward to working collaboratively with both existing and newly appointed colleagues to continue to provide and develop these services. While the COVID recovery phase does provide challenges, it also provides opportunities to rethink and improve the services we provide for the benefit of all our patients. Our current expansion programme at the Golden Jubilee will provide state of the art additional theatre and endoscopy capacity and help support the development of a National Endoscopy Training Centre.”

“I am excited by the ambition and positive attitude that I have encountered throughout the Hospital.”



3 - Mark Vella

Giuseppe Bozzetti - Clinical Director Anaesthesia

We are also thrilled to announce the appointment of Giuseppe Bozzetti as our Clinical Director of Anaesthesia.

With more than twenty years' experience as a Consultant in cardiothoracic anaesthesia, Giuseppe is a well established anaesthetist and leader.

Having trained in Italy and practiced in Canada and England, he has extensive experience in many different forms of cardiothoracic procedures and leadership roles. Giuseppe joined Team Jubilee in

2015, and was appointed as Clinical Director in July 2020, bringing innovative ideas and aspirations to the role.

Taking on such a critical role brings with it many opportunities and challenges, Giuseppe has great pride in the existing work we do and is excited to face challenges head on.



4 - Giuseppe Bozzetti

“It’s a big department and I would define it as a challenge as there are some obstacles to overcome, but it’s also a very good opportunity to modernise, innovate, and improve the already very high standards and quality that is carried out here.”

“Changing is always difficult, there’s a journey to take but I am lucky enough to have very good colleagues and work with people that understand what needs to be done and I am feeling very optimistic.”

Giuseppe’s ambitions for the Anaesthesia department include introducing new techniques that will improve patient experience and outcomes.

“As Anaesthetists, our role goes hand in hand with the surgical aspect. I can see a new wave of innovation and I look forward to being a part of that by introducing new techniques such as minimally invasive surgery or aortic heart surgery. I really believe in this Hospital and I look forward to sharing my vision and enthusiasm. My hope is for the Golden Jubilee to be internationally known and for patients to get the very best out of what surgery has to offer.”

The last year introduced new challenges, Giuseppe believes that the level of teamwork shown has helped establish closer working relationships that will continue as we move forward.

“The last year was particularly difficult, but there have been lots of opportunities and lessons learned. We have realised that we are a very flexible and adaptable team. It was so amazing to see. The other positive was better and closer relationships with managers, we had to work very closely as we were facing something that we’d never encountered before. This was great and has led to much closer relationships. There’s positivity coming out of the negative.”

“The pandemic has also allowed us to establish and strengthen our relationships with other boards, which is going to be very positive going forward.”

“I am very thankful for my deputies, Ken McKinlay and Roddy Chapman, we work very well as a team to do the best that we can. And of course the whole team works together, they understand the issues and opportunities we need face to ensure the best care for the patient, at the end of the day that’s what really matters to us.”

With Giuseppe’s innovative ideas and passion for patient care, we are thrilled to have him as part of our team and look forward to all the great work he will bring to the Golden Jubilee.

Fond Farewells

Anne McQueen

After almost 21 years with us at NHS Golden Jubilee we said a fond farewell to Executive PA Anne McQueen who retired this month.

Anne said: "I've loved my time with the NHS. I've had the best job in the world and been able to work with some amazing people. I have so many memories and so many friends. I will miss you all."

Congratulations Anne, you'll always be part of Team Jubilee.



5 - Anne with a few of her colleagues

Gail Crawford

Colleagues said an emotional farewell to Scrub Nurse Gail Crawford in March, who took early retirement after 13 years with us and over 38 years working in the NHS.

Gail said: "I've loved my time working in the NHS and here where I've had so many happy memories and made so many friends. I will miss them all."

Congratulations Gail, and thank you for your devoted service. You'll always be part of Team Jubilee.



6 - Gail with a few of her colleagues

Val-You



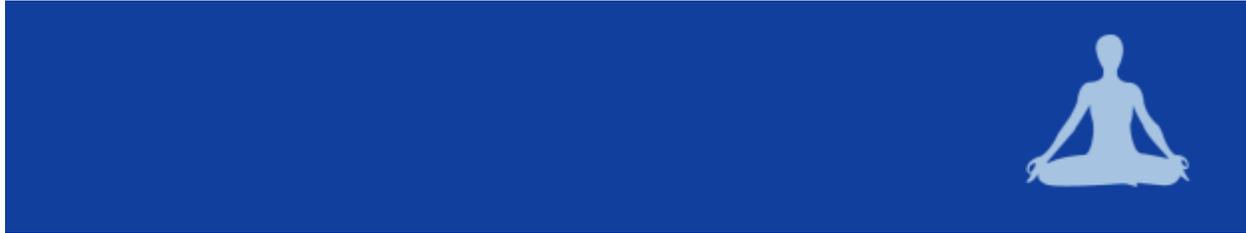
New Webinar series: Current issues in Equality and Diversity Learning and Organisational Development National Offers

NHS Education Scotland has invited all staff to participate in their new webinar series, **Current Issues in Equality and Diversity**.

Each webinar will feature a presentation on the topic by our expert speakers and the opportunity to have your questions answered.

The webinars are open to anyone, and do not require signing up – simply click the link at the webinar start time.

Health and Wellbeing



We are committed to supporting the health and wellbeing of our staff and have a range of resources available.



Jubilee Active blog

Occupational Health Physiotherapists Kathryn Wales and David Longhurst have all the answers you need on keeping active, as well as some great health advice.

[You can read all of their blogs here](#)



7 - David and Kathryn

Focus on Wellbeing Webinar

Following the success, positive feedback and engagement of the last two Focus on Wellbeing webinar programmes, we are excited to announce that a third has now been arranged for all staff. The programme compliments and supports the resources available on the [National Wellbeing Hub](#).

The sessions are intended to support and empower all staff to enhance their personal resilience during these challenging times.

The Webinars will focus on:

- Managing working Parenthood in Current Times
- Stress and Anxiety
- Sleep
- Enhancing Personal Resilience
- Mindfulness
- Yoga
- Self-care
- Coping with low mood
- Reflective Practice in the workplace
- Be kind to yourself



For the full listing of Webinars, dates and where to access them please visit [Staff Net Wellbeing Webinars](#)

The Social side



Here's some social media comments from patients and the public about you!

Ellie Murray: I want to say a massive thank you to all the staff on the Endoscopy ward this morning. Every single person I dealt with was super friendly. They all went above and beyond to care for myself and the other patients also! Right from the nurses who prepared me for the procedure, the nurses who kept me calm and reassured me during and the aftercare team. They were all absolutely wonderful and a credit to the hospital and the NHS.

Jan Baxter: I was in today for a cardiac catheter ablation and I just wanted to say a huge thank you to all of the staff in the day surgery unit. Absolutely everything was explained clearly to me, both in the paperwork sent out prior to the procedure and verbally on the day. I cannot praise the staff highly enough. Thank you for calming my nerves and being so helpful and supportive throughout my short

stay. My husband had a knee replacement last August and found exactly the same high standard of staff in that department. Good job Golden Jubilee.

Patricia Crane: Amazing Hospital & Staff was in there for my new knee last September, Staff go above & beyond

Helen and Donnie MacKechnie: Great hospital the staff are so good

Cindy Begg: I had a partial knee replacement op on 24 March 2021, and just want to thank every member of staff that I came into contact with. You are wonderful people who do a fantastic job. Thanks again for your hard work and dedication, especially in these very difficult times.

Fraser Walker: If you have to be in a hospital then this is the place to be. Outstanding staff and surroundings.

Gillian Allan: In ward 4 east, great bunch of nurses, charge nurse Donna (who I kept calling Jackie ☺ must have been the anaesthetic). Fantastic service nothing was a problem from the ward, to pre op lady's, then theatre staff all very caring people, making the surgery process a very easy time (twice in the one and day). Mr Smillie and his colleague whom explained everything about my surgery and performed my surgery amazing (total respect for these skilled people) and putting my mind at ease before and after with the surgery! Clean, tidy, well operated hospital looking after patients amazingly well! Thank you!

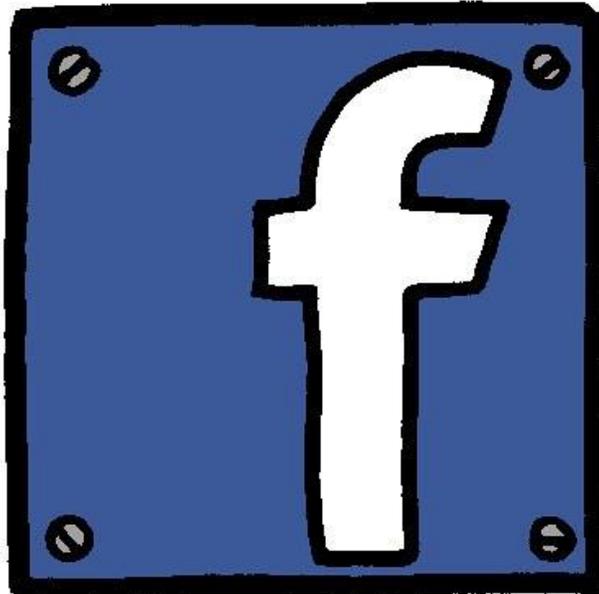


What's happening on our social media pages

Facebook:

Our post expressing our condolences following the passing of HRH Prince Philip, The Duke of Edinburgh, last week has been one of our most popular on Facebook this month. The Duke officially opened our Heart and Lung Centre in 2008, and took the time to meet with several members of our team during his visit. Our thoughts are with Her Majesty The Queen and her family at this time.

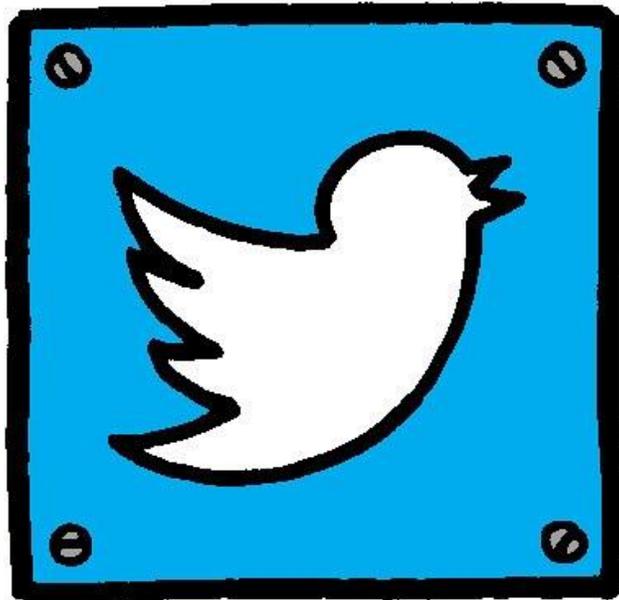
[Click here to view the post](#)



Twitter:

Our video of Transplant Consultant Cardiologist Jane Cannon talking about the change in law to opt out for organ donation was popular on our Twitter channel. Jane explained how important it is let loved ones know your decision, as well as the details on what the change actually means.

[Click here to view the post](#)



8 - [Click here to access our Twitter page](#)

YouTube:

We've been posting our department 'walkthrough' videos, showing how our teams adapted to new ways of working during the COVID pandemic, and the latest one on the teams from Theatres was one of the most viewed new videos over the past four weeks on YouTube.

[Click here to view the post](#)



9 - [Click here to access our YouTube page](#)

LinkedIn:

Our post advertising the vacancy for a Videographer has been well received on all of our social media platforms, including this one on LinkedIn, where we advertise a number of our vacancies.

[Click here to view the post](#)



Videographer

Band 5: £25,351-£31,966 37.5 hours per week Permanent

An exciting opportunity has arisen for an ambitious and dynamic videographer to join NHS Golden Jubilee Communications and Marketing Team.

This brand new role will provide a wide range of high quality creative offline and online communications which meet branding, accessibility and equality and diversity requirements.

This role is suited to someone who will enjoy a varied role, can work on multiple creative projects at a time, and is willing to work hard in order to achieve great results.

For an informal discussion, please contact Simon Cassidy on 07583 129970.

Visit nhsgoldenjubilee.co.uk or apply online now at: <https://apply.jobs.scot.nhs.uk>

Closing date: 9 April 2021 Interview dates: w/c 26 April 2021



Get social with us and keep up to date with everything that's going on in #TeamJubilee on our social media pages.

Events we celebrated socially this month

Stress Awareness Month

Healthcare workers have faced exceptional demands during the Coronavirus pandemic and support is available to help you look after your emotional and psychological wellbeing. If you need a little advice on how to de-stress, visit [National Wellbeing Hub](#). Thank you for all you have done and continue to do. Please take care of yourselves.



Flag half mast

As a mark of respect, following the passing of HRH Prince Philip, The Duke of Edinburgh, our flags were flying at half mast and remained this way during the national period of mourning.

Did You Know?: Members of the Royal family have codenames for use in Palace communications when they pass away.

The codenames were introduced to prevent the news of a royal family member's death leaking before the official announcement. Senior members of the family are named after bridges – as he is the Duke of Edinburgh, arrangements for Prince Philip's is codenamed 'Operation Forth Bridge'; the Queen is 'London Bridge'; and the Prince of Wales Prince Charles is 'Menai Bridge'.

The Queen Mother was 'Operation Tay Bridge', as was Princess Diana. There are no funeral codenames for **Prince William, Kate Middleton, Prince Harry and Meghan Markle**, but it is reported that the Duke and Duchess of Cambridge are known as "Danny Collins" and "Daphne Clark". The initials DC represent their titles of Duke and Duchess of Cambridge. The Sussexes were reportedly known by the codenames "David Stevens" and "Davina Scott".



Biomechanics Day

We wished everyone a Happy Biomechanics Day with a video from our Motion Analysis Lab in our Research Institute in November 2019, which is very interesting for cyclists. The Lab is also used to monitor patients following orthopaedic surgery.

[Watch the video here](#)

[Read the full story here](#)



Trans Day of Visibility

Celebrating trans people around the globe and the courage it takes to live openly and authentically, while also raising awareness around the discrimination trans people still face.

Let's ensure that everyone can be visible, not only today but every day.

On Trans Day Of Visibility and always, we support you and we value you.



Autism Awareness Week

It was Autism Awareness Week in March and we celebrated what autistic people bring to the hospital - a unique viewpoint.

Every person on the autism spectrum experiences neurodiversity differently and strengthens #TeamJubilee.

To find out more go to [NHS inform](https://www.nhs.uk/inform).



Covid Day of Reflection

NHS Golden Jubilee was amongst a host of prominent buildings across the UK that lit up yellow to mark a 'National Day Of Reflection'.

A minute's silence was held earlier in the day and a national doorstep vigil formed part of the anniversary of the UK's first Covid lockdown.

Staff joined people across the UK and fell silent as part of a national day of reflection to remember those who have died in the COVID-19 pandemic.



Dr Bike

We welcomed cycling charity Bike for Good who came in help to maintain/repair Team Jubilee staff bikes, as we invest in the health and wellbeing of our colleagues and encourage active travel to work.

It was a busy day for them, which was great to see!



Contact



Tell us what you think...we want to hear your views!

If you would like to comment on any of the issues featured, please send your comments to [Comms](#) or complete the [feedback form](#).

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