

Jubilee Life

Issue 8


Golden Jubilee
Foundation
Patients at the heart of progress

70
YEARS
#nhscot70



**Research could help elite cyclists go for gold!
10 years of our heart and lung service**

**First Scottish 'Disability Confident Leader' ~ Lifetime Achievement
Supporting young people ~ Raising the roof ~ and much more...**



Chief Executive standing down after 14 years

Jill Young has announced that she is stepping down in November as our Chief Executive after 14 years in the role and a NHS career spanning 40 years.

Jill started working for the NHS in 1978 as an Auxiliary Nurse at Ailsa Hospital and, after training as a Registered Nurse, she then moved into a managerial role with a focus on redesign and modernisation of services.

“I was so privileged to secure the role of Chief Executive of the Golden Jubilee in October 2004.

“It was the newest member of the NHS family and we all saw such incredible development potential for the people of Scotland - it was too good an opportunity for me to resist.

“It has undoubtedly been the most exceptional job I could have wished for and, although it has had many challenges over the years, I could not have asked for better support.

“The Golden Jubilee Foundation has some of the most passionate, hardworking and dedicated teams I have ever worked with and everyone has made my job very worthwhile and fulfilling.

“I will miss the Golden Jubilee Foundation and being a part of NHSScotland. Although, what better time to leave than on the 70th NHS Anniversary, my own NHS 40th Anniversary, the 10th Anniversary of Heart and Lung Services and not forgetting 14 glorious years at the Golden Jubilee Foundation.

“Thank you to every single member of staff, old and new: your ‘Can Do Attitude’ over the years has been the driving force behind this organisation and I could not have done my job and delivered so much without knowing that I could rely on your expert advice, guidance, support and friendship. But, I still have a very focused and busy few months ahead!”

Jill Young,
Chief Executive of the Golden Jubilee Foundation

Chief Medical Officers enjoys VIP treatment

Recently we were delighted to welcome Scotland’s Chief Medical Officer, Dr Catherine Calderwood, to the Golden Jubilee National Hospital for the first time.

Dr Calderwood was given a presentation on our Quality Framework and future plans before she heard first-hand about the important work going on in our Motion Analysis Laboratory, Intensive Care Unit and Cardiac Catheterisation Laboratories.

Dr Calderwood also heard presentations on our Electronic Patient Record, Patient Level Costing work, and our new direct referral service for patients experiencing a Non ST Elevated Myocardial Infarction (NSTEMI).

The visit was rounded off by Dr Calderwood sharing her vision of Realistic Medicine.



New Chair for Golden Jubilee Foundation

We recently welcomed Susan Douglas-Scott as our new Board Chair.

Susan's appointment was effective from 4 April 2018 and was made in accordance with the Commissioner for Public Appointments in Scotland's Code of Practice.



About Susan

For the past eight years Susan has followed a diverse portfolio career as a freelance consultant in equalities, health, disability and social care; as a non-executive director of NHS Education for Scotland; as the chair of Independent Living Fund Scotland; and as a popular humanist celebrant.

This followed on from her 18-year career in local authorities and Non-Government Organisations in the field of disability and health, including the Chief Executive Officer of PHACE Scotland, Epilepsy Scotland and the Health and Social Care Alliance. Susan has also served on the boards of a variety of third sector organisations, most recently as a trustee of Leonard Cheshire Disability, where she was Vice Chair and latterly Interim Chair. She served for seven years and once her term ended in 2016 she was given the honorary role of Vice President.

In all her roles Susan uses her skills as a committed people person, holding strong foundations in supporting people to live their lives in a positive way.

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“I am delighted to have been given the opportunity to Chair an organisation which prides itself on being at the forefront of innovation, whilst still delivering truly person centred services.

“I look forward to working with our staff and colleagues across the NHS to ensure we continue to deliver a quality service for patients across Scotland and beyond.”

Susan Douglas-Scott
Chair

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“We look forward to working with Susan as we deliver our elective care expansion programme and continue to drive forward our vision of leading quality, research, and innovation.”

Jill Young,
Chief Executive

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Research could help elite cyclists go for gold!



Elite cyclists could soon be riding to the Golden Jubilee to see if they can gain a competitive edge in the race for gold medals.

Researchers using our Motion Analysis Laboratory are in the set-up phase of a study which could give racers a helping hand onto the winner's podium.

When it gets on the road, our research could determine if the length of bicycle cranks are pivotal in cyclists' search for glory.

Using advanced 3D technology with infrared digital cameras, cyclists will ride on a static bike while sensors on their body pick up their real-time movements.

Participants in the study will see a real-time computer generated version of their own body going through rigorous exercise – showing specific pressure points on the joints, ankles and hips.

“We will be looking at varying crank length in terms of the power that a cyclist can produce for 20 minutes in an aero dynamic time trial position.

“There's some anecdotal evidence to suggest that a shorter crank might allow you to put out more power over a given time period in a time trial position.

“We're going to get cyclists going flat out for 20 minutes with one length of crank and do the same test a few days later with either a shorter or longer crank to see what impact that has on their power output.”

Dr David Griffiths, Clinical Research Fellow

“This research is cutting edge and we believe it is the first of its kind.

“The test will allow us to capture really interesting information about angles and how the crank length could affect your position on a bike, as well as your power output.

“We'd be delighted to hear from cyclists who may want to get involved in the study.”

Jason Roberts
Orthopaedic Surgeon and multi gold medal-winning cyclist

Jason Roberts pictured left

BBC records two features for Inside Health programme

We've had great interest this year from the BBC who sent a team up to record a couple of features for Radio 4.



Visiting the hospital recently was Glasgow GP Dr Margaret McCartney, accompanied by Producer Fiona Hill.

The pair recorded two segments which were broadcast on BBC Radio 4 programme 'Inside Health' in August.

Dr McCartney interviewed Dr Colin Church, a Consultant in the Scottish Pulmonary Vascular Unit who spoke to her about the ongoing work and treatments for Pulmonary Arterial Hypertension – which is high blood pressure in the lungs.

In their second segment they met up with one of our orthopaedic surgeons, Jason Roberts, a multi gold-medal winning cyclist.

Jason spoke to them about our Motion Analysis Lab facilities – and the groundbreaking research currently being carried out there.

Keen cyclist Margaret couldn't resist testing out some of our cutting edge equipment.

Margaret was fitted with a series of sensors, then sat on a static racing bike for our cameras to take a 3D scan of her cycling for a few minutes.

And the results instantly showed areas where there were specific pressure points around Dr McCartney's body.

It's hoped that the information and research gathered in our motion lab will be of specific use to elite athletes in Scotland and beyond – and help give them that winning edge.



Andrew Nelson pictured centre with June McCabe and Rod Escalante

**Did you know?
Andrew Nelson
is just three
weeks older
than the NHS
– the national
treasure which
saved his life.**

Volunteer is 70@70

One of our 70-year-old volunteers and former Ministry of Defence Police Sergeant, Andrew Nelson, suffered a major heart attack, resulting in triple bypass surgery just before his 40th birthday.

However, when his health became steadily worse over the next 10 years, it was apparent that he urgently needed a heart transplant, which the grandfather-of-three, from Helensburgh, received at Glasgow’s Royal Infirmary 20 years ago.

Since all adult heart and lung services moved here in 2008, Andrew’s care also transferred over. It was then he decided to ‘give something back to the NHS’ by offering his services as a Peer Support Volunteer.

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“My birthday is actually three weeks prior to the NHS service starting; if it wasn’t for NHSScotland and the marvellous transplant team here, I wouldn’t be here today.

“Prior to my heart attack, I’d never been ill and therefore never needed to see a doctor. I was always athletic, had a very demanding job, always on the go and interested in sport and going about my daily duties with absolute ease.

“When I fell ill, the NHS was there for me. They were super efficient, helpful and extremely compassionate and I have nothing but the highest praise for their brilliant staff, and our national service.”

Andrew Nelson, Volunteer
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Andrew feels to say thank you is just not enough and he now offers his time in delivering invaluable support and advice to transplant patients.

Mark Duddy, 48, a caretaker from Uddingston, received a heart transplant at the Golden Jubilee last winter. He is deeply grateful for his life-saving care, as well as the support and friendship received from Andrew.

Whilst Mark was in the Golden Jubilee National Hospital, Andrew was a regular visitor. Having firsthand knowledge and experience of being on the transplant list, he was able to guide Mark through some difficult times.

“Andrew is always there to give you advice and support that just lifts your spirits to keep positive.

“Although your family visit regularly, they really can't appreciate the challenges you are facing on a daily basis because they haven't had a problem with their heart, but Andrew quickly recognises those challenges and immediately supports and guides you over those many hurdles.

“He's been through the same and I'm very grateful he was there for me, especially when I was feeling really down. On the other hand, it's also important for him to see you when you're really happy too.

“I'm very grateful for what the NHS has done for me and can't thank the doctors and all the staff highly enough.”

Mark Duddy, former patient

“All of our volunteers give up their own time to help others when they need it most; they are a credit to themselves, our hospital and NHSScotland.

“Andrew's role is particularly important, helping seriously ill patients through a difficult time and giving them hope and keeping their spirits high.”

Marcella Boyle, Chair, Volunteer Forum and Non Executive Director

For more information on our volunteering opportunities, please contact Elizabeth Rogers, our Volunteer Manager on 0141 951 5423 (extension 5423) or email elizabeth.rogers@gjnh.scot.nhs.uk

Innovative device remotely monitors heart failure patients

Our cardiologists have recently implanted a new device which remotely monitors heart failure patients as part of the COAST clinical trial.

In a Scottish first, the study will see up to 10 patients receive cardioMEMS implants over two years, with the aim of proving the device is cost-effective to use widely throughout the NHS.

Instead of being hospitalised once every three months to have an invasive procedure performed to measure pressures inside the heart and lungs, the patient just needs to lie on a special pillow for 18 seconds a day, allowing the radio frequency chip inside the device to send vital information remotely to our clinical team.

The implant which is about the size of a paperclip, can detect small changes in pressure in the vessels around the heart before a patient feels any symptoms, allowing the clinical team to change medication doses, potentially reducing hospitalisation.

Heart failure patient Charmaine Bishop was the first in Scotland to receive the cardioMEMS implant as part of the clinical trial.

When specialists diagnosed heart failure, an Implantable Cardioverter Defibrillator was fitted in December 2017. Then in February this year, Charmaine became the first patient to receive the cardioMEMS device when the trial went live.

“This new device reduces the need for patients to come into hospital and allows us to monitor them literally from their own bedside no matter where they, or we, are in the world.”

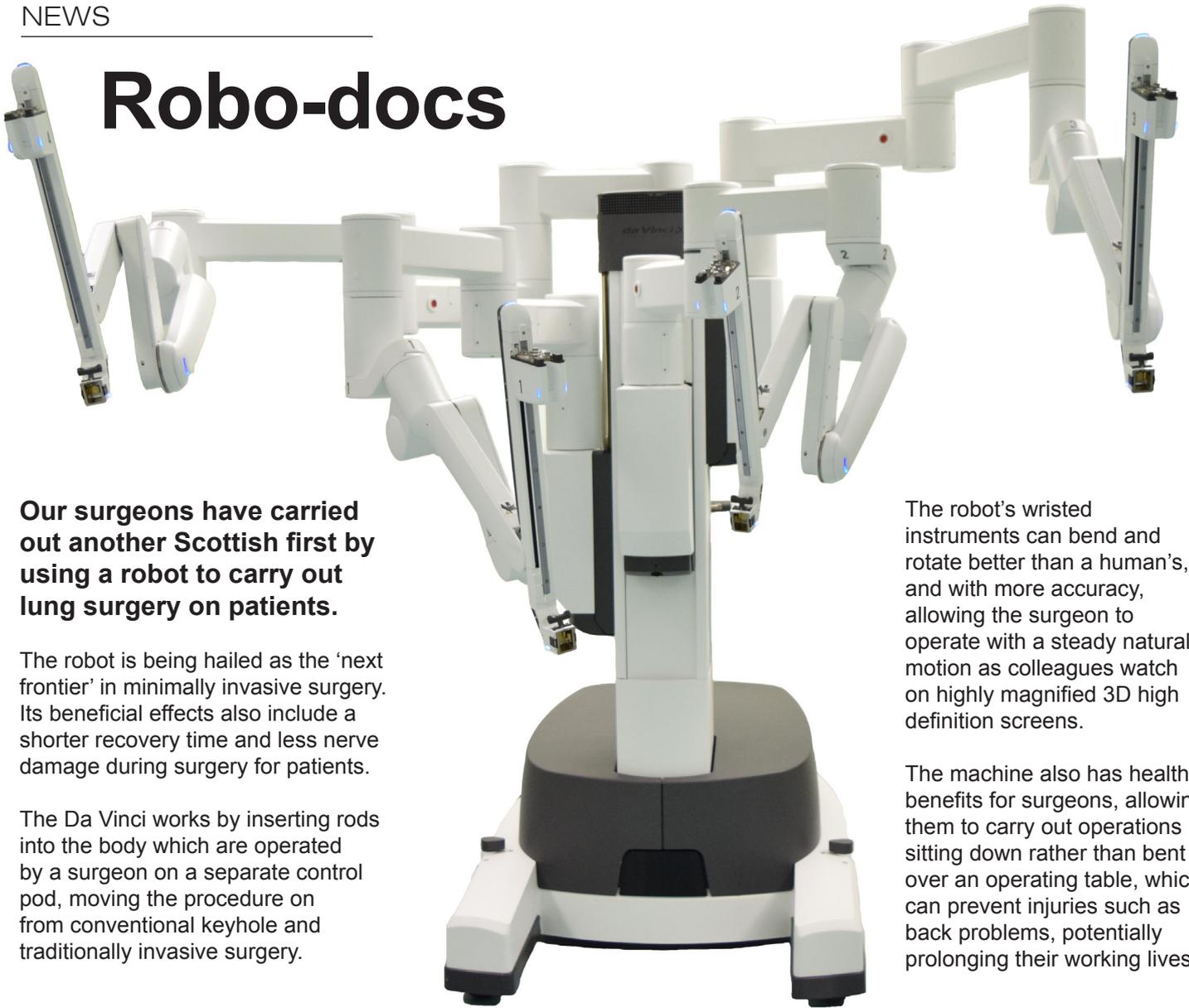
Professor Roy Gardner, Consultant Cardiologist

“I'm chuffed I was picked to be the first person in Scotland to have it done. Everything is absolutely fine; it's absolutely amazing what they can do now.”

Charmaine Bishop (pictured below)



Robo-docs



Our surgeons have carried out another Scottish first by using a robot to carry out lung surgery on patients.

The robot is being hailed as the 'next frontier' in minimally invasive surgery. Its beneficial effects also include a shorter recovery time and less nerve damage during surgery for patients.

The Da Vinci works by inserting rods into the body which are operated by a surgeon on a separate control pod, moving the procedure on from conventional keyhole and traditionally invasive surgery.

The robot's wristed instruments can bend and rotate better than a human's, and with more accuracy, allowing the surgeon to operate with a steady natural motion as colleagues watch on highly magnified 3D high definition screens.

The machine also has health benefits for surgeons, allowing them to carry out operations sitting down rather than bent over an operating table, which can prevent injuries such as back problems, potentially prolonging their working lives.

Patients benefit from more scans

Around 10,000 more Scots will receive MRI scans every year thanks to our two new Magnetic Resonance Imaging (MRI) machines.

Funded by a £2.4 million allocation from the Scottish Government, the new equipment will reduce waiting times for diagnostics and help meet increasing patient demand.

Over the last six years we have experienced an 88% increase in the number of imaging exams carried out, and MRI is an area that is continually in demand.

This development is the first stage of a three-year expansion of the Golden Jubilee, which will also see ophthalmology, orthopaedic and other services increased.



Jennifer Gilchrist

“This direct investment to patient care will not only help us provide NHSScotland with sustainable services for the future, but will allow us to have an even greater impact in diagnosing, treating and monitoring long term health conditions, including heart disease and cancer.”

Jill Young
Chief Executive

Allied Health Professionals (AHP) strategy is launched

The Innovation Hub was the setting for the launch of our AHP Strategy in August.

On the day staff were able to come along and find out more about AHP services provided here at the Golden Jubilee National Hospital

The event was also designed to show their contribution to delivering person centred, safe and effective care – both now and in the future.



Study brings hope to heart attack patients



Every year more than four million people across Europe lose their lives due to heart failure. That's why we have joined forces with the University of Glasgow to improve treatment for patients suffering from cardiogenic shock.

Cardiogenic shock following heart failure occurs when your heart suddenly can't pump enough blood to meet your body's needs and oxygenation stops. The condition is most often caused by a severe heart attack. Patients with cardiogenic shock are at extremely high risk of dying, with half of affected patients dying within the first 30 days.

The new study aims to improve outcomes for patients suffering from cardiogenic shock, but to assess the cost effectiveness of this treatment compared to standard treatment, and to use the results of EURO SHOCK to improve the guidelines at all European hospitals.

“To prevent cardiogenic shock becoming lethal, EURO SHOCK doctors will assess the early use of a mechanical support device which increases the amount of oxygen in the blood of the patient.

“Preliminary scientific studies have shown that the heart – when suffering a heart attack – can benefit from the support of an extracorporeal mechanical oxygenation machine (ECMO). This machine essentially lends the heart the support it needs to recover. EURO SHOCK doctors hope that this new treatment will help increase life chances of patients with cardiogenic shock.

“As one of the UK's largest heart and lung centres, the involvement of the Golden Jubilee in this study shows that we are ideally placed to ensure that patients in this country continue to be at the forefront of the very latest innovative treatments and the highest standards of care.”

Professor Colin Berry (pictured above)
Director of Research and Development

Hotel earns a double whammy

Customer satisfaction and peer recognition has earned the Golden Jubilee Conference Hotel another two prestigious accolades.

Not only did our hotel achieve the VenueVerdict Gold Accreditation for the second quarter of 2018, but it was also named as Conference Hotel of the Year in the 15th annual Scottish Hotel Awards.

These awards are the latest in a long line of accolades for our Conference Hotel, which is celebrating 10 years as a member of Venues of Excellence this year.

Last year it was named Business Hotel of the Year and received the award for Excellence in Hotel Conference Facilities at the Small Business Awards 2017.

The venue also won the Success Through Sustainability award during the inaugural Working4Business awards and received a TripAdvisor Certificate of Excellence for the seventh year in a row.



Lynsey Brown and Zico Iqbal collect the 'Conference Hotel of the Year' award at the Scottish Hotel Awards earlier this year



“We are very proud that our vision and focus has been recognised yet again by the Scottish Hotel Awards. We are passionate about excellence in conference and meeting provision and aim to lead the way in every aspect from food options to delegate health and wellbeing.

“The VenueVerdict accreditation shows how our conscientious staff really go the extra mile for conference organisers and delegates. It demonstrates our commitment to deliver a ‘venue of excellence’ for the meetings, incentives, conferences, exhibitions (MICE) market.

“We have had a fantastic year so far and have grown our international association market and reputation.

“I want to thank every member of our fantastic team for their professionalism and dedication which has made these awards possible.”

Bronagh Bell, Director, Golden Jubilee Conference Hotel

Health Secretary and Junior Ministers

Following a Cabinet reshuffle, the First Minister has appointed a new Health Secretary and junior ministerial team. We wish the new Health team every success in their roles.



Jeane Freeman
Cabinet Secretary for Health and Sport



Joe FitzPatrick
Minister for Public Health, Sport and Wellbeing



Clare Haughey
Minister for Mental Health

Global delegation descend on Conference Hotel

We recently welcomed global delegates prior to the World Federation of Haemophilia (WFH) 2018 Congress at the nearby Scottish Event Campus.

We hosted the 10th WFH annual Global National Member Organisation training event for more than 180 delegates.

The training conference took place from 17-19 May before the organisation's 2018 World Congress at Glasgow's Scottish Event Campus from 20-24 May.

Both events combined brought in around 4000 delegates from more than 130 countries and was expected to boost the Glasgow and Clydeside economies by around £8.4 million.

The Congress is the biggest international meeting for the global bleeding disorders community.

It was a chance for people from all walks of life and professions from haematologists, physiotherapists and geneticists to social workers, policy makers and members with haemophilia, to converge, exchange ideas and network.



WFH

WORLD FEDERATION OF HEMOPHILIA

“We were honoured to host the Global National Member Organisation training event at the Golden Jubilee.

“With our experience as an international centre of excellence for medical and healthcare conferences, our proximity to Glasgow Airport and our role as part of NHS Scotland, meant that we were the ideal venue to host this global training meeting.”

Bronagh Bell, Director, Golden Jubilee Conference Hotel

Helpful

Caring

Supportive

Willing

Health Care Support Worker Conference
 Inspiration Space
 Golden Jubilee Conference Hotel
 21 September 2018
 9.30am-3.30pm

For more information please contact Lynn Wilson on extension 5178 or email lynn.wilson@gjnh.scot.nhs.uk

Ten years after being officially opened by Her Majesty the Queen, accompanied by His Royal Highness the Duke of Edinburgh, our heart and lung centre has carried out almost 100,000 procedures for patients across Scotland.

Bringing the top specialists together under one roof for the first time following the transfer of regional and national services from Glasgow's Royal and Western Infirmaries, and Hairmyres Hospital in Lanarkshire, the Golden Jubilee now manages one of the UK's largest Heart and Lung centres.

The service continues to go from strength to strength and has had many successes over the past decade.



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“As we celebrate the 10th anniversary of our Heart and Lung Centre and the 70th anniversary of the NHS, I would like to offer my sincere thanks to every member of the team who provides first class person centred services to every patient who comes through our doors. They should be very proud of the difference they make to thousands of patients and families across Scotland every year.

“For 10 years our Heart and Lung Centre has been at the forefront of delivering world-leading research and innovations that have improved treatment options for patients across Scotland, the UK and further afield.

“The service has gone from strength to strength over the past 10 years as a direct result of the unparalleled skills, expertise, and dedication shown by every single member of the team every single day, and will continue to do so for the next 10 years and beyond.”

Jill Young
Chief Executive

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10 years, **100,000** procedures:

-  67,676 diagnostic and interventional cardiology procedures.
-  15,934 cardiac surgery procedures
-  14,181 lung surgery procedures
-  121 Ventricular Assist Device implants (since 2011)
-  104 heart transplants
-  34 babies delivered to 32 mums

10 years, **219** research projects from bench to bedside:

- Pioneering stem cell therapy for patients having a STEMI heart attack.
- Participated in the UK's first gene therapy trials for heart failure patients, called CUPID2 and SERCA2a, taking place in only two hospitals.
- Played a major role in the 'PRAMI trial', finding evidence to suggest that preventative angioplasty following a heart attack has the potential to save the lives of thousands of patients every year.
- Led the T-TIME study to assess a new treatment that is intended to restore blood flow to the small vessels in the heart.
- Found that delayed stenting in patients having a heart attack caused by a blocked artery could reduce the likelihood of 'no reflow' and improve outcomes for patients.

10 years of high quality services:

- Currently the second highest volume centre for Coronary Intervention in the UK, providing over 3,000 planned and emergency interventions for patients with coronary artery disease. (British Cardiovascular Intervention Society audit data, 2016)
- Consistently named amongst the top three services in the UK by the Society of Cardiothoracic Surgery in Great Britain and Ireland.
- Continually recognised as having the fastest UK 'door to balloon' time for treating heart attacks caused by a blocked artery for 10 years – currently 19 minutes.
- Increased resection rates for lung cancer from 10% to 25% across the West of Scotland, improving survival rates for a large number of patients.
- Introduced minimally invasive keyhole lung surgery, with 80% of procedures now performed using Video Assisted Thoracic Surgery, improving outcomes and reducing length of stay for patients.
- Introduced a pioneering direct referral service for patients experiencing a Non-ST Elevated Myocardial Infarction (NSTEMI) heart attack.
- Introduced a pioneering nurse-led patient review clinic which allows lung surgery patients to go home sooner.
- 100% of lung cancer cases treated within 31 days from decision to start of treatment and 95% of lung cancer cases treated within 62 days from referral to start of treatment.

10 years of innovative **'firsts'**:

- World's first treatment of a patient with an Implantable Cardioverter Defibrillator using a Magnetic Resonance Imaging scanner.
- First UK hospital to use revolutionary PCI Assist technology to improve outcomes for high risk patients undergoing percutaneous coronary intervention (PCI) for narrowed heart arteries.
- First Scottish hospital to implant a cardioMEMS device which remotely monitors heart failure patients, allowing medications to be altered, reducing the need for hospitalisation and potentially saving lives.
- First to use a Subcutaneous Implantable Cardioverter Defibrillator produced outside of America on a patient at risk of sudden cardiac arrest.
- First Scottish hospital to perform minimally Right Anterior Thoracotomy on a patient requiring Aortic Valve Replacement.
- First Scottish hospital to use MultiPoint Pacing device for administering Cardiac Resynchronisation Therapy in heart failure patients.
- First Scottish hospital to use 3D imaging during keyhole surgery on patients needing treatment for lung cancer.
- First Scottish hospital to perform Video Assisted Thoracic Surgery for Diaphragmatic Plication.
- First Scottish hospital to perform Transcatheter Pulmonary Valve Replacement, avoiding the need for open heart surgery for patients with specific congenital heart problems.
- First Scottish hospital to offer Patient Peer support to cardiothoracic patients, pre or post surgery.
- First Scottish hospital with a dedicated robot for minimally invasive lung surgery operations.
- Developed Scotland's first 'One Lung' training course on single lung ventilation.

The gift of life

A former patient made an emotional return to help staff celebrate a very special anniversary.

Georgina Burt, from Falkirk, was the first patient to undergo a heart transplant at the Golden Jubilee National Hospital back in July 2008. She returns every year to personally thank staff who saved her life.

This year it was an extra special occasion, because it's both the 10th anniversary of her transplant and of the Golden Jubilee's Heart and Lung Centre.

To mark this occasion, the first recipient of a life-saving heart transplant was back to greet nursing staff and present them with a plaque and cut the special anniversary cake.

Georgina's transplant was necessary because she had been suffering for a number of years from Cardiomyopathy – a condition which causes the heart muscle to become enlarged, thickened or ridged.

When her condition deteriorated rapidly, she was transferred to the Golden Jubilee Hospital where she was maintained on circulatory support until a suitable heart became available. However, it wasn't until she was well on the road to recovery that Georgina found out that the transplant was the first ever carried out in the Golden Jubilee facility.

Her visit to the hospital also fell on the week of the 70th Anniversary of the NHS, an organisation Georgina is indebted to for not only saving her life, but prolonging it.

“I was becoming more breathless and couldn't be bothered with anything. Once I got up and put my make up on, I'd convince myself I was fine, but I wasn't.

“I might have to take anti-rejection medication every day and go back to the hospital regularly for check-ups, but I wake up every day and I'm thankful for what everyone has done for me.

“I will never forget that another family lost a loved one to allow me to have a second chance at life. I'm always emotional when I think of my donor and their family.”

Georgina Burt (main picture)



Heart Specialists are 'Pumping Marvellous'

Our Scottish National Advanced Heart Failure Service has proven it is 'all heart' after being presented with a prestigious award by a UK heart failure charity.

The service received the Team of the Year 'You're Marvellous' award from the patient community of the Pumping Marvellous Foundation.

What makes the award win even more special is that the team, and in particular Justin Mulhearn, were commended by a patient who had a Ventricular Assist Device (VAD) implanted as a bridge to heart transplant.

It is, of course, a team effort and credit is also due

“Justin was regularly at my bedside to answer my questions and deal with my fears.

“Since my implantation two and a half years ago, the Golden Jubilee team had always been there. Indeed, I have 24/7 access to the whole team at the Golden Jubilee including an emergency VAD line, which I have not yet had to use, thankfully.

“Justin and the team certainly go above and beyond the normal call of duty.”

Patient

“We are honoured to receive this award from the Pumping Marvellous Foundation and would like to thank the patient for taking the time to nominate us.

“This patient's positive experience is testament to the dedication and hard work of the entire heart failure team. With the support of our heart failure nurses, perfusionists, transplant co-ordinators, physiotherapists and psychologists, we have given him the opportunity and confidence to go home, be with his loved ones and continue doing the things he loves most.

“Since receiving his VAD he has never looked back, he has embraced the technology and continues to live life to the full.”

Justin Mulhearn, Senior Clinical Perfusionist

to the 25 nurses and healthcare support workers in the NSD pod, who devote their entire working life to providing more than 800 hours of high-quality care every week for people with advanced heart failure.



A celebration of safety

Ten years after the launch of the Scottish Patient Safety Programme (SPSP), we are holding a week of celebrations to recognise the improvements that have been made in patient care.



How does it apply to us here at the Golden Jubilee?

We have been active in SPSP from the very start and implemented the Acute Adult Portfolio across the site with excellent results. We currently have 17 patient areas and 13 theatres which are actively working on SPSP improvements either by testing new ways of reliably doing something or monitoring reliability of an existing safety critical process. Here are some of the amazing achievements:

- Our current VAP days between is 338 days as of mid August.
- Our current CVC related infection days between is 184 days as of mid August.
- Over the last year our average number of falls per month has reduced by five falls per month.

The focus on Pressure Ulcer prevention has achieved amazing results:

- Ward 2 East has gone 526 days without a pressure ulcer.
- Ward 2 West has gone 570 days without a pressure ulcer.
- Wards 2C and 2D have had no reported PU since 2016.

What is the SPSP?

The Scottish Patient Safety Programme was the first national approach to patient safety improvement in the world. Many of you will remember that all NHS boards from Scotland gathered in the SECC to hear about new care bundles that we would implement using Quality Improvement methods. By using this new approach would reduce harm and improve quality of care.

SPSP was initially launched with a focus on Acute Adult care. The overarching aim at launch was to reduce hospital mortality by 15% by December 2012 through implementing evidence based care bundles supported by Quality Improvement methods. The initial workstreams focused on the following areas:

- **General Ward** – Safety Briefs, situation, background, assessment, recommendation (SBAR) communication, Hand Hygiene, Peripheral Vascular Catheter care.
- **Peri-Operative Care** – normothermia, surgical brief and pause.
- **Critical Care** – Ventilator-associated pneumonia, Central Venous Catheter care and glucose control.
- **Medicines** – Medicines reconciliation on admission and discharge.

Underpinning this was Leadership with a focus on Executive Walk Rounds and support to the capacity and capability needed to deliver this work.

The programme has developed over the years with streams focusing on paediatrics, maternity care, mental health to name a few. The focus of the Acute Adult has changed over the years too with current work looking at Pressure Ulcer prevention, prevention of falls and the deteriorating patient.



Celebrate safety with us from 4-10 October 2018

We will be taking over the Innovation Hub for a week in October to celebrate our achievements and discuss what else we could be doing. More details will follow but each day we will focus on a different topic and will have drop-in sessions each where anyone is welcome to come in for a chat.

If you want to learn about what is happening, share successes, or if you are involved in the work and have a question you want to chat over, please drop in and see us. We'll have data displayed from the work carried out over the years and examples of some of the improvements, there may even be a few surprises!

Supporting the next generation of medical staff



Pictured left to right: David Galloway from the RCPSG, Jill Young and Dr Hany Eteiba

The Golden Jubilee Foundation recently received a prestigious award from the Royal College of Physicians and Surgeons Glasgow (RCPSG) for playing an important role in the development of our next generation of medical doctors.

The presentation was made in recognition of the outstanding partnership between RCPSG and the NHS Board in supporting medical students to complete their MRCP (UK) Part 2 Clinical Examination.

Jill Young, our Chief Executive, and Dr Hany Eteiba, our Acting Medical Director, were presented with the plaque by David Galloway, President of RCPSG.

“The Golden Jubilee Foundation is delighted to receive this award in recognition of our support and continued partnership with the Royal College.

“As an organisation dedicated to quality, research and innovation, it is important for us to support the next generation of medical staff.”

Jill Young
Chief Executive

“Our on-site Research Institute and Clinical Skills Centre has been used by the Royal College for examinations since 2011. At a time when we are celebrating 10 years of our Heart and Lung Services and 70 years of the NHS, it is gratifying to know that our Board is fully focussed on supporting our future NHS doctors.

“We’d like to thank the Royal College of Physicians and Surgeons Glasgow for recognising our ongoing partnership in this way.”

Dr Eteiba
Acting Medical Director

Golden Jubilee Transplant duo triumph at the Winter Games

Earlier this year, two of the Golden Jubilee's heart transplant recipients won Gold and Silver medals as part of Team Great Britain at the World Transplant Winter Games in Anzere, Switzerland.

Linda Owen (36) from Middlebie, Dumfries and Galloway and Sue Swinson (65) from Bearsden, East Dunbartonshire, were part of a team that won the Gold medal for curling.



Sue Swinson (left) and Linda Owen at the Heart Transplant Winter Games

Sue also brought home individual silver medals for skiing in the Super G (Super Giant Slalom), Slalom and Parallel Slalom categories.

Inspirational Janice donates and volunteers

The wife of a former patient recently made a welcome return to the Golden Jubilee National Hospital to present a cheque to our Critical Care Fund.

Janice Black (pictured centre) handed over a cheque for £100, as well as two tablet computers and several DAB Digital Radios, to delighted staff in the Innovation Hub. The money and equipment was raised after Janice and her friends got together and organised a successful coffee morning.

It was the care and attention Janice's husband Billy enjoyed during a recent stay at the hospital which prompted her to get fundraising.

The presentation was made towards the end of the latest meeting of Inspire, which is five-week rehabilitation programme for both patients and relatives after discharge from Critical Care.

In another boost, Janice will soon be a regular fixture at the Golden Jubilee Hospital – as she's accepted a volunteering position too.



Memorial match for Alexander helps raise hospital funds

A family whose son passed away has raised another £450 for the ward he was treated in.

The Campbell family from Greenock have now raised more than £10,000 for us since Alexander died four years ago.

Alexander was just 19 when he passed away on 20 April 2014 – eight days after the road accident in Port Glasgow.

Parents Shaun and Helen came back to the Golden Jubilee on the four-year anniversary to hand over the cheque, which was raised by family and friends.

Shaun and Helen handed the cheque over to Charge Nurse Mary Murray, who helped care for Alexander, and Clinical Nurse Manager Craig Kingstree, at the bench dedicated to Alexander on hospital grounds.

“Every year we’ve had a football match to raise money. Alexander’s brother Dylan organises a team of young players and I do the same for older players. The old team won 6-4 this time to make it 2-2 in matches won.

“Alexander was football-daft, he loved Celtic and Chelsea, and all his friends come together for the game. I can’t thank everyone enough for their love and support to our family and we wanted to raise money for the ICU ward at the Golden Jubilee to thank them all for their amazing care and support.”

Shaun Campbell



From left at Alexander Campbell’s memorial bench: Shaun Campbell, Clinical Nurse Manager Craig Kingstree, ICU Charge Nurse Mary Murray and Helen Campbell

“I remember Alexander so well; it’s so generous of the family to donate money for us and it will certainly be used for improvements to ensure we can help other families here in the future.”

Mary Murray, ICU Charge Nurse

“On behalf of everyone at the Golden Jubilee Hospital, I would like to offer our deepest gratitude to the Campbell family for their continued support.”

Anne Marie Cavanagh, Nurse Director

The Golden Jubilee National Hospital (Scotland) is registered charity: number SC045146.

Every donation, small or large, makes a huge difference to our patients. From better facilities and patient comforts through to equipment and training, donations help us provide the best care for patients in the services we provide.

Donating is easy:

- Send us a short cover letter with a cheque – made out to ‘Golden Jubilee National Hospital (Scotland) – to: Golden Jubilee Foundation, Communications Department, Golden Jubilee National Hospital, Beardmore Street, Clydebank, G81 4HX or visit our Just Giving page at: <https://www.justgiving.com/goldenjubilee-nationalhospital>

If you need any more information on how to make a donation, please contact our Communications Department on 0141 951 5195/5276.

Golden Jubilee is first Scottish NHS ‘Disability Confident Leader’

We are the first Scottish NHS Board to become a Disability Confident Leader – the highest accreditation possible.

The announcement came just one year after we gained a Disability Confident Employer distinction – and we hosted West Dunbartonshire’s first Disability Confident employer engagement event.

To achieve the higher level of accreditation, we had to demonstrate that we were going the extra mile to get, keep and develop people.

On top of standard practices around providing a fully inclusive recruitment process and making reasonable adjustments, we introduced new measures including:

- promoting a culture of being Disability Confident;
- providing Human Resources staff with specific Disability Confident training;
- providing mentoring, coaching, buddying and or other support networks for staff;
- being flexible when assessing disabled job applicants;
- engaging with Jobcentre Plus, Work Choice providers and local disabled people’s user led organisations to access support when required; and
- encouraging suppliers and partners to be Disability Confident.



Pictured, left to right: Gil Patterson (MSP), Brian Flemming (DWP), Jackie Baillie (MSP), Jill Young (Chief Executive) and Martin Docherty Hughes (MP) at the Disability Confident Employer Engagement event we hosted last year.

“We have a proven track record of valuing the diversity of all of our staff and have put in place a range of employee friendly policies and procedures to support staff through different phases of their lives.

“Progression from Disability Confident Employer to Disability Confident Leader is a reflection of our inclusive attitudes and behaviours and recognition of how we are encouraging and supporting other employers to continue on their Disability Confident journey.

“We look forward to continuing to grow and develop in this area to ensure that we can work with our partners and colleagues to provide more opportunities for disabled people.”

Jill Young
Chief Executive

Lancastria annual memorial

In June, we marked the 78th anniversary of the bombing of the HMT Lancastria in St Nazaire on 17 June 1940.

The worst maritime disaster in British history, the ship sunk in less than 20 minutes, with fewer than 2,500 of the estimated 9,000 people on board surviving.

The Golden Jubilee National Hospital is built on the site of the former Beardmore and Son’s Shipbuilding Yard where the HMT Lancastria was constructed.



We are the Champions!



Dementia Champions and Best Practice Health Care Support Workers from left: Claire Murray, Lois Clark, Diane Dawkins, Lee-Anne McGown, Lorraine Gall, Ann Burns, Tilda McCrimmon and Vicky Brown.

Our Lead Nurse for Dementia, Tilda McCrimmon, spearheaded our promotion of Dementia Awareness Week in May.

Dementia Awareness Week 2018 focused on making sure nobody faces dementia alone.

Tilda was joined by some of our Dementia Champions (above) to promote what they are doing to help support our patients.

Did you know?

There's an App you can sign up for called 'Purple Alert' which will send you a message if there's someone in your area suffering from dementia and missing from home.



To commemorate the event, our Chief Executive Jill Young welcomed members of the Lancastria Association and the West Dunbartonshire Lieutenancy to the Lancastria Memorial in the grounds of the Golden Jubilee National Hospital to lay a poppy wreath and pay their respects to those who lost their lives in the tragic event.

Foundation lends backing to Pride Glasgow

Our Head of Strategy and Performance, Carole Anderson, addressed the crowd at the start of the Pride Glasgow March.

Carole, our Lead for Sexual Orientation, talked about her commitment to equality and inclusion as a lesbian and a trans ally.

She also urged people of all backgrounds to stand up for trans people and speak out against hateful language.

Joining Carole on the Pride bus was First Minister Nicola Sturgeon (pictured above) who was named honorary grand marshal for the event in recognition of her long-standing support for LGBTI equality.

Carole was one of only two community speakers who addressed the vast crowd in Kelvingrove Park.

Other speakers included MSPs Patrick Harvie, Pauline McNeill, Alex Cole-Hamilton, Jamie Green and trans rights campaigner Mridul Wadhwa.



Chair pledges her support to Pride



Susan Douglas-Scott, our Chair, spoke passionately about equality issues when she took part in our Pre-Pride learning event.

On the eve of the Pride Glasgow, Susan talked about what Pride means to her and underlined her commitment to equality issues.

Our staff also heard about the important work being carried out on behalf of LGBT Youth Scotland from Convenor Rob Cole, Development Officer Martin Innes and trans youth Kyle.

Flag raising ceremony to celebrate IDAHOBIT Day 2018

In May we raised our rainbow flag to support International Day against Homophobia, Biphobia and Transphobia (IDAHOBIT).

As the theme for 2018 is alliances for solidarity, the ceremony demonstrates our commitment to support equality and inclusion in the workplace.



Equality four in a row

The Golden Jubilee Foundation has been named as one of the top 100 employers in the UK for supporting Lesbian, Gay, Bisexual and Trans (LGBT) members of staff in the Stonewall Workplace Equality Index (WEI) – for the fourth year in a row and continue to be the only Scottish NHS Board in the top 100 list.

The WEI is a measurement of how an organisation is meeting the needs of LGBT staff, along with serving as an effective indication of how progress is being met against equality targets.

Our Foundation has faced rigorous competition from more than 430 organisations which took part in the WEI this year, having to meet a series of strict criteria, ranking 88th in the UK as a whole.

“We are once again proud to be recognised as one of the top employers in the UK who are dedicated to celebrating equality and diversity within our workforce.

“In 2017, we launched our updated Trans Inclusion policy to enable trans staff and service users to feel supported. We were also delighted to have a group from the Golden Jubilee march at Pride Glasgow for the first time and have developed our Golden Jubilee LGBT Allies to champion equality across the Foundation.”

Jill Young
Chief Executive

“The Golden Jubilee Foundation and all those who have made this year’s Top 100 Employers list have done a fantastic job. Taking part in our Index shows real commitment to understanding and advancing LGBT equality.”

Darren Towers
Executive Director, Stonewall

We have a very strong track record in equality and diversity. In addition to the WEI, our organisation is a past Icon Award winner, has achieved Investors in Young People, and is a Disability Confident Employer.

Learning and Organisational Development
2017/18 Annual Report

Golden Jubilee Foundation
Partners at the heart of progress

Coaching, Effectiveness, Teams, e-Learning, Reporting, Skills, Values, Further Education, Information, Mandatory Training

The Learning and Organisational Development annual report for 2017/18 is out now!

Download a copy at http://nwtc-web02/files/6315/3328/8010/Annual_Report_2017-18.pdf.

For more information, email L&ODinfo@gjnh.scot.nhs.uk

Countdown is on for the Golden Jubilee **Excellence Awards 2018**

Do you know someone who'd be a worthy recipient of our Excellence Award?

The Golden Jubilee Foundation Excellence Awards recognise those who go the extra mile to provide an excellent service for patients, colleagues and the public.

The Excellence Awards are an important part of our culture here and our staff value the recognition that this brings to the important work they are doing.

Nominations can be submitted until close of play on Wednesday 5 September 2018 by patients, staff and members of the public in 10 categories this year.

Excellence in quality customer care

recognising staff who have demonstrated a positive, compassionate attitude to patients and clients in everything they do.

Excellence in innovation

recognising staff or teams who have developed a local innovation or invention, which has contributed significantly to improved patient/customer services.

Excellence in involvement

recognising an individual or team who has involved patients, carers, customers or other service users to improve patient/customer services.

Excellence in our environment

recognising staff or teams who have significantly contributed to making our environment greener, safer or cleaner.

Excellence in quality services

recognising staff or teams who have demonstrated a commitment to quality care through delivery of an action or project that has provided a positive outcome for their patient, guests, partners or colleagues.

Excellence in volunteering

recognising staff or teams who, through volunteering, have gone 'above and beyond' in their contribution to the organisation.

Excellence in collaboration

recognising staff or teams who have been building relationships internally or externally for the benefit of patients/customers, while treating everyone with dignity and respect.

Excellence in demonstrating our values

recognising staff or teams who have embedded our values into their everyday practice.

Excellence in clinical teaching and/or service innovation

recognising the clinician or clinical team making a significant contribution to local teaching and/or service innovation. This award is sponsored by the Royal College of Physicians of Edinburgh as part of the Cullen Project.

Platinum award

recognising an individual or team who have made a significant contribution to NHSScotland. This is a one-off award in celebration of the 70th anniversary of the NHS.

Email your completed nomination form to Comms@gjnh.scot.nhs.uk

Our work supporting young people is recognised



Brian Campbell



Jade Jordan



Dougie Holmes



Shereen Sandhu



Finlay Anderson

During the Year of Young People we've made our mark by receiving recognition from West Dunbartonshire Council for our commitment to the Schools Employability Skills Programme.

We regularly meet with students from local schools and facilitate work experience across the hospital, research institute and hotel.

And this year, we are also focusing our efforts on introducing additional modern apprenticeships across our services.



Amy Brown



Ruth McCormick



Hannah Booth



AJ Weir

“It is vitally important that the NHS has a future workforce that is fit for purpose and we believe it is our responsibility to show the different opportunities, career pathways and varied roles the NHS can offer.

“We attend local career evenings for students, give guidance on completing application forms for work, as well as provide work experience and volunteer opportunities.

“As one of West Dunbartonshire’s biggest employers, and an organisation which will be expanding over the next three years, we feel it is our responsibility to support and develop young people.

“It is a great way to develop a more dynamic and productive workforce which can help tackle issues such as an ageing workforce, skills gaps, talent management and succession planning.”

Elaine Barr
Recruitment Manager

“West Dunbartonshire Council has built a strong partnership with the Golden Jubilee Foundation and the NHS where we are committed to working together to help our young residents develop their skills and gain real work experience through apprenticeships.

“This is providing positive outcomes for our young people who have gained excellent training, skills and employment.”

Councillor Karen Conaghan
Convenor of Educational Services



Celebration of our workforce during International Nurses' Day

International Nurses' Day is an annual event highlighting and celebrating the hard work all our nurses do.

And some of our team got together in the Conservatory for a picture as we launched our very own celebration of these truly remarkable people, while Diane Murray, Deputy Chief Nursing Officer, made a keynote speech ahead of the big day on Sunday 12 May.



Highlighting the role of an ODP



For patients who've ever had surgery at our hospital, the chances are an ODP would have cared for them.

But what is an ODP?

We decided to let everyone know about the role of the Operating Department Practitioner, during our ODP Day in May, by making a short video.

Operating Department Practitioners (ODPs) are a vital part of the multidisciplinary operating theatre team, providing a high standard of patient-focused care during anaesthesia, surgery and recovery, responding to patients' physical and psychological needs.

Watch the video we made here:

www.facebook.com/NHSGoldenJubilee/videos/1659628474120551/

Recognising hard work on Biomedical Science Day

In July we celebrated Biomedical Science Day to help recognise the hard work and achievements of our biomedical science staff.

The 19th of July is the birthday of Institute of Biomedical Science (IBMS) founder Albert Norman (1882 – 1964).

The IBMS has over 20,000 members in 30 different countries and is the leading professional body for biomedical scientists, support staff and students.

In the UK alone, healthcare laboratories are involved in over 70% of diagnoses in the NHS, handling over 150 million samples every year.

The theme for 2018 was **#Attheheartofhealthcare** to show how the work of the Biomedical Scientist produces the data on which doctors, consultants and surgeons base their diagnoses to plan treatment, from the newborn heel prick blood test to the monitoring and treatment of diseases and infections.



Watch the video we made here:

www.facebook.com/search/top/?q=golden%20jubilee%20national%20hospital%20Biomedical%20science%20day

Big day at the Palace for Volunteers

Our Volunteer Manager and some of our young volunteers enjoyed the VIP treatment at Holyrood Palace in Edinburgh.

Liz Rogers, who has been working at the hospital for 15 years, was invited to Her Majesty the Queen's Garden Party along with her husband Kenny.

Volunteers Craig Cameron, 17, and Bilal Ahmed, 20 (pictured above), were also invited along to celebrate Scotland's Year of Young People.



From left: Craig, Liz, Kenny and Bilal



Liz and Craig also managed to rub shoulders with First Minister Nicola Sturgeon at the event (pictured below).

.....
 “It was a wonderful experience and my husband Kenny managed to even shake hands with the Queen!

“Both Craig and Bilal loved the whole occasion and all in all, it was an absolutely fantastic afternoon.”

Liz Rogers
 Volunteer Manager

.....

Silver services as June reaches landmark in her career

Our Director of Operations, June Rogers, recently marked her 25th year working within the organisation.

June leads the Operational Management Teams and the Business Services Department, managing a range of operational and administrative services.

And, as well as her involvement in the creation of the hospital's Heart and Lung programme, she is also closely involved with the continuous expansions of orthopaedic surgery and ophthalmology.



June (right) was surprised with a special celebration cake – made by Conference Hotel chef Iain Ramsay. She is pictured with our Chief Executive Jill Young (centre) and Chair Susan Douglas-Scott (left)



New Director of Quality, Innovation and People

Gareth Adkins recently joined the Golden Jubilee Foundation as our new Director of Quality, Innovation and People.

Gareth joins us from Healthcare Improvement Scotland, where he is Head of Improvement Support. He has recently completed the Health Foundation's Generation Q Fellowship and is looking forward to using what he has learned about leading quality improvement in this new role with the Golden Jubilee.



New Chief Pharmacist

Yvonne Semple recently joined the Golden Jubilee as Chief Pharmacist.

Yvonne joins us from NHS Greater Glasgow & Clyde, where she was Lead Pharmacist.



Employee Director Re-appointed

Jane Christie-Flight has been re-selected for another term as Employee Director by the Golden Jubilee Staff Side Committee.

Jane has now been formally re-appointed by the Cabinet Secretary for Health and Wellbeing.



Focus on the future for new General Manager

Earlier this year we welcomed Zico Iqbal as General Manager of the Golden Jubilee Conference Hotel.

As well as running the day to day operations, Zico is part of the team implementing the hotel's 2020 strategy to become an international venue focusing on healthcare and medical markets.



Nurse appointed lead for cardiac clinical network

Congratulations to Maggie Simpson, Senior Nurse Specialist with the Scottish Adult Congenital Cardiac Service (SACCS), who has been appointed as lead clinician for the Scottish Obstetric Cardiac Network.

The Network will facilitate improvements in the care of women who either have a pre-existing cardiac condition before pregnancy or go on to develop cardiac conditions during pregnancy.

Lifetime achievement award for Prof Oldroyd

Professor Keith Oldroyd, one of the UK’s leading Consultant Interventional Cardiologists, was presented with the British Cardiovascular Intervention Society (BCIS) Lifetime Achievement Career Award for his contribution to the field.

Keith has been based at the Golden Jubilee National Hospital since heart and lung services transferred here 10 years ago.

Qualified in medicine from the University of Aberdeen in 1982, Keith currently leads on Cardiovascular research for NHSScotland.

His own research interests include the clinical and experimental assessment of novel drug eluting stents and the use of invasive physiological indices of stenosis severity to guide decision making in the cath lab.

He has been a Principal Investigator in several international trials including FAME, FAME 2, PRAMI and LEADERS FREE, all of which have been published in the New England Journal of Medicine.

Currently he is the UK Principal Investigator for several studies including two trials of stem cell therapy in acute myocardial infarction.

Keith also holds a personal chair within the Institute of Cardiovascular and Medical Sciences, University of Glasgow.



“Professor Keith Oldroyd has made a significant international contribution to interventional cardiology; leading many trials that have led to huge improvements in patient treatment and outcomes, as well training future generations of interventional cardiologists.

“It is due to his commitment to undertake best practice bench-to-bedside research, education and training, and clinical practice that best highlights why this award is so well deserved.”

Jill Young, Chief Executive

Best wishes and thanks

for Stewart

Stewart Mackinnon has stepped down from the Golden Jubilee Foundation Board after more than six years.

Stewart joined the Board as a Non Executive Director in October 2011, taking up the role of Interim Chair in March 2016.

During Stewart’s time as Interim Chair, the Golden Jubilee Foundation has achieved the Gold Employer Recognition Scheme from the Ministry of Defence for our support of the Armed Forces, was named in the Stonewall Workplace Equality Index Top 100 Employers Award for the fourth year in a row, achieved Investor in Young People Gold accreditation and became a Disability Confident Employer and Leader.

“Stewart brought a diverse range of skills and experience to the Golden Jubilee and his departure will be felt across the organisation.

“As Interim Chair and a Trustee of our charity, Stewart has upheld our vision of leading quality, research and innovation, contributed greatly to our expansion programme and introduced an Enterprise Risk Management approach.

“On behalf of the entire Board, I would like to thank Stewart for his dedication and leadership and wish him every success in the next chapter of his career.”

Jill Young, Chief Executive





Fond farewell to Helen

Helen Byrne, one of our Senior Charge Nurses in ICU 2, retired at the end of August 2018.

Helen has a healthcare career spanning 36 years, 19 of which have been here at the Golden Jubilee.

Having started her working career in children's nursing at the then Yorkhill children's hospital, Helen completed her general nursing training before working at the Royal Alexandra Hospital in Paisley.

She has worked in our Intensive Care Unit since coming to work here in 1999.

After hanging up her uniform for the last time she plans to learn sign language and hopes to volunteer for St Vincent's Hospice.

.....
“I came here with a general nursing background but I've had lots of learning opportunities and the chance to do different things.

“It's been great working here but now is the right time to leave; it will be very emotional and I'll miss the people I work with.”

Helen Byrne, Senior Charge Nurse
.....

Retiral celebration for Tricia

A special luncheon was held to honour Radiology Services Manager, Patricia – known as Tricia – McKay, on her retirement.

Tricia has worked at the Golden Jubilee since 1994 and her leadership has helped thousands of patients up and down the country.

Colleagues described Tricia as “loyal and caring” as well as the ‘Go To’ person when it comes to organising charity events.

Tricia plans to spend more time at one of her favourite places, the Isle of Arran, as well as playing golf – and taking her West Highland Terrier, Tess, on plenty of walks.



Staff say goodbye to John

Staff said a fond farewell to John McLaughlin who has retired after nearly 10 years of service.

When John first arrived he was a theatre porter before moving into assisting in the Post Anaesthetic Care Unit (PACU).

John has no shortage of things to keep him occupied: holidays, golf, gardening and spending time with his grandchildren.

“It’s been a great experience, the staff are amazing and if I was ever coming to hospital, I’d come into this one.

“I know just about every inch of the Golden Jubilee.

“You get to meet all sorts of people and learn all sorts of new things every other day. It’s been really good.

“Every day has been great and I’ve enjoyed the company.”

John McLaughlin



End of an era for Judy

Members of staff said a fond farewell to Post-Anaesthetic Care Unit Staff Nurse Judy Garrity after nearly 10 years of service.

Judy has plenty of activities to keep herself occupied now that she is hanging up her scrubs.

She plans to enrol in a Silversmithing and Gemmology course and she’s going into the antique jewellery business with one of her friends.





Staff raise the roof during Big NHS Sing-a-Long...and Nurse Lily steals the show

Golden Jubilee Foundation staff raised the roof as they joined forces with colleagues throughout the UK for ITV's NHS Big Sing A Long live broadcast.

Staff packed into the hotel auditorium on 4 July as part of a TV celebration of the 70th Anniversary of the NHS, where they joined a live-link to sing a rendition of The Beatles classic 'With a Little Help from My Friends.'

Sara Cox and Ashley Banjo hosted the programme, featuring former Spandau Ballet frontman Tony Hadley, ex-JLS singer Aston Merrygold, Coronation Street actress Kym Marsh and a host of other celebrities.

But our star of the night was our very own Lily Hendry, one of our much loved Theatre Scrub Nurses.



Lily, 79, stole the show in a pre-recorded TV segment; dancing with Aston Merrygold.

Jeane Freeman, Scotland's new Cabinet Secretary for Health and Wellbeing and former Chair of the Golden Jubilee Foundation Board, popped along to meet staff and cut the 70th Anniversary cake.

Despite the best efforts of everyone involved, the assembled groups up and down the country just missed out on securing the Guinness World Record for the largest mass-singing participation.

However, the real winners on the evening were the staff in the NHS who showcased their incredible skills by way of promoting their extraordinary stories.



“We had an amazing night as Scotland’s sole representatives in the Big NHS Sing A Long.

“We were also grateful to our Cabinet Secretary for Health, Jeane Freeman, for coming along to support us in this historic and monumental event.

“As an organisation dedicated to quality, research and innovation, it is important we promote the exceptional work carried out by our dedicated and highly skilled members of staff – the NHS Big Sing A Long, certainly delivered it.



“However, not only was it the 70th Anniversary of the NHS but we’ve been marking another very special milestone too, as we celebrate 10 years of delivering Heart and Lung Services, here at the Golden Jubilee Hospital.

“We’d like to thank everyone who made the effort to come along - we truly had a wonderful evening.”

Jill Young
Chief Executive



“I’d like to thank everyone involved in what turned out to be a fantastic evening - celebrating the wonderful staff we have working in the NHS and providing brilliant services to our patients and their families.

“To have national TV exposure of our staff and services was too good an opportunity to miss and what a brilliant platform from which to thank those who deliver services each and every day.”

Susan Douglas-Scott
Chair



Birgit's getting on her bike for breast cancer



Birgit Clark, Project Lead, is preparing for a tough charity fundraising challenge next month.

Between 6 and 8 September, Birgit will cycle 240 miles from London to Paris to raise money for women's cancer charities.

Birgit recently boosted her fundraising target with a delicious bake sale in the Conservatory.

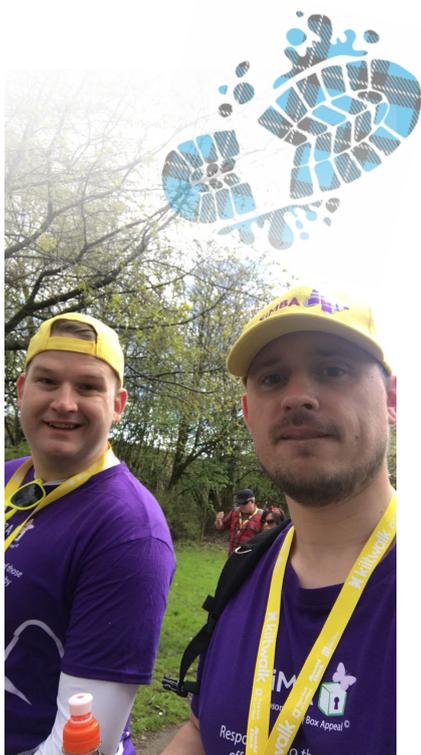
Birgit would like to thank everyone who bought either cakes, or purchased Tombola tickets, helping raise £600.

Birgit would especially like to thank her helpers who were Jen Gilchrist, Irene Crawford, Loraine Lester, Carol Hampson and Laura Morrison.

Liz Rogers, our Volunteer Manager, won the raffle prize of Afternoon Tea for Two at the Golden Jubilee Conference Hotel.

If you want to help Birgit reach her fundraising target you can find out more at: www.justgiving.com/fundraising/birgitclark-janicedoran

Jubilee Kiltwalkers hit the road



Michael Gourlay and Glyn Roberts from Hotel Reception raised £1,540 for SIMBA, the Simpsons Memory Box Appeal, by taking part in this year's Kiltwalk.

SIMBA supports families who have lost a baby by providing memory boxes.

They are also setting up family rooms in maternity units within major hospitals which give the families the opportunity to spend further precious time with, and prepare to say goodbye to their baby in peaceful and private accommodation.

Michael and Glyn completed the 23-mile stretch from Glasgow Green to Balloch in a little over six hours to help raise the cash for SIMBA.



Nursing colleagues Annette Asher, Lisa Davey and Matthew Starr geared up for the 15-mile 'Big Stroll' as part of the annual Kiltwalk.

Their team, which also included Lisa's friend Evelyn, raised £534 for Breast Cancer Care and Lymphoma Action.

Cycle heroes climbed a mountain for charity

Surgical cycling duo Jason Roberts and David Griffiths embarked on a challenge of truly epic proportions when they took part in a charity fundraiser.

Consultant Orthopaedic Surgeon Jason (pictured top) and Clinical Research Fellow David took on the Everest Challenge, cycling up and down Tenerife's Mount Teide – the equivalent of scaling Mount Everest.

Challenging conditions saw them cycle in temperatures of between minus 2 and 26 degrees as they raised over £1000 for Project GO.

The charity was set up by colleagues Kirsty and Nick Ohly, whose sons George and Owen have Muscular Dystrophy. Both Jason and David are cycling team members of Bio Racer Project Go.



“I have raced for seven years but this was about slogging away for 12 to 13 hours; it was no mean feat. We had a few stops and a few mishaps along the way, but it was an incredible sense of achievement to complete such a tough challenge. In fact, at the end of it and I was in tears because I was so exhausted!”

David Griffiths



Labs team raise some dough

Our Biomedical Scientists served up a tasty fundraiser for 'Stand Up to Cancer' by hosting a Bake Sale and raising an impressive £911.30.

The team would like to thank everyone who bought cakes and raffle tickets and a host of businesses for their kind donations to their raffle.



Pictured left to right: Jill Campbell, Lindsey McGuire, Gordon Rankin, Megan Girvan and Fiona Holland

Celebrate our NHS at the Golden Jubilee Foundation Gala Day

To celebrate the 70th Anniversary of the NHS and mark 10 years of providing Heart and Lung Services at the Golden Jubilee National Hospital, the Golden Jubilee Foundation is gearing up for one of its biggest events of the year.

We are holding a Gala Day on Sunday 2 September in the grounds of the Golden Jubilee Conference Hotel from 1pm to 5pm and are hoping the local and wider community will get involved in this fun event.

A variety of attractions and activities to keep the family entertained is planned, kicking off with a parade involving local groups and NHS teams celebrating 70 Years of Healthcare.

Games and challenges; sports; children's activities; bouncy castles and fairground rides, live entertainment and music; cake and jam competitions are all on offer – not forgetting the Jubilee Gaming Zone.

As for food there will be something for everybody's taste buds from traditional barbeque to yummy street food. On top of that we have lots of opportunities to win prizes from the raffle, quiz and tombola as well as the special Gold Star Prize Draw with tickets only available on the day. Some amazing prizes have been donated by our partners and supporters including trips to Alton Towers and several weekends away!

Local produce and handicraft stalls will be participating and tasty treats will be available to purchase. With lots of community stalls providing information and activities, a fantastic day out is guaranteed, whatever the weather.

Entry is free for all, but charges will apply to some of the activities.

“The Gala Day is the perfect setting for everyone to get together and have fun and there is such a wide range of activities that there really will be something for everyone.

“We are determined to say a huge thank you to our patients and their families, our staff, and local friends and supporters.”

Anne Marie Cavanagh, Nurse Director

“The Gala Day officially kicks off at 1pm and we're confident it's going to be a fantastic day out for all the family.

“Let's hope the weather plays its part too! But if it doesn't we have a wet day plan and can move most of the activity inside. Rain or shine the Gala day will be a great way to spend a Sunday afternoon.”

Bronagh Bell, Director, Golden Jubilee Conference Hotel

Our MC for the event is 'The Greatest Showman,' who'll be keeping everybody up to date throughout the afternoon and introducing the live acts including special guest Princess Belle.

The aim of this fun-packed day is to say thank you to the local community and also to our Golden Jubilee staff for their hard work and dedication to caring for the people of Scotland.





Jubilee's Got Talent

Fun and a night to remember are guaranteed when staff strut their stuff next month at Jubilee's Got Talent.

The event takes place on Friday, 28 September in the Arcoona room, within in the Golden Jubilee Conference Hotel.

We already have several confirmed acts – including one from some Executives that you won't want to miss!

Tickets are **£10** each (cash only) and includes your entertainment, a sparkling drink on arrival and a hearty buffet, as well as a red carpet/paparazzi entrance!

The event will be held in Arcoona on Friday 28 September from 7pm-1am, with a dress code of '**Dress to Impress**'.

Further announcements and updates to follow. We look forward to hearing from you all.

Those who wish to attend are being asked to fill out a registration form – prior to buying your ticket – at the following link:
<http://jubileestaffnet/index.php/staff-play/staff-benefits/>

All you have to then do is bring the registration form along when you buy your ticket. The idea is to save you time when you purchase your ticket and for organisers to arrange a table plan.

For more information, contact Kirsty Harkness on extension 4367.

Tell us what you think

We are testing out designs for your staff magazine, Jubilee Life. Please take a few minutes to tell us what you think.



1. Did you find the magazine interesting?

1 = very, 2 = quite, 3 = average, 4 = not very, 5 = not at all



2. Did you find the magazine easy to read?

1 = very, 2 = fairly, 3 = average, 4 = not very, 5 = not at all



3. Where did you access the magazine?

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4. How do you think we could improve the magazine?

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5. Any other comments?

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6. If you would like a response to your comments, please provide your contact details below.

Name: Extension number:

Email:

Please send your comments to the Communications Team by emailing comms@gjnh.scot.nhs.uk

[Golden Jubilee Foundation, Golden Jubilee Foundation, Beardmore Street, Clydebank, G81 4HX](#)

