

# Jubilee Life

Issue 6 Summer 2017

## An eye to the future

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## What matters to you?

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## Award success for Hotel

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## One hospital, 15 years, 600,000 procedures



Some of the staff who have worked at the Golden Jubilee for more than 15 years

We recently celebrated our 15<sup>th</sup> anniversary with the announcement that we have performed over 600,000 procedures for Scottish patients.

Since becoming part of the NHS in 2002, we have helped Scottish NHS Boards reduce waiting times for both surgical and diagnostic imaging procedures.

In the past 15 years, we have grown and evolved into the home of regional and national heart and lung services, a world renowned orthopaedic centre, and a major provider for cataract surgery.

We are also recognised internationally as a champion of healthcare innovation.

### Safe, effective and person centred care

Over the past 15 years, we have become:

- a major diagnostic imaging centre, carrying out 375,000 examinations;
- one of the UK's largest heart and lung centres, carrying out more than 100,000 cardiology, heart surgery and lung surgery procedures;
- one of Europe's largest elective orthopaedic centres, carrying out approximately 25% of Scotland's hip and knee replacements, 40,000 procedures; and
- Scotland's largest provider of cataract surgery, carrying out approximately 12% of Scotland's eye operations, 35,000 procedures.

*continued on page 2*

## Research in Motion

It was a huge honour to have the Minister for Public Health and Sport, Aileen Campbell MSP, visitor our state of the art Motion Analysis Laboratory (MAL).

Following a tour of the hospital, the Minister became one of the first people to use the new research facility, and was taken through the MAL patient experience, having her movement recorded.

Using advanced 3D technology with infrared digital cameras and force plates in the floor, the Motion Lab generates detailed virtual mechanical models of a patient, providing dramatically improved measurement and analysis.

Straight out of Hollywood, the system uses the same motion capture technology as Star Wars and Lord of the Rings.

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Please send items for the Autumn issue by Friday 11 August 2017.

Download a copy from [nhsgoldenjubilee.co.uk/publications/staff-publications/staff-magazines-2017/](http://nhsgoldenjubilee.co.uk/publications/staff-publications/staff-magazines-2017/)

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**Golden Jubilee  
Foundation**  
Patients at the heart of progress

## Road Closure - Clydeside Expressway

The A814 Clydeside Expressway eastbound link road from Victoria Park Drive South to A739 Clyde Tunnel southbound remains closed for resurfacing works.

The work is expected to be completed by mid-August.

Staff are reminded to plan ahead and use alternative routes.

**i** For more information visit: <https://trafficscotland.org>

## Infection Control: Hand Hygiene

Our Prevention and Control of Infection team have reported an increase in clinical staff wearing watches, Fitbits and jewellery.

Could all relevant staff please note that within a clinical environment you must be bare below the elbow, in line with National Guidance and our Hand Hygiene Policy.

**i** Full details of our Hand Hygiene Policy can be found on Q-Pulse.

continued from front page

## 15th anniversary



Special 15<sup>th</sup> Anniversary cakes were distributed to staff throughout the hospital and hotel

### Bench to bedside

Our research programme has gone from strength to strength, completing 150 trials, improving treatment for patients across Scotland and beyond.

Specialist researchers have collaborated with academic and industry partners to:

- Carry out pioneering stem cell therapy for patients having a STEMI heart attack;
- Lead several national and international interventional cardiology research projects;
- Publish research which revealed that Computer Assisted Hip Arthroplasty could increase accuracy of the surgery by over 20%, from 70% to over 90%;
- Participate in the UK's first gene therapy trials for heart failure patients, called CUPID2 and SERCA2a, taking place in only two hospitals; and
- Play a major role in the 'PRAMI trial', finding evidence to suggest that preventative angioplasty following a heart attack has the potential to save the lives of thousands of patients every year; and
- Lead the T-TIME study to assess a new treatment that is intended to restore blood flow to the small vessels in the heart.



Ward 2 East staff holding one of the cakes

### Driving innovation on behalf of NHSScotland

We have a proven track record in innovation, playing a pivotal role in Scotland becoming a recognised leader in healthcare revolution through:

- The Caledonian Technique – a multidisciplinary team approach which mobilises the patient on the day of surgery and reduces the length of stay. Originally introduced for our orthopaedic patients, this is now being rolled out all across all orthopaedic services in NHSScotland and to other specialities in our Hospital.
- Performing the first Transcatheter Pulmonary Valve Replacement in Scotland. Allowing this specific valve to be replaced via a vein in the leg, this procedure avoids the need for open heart surgery for patients who have specific congenital heart problems.
- Devising and launching 3D training, which allows orthopaedic medical students, trainee doctors and clinicians to practice surgical and regional anaesthesia techniques on 3D models and animations.
- Leading the way in the use of 'quality dashboards' to integrate indicators on patient care, workforce and key performance targets. The digital dashboard provides quality assurance on an organisational basis.
- Developing the Medical Devices Alpha Test (MDaT®) process which enables individuals, commercial device companies and academic organisations to submit a healthcare related device for review by clinical experts.
- Leading an ambitious new national health and social care innovation fund, which aims to raise funds to develop original and pioneering treatments for Scotland's patients.



## Increasing capacity to meet the needs of Scotland's patients

From treating 3,000 patients in our first year, to more than 47,000 last year, we are continuing to expand to meet the capacity needs of NHSScotland.

By 2021, we will have completed our expansion to deliver increased capacity for 'in demand' radiology, orthopaedics, ophthalmology and other surgical services.

Our Chief Executive, Jill Young, commented: "As a national resource for NHSScotland, we are proud of how far we have come in the past 15 years.

"Our dedicated specialists have led the way in new and innovative techniques, making a difference to thousands of patients and families across Scotland.

"And we are continuing to receive more referrals than ever before from patients who wish to access our high quality, person centred services.

"We are working closely with our colleagues in NHS Boards and the Scottish Government on our elective expansion programme, which will ensure we can treat even more patients over the next 15 years and beyond."

**i** A special bulletin celebrating our accomplishments during this time will be distributed in the coming weeks. Keep your eyes peeled to get your hands on your copy.



The reception team show off one of the cakes



There was plenty to go round



A perfect tea time treat!



Patients also received special anniversary cupcakes



## New website to support vocational learning

### Looking to boost your career prospects?

A new website for vocational learning and qualifications is making it easier than ever for NHS support staff in Scotland to develop their skills and take the next step in their careers.

The NHSScotland SQA Qualifications Finder has been developed jointly by NHS Education for Scotland (NES) and the Scottish Qualifications Authority (SQA).

The site is updated regularly and has details of qualifications, from SCQF level three to SCQF level 11, which are organised by job family – from Business and Administration to Pharmacy Services.

After clicking on a qualification, users are taken to the SQA subject homepage for that qualification. The subject homepage provides comprehensive information about the qualification including course content structure and content.

**i** For more information visit [www.sqa.org.uk/nhs](http://www.sqa.org.uk/nhs).

## Radiology Booking Office contacts

We recently introduced a Radiology Booking office single appointment line which is now live.

Patients are provided with a dedicated telephone number to call for all Radiology appointments: 0141 951 5264.

All internal calls to the Radiology Booking Office should go through extension 5264.

If you need to contact the Radiology Booking Office urgently, please Lync message or email the relevant member of staff.

**i** For more information contact Lynn Scott on extension 5133.

## Chair blog: looking to the future

This month in his latest blog, our Interim Chair Stewart McKinnon, took the opportunity to talk about some of the incredible achievements we have been part of over the last 15 years.

**i** For more information <http://www.nhsgoldenjubilee.co.uk/news/chair-blog/chair-blog/>

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## Research in motion

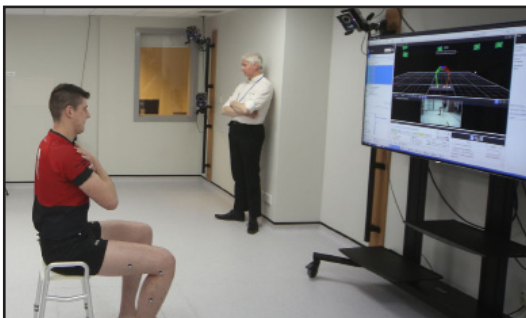
It allows our team to see exactly where load is impacting on our orthopaedic patient's joints and the effect this is having on their ability to move or walk.

Our Research and Development Manager, Catherine Sinclair said: "This is a major shift in how we are able to assess our patients. It opens an amazing world of opportunity in orthopaedic research. It means we can more accurately diagnose issues in motion or 'gait' which are limiting patients' quality of life, and study the effects of tailoring rehabilitation and therapies to combat this.

"The first step in allowing us to do this is the launch of our ambitious Healthy Volunteers Study. This aims to build a comprehensive database of typical, 'healthy', walking and movement patterns from members of the public. This is a hugely important piece of work which will allow us to compare patients' progress after surgery to the database of healthy volunteers. The data from the MAL will allow us to compare the effectiveness of different implants and procedures, and find new ways to treat not only our patients, but individuals from across Scotland and beyond."

We have a proven track record in orthopaedic quality, research and innovation. Our team currently carries out over 25% of all hip and knee replacements in Scotland and specialises in complex joint surgery. We were the first hospital in Scotland to use computer aided surgery to improve accuracy and outcomes in patients, and pioneered the enhanced recovery after surgery programme, which gets patients up and mobile within hours of joint replacement.

Minister for Public Health and Sport, Aileen Campbell said: "This is an exciting project and I'm delighted to be the first 'healthy



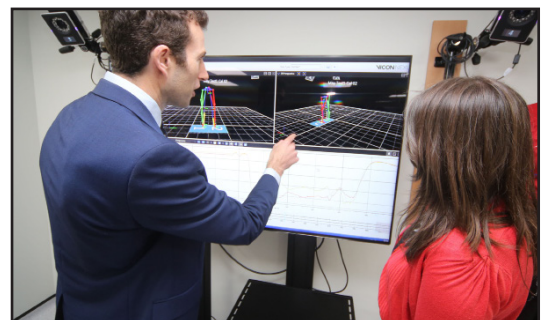
*Local Rugby Captain, Ali Smart gets tested*

volunteer' to take part. I look forward to seeing what it will mean for orthopaedic research and the difference it could make to the quality of life of patients, both at the Golden Jubilee and further afield, experiencing a range of issues. The team here is renowned for its pioneering work in orthopaedics and it was a real pleasure to meet them and learn more about what they do."

Our Chief Executive, Jill Young, added: "We are very excited about the possibilities of the MAL and the Healthy Volunteers Study. This will give us tangible, measurable, improvements to the standard of care we are able to offer people from all across Scotland.

"While our main focus will be the improvement within orthopaedics, the benefits of this database and technology have the potential to be applied to a wide variety of areas, from performance improvements within sport and injury prevention, to spinal injuries, strokes, neuromuscular problems, prosthetic limbs and cerebral palsy."

We need everyone possible to take part in our Healthy Volunteers Study. If you are able to walk without pain, we want to hear from you! You could help make a real difference to the way we treat patients for years to come.



*The Minister receives a demonstration on MAL*

**i** For more information, or to take part, contact: Hollie Leonard, Motion Analysis Lab Coordinator on 0141 951 5533 or email [hollie.leonard@gjnh.scot.nhs.uk](mailto:hollie.leonard@gjnh.scot.nhs.uk)



# Conferences are always greener at the Jubilee



For the sixth year running, our Hotel has received the Green Tourism Business Scheme Gold Accreditation for their commitment to sustainability.

The Gold level in the Green Tourism programme recognises those venues that demonstrate the highest standards of sustainability, have a strong ethos and excellent practices throughout, and outstanding and inspirational approach.

Holding the accreditation since 2011, and undergoing rigorous assessment every two years, the Hotel was marked as 'excellent' or 'outstanding' in Management, Social Responsibility, Equality, Nature, Culture, and Innovation.

Discussing the accreditation, General Manager, Gary Rice said: "In line with the Scottish Government's objective to help tackle the global issue of climate change and create a greener Scotland, we are delighted to have once again received the Gold Accreditation from Green Tourism.

"In recent years we have made some fantastic strides in our Green Agenda, continually looking for new ways to improve what we offer, whether this is in finding new ways to add in extra features to our Green Conference Package. The installation of

our electric car charging points or working rigorously to ensure where possible our restaurant produce is locally sourced and Fairtrade, all whilst we continue offering the best customer experience possible."

Our Hotel has an amazing track record in delivering sustainable practices, being shortlisted for the Sustainable Development and Green Champion categories in the 2016 Glasgow Business Awards, along with the Visit Scotland Taste Our Best Award two years in a row for offering high quality, local, fresh food and ingredients.

The dedicated Green Team is represented by every department in the Hotel and there are department champions to support with unique and innovative ways to improve the eco-friendly status, encouraging guests to reduce, reuse and recycle.

Gary Rice added: "Our team are very dedicated all year round and I am extremely proud of their commitment and dedication which has made the Gold Accreditation possible. We know as we continue to welcome more events and conferences that this presents new challenges and opportunities to enhance our Green Agenda, and we will continue to strive to lead on quality and innovation to offer a greener, cleaner, experience for all of our customers."



For more information on the Hotel's Green Agenda go to:  
[www.goldenjubileehotel.com/hotel/info/social-responsibility/green-agenda/](http://www.goldenjubileehotel.com/hotel/info/social-responsibility/green-agenda/)

## Website upgrade for NHS inform



Scotland's health and care information service, NHS inform, has a revamped website.

The site has been refreshed and you can now save all the information that's relevant to you in one place using the 'Info for Me' function.

Easier, quicker and personal – NHS inform makes your health information personal.



If you or someone you care for, has a long-term health condition why not visit [www.nhsinform.scot](http://www.nhsinform.scot)

## Accessible parking at the Hotel

Alternative accessible bays have been identified and lined within the hotel car park adjacent to the existing accessible parking bays. These are to replace the spaces which are being used for the temporary theatre buildings and the MRI scanner.



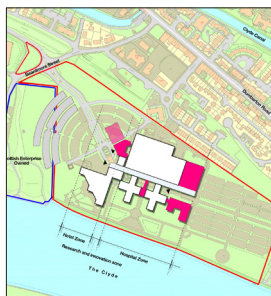
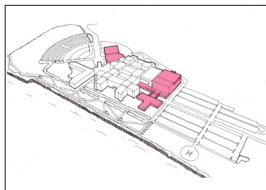
For more information contact Gary Rice on extension 6005.

## Expansion Update

The planned expansion of our facilities as part of the Scottish Government Elective Centres Programme for 'in demand' specialities recently took a major step forward.

The masterplan for our site was recently approved by our Board. This provides details of the key areas that could be expanded as part of this project.

In particular, this will focus on radiology, orthopaedics, ophthalmology, general surgery and other services.



For more information and details on the proposed expansion, you can read the bulletin at [nwtc-web02/files/2614/9822/8842/expansion\\_nhs\\_event\\_2017.pdf](#) or contact Claire MacArthur on extension 5017 or email [claire.macarthur@gjnh.scot.nhs.uk](mailto:claire.macarthur@gjnh.scot.nhs.uk)

# An eye to the future

We recently welcomed Cabinet Secretary for Health and Sport, Shona Robison, to view our redesigned ophthalmology service, including a first-hand demonstration of our pilot telehealth outpatient clinic.

Telehealth is a collaboration with our colleagues at NHS Fife, and sees patients attend their local hospital for a high tech consultation by secure video link, reducing their travel time and speeding up access to treatment.

As part of the pilot, patients would have a pre-assessment with Fife's nursing and ophthalmic staff before having a live video consultation with a Consultant in Clydebank.

Our ophthalmology service has continually evolved over the past several years, recently introducing Optometrist and Nurse led clinics, freeing up Consultant time and allowing us to treat over 1,000 extra patients, approximately, every year through redesign alone.

Discussing the pilot, our Medical Director, Dr Mike Higgins, said: "We are very excited about the potential of this collaboration with NHS Fife. By taking advantage of new technology, patients who are referred to the Golden Jubilee only need to make one trip to have their procedure, dramatically reducing the amount of travel required."

The initial stage of the pilot was carried out earlier in the year, with a second phase being rolled out in the coming months.

Ophthalmology Senior Charge Nurse from NHS Fife, Ruth Robertson, said: "We began piloting this initiative with 29 patients in November last year and it largely came about through our close connection with Dr Kearns, who worked at NHS Fife for a number of years before moving to the Golden Jubilee.

"By using telehealth outpatient clinics, our patients were not only seen three weeks earlier than they would usually wait, but they also saved time and money that they would have spent travelling to and from Clydebank on two separate occasions. Going forward



*The Cabinet Secretary spent time chatting to patients and learned about our service*



we will see an extra 28 patients per month using this model".

"The feedback we have received has been really positive and you can already see where there would be enormous benefits to patients in more remote areas of Scotland."

Discussing her tour of the Hospital and the demonstration, Health Secretary, Shona Robison, said: "This new telehealth pilot will reduce waiting times by allowing patients to be seen by a specialist without having to leave their own board area. This is a good example of the kind of innovation that is taking place across Scotland's health service.

We are investing in a series of new elective centres across the country, based on the excellent model established here at the Golden Jubilee. The Jubilee will also be expanded, and I was pleased to get an update of that work this morning."

Mike added: "This is just one of the many ways we are working with colleagues from all across the country, and taking advantage of new technologies to make sure we are working on our Board Vision to lead quality, research and innovation for Scotland.

Going forward we are hopeful that this new approach will allow this process to be put in place with more organisations, helping improve access to care for more people than ever before."



For more information, visit: [www.nhsgoldenjubilee.co.uk/news/2017-press-releases/](http://www.nhsgoldenjubilee.co.uk/news/2017-press-releases/)



# Seven in a row

Our Conference Hotel has once again been praised for delivering outstanding customer care, receiving the TripAdvisor Certificate of Excellence for the seventh year in a row.

TripAdvisor, the world's largest travel website, collates information gathered from more than 150 million reviews of consumers from around the world, awarding the Certificate of Excellence to venues that have consistently received at least four out of five in recent reviews.

Commenting on the award, General Manager of the Hotel, Gary Rice, said: "I am thrilled that we have once again received the Certificate of Excellence from TripAdvisor, making us one of the only venues to have been awarded the certificate every year since the scheme launched.

"Our team work continuously to make sure that, whether you are a guest, delegate or event organiser, we are providing you with a unique experience and that you leave us having had the best experience possible."

The award continues a very successful 2017 for the Golden Jubilee, recently winning the Success through Sustainability Award at the Working4Business awards, as well as being named the Best Conference Hotel in the Small Business Awards.



Gary added: "Work is continuing on our bedroom project to upgrade our facilities and create the perfect sleep experience for the modern customer, as well as offering free access to our gym, fitness classes, sauna and steam room for anyone staying in the hotel.

"Whether you are coming to the Golden Jubilee for business, an event or just an overnight stay, we have our customer at the heart of everything we do, and we look forward to welcoming more people than ever before to our Conference Hotel throughout 2017."

## Do you know a healing hero?

The Scottish Health Awards are the most prestigious and recognised awards for professionals across NHSScotland and its partners.

Run by the Daily Record in partnership with NHSScotland and the Scottish Government, the Awards are now well established in the Scottish calendar and recognise those that go that extra mile to improve the health and wellbeing of the people of Scotland.

NHSScotland is committed to providing sustainable high quality health services. Increasingly, health and social care services will be delivered in an integrated way focussing on prevention, anticipation and supported self-management.



The Scottish Health Awards recognise the extraordinary work of the people on the frontline of healthcare provided by NHSScotland and its partners.

To find out more about the 17 award categories visit: [www.scottishhealthawards.com/](http://www.scottishhealthawards.com/)

Nominations close on Thursday 31 August 2017 at 5pm.



If you know someone who deserves to be nominated as a healing hero, email the Communications Department at: [comms@gjnh.scot.nhs.uk](mailto:comms@gjnh.scot.nhs.uk)

## Media Policy

Our Media Policy exists to protect the reputation of the organisation and to provide guidance within which staff can operate safely.

The policy applies to all of our employees, including the Chair of the Board and Non Executive Directors, and service user/patient/carer representatives engaged on official business on behalf of the Board.

Staff are required to comply with these at all times.

The Media Policy supports a culture of openness and ensures that the reputation of the Board is protected, and if possible, enhanced, and that the chances of misrepresentation by the media are reduced. It applies to all media contacts.

All media contact must be made via the Communications Department.



For more information or guidance on any of these policies, please contact:

Christine McGuinness, Communications Manager, on extension 5195 or email [Christine.McGuinness@gjnh.scot.nhs.uk](mailto:Christine.McGuinness@gjnh.scot.nhs.uk)  
Sandie Scott, Head of Corporate Affairs, on extension 5073 or email [Sandie.Scott@gjnh.scot.nhs.uk](mailto:Sandie.Scott@gjnh.scot.nhs.uk)

## Support for whistleblowers

Staff in Scotland's health service will continue to benefit from external support should they have any concerns about patient safety or malpractice.

From 1 August, the NHS Scotland Confidential Alert Line will be expanded to become the Whistleblowing Alert and Advice Services for NHS Scotland (AALS).

The service will offer support from legally trained advisers and will help callers consider their options if they are unsure about how or whether to whistleblow, as well as passing concerns raised by staff, with their consent, to the appropriate Health Board or scrutiny body for further investigation.

Health Secretary Shona Robson said: "Whistleblowing Alert and Advice Services complement a range of policies to support a culture where speaking up in our NHS is encouraged and welcomed.

"Patient safety is paramount and I want to ensure this service continues to build confidence and trust, with an increased focus on resources and support for staff and managers."



For more information go to:

<https://news.gov.scot/news/support-for-whistleblowers>

# Benefit to Cardiology Patients with UK first

We marked yet another UK 'first' when our cardiologists used groundbreaking technology on a patient undergoing Percutaneous Coronary Intervention (PCI) for narrowed heart arteries.

Two of our Consultant Cardiologists, Stuart Watkins and Keith Oldroyd showcased one of their first ever cases using PCI Assist – carried out in March this year – at the recent world-leading EuroPCR Congress in Interventional Cardiovascular Medicine.

A live recording of the case was presented at the event, which was attended by more than 12,000 peers from across the globe. Stuart and Keith explained how they are using the revolutionary PCI Assist technology to improve outcomes for high risk patients.

PCI involves placing a balloon inside a blocked artery and inflating it, a stent – a tiny mesh tube – is put in place to hold the artery open, restoring blood flow to the heart. As home to the busiest cardiac catheterisation laboratory in the UK, we carry out approximately 2,700 PCI procedures a year.

The PCI Assist system can be used in any and every case however, it is more useful in complex cases as it:

- improves the quality of the x-ray images without using any additional x-ray radiation;
- increases the accuracy of stent placements; and
- allows for assessment of stent deployment and the identification of stent fractures, and minimises the risk of stent thrombosis.

Stuart said: "By using an innovative technology which will be an integral part of the future of interventional cardiology, we hope to improve the outcome of Scottish patients with complex coronary disease.



*The new technology could allow for more accurate treatment*

We are committed to finding new ways of improving the standard of care...

"With better stent deployment we hope to reduce the risk of stents re-narrowing over time."

"It was a huge honour for the Golden Jubilee to take centre stage at the EuroPCR conference and to be showcasing PCI Assist with our peers."

EuroPCR is the official annual meeting of the European Association of Percutaneous Cardiovascular Interventions and the world-leading Course in Interventional Cardiovascular Medicine.

Our Medical Director, Mike Higgins said: "The EuroPCR conference is one of the most important dates in the interventional cardiology calendar and I am extremely proud that two of our consultants showcased some of the pioneering work we do here. It is a real feather in our cap to be the first hospital in the UK to use PCI Assist.

"We are committed to finding new ways of improving the standard of care and quality of life for our patients and this pioneering technology will allow us to do just that for cardiology patients across the country."



For more information on the Hotel's facilities please visit: [www.goldenjubileehotel.com/conferences-and-events/about-our-conferences/](http://www.goldenjubileehotel.com/conferences-and-events/about-our-conferences/)



# Healthcare Specialist Venue



The hotel is now on the elite group of venues

“We are committed to strengthening our name and reputation...”

We are delighted to announce that our Hotel has become a fully assessed Healthcare Venue ticking all the boxes for meetings and events for the medical and pharmaceutical sector.

Following rigorous assessment, the Hotel has received the Green assessment rating, the highest ranking available, meaning it is now recognised as being part of an elite group of venues in the UK which are able to meet the strict criteria of medical events from all across the globe.

Healthcare Venues is one of the world's leading directories of facilities which are dedicated to meeting the needs of healthcare industry events. The qualifying criteria is very strict, with venues being required to undergo assessment, audit and extensive training before being considered.

Discussing the accomplishment, the Director of our Hotel, Bronagh Bell said: “We are committed to strengthening our name and reputation as being synonymous with excellence in healthcare meetings and events, and are thrilled to receive this latest recognition of our facilities and knowledge.

“Not only are we a four star hotel, but we are the only venue in the UK to have an on-site national hospital, medical research institute and innovation centre. We have continuously worked to customise our facilities and integrate the necessary technology and support to host a wide variety of meetings.

“We are now in the fantastic position of having our Business Development Manager, Crystal Durok, on-site as our qualified Healthcare Champion, along with our sales and events team having undergone the extensive training required for accreditation. This ensures they meet the requirements, boundaries and potential challenges faced by top level medical events.”

The Hotel can also provide access to clinical experts, along with surgical and clinical training facilities to provide a unique setting for education and training sessions.

The Healthcare Venues rating is the latest in a long line for the hotel, already acknowledged as the only Scottish member of both the International Association of Conference Centres (IACC) and Venues of Excellence.

## Dementia Awareness




We were proud to support the recent Dementia Awareness Week, #DAW2017.

Around 90,000 people in Scotland are currently living with dementia, and that figure is set to rise. Receiving a diagnosis of dementia can be a devastating and frightening time both for the person with dementia and for their families and friends.

Sadly, many people with dementia tell us that friends, and even family, drift away after their diagnosis. This is often because people don't know how to react when they hear the news that a loved one has been diagnosed.

During #DAW2017, our Lead Nurse for Dementia, Tilda McCrimmon, hosted a stand in the hospital to share information with patients and staff on what we can all do to support friends, family and people in our communities who are living with dementia.

 You can find out more about Dementia Awareness Week here: [www.daw.dementia.scotland.org/](http://www.daw.dementia.scotland.org/)

 For more information on the Hotel's facilities please visit: [www.goldenjubileehotel.com/conferences-and-events/about-our-conferences/](http://www.goldenjubileehotel.com/conferences-and-events/about-our-conferences/)

## New dementia strategy

Focus on modern and person-centred care.

Transforming services to ensure people with dementia get the support they need, at all ages and stages of the illness, is at the centre of Scotland's third dementia strategy.

The three key priorities strategy are:

1. Continuing timely, person-centred and consistent treatment and care for people living with dementia and their carers, in all settings
2. More progress on the provision of support after diagnosis and throughout the disease, taking account of individual needs and circumstances
3. Responding to the increasing proportion of older people developing dementia later in life, often alongside other chronic conditions

This is Scotland's third Dementia strategy and was announced by Minister for Mental Health, Maureen Watt last month.

**i** You can view the full strategy on the Scottish Government website at: [www.gov.scot/publications/2017/06/7735](http://www.gov.scot/publications/2017/06/7735)

# Young Scotland Programme

Booking is now open for the Winter 2017 Young Scotland Programme which will be held at Piersland House Hotel in Troon between 14-17 November.

The core aim of the event is to improve communication skills, broadening intellectual horizons, and inspiring confidence. As always, it is aimed at people aged 18 or over, who are in the early years of their careers - but there is no upper age limit.

The intensive three-day course will feature our combination of debate, group discussion and thought-provoking speakers.



For more information or to make a booking go to the Young Scotland Programme website [www.youngprogramme.org/](http://www.youngprogramme.org/) The closing date for bookings is Thursday 5 October.

## Run, Hide, Tell

As you know, following the terrorist attacks which took place in Manchester and London, there has been a large scale, fast moving investigation underway, which has been making good progress.

The current National Threat Level is classed as severe – meaning an attack is “highly likely” rather than “imminent” – following an assessment by the Joint Terrorism Analysis Centre (JTAC).

Our security staff continue to be vigilant and proactive in monitoring our business areas for suspicious activity, particularly making sure we are aware of who is coming in and out of our buildings.

However, we urge staff to report any suspicious activity to our reception and security staff in the first instance.



The 'Run Hide Tell' leaflet and video are available on the following link: [www.gov.uk/government/publications/stay-safe-film](http://www.gov.uk/government/publications/stay-safe-film)



The Government has issued advice for the public on the steps they can take to keep themselves safe in the rare event of a firearms or weapons attack.



# What Matters to You? Day



Staff from all across the Foundation shared what matters to them



## Goldie the #ShareBear visited us recently as part of the annual What Matters to You? Day.

Aiming to encourage and support more meaningful conversations between people who provide health and social care and the people, families and carers who receive this care, Goldie headed to our Conservatory to hear what matters to you.



The #ShareBear, along with members of our team, listened as you told him that health and happiness, family, a positive and supportive working environment, being respected and having a good night's sleep are just some of the things you find important.

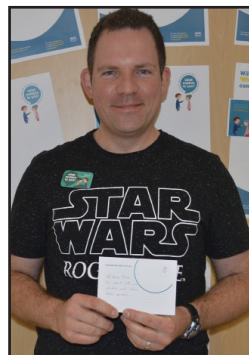
Some of the conversations with Goldie the #ShareBear were recorded and a selection of these videos are available to view on our Facebook page, @NHSGoldenJubilee.



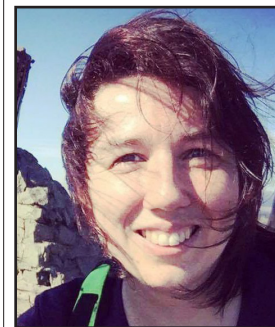
What Matters to You? Day started in Norway in 2014 and aims to inspire the people and teams that work within health and social care organisations to ask the people they care for or support about what's important to them and to act on that response.



For more information please visit:  
[www.WhatMattersToYou.Scot](http://www.WhatMattersToYou.Scot)



## Sri Lanka Trek



Later this year, one of our occupational therapists will take on the experience of a lifetime as she treks around Sri Lanka in memory of her late father.

The nine-day trip will see Laura Howell hiking through some of Sri Lanka's beautiful forest trails, small villages and its vast jungle.

Laura is fundraising for Marie Curie Cardiff and the Vale Hospice in Penarth, Wales, as a thank you to everyone at the hospice who cared for her Dad, Roger, before he passed away in September 2016.

Laura has already started training for the trek and has been getting out on the hills for regular long walks to get in shape for what will be a physically and emotionally demanding experience.

Laura is aiming to raise £3,500. Please support at:

[www.justgiving.com/laurahowell2017](http://www.justgiving.com/laurahowell2017)



For more information on Laura's trek or to obtain a sponsor form, email: [laura.howell@gjnh.scot.nhs.uk](mailto:laura.howell@gjnh.scot.nhs.uk)



## Mini health check for staff

Until Friday 11 August 2017, Occupational Health will be offering ALL staff a mini health check.

They will check your blood pressure, height, weight, cholesterol and blood sugar while offering advice on physical exercise and diet.

**i** To book an appointment, which will last about 30 minutes, contact Occupational Health on extension 5435.

## Staffnet updates



We are currently in the process of reviewing our internal Staffnet.

**i** If there is any information you would like updated, included, or just have some questions about where something should be placed, please contact our Communications Department by emailing [Comms@gjnh.scot.nhs.uk](mailto:Comms@gjnh.scot.nhs.uk).

# Exercise study aims to improve patients' quality of life

Our specialists in the Scottish Pulmonary Vascular Unit (SPVU) are researching an innovative new treatment for Pulmonary Arterial Hypertension (PAH), aiming to use exercise to improve patients' symptoms, exercise capacity and heart function.

PAH results in high blood pressure in the lung circulation, due to narrowing of the blood vessels. This affects the right side of the heart, leading to breathlessness, fatigue and reduced exercise capacity. This condition can be life limiting and at the moment has no cure.

40 patients will take part in the study which involves a personalised, monitored, exercise programme being developed for each individual, aiming to reduce their symptoms, improve quality of life and heart function. They will undergo a detailed assessment of their exercise capacity, heart, lung and muscle function, before and after completion of the programme. This allows our team to determine if the therapy has a positive effect and establish how it works.

Clinical Research Fellow for the study, Alison MacKenzie, said: "PAH is a rare condition, which is often unrecognised until its later stages. People with the condition may appear well, but can have debilitating symptoms such as breathlessness, significant exercise limitation and lethargy.

At the moment, medication can be used to stabilise the condition and improve symptoms, however there is no cure and the disease can continue to progress despite available therapies. We are very excited to see whether exercise therapy can help improve the quality of life of people with PAH and assess whether there are any longer term beneficial effects."

**i** For more information about our Pulmonary Hypertension Study, please contact [Research@Goldenjubilee.scot.nhs.uk](mailto:Research@Goldenjubilee.scot.nhs.uk).



*Patients have reported an improvement in symptoms following the controlled exercise study*

Patients taking part will stay at the Golden Jubilee for three weeks, undergoing daily exercise sessions under close supervision of Joanna For, our Specialist Physiotherapist, and medical staff.

After this, they will begin a programme from home with regular telephone and email physio support for 12 weeks. They will then come back in to the Golden Jubilee for a further detailed assessment.

Alison added: "So far we have recruited 24 patients to the study and aim to have completed this by the end of 2017. We are delighted with the progress of the study and have had a fantastic group of motivated, inspiring participants who we have really enjoyed working with.

Initial results have shown significant improvements in exercise capacity, quality of life and breathing function. Going forward we hope to gain more insight into how the therapy is benefiting patients in the long term with the aim of establishing a dedicated rehabilitation service for this specific patient group."

The study is being led by Dr Martin Johnson, along with the Research Team which includes a dedicated physiotherapist, medical and nursing staff from SPVU, and works in collaboration with all aspects of our Foundation including the Golden Jubilee Research Institute and the Golden Jubilee Conference Hotel.



# Golden Jubilee team heat up the national catering awards



Pamela and her team were delighted to be finalists

Our Catering team were recent finalists for a prestigious award that recognises exceptional commitment and devotion to healthcare catering and quality patient service.

The Hospital Caterers Association's (HCA) Staff, Health and Wellbeing Award brings a focus to partnership working, showing the importance of the catering service to support staff whilst at work.

Judges scored the team on their ability to provide healthier food for NHSScotland staff and visitors, as well as their use of promotional activities to showcase initiatives.

Head of Support Services, Pamela Mailler said: "We were delighted to be a finalist for the Staff, Health and Wellbeing Award; to be recognised for the service we provide on a daily basis is an honour.

"We are a fresh produce site which enables us to be flexible for the needs of patients, staff and visitors within the Foundation. We always strive to provide a wide variety of tasty, healthy, and nutritious meals to everyone and work closely with suppliers and the hospital's Clinical Nutritionists to prepare tasty menus for inpatients and for staff and visitors to the Golden Bistro restaurant."

This national recognition follows a number of catering successes. Last year, our Catering

team was named amongst the best in the industry, winning three awards in just two months: HCA Catering Service of the Year 2016, Cost Sector Catering Healthcare Award 2016 and a Merit Award for two of our Chef de Parties in the HCA Hot Cookery Competition.

They also hold the national Healthy Living Plus Award, which recognises the important role that caterers play in influencing what customers eat.

Our Chief Executive, Jill Young, said: "The Catering team maintain an exemplary service which more than meets the nutritional needs of our staff and patients, who regularly comment on the top quality food that is served here.

"I am delighted that their efforts continue to be recognised by the Hospital Caterers Association and on behalf of the entire Board, I would like to wish them a huge congratulations."

Phil Shelley, Chair of the Hospital Caterers Association, commented: "The HCA National Awards serve as an opportunity to celebrate the individuals and teams who work tirelessly to provide patients with nutritious food, every day of the year. We are excited about our new award category as it's important to ensure we are looking after our staff just as well as our patients."

## Gender Neutral Toilets

As part of our ongoing commitment to making our services and facilities, we have designated a small number of existing toilet facilities as gender neutral toilets. This means that people of all genders will be able to use these single toilets.

Gender-neutral bathrooms benefit trans people and those who define themselves as non-binary (neither female nor male), people with disabilities, the elderly, anyone who may require the assistance of someone of another gender, and parents who may wish to take their children to a toilet.

We have identified three locations to designate. The intention is to focus on public toilets on Level One in the first instance, with the aim that of a wider review to follow.

The locations are:

1. Outside Innovation Centre – single accessible toilet.
2. In corridor leading to Golden Bistro – single accessible toilet.
3. Main Outpatients opposite Café Latte area – two single toilets.

**i** For further information on our all gender facilities, please contact Carole Anderson on extension 5522 or email [carole.anderson@gjnh.scot.nhs.uk](mailto:carole.anderson@gjnh.scot.nhs.uk)

## Transplant Games 2017

As the only hospital in Scotland to carry our heart transplants we are extremely proud to once again support this year's Transplant Games.

The British Transplant Games is the flagship event of Transplant Sport. Developed by the Transplant Surgeon Maurice Slapack in 1978 the Games were originally an international event welcoming teams from France, Greece and even the USA. Today the British Transplant Games see teams from hospitals across the UK come together to compete. Many athletes also go on to take part at the World Transplant Games.

The Games help deliver Transplant Sports aim to demonstrate the benefits of transplantation whilst increasing public awareness of the need for more people to join the NHS Organ Donation Register and discuss their wishes with their families along with bringing together the transplant community to celebrate the gift of life.

The Games have been staged annually since 1978 in cities across the UK and the 2017 Games will be held in North Lanarkshire, 27–30 July.

**i** For more information on this year's event visit: [www.britishtransplantgames.co.uk](http://www.britishtransplantgames.co.uk)

# Golden Moment for Volunteers



*Our volunteers shared their ideas and experiences as part of Volunteers Week*

This year as part of Volunteer Week we held our 6<sup>th</sup> annual Volunteer Event, with the theme 'You make a Difference'.

One of the highlights of the day was celebrating retaining our Investing in Volunteers (iViV) status. This is the national quality standard awarded to organisations who show a commitment to involving volunteers in their work.

Anne Hislop from Volunteer Development Scotland presented the award and plaque to our Chief Executive, Jill Young. We would not have been able to achieve this award without the hard work from all our volunteers and the staff they work with. The assessors were impressed by how well volunteering is embedded into our culture.

We are lucky to have a proactive group of 72 volunteers who provide support to patients in a number of ways, including Spiritual Care, Hearing Enablement, Meet and Greet, Patient Peer Support, Quality Walk Rounds and Housekeeping Audits.

Our Director of Quality, Innovation and People, Safia Qureshi, said: "it is a huge honour to have received Investing in Volunteers accreditation for a third time.

"This would not have been possible without the commitment shown by our volunteers.

"Everyone at the Golden Jubilee is looking forward to working with the volunteers to build on the high standards they have already set."

We are committed to strengthening our name and reputation...

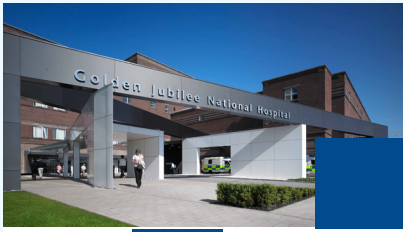
”

The event was tinged with a little sadness – the volunteers said goodbye to Non Executive Director Maire Whitehead who is finishing her three year term with the Board and who has been a huge supporter of the volunteers as Chair of the Volunteer Forum. The volunteers presented Maire with a bouquet of flowers as a token of their thanks.

Volunteer Manager Elizabeth Rogers had planned the perfect way to cheer everyone up again- volunteer speed dating! Just like traditional speed dating each volunteer had five minutes to introduce themselves, describe their volunteering roles and explain how they made a difference, before a bell rang and the participants moved on to the next volunteer. It was noisy and fun and a brilliant way for volunteers, old and new, to learn about the different volunteer roles.

We'd like to thank the Scottish Health Council for their facilitation support on the day.





**Golden Jubilee  
Foundation**

Patients at the heart of progress

# Health and Safety Matters

## Welcome

We aim to provide you with the latest updates on key Health and Safety information and case studies. We'd love to know your thoughts on our newsletter and hear any ideas of what you would like included, please e-mail [David.wilson@gjnh.scot.nhs.uk](mailto:David.wilson@gjnh.scot.nhs.uk)

## Health and Safety eLearning modules

The following Health and Safety related e-learning modules are now available under the 'Health and Safety' category on LearnPro.

### **Control of Substances Hazardous to Health (COSHH)**

This module is for staff appointed by their manager to undertake risk assessment duties in accordance with the Control of Substances Hazardous to Health Regulations.

### **Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR)**

Department managers, supervisors and other key stakeholders who complete this module will gain a basic understanding of the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013.

### **Display Screen Equipment (DSE) Awareness**

If you use DSE daily for continuous or near-continuous spells of more than one hour at a time then you will benefit from this module.

### **Noise Awareness**

This module will improve your awareness of the risks associated with workplace noise and how the risks can be managed.

### **Working in Confined Spaces**

Designed to provide you with a firm understanding of the current legislation regarding safe work in a confined space, completing this module will allow you to identify different types of confined spaces and their associated hazards.

## Occupational Health update

### Mentally Healthy Workplace Training Course

The aim of this course is to raise awareness of the benefits of creating and maintaining a mentally healthy workplace. The programme is designed to:

- Give a broader understanding of mental health / mental illness.
- Identify the key factors that contribute to a mentally healthy workplace.
- Increase awareness of mental health issues in the workplace.
- Improve confidence in dealing with mental health and well being in the workplace.
- Increase understanding and awareness of the legislation that relates to mental health and wellbeing in the workplace.

### Course Outline

- Welcome and Introductions.
- What we mean by mental health.
- Why mental health in the workplace is important.
- Features and benefits of a healthy workplace.
- Attitudes to mental health / mental illness.
- The extent of mental health problems.
- Common mental health problems.
- Stress in the workplace.
- The Equality Act 2010.
- The practical implications of the Equality Act 2010.
- How to promote a mentally healthy workplace.
- How to promote good personal mental health.

The next available date for this training is Thursday 21 September. This is open to all managers, team leaders and supervisors. This course can be booked via HRnet code: 0467.

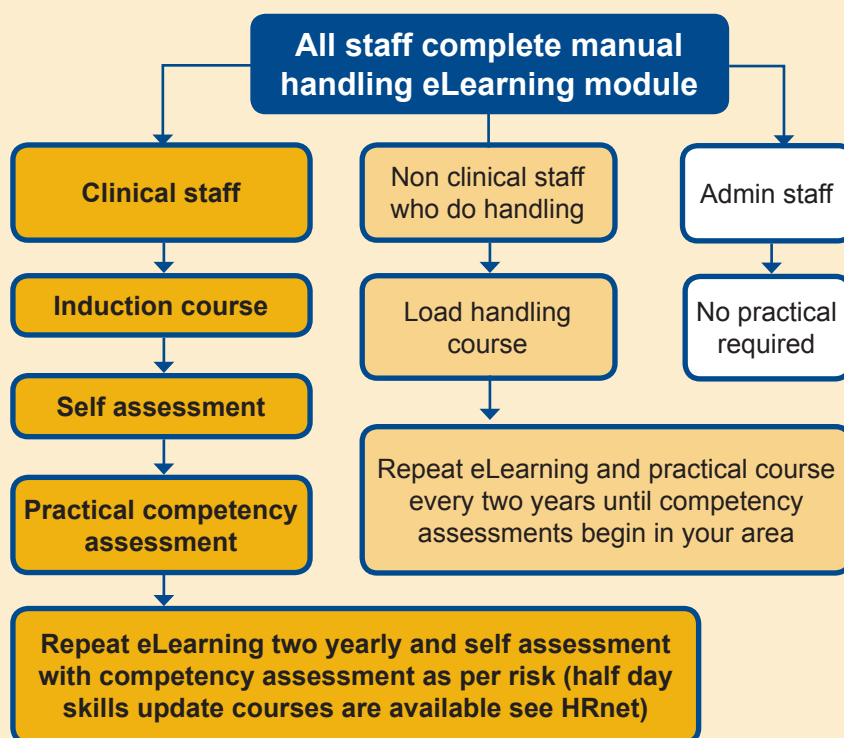
For further information please contact Occupational Health on extensions 5436/5435/5788 or email: [Occ.Health@gjnh.scot.nhs.uk](mailto:Occ.Health@gjnh.scot.nhs.uk)

## Manual Handling

According to the Health and Safety Executive (HSE), a third of all workplace injuries are the result of poor or incorrect manual handling. However small or easy a task may appear, the correct procedures for manual handling must always be adhered to.

Don't wait for an injury to occur before taking action. Learn the correct lifting and carrying techniques, and understand the risks and precautions needed when handling loads.

This flowchart provides guidance on your Manual Handling training requirements:





## Fire Safety

As part of our ongoing fire risk strategy, staff are reminded that escape routes must be kept clear at all times. Please also note that fire doors should never be wedged open.

In relation to fire safety, if anyone has any concerns or suspicions about the possibility of staff, visitors or contractors smoking on site please report it to your line manager and Security.

Following activation of the fire alarm, the internal fire team will immediately investigate and, if appropriate, silence the alarm. When the alarm has been silenced, this does not mean staff should stand down and return to normal duties. The activation is still live until you are informed by the fire team that the event is over. This normally follows authorisation from the Fire Service following a reset of the system.

**For any fire safety issues, concerns or suggestions please contact David Wilson on extension 5015.**

## Datix

### Important Changes to the Datix Investigation Form (DIF2)

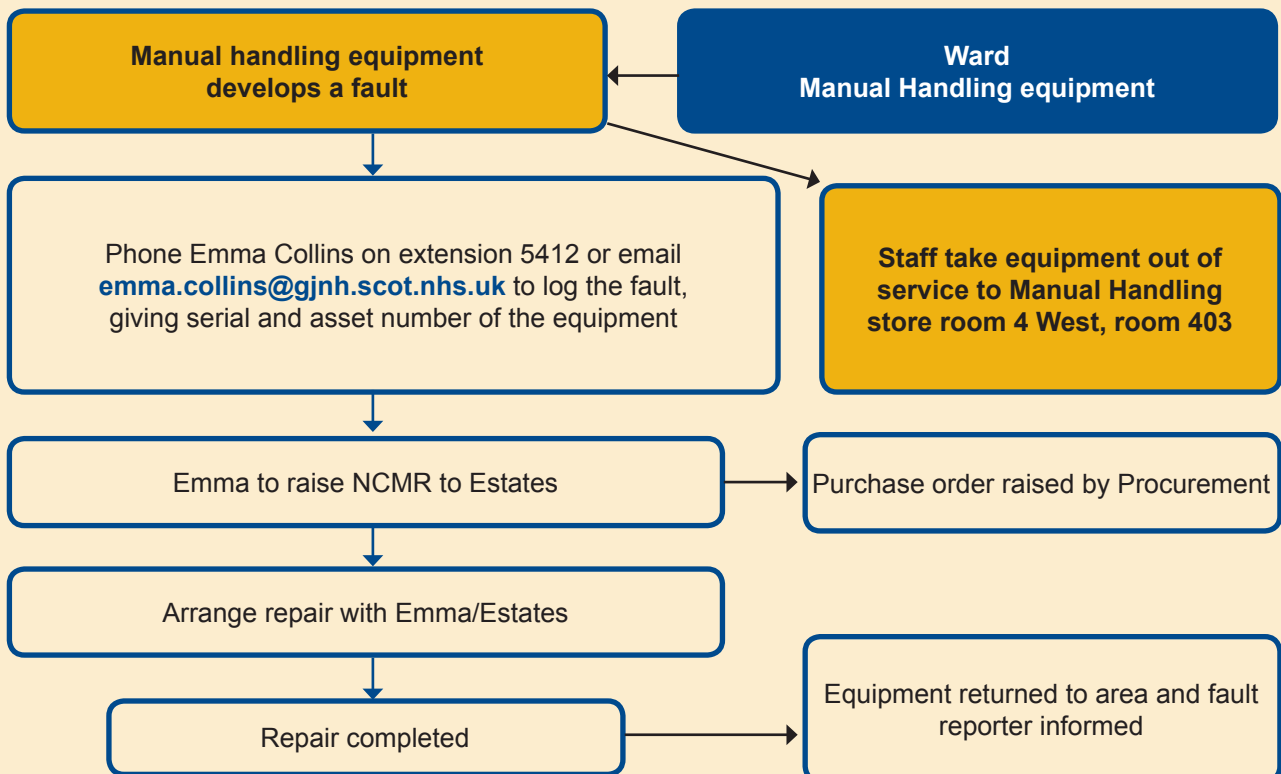
A couple of changes to the Datix system are now in place. The Incident Investigation Form has been redesigned. There are no new fields but the order and layout of the form have been reorganised to make it more user friendly.

## Complaints

A new Complaints module is live for those who investigate complaints.

If you have any questions, please contact Clinical Governance on extension 5864.

In addition, please find below the current protocol for reporting faulty Manual handling equipment:



**For more information contact Emma Collins on extension 5412.**

## Sharps Source Counselling

Suffering a sharps or splash injury can be an extremely anxious time. At the Golden Jubilee, we have dedicated staff who are here to help you cope during this time; our Source Counsellors.

In the event you suffer a sharps or splash injury (from a needle, scalpel, etc), our Source Counsellors are trained to get consent from the patient involved (the Source Patient) to carry out Blood Borne Virus testing. This means that tests and results can be available within a couple of days, alleviating the stress and providing support for our team.

We need even more of you to undertake this training; due to shift patterns in clinical areas, we can never have enough Source Counsellors at the Golden Jubilee.

### Can you help and become a source counsellor?

To become a Source Counsellor, you will need to complete two eLearning modules on LearnPro.

These are: NWTC BBV Occupational Exposure Management and NWTC BBV. Each should take no more than 20-30 minutes to complete.

Once these modules have been completed, if you contact Occupational Health they will go through the required paperwork with you.

While this may also benefit your professional development and revalidation, becoming a Source Counsellor has the potential to make a real, positive difference to your colleagues' lives in the event they are unfortunate enough to suffer a sharps or splash injury.

## Coming soon

### Work Activity Risk Assessment for Line Managers

Managers, supervisors and all those who have a responsibility for the completion of work activity risk assessments.

## Call for feedback

To help us achieve a healthier and safer work environment, we are always happy to hear suggestions for improving the health and safety of your work environment.

This may include ideas for performing tasks in a safer way, to report safety hazards or suggestions around provision of training, equipment or anything else in relation to the health and safety management system.

Please email any suggestions to [david.wilson@gjnh.scot.nhs.uk](mailto:david.wilson@gjnh.scot.nhs.uk)



# Prevent and Protect

When you're trying to reduce fraud 'an ounce of prevention is worth a pound of cure'. That's the message from Fraser Paterson, National Counter Fraud Manager – Prevention, Counter Fraud Services.

"Fraud prevention is essentially made up of deterrence and disablement," explained Fraser whose team helps make NHS and other Health Bodies financially robust and resilient organisations. "Deterrence is about stopping fraud happening in the first place while disablement is about understanding that it will happen but closing down the opportunities and limiting its effect."

He and his CFS colleagues are busy finding new ways to both deter and disable fraud.

Among other initiatives, they are working with NHS Programme Management Services (PgMS) colleagues to pilot a fraud impact assessment document that can be included as part of the project governance process. It will raise questions around topics such as personal, commercial or sensitive data, payment money handling, conflicts of interest, tendering processes and any financial impact/interest in the project.

Fraser said: "The aim is to prompt those involved in procuring, commissioning and reviewing new and existing systems and processes to contact us and to chat through any potentially significant risks they have recognised. It's simply about changing the way we think about what we do, so that we can design out weaknesses before they become a problem. By incorporating an element of proactive prevention into the way we approach this, we will build greater organisational fraud resilience and reduce risk."

## Electronic standards

Everyone recognises that electronic systems are now part and parcel of NHS services, and their use continues to grow. For example doctors, dentists, pharmacists and opticians continue to move towards electronic transaction methods for their own business and for maintaining patient records. The CFS team is producing a guide on standards to raise awareness of the potential threats posed by such transaction methods, setting out best practice principles for electronic signatures and declarations.



"Since we are designing new prevention tools with the concept of 'Doing things once for Scotland' in mind," added Fraser, "both these initiatives will be available across the Scottish public sector. And it's our expectation that they'll both be up and running this year."

Increasing reliance on new technology also brings increasing instances of cybercrime. "We raise staff, public and patient awareness of fraud – including cybercrime – through events, presentations and workshops," said Fraser. "Among other things, our workshops focus on areas such as social engineering. That's where individuals who have a role in payment of contracts for supplier goods and services are manipulated into transferring large sums of money into fraudsters' accounts."

## Letting our communities flourish

CFS also plays an active part in the 'Deter' strand of the Serious Organised Crime Task Force - part of the Scottish Government's 'Letting Our Communities Flourish' strategy that focuses on dealing with the threats from organised crime.

Although health services are not at the front line of that type of illegal activity, they can be affected by issues such as cybercrime and money laundering.

While CFS is at the fore front of developing new and innovative fraud prevention measures, Fraser says everybody has a role to play. "We must all be aware if the risks and it's up to those at the top to set the tone for the whole organisation."

## Health impact

Fraud doesn't have just a financial effect, it can also have a serious impact on the health of the people who are unwittingly duped. They can feel betrayed, worried and upset by the consequences of their actions emphasised Fraser. That's another reason we need to do all we can to prevent fraud," he said.

## Transplant Soft 'opt out'

Following a public consultation, the Scottish Government intends to introduce legislation for a soft opt out system of organ and tissue donation.

Public Health Minister Aileen Campbell has confirmed plans to bring forward legislation during this Parliament.

Ms Campbell said: "I'd like to thank everyone who took part in our consultation on increasing organ and tissue donation, which received more than 800 responses including a petition with 18,500 signatures in support of opt out."

"This will build on the significant improvements already made as a result of the Donation and Transplantation plan for Scotland."

One of our patients Michael Hanlon said:



"The transplant meant everything. It was the only cure for what I had and I knew things were getting worse towards the end."

"I viewed every day in hospital as being a day closer to getting my life back. To be told that there was hope after so many months of waiting was quite overwhelming."



For more information on Counter Fraud Services, you can visit: [www.CFS.Scot.NHS.UK](http://www.CFS.Scot.NHS.UK)



For more, visit: [www.News.Gov.Scot/news](http://www.News.Gov.Scot/news)

## Scrub Video

A new video for clinical staff demonstrating the correct procedure for surgical scrubbing, hand hygiene and donning gown and gloves for theatre is available now on our Youtube Channel.

To access this video, and for more patient information across our services, visit [www.Youtube.com/NHSGoldenJubilee](http://www.Youtube.com/NHSGoldenJubilee).

For more information, contact [Comms@gjnh.scot.nhs.uk](mailto:Comms@gjnh.scot.nhs.uk)

## Social Media



Did you know we post regularly on social media?

You can follow us on Twitter: @JubileeHospital, like us on Facebook @NHSGoldenJubilee or watch our latest videos on our dedicated YouTube channel: NHS Golden Jubilee.

For more information on our social media channels contact the Communications Department at: [comms@gjnh.scot.nhs.uk](mailto:comms@gjnh.scot.nhs.uk)

# The sky's the limit!

A journey through the Jubilee with...Dianne Gavin, Registered Nurse, 2 East



Dianne (right) with her colleagues Dawn Buchan (left) and Jackie Brown (middle)

I joined the Golden Jubilee in 2004 and started my journey in the organisation as a Catering Assistant and moved on in 2006 to work with the Housekeeping team. Visiting the wards and interacting with patients was such an enjoyable part of these roles and after some time I realised that I wanted to be in the ward with patients all the time, and not just at meal times.

As a mum of two daughters and a nana of three grandchildren, I made a life changing decision to do something for myself after bringing up my family. When a Healthcare Support Worker post became available, life experience and my knowledge of the wards worked in my favour and I was delighted to be offered the position.

Working with patients and developing my skills and knowledge everyday really encouraged me to strive onto the next step in my career. I had immense support from Dawn Buchan, Charge Nurse in 2 West, who mentored me right from the start. Dawn suggested going to university and getting my qualification in nursing, and with encouragement from her and Jackie Brown from the Clinical Education team, I decided to take the plunge and do it, because well, why not?

I left school with no qualifications and I was unsure of a career path, I never thought I would be a nurse. It wasn't until I had the encouragement from my peers at the Golden Jubilee, that I realised that going to University and gaining my nursing qualification was even a possibility.

After spending time at college locally, gaining the necessary qualifications for university and passing an entrance exam, at the age of 46, I was anxious but determined and ready to work hard for my degree. After many sleepless nights, writing essays and studying for exams, I graduated from the University of the West of Scotland in 2013, as a fully qualified nurse.

Dawn and Jackie really were the backbone I needed throughout the process, and if it wasn't for the team accommodating my shifts to make sure I was able to work and study at the same time, I would not be where I am today. I feel there is a really fantastic network of people here at the Golden jubilee, so I always felt supported.

I am now studying to gain a Mentorship qualification back at the university I graduated from, the University of the West of Scotland. By becoming a mentor, I can now help someone else to achieve their goals, just like someone helped me, such as Dawn and Jackie. Becoming a mentor will give me the opportunity to share my knowledge and skills with others, which is something I never thought I would ever be able to do.

Working at the Golden Jubilee is hugely rewarding and the education facilities are just fantastic. There is a lot of opportunity here and I would encourage anyone, no matter what their age or background, to challenge yourself and further your education if you get the chance.

Dawn and Jackie said: "We are so proud of Dianne and her inspiring story! She has worked very hard over the years, and achieving her qualification was well deserved. There are so many opportunities to develop and progress here at the Golden Jubilee, and Dianne is a perfect example of this. We are so glad to have been a part of her exciting journey!"



## Our people questions:

- 1 **How long have you worked in the NHS?**  
13 years.
- 2 **What is a typical working week for you?**  
Admissions, discharges, theatres, drug administration and MDT meetings.
- 3 **What are the best bits of your job?**  
Assisting patients throughout their hospital journey – admit and discharge.
- 4 **Worst bits?**  
Staff shortages.
- 6 **What achievements are you most proud of?**  
Qualifying as a staff nurse.
- 7 **Main likes?**  
Patient interactions.
- 8 **Main gripes?**  
Shift patterns.
- 9 **Where's home?**  
Clydebank.
- 10 **Favourite food and drink?**  
Anything with fish and red wine.
- 11 **Favourite holiday destination?**  
Orlando.
- 12 **Favourite music?**  
Mixed.
- 13 **Who would you most like to have dinner with?**  
George Clooney.
- 14 **If you had three wishes what would they be?**  
Wealth, health and happiness.
- 15 **What would you like to change about yourself?**  
To be more positive and assertive.
- 16 **What would you like to change about the hospital/hotel?**  
Hotel is fab! We wish we had TV remote controls for every patient room.
- 17 **What will your colleagues not know about you?**  
That I am a Nana.
- 18 **How would you like to be remembered?**  
My witty sense of humour!

# Medical leadership team

You may have noticed there have been a few changes to our medical leadership recently. Throughout the organisation, we have operational, clinical, governance and educational leads, some of whom are only in post for a short period of time before handing over the role.

Because of this, changes can appear to happen quickly and frequently. To help you keep up to date with this, here is a quick summary of our current medical leadership:

### Operational Leads

- Jackie Church – Cardiothoracic Anaesthetic and ICU
- Alan Kirk – Thoracic
- John Butler – Cardiac
- Jason Roberts – Orthopaedic
- John Luck – Non Cardiothoracic Anaesthetic and APS
- Mitchell Lindsay – Cardiology

### Clinical Leads

- John Payne – Cardiac Imaging
- Des Alcorn – General Imaging
- Ted Fitzsimons – Laboratories
- Niki Walker – SACCS Acting Director
- Kenny McArthur – SACCS Deputy Director and Surgical clinical lead
- Andrew Peacock – SPVU Director
- Nawwar Al-Attar – SNAHFS Director
- Anton Buter – General Surgery
- Patrick Kearns – Ophthalmic
- Pete Chong – Endoscopy

### Governance Lead

- Stewart Craig – Cardiothoracic
- Gabi Linhoff – Non Cardiothoracic Anaesthetic and APS
- Giuseppe Bozzetti – Cardiothoracic Anaesthetic and ICU
- Alex Siegmeth – Orthopaedic
- John Payne – Regional and National Medicine

### Education Lead

- John Butler – Cardiothoracic
- Jason Roberts – Orthopaedic
- Derek Connelly – Regional and National Medicine
- Isma Quasim - Anaesthetic



To highlight your team, contact:  
[Comms@gjnh.scot.nhs.uk](mailto:Comms@gjnh.scot.nhs.uk)

## Scotland's first graduate-level medicine course

Applications for a degree course offering existing graduates a new route into medicine will open in September, Health Secretary Shona Robison has confirmed. The four-year course will have 40 places available and is being delivered by the medical schools in St Andrews and Dundee in collaboration with the University of the Highlands and Islands.

The course will be open to existing graduates from any discipline with an interest in pursuing a degree in medicine.

Ms Robison has encouraged graduates thinking about a switch into a medical career to consider the course, saying: "As part of our efforts to create a workforce fit for the future of the NHS, we are looking at innovative ways to attract talented people. This graduate-level course is ideally suited to those who did not choose medicine as their first degree, but now want to consider it as a career.

"I'd urge anyone with an existing degree, or who is about the graduate, to look out for the details of this course when it's advertised in the coming weeks."



For more information visit:

[www.News.gov.scot/News/NHS-Workforce-of-the-future](http://www.News.gov.scot/News/NHS-Workforce-of-the-future)

## Exercise advice for expectant mums

The UK's Chief Medical Officers have released new advice on physical activity for expectant mothers - believed to be the first of its kind in the world.

The recommendations aim to reduce issues such as obesity, diabetes and other health concerns during pregnancy. The latest evidence suggests pregnant women should carry out around 150 minutes of 'moderate intensity' activity every week – described as 'activity that makes you breathe faster', while still being able to hold a conversation.

This new advice is aimed at giving health professionals the best advice to pass on to pregnant women. Scotland's Chief Medical Officer Catherine Calderwood said: "We want to make pregnant women aware of the benefits of being active throughout their pregnancy - and make sure they're clear about the type of activities that are safe.

"The latest evidence shows that regular, moderate exercise during pregnancy reduces blood pressure problems, improves fitness, lowers weight gain and reduces the risk of diabetes."



For more:  
[www.News.gov.scot/news/exercise-during-pregnancy](http://www.News.gov.scot/news/exercise-during-pregnancy)

# Handling Information Securely



Access to the right information at the right time is vital to providing safe, effective, and person centred care.

Every member of staff has a responsibility to handle information securely. Whether it relates to patients, colleagues or the running of the organisation, we all need to comply with data protection legislation to ensure that personal data is being handled with care.

## How do I access information securely on my computer?

If you use a computer for your job, you will have a personal password to log on to the network. When you are logged in, this will automatically log you in to all essential systems that you require access to, through our Single Sign On system.

If you need to log onto other systems, for example SSTS, you should use a different password from your network login.

You must never write down or display login details and passwords, nor share them with anyone else.

If you are away from your computer, even for a short period, you must lock your screen by holding down the Windows key and pressing L.

## How can I store information securely?

The Golden Jubilee Foundation's records management policies ensure that information is stored in the right place.

Patient and staff identifiable information should never be stored on common drives, or personal equipment, such as computer devices, mobile

phones or off site 'cloud' services.

Shared private drives, clinical systems and lockable paper filing systems are all appropriate for storing patient and staff identifiable data.

Common drives are only for storing and sharing information such as departmental policies or guidelines.

Only Board-issued encrypted USB (memory) sticks can be used to store information securely on a short-term basis; they should never be used for permanent data storage.



## How can I share information securely using email?

Most data breaches can be avoided by taking the following simple steps:

- Never use personal (non-work) email accounts for NHSScotland business;
- Never use NHS work email accounts for non NHSScotland business;
- Keep the number of staff circulation lists to a minimum, and avoid patient groups altogether;
- Keep to the one patient, one email message rule (don't copy in several patients to the same email); and
- When you receive an email always ask yourself if it could be malicious? If in doubt do not open the email/attachment.



## How can I share information by telephone, text or video?

- If you use board official telephones (fixed, mobile and IP) you must ensure that your conversation is not overheard when sharing personal sensitive information.
- Two-way analogue radios and fax machines must not be used for sharing personal or corporate sensitive data.
- Board issued equipment should only be used for video conferencing calls that identify patients.
- Only in an emergency must you use a personally-owned telephone for NHSScotland business.

## What information can I share with external organisations?

Any information shared with other NHSScotland health boards or external organisations including local authorities and the police must be shared with caution. You must check with your manager or the Information Governance Manager about what information sharing agreement is in place. Any request to share data that can identify patients must be authorised by the Information Governance Manager.

An information security incident is anything that impacts on the confidentiality, integrity or availability of that information.



To report a concern, you must contact your manager or the Information Governance Manager, Sharon Stott, on extension 5765 or email: [Sharon.Stott@gjnh.scot.nhs.uk](mailto:Sharon.Stott@gjnh.scot.nhs.uk)

## More trainee nurses and midwives

An estimated 2,600 extra nursing and midwifery training places will be created over the next four years as part of wide-ranging measures to support and strengthen NHSScotland's workforce.

The National Health and Social Care Workforce Plan sets out how the Scottish Government will work with partners to secure sustainable NHS staffing alongside its programme of change in health and social care.

Other measures that will increase the supply of nurses include extended 'return to practice' programmes, improved recruitment and retention, and support to attract and retain staff. These steps will be focused on priority areas including primary care, mental health, midwifery, maternal and child health and more remote areas, particularly the north of Scotland.

The plan sets out details of how the workforce will be changed to meet the needs of the changing health service, with more staff in primary care and the community.

## IT Security and Threat Awareness – A guide for staff

All staff must be able to recognise any potential threat or "attack" and know what to look out for.

### What do I do if I receive an email attachment from an unknown source?

If you receive an email from an unknown source and it has an attachment or a link, you must delete the email immediately, empty your "deleted items" folder and contact the eHealth Service desk immediately at [ehhealth.servicedesk@gjnh.scot.nhs.uk](mailto:ehhealth.servicedesk@gjnh.scot.nhs.uk). Many viruses can be accidentally released onto our network by clicking on attachments and links within an email from an unknown source.

### What is Phishing?

Phishing is when someone contacts you, either by email or telephone, pretending to be someone they're not (for example, a legitimate third party supplier or even another Health Board). They will attempt to obtain patient, personal or financial information.

Phishing emails can be difficult to spot but there are signs to look out for.

- Check the spelling, phishing emails usually have spelling mistakes.
- Check the language used, phishing emails will sometimes use words that a reliable source would not.
- Never follow links supplied in a suspicious email, always find the official website using a separate browser.

Cybercriminals might call you on the phone and offer to help solve your computer problems or sell you a software license. Treat all unsolicited phone calls with scepticism. Do not provide any personal information.

### What is Malware?

Malware is short for malicious software and is designed to infiltrate and damage computers without the user's consent. It refers to a variety of malicious software threats, from Trojan horses to viruses, and is usually released on computers after the user has visited unofficial websites.

Staff must never register their work email address on non work related websites.



If you think you have been targeted and accidentally opened an attachment, accessed a link or disclosed information via phishing, do not ignore it. Email the eHealth Service desk immediately at: [ehhealth.servicedesk@gjnh.scot.nhs.uk](mailto:ehhealth.servicedesk@gjnh.scot.nhs.uk) or call extension 5666.



For more, contact:  
[www.news.gov.scot/news/more-trainee-nurses-and-midwives](http://www.news.gov.scot/news/more-trainee-nurses-and-midwives)

**Thank you  
from West  
Dunbartonshire  
Community  
Foodshare**



West Dunbartonshire Community Foodshare would like to thank all our staff, patients and visitors for the donations they continue to receive regularly.

Thanks to your generosity, the community group is able to support people across the local area who rely on this invaluable service.

As a minimum, the Foodshare provides three days of non-perishable emergency food to local people in crisis.

The Foodshare would like to remind those who make donations that buying food from a supermarket's basic ranges allows your donation to go further.

We have a donation point at our Main Reception area and contributions are welcome!

**i** For more information on our involvement with West Dunbartonshire Community Foodshare, contact Karen Slater on extension 5184.

# Nurses' Day 2017

Every year, we are proud to support Nurses' Day with an annual event, helping showcase our nurses and how they provide a quality, safe, effective and person centred care for all of our patients.

This year's event, which took place on the anniversary of Florence Nightingale's birth, had a new twist: PechaKucha presentations from every department.

PechuKucha is a fast paced presentation format that uses 20 slides for 20 seconds each (6 minutes and 40 seconds all in) to help share concise, manageable information.

The theme of the event was: 'Nurses: A Voice to Lead, Achieving the Sustainable Development Goals' and we heard some fantastic thoughts, ideas and examples from across the organisation.

The day was a huge success, and also included speeches and presentations from Diane Murray, Deputy Chief Nursing Officer, our Director of Global Development and Strategic Partnership, Angela Harkness, and Nurse Director Anne Marie Cavanagh.

Chief Nursing Officer for Scotland, Fiona McQueen, sent our nursing team a lovely film clip wishing our staff a Happy Nurses' Day and to celebrate the event we asked our staff and patients what our nurses mean to them.



*Chief Executive, Jill Young visiting nursing staff*



*Head of Nursing Theresa Williamson delivered cakes*



*Nurses Day is celebrated annually worldwide to highlight the difference nurses make to patients and their families*

**i** You can watch both these films on our You Tube channel:  
[www.youtube.com/NHSGoldenJubilee](http://www.youtube.com/NHSGoldenJubilee)

## People Management: Getting it Right

In May we held our first event celebrating the learning of our supervisors and managers who have successfully completed the People Management, Getting it Right Course.

This allowed different departments to come along, and share in the project work and collaborative learning which had been gained through the course, and for everyone to look back on how this has influenced their management style since completing it earlier this year.



**i** For more information, contact Deborah Finlay by emailing  
[Deborah.Finlay@gjnh.scot.nhs.uk](mailto:Deborah.Finlay@gjnh.scot.nhs.uk).



# Changes to Corporate Mandatory Training

In April, a number of changes were brought into effect which may impact your mandatory training status.

Mandatory training ensures that we are complying with key risk areas which can have a significant impact on safety, support the achievement of corporate priorities or service improvements. We know that working in the Golden Jubilee is a very busy

job, and that this training takes time out of your day, but it is extremely important. We need to make sure that you are all supported and safe in your work, and this is a key step to allow us to do so. We would like to thank everyone who has already taken the time to do so!

Detailed information about the changes to mandatory training and how this may affect you can be found below:

## Fire Training

- All staff and volunteers, with the exception of those who are on a contract of less than three months, are expected to undertake annual fire training.
- Medical staff must complete online training via e-Learning.
- Staff working in clinical areas, whose training expired as of 1 April 2017, are required to refresh their training in a 40 minute classroom session.
- Bespoke classroom sessions can be arranged by contacting David Wilson, Health and Safety Advisor. [david.wilson2@gjnh.scot.nhs.uk](mailto:david.wilson2@gjnh.scot.nhs.uk) on extension 5270.

## Diversity training

- All staff, with the exception of those who are on a contract of less than three months, are expected to undertake diversity training.
- Bank and volunteer staff are now expected to comply with this training.
- Training is blended, with Part one consisting of a one hour e-Learning session, and a three hour classroom session for part two of the training.
- To be completed once during employment.

## Safe Information Handling

- All staff, with the exception of those who are on a contract of less than three months, are expected to undertake safe information handling training.
- Bank and volunteer staff are now expected to comply with this training.
- Evidence of prior learning from other health boards can be accepted if the evidence shows course completion within the last 21 months. Evidence can be submitted to the L&OD team for approval.
- Training to be completed every two years via e-Learning.

## Monthly reporting

Monthly Corporate Mandatory Training Reports are now produced to keep staff and management aware of levels of training compliance and completion.

Please take note of the following deadlines for inclusion in the monthly stats:

- e-Learning training must be completed by the 15th of each month.
- Classroom training must be completed by the 21st of each month.

## Changes to library services

The QUEST document delivery service and the self-issuing of library books via OLIB have now been withdrawn.

Staff can use the new Library Search function and Document Delivery service on the Knowledge Network to search for, and order, print and electronic resources.

A video introduction to the redesigned Knowledge Network home page and online training are available in April's edition of Knowledge Nuggets which can be found here: <http://us2.campaign-archive1.com/?u=5391ceba312d6f81e0430a42b&id=926a4e0350&e=1b62c43f7cc>

Training on the new system is provided by NHS Education Scotland. Please book your webinar session at least three days in advance of any training via the eHealth Service Desk.



If you have any questions around mandatory training, or Learning and Organisational Development in general, please contact the L&OD team on extension 5123 or via email at [l&odinfo@gjnh.scot.nhs.uk](mailto:l&odinfo@gjnh.scot.nhs.uk)



For more information contact the Library on extension 5158.

## Trans Day of Visibility



We were delighted to support the annual International Trans Day of Visibility and raise awareness of the ongoing discrimination experienced by trans people worldwide.

In a short ceremony at the Hotel, the Trans Pride flag was raised by our Chief Executive, Jill Young, and Director of Quality, Innovation and People, Safia Qureshi.

We also held a lunch and learn session at 1pm in the Clinical Skills Centre where Jay Jackson of Stonewall Scotland talked about the experiences of trans people.

A new short film, by well known actor Jake Graf, was shown which discussed issues that trans people face every day.

**i** To find out more about these events, please email [carole.anderson@gjnh.scot.nhs.uk](mailto:carole.anderson@gjnh.scot.nhs.uk) or [jane.christie-flight@gjnh.scot.nhs.uk](mailto:jane.christie-flight@gjnh.scot.nhs.uk)

# Flying the rainbow flag

We were delighted to once again support International Day Against Homophobia, Biphobia and Transphobia (IDAHOT) on Wednesday 17 May.

As part of the celebrations our rainbow flag was raised at the Hotel and those that took part wore rainbow coloured t-shirts.

IDAHOT was created in 2004 to draw attention to the violence and discrimination experienced by LGBTI people internationally. At least 81 countries in the world still criminalise same sex relationships. This means that 40 per cent of the world's population (or 2.8 billion people) are not free to choose who they love.

This year's theme for IDAHOT was 'Family'. We marked this with a short informal lunchtime reception for our new Golden Jubilee LGBT Role Models and Allies who support our wider Golden Jubilee family.



*Our team raised the flag for IDAHOT*

**i** To find out more about IDAHOT go to: <http://dayagainsthomophobia.org/>

## We Value Diversity

We were a proud supporter of International Day for the Elimination of Racial Discrimination.

At the Golden Jubilee, we are committed to creating an inclusive, respectful environment, where diversity is recognised, valued, and all patients, visitors and guests are treated with dignity and respect.

This year's theme was racial profiling and incitement to hatred, including in the context of migration.

Every person is entitled to human rights without discrimination. The rights to equality and non-discrimination are cornerstones of human rights law. Yet in many parts of the world, discriminatory practices are still widespread, including racial, ethnic, religious and nationality based profiling and incitement to hatred.



According to a recent report to the Human Rights Council by the Special Rapporteur, Racial and ethnic profiling is defined as: "a reliance by law enforcement, security and border control personnel on race, colour, descent or national or ethnic origin as a basis for subjecting persons to detailed searches, identity checks and investigations, or for determining whether an individual is engaged in criminal activity." (see website below for full details).

**i** For more information visit: [www.un.org/en/events/racialdiscriminationday/](http://www.un.org/en/events/racialdiscriminationday/)



# Occupational Health Physiotherapy

In response to popular demand, we are increasing the opening hours of Occupational Health Physiotherapy on a **Monday** and **Tuesday**. This will be for a trial period of three months from 5 June 2017.

<b>Monday</b>	<b>8am – 6pm</b>
<b>Tuesday</b>	<b>8am – 6pm</b>
<b>Wednesday</b>	<b>8.30am – 4.30pm</b>
<b>Thursday</b>	<b>8.30am – 4.30pm</b>
<b>Friday</b>	<b>8.30am – 4.30pm</b>

## Did you know...?

If you have a musculoskeletal problem (aching joints, sore muscles, painful back, neck etc) and are employed by the Golden Jubilee Foundation, you have rapid access to the Occupational Health Physiotherapy service. It couldn't be easier, all you need to do is:

- Email [physio.occhealth@gjnh.scot.nhs.uk](mailto:physio.occhealth@gjnh.scot.nhs.uk);
- Phone extension 5121 (Monday-Friday, 8.30am-4.30pm); or
- Leave your details in person at the rehabilitation department, level 2 (between 8.30am and 4.30pm Monday-Friday).

We aim to phone you to discuss your referral within two working days.



## Contact:

Kathryn Macpherson and David Longhurst  
[physio.occhealth@gjnh.scot.nhs.uk](mailto:physio.occhealth@gjnh.scot.nhs.uk)  
Extension 5121.

## Heart Research UK: medical grants programme

The Heart Research UK awards grants for research into the prevention, treatment and cure of heart disease.

The following UK medical grant is currently open for applications:

- Novel and Emerging Technologies Grant, up to £250,000. Outline applications will be accepted between Friday 1 September and Sunday 1 October 2017. The deadline for full applications is 1pm on Monday 8 January 2018.

Research projects with an emphasis on novel and emerging technologies and their application to cardiovascular disease prevention and/or treatment, which can be expected to benefit patients within a foreseeable timeframe, will be considered.



Details of how to apply

can be found on the Heart Research UK website: <https://heartresearch.org.uk/grants>

For more information email, Nawwar Al-Attar: [nawwar.alattar@gjnh.scot.nhs.uk](mailto:nawwar.alattar@gjnh.scot.nhs.uk)

## Team Brief

The latest issue of Team Brief, highlighting on discussions at our Board meeting on 15 June, is available now.

**i** Hard copies have been distributed, but you can download it by clicking here: [jubileestaffnet/files/2814/9846/7763/Team\\_Brief\\_June\\_2017.pdf](http://jubileestaffnet/files/2814/9846/7763/Team_Brief_June_2017.pdf)

## Changes to sample requirement



The laboratory is making a change to the sample requirement for blood glucose.

From Monday 3 July all request for blood glucose must be accompanied by a Fluoride oxalate (grey top container).

Requests for glucose accompanied by any other bottle type will be rejected.

**i** For more information contact Jackie Wales on extension 5162.

# Award success for Hotel team

The team at the Golden Jubilee Conference Hotel have been celebrating a fantastic result at the inaugural Working4Business Award ceremony, winning the Success Through Sustainability award and being named a finalist in the Excellence in Customer Service category.

Discussing the award, General Manager, Gary Rice said: "We are delighted to have our efforts recognised at the first Working4Business Awards, especially taking into account the very high standard of competition across every category.

"To win the Success Through Sustainability award, just weeks after receiving our Gold Accreditation from Green Tourism, is an amazing accomplishment and highlights countless hours of work our team have put into making sure our venue is delivering an environmentally friendly, sustainable, but most importantly, excellent standard of service for our clients and guests."

The Golden Jubilee Conference Hotel has a fantastic track record in sustainable practices, receiving the Gold Accreditation from Green Tourism six years in a row, being shortlisted for the Sustainable Development and Green Champion categories in the 2016 Glasgow Business Awards, along with the Visit Scotland Taste Our Best Award two years in a row for offering high quality, local, fresh food and ingredients. They also offer a dedicated Green Conference Package, tailor made to reduce the impact of an event on the environment.

The awards celebrated the diversity, innovation and success of employers throughout the business community in West Dunbartonshire. These included Family



*Hotel Manager, Gary Rice holding the award along with colleague Loraine Lester (left), TV and Radio presenter Kaye Adams and Gerry Kennedy, Managing Director of Campbell and Kennedy*

Business, Promising New Businesses, Community Impact, People Development and many more.

Discussing the awards, West Dunbartonshire Council leader Jonathan McColl said:

"We are delighted with the response to the first Working4Business awards. The awards have provided a platform for celebrating the category winners and their tremendous achievements.

"The winners really showcase the best of West Dunbartonshire's thriving business sector. It is also important to recognise the efforts and achievements of the wider short-listed finalists, plus all the firms which entered the awards.

"We were pleased to welcome a diverse range of guests, with attendees from sectors such as manufacturing, electronics, tourism, social enterprises, as well as businesses of all sizes, and from all around the region – highlighting the breadth of businesses successfully operating and succeeding in area.

"The Working4Business Awards would not have been possible without the support of our sponsors and I would like to thank them for their commitment to this event."

The awards were hosted by TV and Radio presenter Kaye Adams along with live entertainment from comedian Des McLean.



*Hotel staff proudly showing off another award received at the Working4Business ceremony*



# Hotel welcomes Industry leaders



Bronagh Bell welcomes representatives from some of the UK's top venues to the Golden Jubilee Conference Hotel

Our Conference Hotel welcomed industry leaders from around the UK, hosting the first Members Meeting of Venues of Excellence in Scotland for several years.

An elite collection of exceptional facilities from around the UK, Venues of Excellence is dedicated to delivering high quality in conferences, training and events. More than 40 delegates from across the country met here to share best practice and develop new ideas and experience our innovative facilities first hand.

Director of the Golden Jubilee Conference Hotel, Bronagh Bell, said: "As Scotland's only member of Venues of Excellence, it was our privilege to welcome our colleagues from some of the top events venues in the UK.

"Having recently received our Healthcare Venue Accreditation, along with once again being awarded Gold status for sustainability by the Green Tourism Board, the meeting came at a very exciting time for us.

This provided a fantastic opportunity for us to share our unique experience, as part of the Golden Jubilee Foundation, as well as learning and gaining invaluable insight from industry leaders in conferences and events."

The event featured presentations and members sessions in our Inspiration Space, as well as a special, bespoke, dinner in our restaurant with a Scottish theme of 'land and sea'. It also provided opportunities

for members to visit our conference centre colleagues at Glasgow Caledonian University and the University of Strathclyde.

Stuart Websdale, Board Chair of Venues of Excellence, commented: "Over the past 12 months the Venues of Excellence Consortium has seen a 31% growth in membership, positioning our consortium alongside key UK based hotel groups. The diversity of our members places us in a strong position for further growth and the Golden Jubilee Conference Hotel is our only venue in Scotland currently.

"We continue to attract like-minded organisations keen to come under the umbrella of a quality consortium and avail of the many benefits that strength by number brings, from marketing, purchasing, sales support, our bespoke Learning and Development Academy to networking opportunities and sharing good practice, idea exchange and benchmarking.

"The programme for our members meeting has enabled us to network with colleagues connecting with forward thinkers within the hospitality industry.

"The opportunity to visit Caledonian University and the Technology and Innovation Centre at Strathclyde University underpins the success we have to network within the hospitality industry. Our aim by 2020 is to have a consortium of 50 venues and it would be excellent to increase our footprint within Scotland."

## Funding for cancer services

Health Secretary Shona Robison has announced £2.85 million funding to help improve cancer services so that patients are seen more quickly.

The investment will be directed to health boards to reduce waiting times, particularly to speed up access to diagnostic tests. Discussions are currently being held with the boards to determine the most effective way to spend the money.

The number of people being diagnosed with cancer has increased in recent years, mainly due to the ageing population. Better treatment has also meant more people are cured than ever before, and more are living longer with the disease.

The work will complement the Scottish Government's £100 million cancer strategy, which aims to improve prevention, diagnosis and treatment over the next ten years.



For more information about the facilities available on hand at the Golden Jubilee, please visit: [www.goldenjubileehotel.com](http://www.goldenjubileehotel.com).



For more information, please visit:

[www.News.Gov.Scot/news/funding-for-cancer-services](http://www.News.Gov.Scot/news/funding-for-cancer-services)

## Credit Union's magical million

The NHS Credit Union is the fastest growing Credit Union (CU) in the country with 16,500 members – 2,500 up on this time last year.

More and more NHS Staff are using the range of savings and loan facilities on offer. During May, the CU processed and issued more than £1 million to members.

Debt consolidation loans totalling more than £100,000 were given to help members.

Staff can pay into their savings and also make loan repayments direct from payroll.

They can also benefit from the free life savings and loan protection scheme.

**i** To become a member or to find out more, visit [www.nhscreditunion.com](http://www.nhscreditunion.com)

## Hotel bookings

Staff are reminded that there are now updated rates and procedures for internal bookings and private events.

**i** For more information please contact the Events team on extension 6006, direct line 0141 951 6006 or via email – [Hotelevents@gjnh.scot.nhs.uk](mailto:Hotelevents@gjnh.scot.nhs.uk)

# Movers and shakers

## Mum's the word



*Morag with friends and colleagues at her baby shower*

The Finance team recently held a lovely baby shower for Morag Martin, our Management Accounts Assistant.

On her last day before heading off on maternity leave, a surprised Morag was presented with lots of beautiful gifts for her soon to be new arrival.

Morag got in touch to let us know her gorgeous daughter Amy Martin was born on Tuesday 16 May 2017 and weighed a nice and healthy 6 pounds 13 ounces. On behalf of everyone at the Golden Jubilee, we want to wish Morag and her family all the best for the future.

## Farewell Fiona



*Fiona with a few of her colleagues at her leaving party*

We recently held a leaving party for our Directorate Accountant, Fiona Mullen, who has left for pastures new after over 5 years of service in our Finance team.

Fiona is pictured here receiving some farewell presents from her Finance colleagues just before tucking into some cake and refreshments. Fiona, all the best for the future from everyone here at the Golden Jubilee!

## Spiritual Care



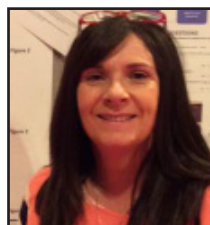
We would like to offer Andy Gillies a very warm welcome to the Golden Jubilee. Andy recently took up post as our new Spiritual Care and Diversity Lead having been employed for four years as a Healthcare Chaplain at the Queen Elizabeth University Hospital.

## Head of Pharmacy moves on



Our Head of Pharmacy, Scott Mitchell, has left for pastures new after taking up the post of Chief Pharmacist at NHS Forth Valley. Scott dedicated just over three years of his career to the Golden Jubilee and we would like to thank him for his hard work and commitment during his time here whilst wishing him the very best of luck in his new role.

## New Operations Manager



We are delighted to announce that Christine Divers has been appointed to the substantive post of Operations Manager for the Surgical Services Division. Her core remit within this role covers Orthopaedics, Ophthalmology, General Endoscopy and Plastic Surgery. She will also deputise for our Head of Operations, Lynn Graham, in her absence. On behalf of everyone at the Golden Jubilee, we want to wish Christine the best of luck in her new role.

## Programme Director



As part of our ongoing expansion work, we are delighted to announce the appointment of John Scott as Programme Director. John joins us from his previous role as Head of Capital Planning at NHS Ayrshire and Arran.



# Golden delight for Scotland's National Hospital

Generous guests at Robert and Mary Wilson's Golden Wedding raised £1,500 for the hospital as a thank you after Robert's aortic valve replacement.

Over 100 family and friends from across Scotland raised the money at the happy couple's recent 50<sup>th</sup> wedding anniversary celebrations in Kilmarnock.

Robert said: "Mary and I wanted to give back to the heart and lung services in recognition of the treatment I received in our National Hospital. Since my operation, I feel better than ever; not only do I attend regular fitness classes, but I'm also back working on my farm.

"Instead of receiving gifts, we decided to dedicate our event to generating donations for the team who looked after me; we are so grateful for the exceptional professional



Robert and Mary Wilson present their donation to our staff

commitment and care shown by everyone at the Golden Jubilee. We are also extremely thankful for the generosity shown by our family and friends who have made this donation possible."

Robert and Mary recently visited the hospital and proudly presented their donation to Kenneth MacArthur and the SACCS team.

## "Blooming Great Tea Party"



Laura Howell, Occupational Therapist, threw a "Blooming Great Tea Party" for the Rehabilitation Team on Friday 23 June.

Laura and the team came together to enjoy some tea and cake, and raised a grand total of £188 for Marie Curie Scotland, a cause that is close to her heart.

Well done to Laura and everyone who took part!

## Introducing our LGBT Allies

We recently held a short reception to welcome our seven new Lesbian, Gay, Bisexual and Trans (LGBT) Allies who have been trained by Stonewall Scotland to be LGBT Allies.

### So what's an ally?

An LGBT ally is a heterosexual and non trans person who believes that people from the LGBT community should experience full equality within the workplace and community. Good allies use their role within the workplace to create a culture where this can happen. A large part of being an ally is just to be yourself and let your colleagues know that supporting LGBT equality isn't something you're doing because you have to, but you want to.

### Why do we need Allies with all the equality legislation that exists?

Research shows that one in five LGBT people still experience bullying and harassment at work and 62% of graduates go back into the closet when they enter the job market. As an ally we can't change people's prejudices overnight, but we can certainly help to raise



Meet our new Allies

awareness of LGBT issues and help to make our workplace tolerant and friendly.

### Who are our Allies?

Our current Golden Jubilee LGBT Allies are:

- Gina Harden, Procurement
- Ben Troth, Radiology
- Heather Gourlay, Infection Control
- Maureen Carlin, Catering
- Johanna Bryson, Business Services
- Wendy McCulloch, Medical Secretary
- Andy Gillies, Spiritual Care

A further three LGBT Allies are due to complete their training on Friday 4 August. We look forward to welcoming them to the group.

## Posters

Staff are reminded that all posters displayed in public areas of the hospital must be approved by the Communications Department before being distributed.

Posters should only be placed on notice boards, and for infection control purposes, must not be placed on woodwork, paintwork or in the lifts.



Other staff can get involved! If you would like to find out more about becoming a Golden Jubilee LGBT Ally, please speak to our Allies or contact Carole Anderson on extension 5522 or email [carole.anderson@gjnh.scot.nhs.uk](mailto:carole.anderson@gjnh.scot.nhs.uk)



For more information email:  
[comms@gjnh.scot.nhs.uk](mailto:comms@gjnh.scot.nhs.uk)

# THE SOCIAL SIDE

## La Marmot Challenge

A massive well done to David Patton, Elaine Muirhead and Keith Oldroyd who completed Europe's hardest amateur cycling event to raise money for the Newman Trust, which improves the lives of disabled children by taking them on adventure holidays. The gruelling La Marmot Challenge is a 174km road race with climbs as high as 5000 metres running from Bourg d'Oisans, through the famous mountain passes of Glandon, Telegraphe and Galibier, finishing in Alpe d'Huez. Great effort guys!



Keith, Elaine and David took the ultimate challenge for charity

**i** To donate and support this fantastic cause, please visit their JustGiving page at: [www.justgiving.com/fundraising/CardiologiststakeonLesMarmottforNHT](http://www.justgiving.com/fundraising/CardiologiststakeonLesMarmottforNHT)

## Great Scottish Run

Members of our Clinical Laboratory Team are running the 10K Great Scottish Run on Sunday 1 October, raising money for our services right here at the Golden Jubilee!



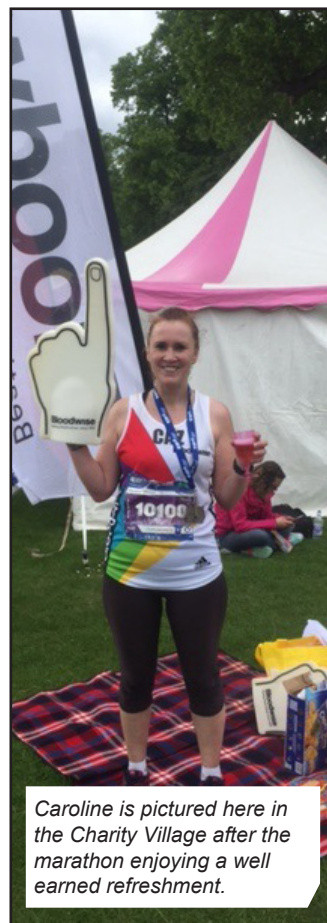
Meet the laboratory 'Bravehearts'

The Laboratory Bravehearts are made up of the following staff members: Jill Campbell, Lindsey McGuire, Megan Donnelly, Kat Beattie, Margaret Woods, Diane Ward, Kieran Monaghan, Clare McCann.

Donations like this make a huge difference to the standard of care we are able to offer everyone who comes through our doors.

**i** Please support the team by donating at: [www.justgiving.com/fundraising/thelaboratorybravehearts](http://www.justgiving.com/fundraising/thelaboratorybravehearts)

## Going the distance!



Caroline is pictured here in the Charity Village after the marathon enjoying a well earned refreshment.

A massive congratulations to Caroline Richardson of Medical Physics, who completed the Edinburgh marathon on Sunday 28 May.

Caroline's hard work and training in the weeks and months before the marathon paid off in style as she not only crossed the finishing line with a fantastic time of four hours and 19 minutes - she raised over £1,000 for charity.

## Charity Golf event

Spaces are now open to sign up to the fourth annual Civil Service Lifeboat Fund Golf Event.

The Lifeboat Fund – an official Civil Service charity – gives vital support to lifeboat stations in Scotland, and throughout the UK, who would otherwise struggle to equip, train and retain volunteers. All money raised by the Lifeboat Fund goes to support the life saving work of our colleagues at the Royal National Lifeboat Institution.

The tournament takes place at Ratho Park Golf Club on Friday 22 September and places are open for teams of four or individually. Entry is £50 per head and includes coffee and a bacon roll on arrival, 18 holes of golf, a two-course meal at the clubhouse and a chance to win the prizes on offer.

**i** To take part, contact Bill Sim on 0131 244 2841; or [Bill.sim@gov.scot](mailto:Bill.sim@gov.scot). A £10 deposit will be requested with registrations.