

Jubilee Life

Issue 9


Golden Jubilee
Foundation
Patients at the heart of progress

70
YEARS
#nhscot70



**UK first for heart transplant inpatients!
Our expansion plans are stepping up the pace**

Excellence Awards ~ Supporting nursing recruitment ~ Realistic Medicine
End of an era ~ Gala Day Fun ~ Jubilee's Got Talent ~ and much more...

NHS
SCOTLAND



Expansion plans are stepping up the pace

The Full Business Case (FBC) for our dedicated ophthalmology unit (phase one of our expansion plans) has been approved by our Board subject to building timescales being agreed.

The FBC will now go forward to the Scottish Government Capital Investment Group for approval prior to building work commencing in the new year.

The unit will offer state-of-the-art care for patients needing cataract surgery – one of NHSScotland’s key patient demand areas. Already undertaking about 18% of all Scottish cataract procedures, the new unit is scheduled to open in 2020. By offering improved services and facilities, the expansion will help reduce patient waiting times.

We are now working on the Outline Business Case for our phase two expansion.

“We are delighted to be able to carry on with our expansion plans as the first step in the national Elective Centres Programme.

“The Golden Jubilee model of care has proven that by focusing on elective care, patients receive better outcomes and great efficiency, with patients being able to be treated faster and recover quicker to allow them to be appropriately discharged home.

“With 96% of our patients telling us they had a positive experience at the Golden Jubilee, we are proud that even more Scottish patients will be able to benefit from our NHS highly specialised teams.”

June Rogers,
Interim Chief Executive

“We are committed to investing at least £200 million to create a new network of elective diagnostic and treatment centres to ensure we meet the needs of a growing and increasingly elderly population across Scotland.

“I welcome the progress being made at the Golden Jubilee National Hospital and these new facilities will deliver the highest standards of healthcare. This significant step forward will help us treat more patients than ever before, which is very positive news.”

Jeane Freeman MSP,
Cabinet Secretary for Health and Sport

Irish Health Minister visits on fact finding mission

Our reputation as a centre of excellence and an organisation dedicated to quality, research and innovation was further underlined recently when we welcomed Scottish Health Secretary Jeane Freeman and Irish Minister for Health, Simon Harris, to the hospital.

Mr Harris is planning to open three hospitals based on the Golden Jubilee model to help reduce waiting times and he came to visit us as part of a fact finding mission – and to hear first-hand about our elective centre success in delivering planned care for patients.



From left: Simon Harris, Jeane Freeman and Jill Young

UK first for heart transplant inpatients at Golden Jubilee

Physiotherapists at the Golden Jubilee have implemented a technique to help critically ill inpatients on the heart transplant list get vital exercise.

Senior physiotherapists Ross Marscheider and Natalie Lambie, who specialise in cardiothoracic surgery patients, are leading the team which did the first mobilisation of a patient on a femoral intra-aortic balloon pump (IABP) in the UK in November.

People who require heart transplants are often too ill to do any form of exercise, or even normal day-to-day activities, and some require additional support such as a balloon pump to keep them stable.

The balloon pump is a bulky device which needs to be wheeled around in a cabinet and connected to the patient through an artery, making it extremely difficult for them to be mobile.

However, the technique used by the Golden Jubilee National Hospital's rehabilitation physiotherapists, which is used in other countries, allows patients in wards to get up and about twice a day to keep their muscle strength up and in better shape for a future transplant.

The new protocol involves physiotherapists and nurses moving the patient onto a tilt table, which allows the patient to be moved into a standing position without bending at the hip joint.

This enables the patient to walk, with the aid of a walking frame, while still being on the balloon pump and avoiding bending the hip further than 30 degrees.



George Liddell
with wife Aileen

Without the new protocol, the mobility of heart failure patients on bed rest is restricted for the duration of the time they are on a balloon pump, which could be months.

This restriction can lead to muscle atrophy, reduced exercise tolerance, weight loss, restriction in respiratory muscle function, longer post-operative recovery or even the increased risk of intra-operative mortality.

Patients on bed rest are also more at risk of hospital infection and complications such as pressure ulcers.

“This week we've mobilised a heart patient on a femoral balloon pump for the first time, we believe, in the UK.

“We know that patients de-condition with being in bed for long periods of time so this should help improve patients' muscle strength in order for them to be in a better position for transplantation.”

Ross Marscheider,
Physiotherapist

“Our patient George did fantastic and his blood pressure remained stable throughout.

“We got his family involved and they were really happy to see him up and about after quite a long time in bed and looking a bit more like himself and he really enjoyed it.”

Natalie Lambie,
Physiotherapist

“My health has improved “immensely” since being put on the balloon pump, and the exercise is also helping to keep me fitter and in good spirits.

“The exercise really helps, I'm up twice a day and I've got exercises to do on my bed just to help my muscles, so if I'm lucky enough to have a transplant then it helps you to recover quicker.

“Just getting up a couple of times a day also helps you both physically and mentally, it boosts you as well because if you're just lying in bed all day it gives you something to look forward to, getting up for that 15-20 minutes.”

Patient George Liddell (61)



Pictured L-R: at the launch are Anna Hutchison of Chivas Regal, Beth Culshaw, West Dunbartonshire Health and Social Care Partnership, Susan Douglas-Scott, Chair of the Golden Jubilee Foundation, Detective Superintendent Calum Young, Police Scotland L Division, Clare Frazer, West College Scotland and Kaite Heslop, Aggreko

Tackling domestic abuse in West Dunbartonshire

The Golden Jubilee joined up with Police Scotland as part of a campaign focussed on aiming to reduce domestic abuse in West Dunbartonshire.

The initiative educated local employers about the harmful behaviours associated with the issue in order to recognise them and raise awareness within the workplace.

Ourselves, West of Scotland College Campus in Clydebank, Aggreko and Chivas (Pernod Ricard) all took part in the training, facilitated by Medics Against Violence.

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“We all have a part to play in tackling this issue and local employers involved in this initiative are helping us send a clear message that there is no place for domestic abuse in West Dunbartonshire.

“Domestic abuse comes in many forms and is not only about physical violence.”

Detective Superintendent Calum Young, West Dunbartonshire CID
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“It is very encouraging that the police of West Dunbartonshire are being so proactive in engaging local employers around the issue of domestic abuse.

“Medics Against Violence are delighted to be partnering with them in delivering this training.”

Dr Christine Goodall, Medics Against Violence
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Watch...

Our Golden Jubilee Foundation Chair Susan Douglas-Scott talking about why it is important that the Golden Jubilee is involved in this initiative, while Detective Superintendent Callum Young discusses tackling the high levels of domestic abuse in the West Dunbartonshire area on our YouTube channel at www.youtube.com/watch?v=qheJqAbTqZw

Golden Jubilee developments to help improve national waiting times

We're increasing the number of Scottish patients being treated here, as part of the Scottish Government's multi-million pound Waiting Times Improvement Plan.

The Plan will see us provide patients with more Computer Tomography (CT) scans through an additional machine.

The new CT scanner is expected to be operational by March 2019 and should benefit an extra 8000 Scottish patients per annum.

We'll also be introducing a new mobile Cardiac Catheterisation Laboratory (Cath Lab) which will deliver 400 more procedures from March 2019. A new additional permanent Cath Lab will be in place by March 2020 and will deliver 800 additional procedures a year.

The announcement means we'll be able to continue to increase the services we provide for patients and, in turn, support NHS Boards around the country in improving their own waiting times.

All this comes hot on the heels of the hospital's recent expansion plans, which include:

- providing an additional 600 endoscopies between September 2018 and March 2019 and 1200 endoscopy procedures annually for 2019/20.
- and ongoing work to expand ophthalmology and orthopaedic services.

All our developments are featured on the Foundation for the Future section of our staff intranet and there are also dedicated Foundation for the Future bulletins and notice board at the West Lifts.



“This important announcement means we can expand our CT scan and Cath Lab provision significantly and help treat thousands more patients every year for conditions such as heart disease and cancer.

“This is good news for our hospital and great news for patients. It is also a ringing endorsement of the quality, innovation and research which surrounds everything we do at the Golden Jubilee on a daily basis, all designed to help treat the people of Scotland and improve as many outcomes as possible.”

June Rogers, Interim Chief Executive

Best Start Grant

Social Security Scotland are now taking applications for the Pregnancy and Baby Payment.

Applications will be taken via our freephone helpline on 0800 182 2222, by post or online at mygov.scot/pregnancy-and-baby-grant.

Staff can also contact the Social Security Scotland delivery team by email at localdelivery@socialsecurity.gov.scot with any questions or for more information.



Social Security Scotland
Tèarainteachd Shòisealta Alba

Best Start Grant

Pregnancy and Baby Payment

Stakeholders Toolkit

Dignity,
fairness,
respect.

A truly InS:PIREing programme

Our InS:PIRE (Intensive Care Syndrome: Promoting Independence and Return to Employment) programme, was centre of attention when Professor Jason Leitch, Clinical Director, Healthcare Quality Strategy of the Scottish Government, came to visit.

InS:PIRE is a truly inspiring programme, giving intensive care patients and caregivers the opportunity of specialised and unique aftercare to help give them the best chance of rehabilitation.

In terms of our InS:PIRE programme, to date, the team has held five cohorts with 30 ex-patients attending. Three are now back in full-time employment.

Team sessions run differently – staff have an initial clinic over five weeks with patients attending the Golden Jubilee on weeks 1, 3 and 5 and then telephone calls for weeks two and four.

InS:PIRE provides lunch during hospital days to encourage groups to chat and gain peer support.

All returning patients and carers were given opportunities to meet with staff from Medical (Isma Quasim), Nursing (Lisa Davey, Annette Asher and Lucy Campbell), Physio (Fiona Nolan, Ross Marsheider and Natalie Lambie), Pharmacy (Martyn Gall and Sam Naidoo) and Psychology (John Sharp), as well as Karen McGroarty from Carers of West Dunbartonshire.

The group also has input from Dietetics (Alice Young) and Speech and Language Therapy (Marcina Novitzky Basso) and facilitates visits back to ICU, if appropriate.

The benefits of InS:PIRE are that both patients and carers have an opportunity to talk about the admission and how life has been since discharge. Many issues have been dealt with including swallowing difficulties, missed rehabilitation and/or appointments, medication changes and wound reviews.

InS:PIRE





Golden Jubilee Foundation
Patients at the heart of progress

InS:PIRE is a five week programme of rehabilitation for both patients and relatives after discharge from Critical Care.

During the five weeks, participants will meet with a Doctor, Nurses, Physiotherapists, Psychologist and a Pharmacist.

If you would like to attend or would like more information, please contact us directly:

 **0141 951 5253**
 **inspire@gjnh.scot.nhs.uk**

Comments from previous attendees:

Talking through problems you may have and going over what happened to you in ICU helps your recovery.

Another good day at InS:PIRE – everyone very helpful and supportive.

Good to know you're not alone, that others are going through similar and that professionals are on hand.





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“It has been known for some time now that some patients following an ICU admission suffer from physical, psychological and social issues; we also know that their families may also suffer psychological problems, and social issues may occur with loss of income from either the patient or their family members.

“We have a duty of care to try and return patients and their families to as good a level as we are able following their critical care stay. What makes InS:PIRE different from other ICU follow-up clinics is the importance placed on peer support and person-centred care.

“It also is truly multidisciplinary with equal importance of all members of the team and a blurring of traditional roles within the group. This ethos is as relevant in the ICU setting. We have also become increasingly aware of the social issues that may affect our patients and their families and how we should try to start addressing these problems as early in their hospital admission as possible. Carers of West Dunbartonshire has been an important part of our programme helping us to integrate hospital and social care in a unique way.”

Isma Quasim, Consultant Anaesthetist

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Pharmacy team back Antibiotics campaign



Members of our Pharmacy team supporting the Keep Antibiotics Working campaign

The recent campaign to Keep Antibiotics Working highlighted the risk of unnecessary and inappropriate use of antibiotics.

Our Pharmacy team was on the rounds recently as they continued to raise awareness of the growing threat of antibiotic resistance as part of World Antibiotics Awareness Week.

“Taking antibiotics encourages harmful bacteria that live inside you to become resistant. That means that antibiotics may not work when you really need them. This puts you and your family at risk of a more severe or longer illness.”

Yvonne Semple, Chief Pharmacist

Did you know?

More information on Keep Antibiotics Working is available at nhsinform.scot/campaigns/keep-antibiotics-working

You can also find out more at antibiotic.ecdc.europa.eu/en and make a pledge to help keep antibiotics working by becoming an antibiotic guardian at antibioticguardian.com

European Antibiotic Awareness Day



The Golden Jubilee's pharmacy team was out in full force supporting the Keep Antibiotics Working campaign to highlight the dangers of unnecessary and inappropriate use, which reduces their ability to treat infections.

Our pharmacists say overuse and misuse of antibiotics when you don't need them can result in the next time you get a serious infection, it's more likely the antibiotics will not work.

Did you know...

You can get more information by visiting www.nhsinform/antibiotics

WORLD PHARMACISTS DAY 25 SEPTEMBER

fip ADVANCING PHARMACY WORLDWIDE

Pharmacists are there... help other healthcare professionals...

Forging even closer links with the University of Glasgow

We've teamed up with the University of Glasgow and signed a Memorandum of Understanding (MOU) to further strengthen our relationship in medical science.

It means we'll be able to build on existing and historical links between the University and our Board.

Both organisations have for many years, enjoyed a close relationship, working together through membership of Glasgow Biomedicine.

This MOU represents a strengthening of that relationship, with the aim of continuing to support successful collaborative research and attracting additional research funding for the advancement of knowledge and healthcare provision in Scotland and beyond.

The MOU will formalise joint collaboration on major scientific areas and disciplines of mutual interest.



“I am delighted that the University of Glasgow and the Golden Jubilee Foundation have signed an MOU to further strengthen our close relationship.

“True world-leading medical and life sciences research is built on strong, productive collaboration. This agreement will provide the basis for even closer working relations between our two institutions and our world class researchers.”

Professor Dame Anna Dominiczak, Vice Principal of the University of Glasgow and Head of the College of Medical, Veterinary and Life Sciences

“The close working relationship between researchers and clinicians at the Golden Jubilee will benefit patients across Scotland and will lead to important medical breakthroughs.

“This partnership will build on existing strengths and develop long-term international excellence in translational research ensuring the route from research to treatment is as effective and as rapid as anywhere in the world.”

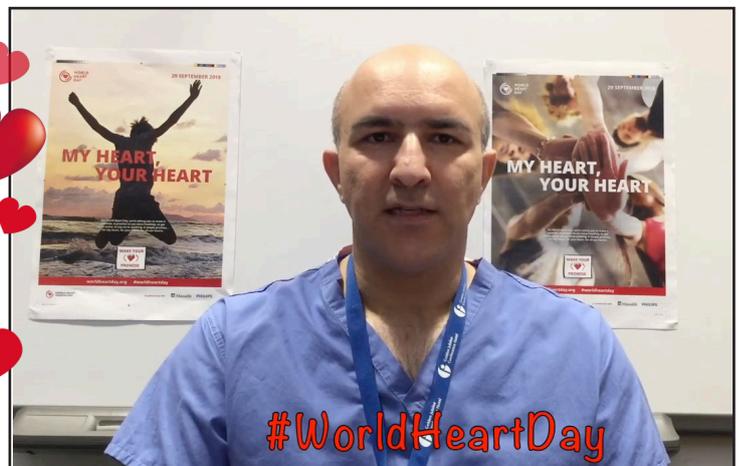
Jill Young, Chief Executive

World Heart Day

Heart transplant surgeon Professor Nawwar Al-Attar wore his heart on his sleeve on World Heart Day in September.

This year the global campaign focused on looking after our own hearts, and the hearts of our loved ones.

Nawwar talked passionately about his role in keeping people's hearts healthy and keeping them alive.



Watch...

View Nawwar's comments at:
<https://www.youtube.com/watch?v=CHVWU1shlHk>

Jubilee team behind new 20-minute test to diagnose hidden heart condition

Research carried out with the University of Glasgow has been testing the effectiveness of into a new test to diagnose previously hidden conditions.

The 'small vessel' test - which involves passing a thin wire into the heart and measuring how well a blood vessel relaxes - involved 151 patients with chest pain who could not be diagnosed using currently available tests.

Funded by the British Heart Foundation (BHF), the new tests are not yet standard in the NHS because, before now, there hasn't been enough evidence to prove they would benefit patients.

The small vessel test results for half of the patients were made available to doctors to further guide the diagnosis and treatment. In the other half of the patients, the results were not disclosed. These patients followed standard care.

The team found that the new tests were able to correctly diagnose four times as many patients as standard tests.

Six months later, symptoms of angina were less and quality of life was better in the patients whose care was guided by small vessel tests.



Pictured second from left is Dr Tom Ford, who delivered the findings at a conference in the US. Also pictured are Clinical Fellows Novalia Sidik (left) Damien Collison and Annette Maznyczka (right)

“Microvascular angina and vasospastic angina are under-recognised problems. As the angiogram in these patients looks 'clear' our study showed they may be falsely reassured. Our study's results indicate this to be the case.

“However, leaving microvascular angina and vasospastic angina undiagnosed and untreated presents a risk to patient wellbeing, so we hope to see this test rolled out.”

Professor Colin Berry, our Director of Research at the Golden Jubilee Foundation and Chair in Cardiology and Imaging at the University of Glasgow

Watch...

You can see the findings on our dedicated Golden Jubilee YouTube channel at <https://www.youtube.com/watch?v=wPUeWnt75cY>

Shanna and Melissa are an inspiration

These two inspirational young ladies, Shanna and Melissa, came in to visit us to hand over a donation of £1200 for our National Services Department (NSD) and a further donation of £400 for the British Heart Foundation.

Shanna and Melissa helped organise a fundraising night in memory of their mum Pauline Gilmour, a heart failure patient who sadly passed away two years ago.

We'd like to express our sincere thanks to Shanna and Melissa for their amazing donations and to everybody who supported them.



Mum's Jubilee Jaunt for teen son

A devoted mum completed an 80-mile 'east to west' fundraising walk to raise money for us after our medical staff helped save the life of her son.

Alyson Rice set out on her 'Jubilee Jaunt' from Ninewells Hospital in Dundee on Friday, 12 October, covering 20 miles a day before arriving in Clydebank on Monday, 15 October.

Alyson, from Perthshire, walked 81.2 miles in total and now hopes to raise £3000.

Alyson and husband Rod were told to prepare for the worst when son Cody, 19, was diagnosed with bloodstream infection septicaemia.

His condition developed into Endocarditis, an infection of the inner lining of the heart chambers and heart valves, which prompted Cody to be transferred from Ninewells Hospital to here, where he underwent open heart surgery.

Cody also received Extracorporeal Membrane Oxygenation (ECMO), a technique of providing prolonged cardiac and respiratory support to patients whose heart and lungs are unable to function correctly.



Alyson

“It is due to the care and dedication of an amazing medical team at the Golden Jubilee National Hospital's ICU that Cody is still here.

“Many of his doctors consider him a miracle and had he not made it to Clydebank, he most certainly would have died.

“The staff in the Intensive Care Unit do the most amazing jobs.

“My 'Jubilee Jaunt' was just a thank you to the staff for caring for Cody.”

Alyson Rice

“Our amazing medical and nursing staff do a first class job, with our Critical Care teams looking after patients at the worst point in their lives.

“We're delighted to hear that Cody is on the road to recovery and we're extremely grateful to Alyson and her supporters for raising such a fantastic sum.”

Anne Marie Cavanagh, Nurse Director

NHS Scotland Event

30 - 31 May 2019, Scottish Event Campus (SEC), Glasgow



The 2019 NHSScotland event takes place on 30 and 31 May at the SEC Campus in Glasgow.

Now in its 13th year, the event provides an opportunity for those working in and with the NHS in Scotland to come together to consider the challenges, to share best practice and the most innovative approaches to delivering the highest quality of care, and to take away tools and techniques that will support them in their various roles.



Spotlight and Parallel Sessions

Applications are now open for parallel and spotlight sessions to highlight best practice across the country.

Bids with the theme of 'Working together, Improving Outcomes' should showcase the organisation's perspective on how we do this.

As parallel sessions are repeated on both days, 12 slots are available.

Spotlight sessions each feature three presentations with time for questions and answers at the end. A total of 12 slots are available.

Each NHS board can submit up to five bids and there is usually fierce competition to secure a slot.

Closing date for bids is Tuesday 8 January 2019, with successful bidders notified in the week commencing 21 January.

Call for Posters

Abstracts for the event must be submitted to comms@gjnh.scot.nhs.uk by Monday 7 January 2019.

Poster guidance can be found here:

<http://nwtc-web02/index.php/news-and-events/nhsscotland-event/>

Ten year celebration of keeping patients safe



Pictured from left: Eilidh McCabe, Clinical Effectiveness Facilitator, Sam Naidoo, Clinical Pharmacist in Cardiothoracic Services and Ash Calvert, Clinical Effectiveness Manager

Ten years after the launch of the Scottish Patient Safety Programme (SPSP), we held a week of celebrations in the Innovation Hub to recognise the improvements that have been made in patient care.

Our staff took over the Hub to celebrate our achievements and discuss what else we could be doing to make even more improvements.

Each day we focussed on a different topic and hosted drop-in sessions where people were welcome to come in for a chat.

Some of the topics included medicine safety, Scottish Structured Response, invasive devices and falls, where figures show improvements at regional and national level. On hand to greet attendees were Clinical Effectiveness Manager, Ash Calvert and Eilidh McCabe, Clinical Effectiveness Facilitator.

As of 21 November, we were at 283 days since the board last had a CVC-related infection and 437 days since the last VAP (Ventilator Acquired Pneumonia).

We've also had improvement in the number of device-related pressure ulcers. The median has dropped from three per month to one per month across the site.

Watch...

Our Head of Clinical Governance, Laura Langan-Riach, talks about the week's events on our YouTube channel at <https://www.youtube.com/watch?v=EZj6l0raFHg>

Conference Hotel strikes gold for going extra mile for clients



Customer satisfaction has earned the Golden Jubilee Conference Hotel another prestigious accolade for going that extra mile for clients.

Our award-winning venue has achieved the VenueVerdict Gold Accreditation for the third quarter of 2018.

The recognition is based on customer feedback for 371 participating venues and hotels across the UK and Ireland, with results delivered from nearly 16,000 individually submitted feedback.

Market research agency BVA BDRC accredit the Gold Standard to venues achieving a 12-month Net Promoter Score (NPS) of +70 (scores range from -100 to +100).

NPS is a progressive measure of customer service performance which acknowledges the power that excellent service has when it comes to driving positive word of mouth for a brand.

The VenueVerdict Gold Standard Accreditation is given to those properties recording a 12 month Net Promoter Score of +70 or higher from 40 or more Business Event Host responses in the 12 month period October 2017 to September 2018.

This latest recognition comes after the hotel was awarded VenueVerdict Gold Accreditation for the second quarter of this year and Conference Hotel of the Year at the 2018 Scottish Hotel Awards, making it an unprecedented year.

“This recognition shows how our conscientious staff really go the extra mile for our guests, conference organisers and delegates.

“I would like to thank each member of our hard-working team for their dedication and can-do attitude which helps us deliver innovative, collaborative and bespoke services for a unique user experience.”

Bronagh Bell, Director of the Golden Jubilee Conference Hotel

The return of the 'Fantastic Four'

We warmly welcomed back the 'Fantastic Four' to the hospital as we promoted Organ Donation Week.

Pamela Rae, Steven Donaldson, John Jamieson and Michael Hanlon all received heart transplants here.

During Organ Donation Week (Monday, 3 September to Sunday, 9 September) they were only too happy to talk to passers-by and tell them about their own personal journeys and help promote the campaign.

They also reinforced the #WeNeedEverybody message in a bid to help increase the number of people on the NHS Organ Donor Register.

We also played our part in Organ Donation Week by supporting the campaign's green theme.



Pictured above left to right are Pamela Rae, Steven Donaldson, John Jamieson and Michael Hanlon



Not only that, but thanks to an organ donor, a sporting legend was also in the hospital to help promote Organ Donation Week.

Heart transplant recipient Sue Swinson won Gold and two Silver medals for Team GB at the World Transplant Winter Games in Switzerland earlier this year. You may also remember that Sue carried the Commonwealth Games baton through the Golden Jubilee in 2014.

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“An organ donor - and their next of kin - saved my life and opened up a wealth of opportunities for me.

“Now I’m looking forward to the next Transplant Games in Norway, in 2020.”

Sue Swinson, medal winning skier and curler Rice
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Celebrating Health Care Support Workers



We enjoyed a fantastic day of celebrations when we played host to a Health Care Support Workers (HCWS) Conference on 21 September 2018.

Above: Delegates who took part in the conference
Below: Tilda McCrimmon, Lead Nurse for Dementia

Health Care Support Workers are the faces of the Golden Jubilee that our patients see the most.

As a result we felt it was important to shine a light on the work these remarkable people do on a daily basis.

Our Lead Nurse for Dementia, Tilda McCrimmon spoke about Dementia awareness to the assembled audience on World Alzheimers Day.



Chief Executive of NHSScotland to step down



Chief Executive of NHSScotland and Director General of Health and Social Care for the Scottish Government, Paul Gray, has announced he will step down in February 2019.

Mr Gray took up his current posts in December 2013, following an open competition.

To allow time for a full external competition to appoint a permanent successor, Malcolm Wright, formerly Chief Executive of NHS Grampian and current Chief Executive at NHS Tayside, will take over as interim when Paul Gray departs.

Meanwhile, Health Secretary Jeane Freeman has announced that Grant Archibald has been appointed as the new Chief Executive of NHS Tayside. Mr Archibald has worked for NHSScotland for 34 years and has held a series of senior posts, most recently as Chief Operating Officer of NHS Greater Glasgow and Clyde's Acute Services.

“Paul Gray has been an excellent Chief Executive of the NHS in Scotland and Director General of Health and Social Care.

“Amongst his many achievements in this role, which was just the most recent in a long and distinguished career in public service, Paul oversaw the integration of health and social care services, which is the most significant change to our health system since the creation of the NHS.

“Paul will remain in post until February, continuing to lead health boards throughout the winter months. I would like to offer him my sincere and personal thanks for his work over the last five years, and my best wishes for the future contribution I know he will make.

“I look forward to working with Malcolm Wright, who brings a wealth of senior management experience to the role.

“I am also pleased to announce the appointment of Grant Archibald as Chief Executive of NHS Tayside. He also has a strong background with more than 30 years of experience in the health service, including a number of senior roles.”

Jeane Freeman MSP

Think pharmacy first this winter

Members of the public are being urged to include its health in festive preparations to make sure they can deal with minor illnesses quickly and easily.

A few simple steps mean that people can avoid the need to seek medical help over the holidays, leaving them to enjoy the festivities.

The advice is being offered as part of the national 'Be Health-Wise this Winter' campaign which was launched in November by the Cabinet Secretary for Health, Jeane Freeman MSP.

The Minister highlighted the importance of being prepared for seasonal illnesses by having cold and flu remedies at home, checking any repeat prescriptions and knowing their GP surgery opening hours over the festive holidays. This can all help people to avoid or deal with the most common winter ailments.



Importantly, people are being encouraged to think about accessing local services such as community pharmacy which can often mean they have more walk-in access to the advice and care they need.

NHS 24's Head of Pharmacy, John McAnaw, joined the Minister to launch the national campaign.

The Be Health-Wise campaign is delivered by NHS 24 on behalf of NHSScotland in partnership with NHS 24, the Scottish Ambulance Service and all 14 Scottish territorial health boards.

“I am delighted to be launching the Be-Health-Wise This Winter campaign. Community pharmacies are a great place to go to for minor ailments and illnesses, and for health and medicines advice.

“I would urge everyone to begin to plan ahead for winter by making sure you have enough medicines to treat common conditions at home. If you're not sure what you need then a pharmacy can help with advice and can also deal with minor ailments. It is also important to check your GP surgery and pharmacy opening times, which can vary over the holidays.”

Jeane Freeman MSP

“NHS 24's 111 service gets a lot of pharmacy calls and of those taken over the festive period last year, 68% were about repeat prescriptions. Being organised and ordering absolutely only what you need will reduce the chance of you needing to make a call to us, leaving you more time to make the most of the holidays with your family.”

John McAnaw, Head of Pharmacy, NHS24

General advice and information on how to stay healthy this winter, including self-help guides, can be found at www.nhsinform.scot or contact NHS inform on 0800 22 44 88.



Our staff hit the headlines

Once again our talented staff have hit the headlines for the wonderful work they do every day.

In the last edition of GE Assist, they dedicated a staggering 20 pages to the work we carry out at the Golden Jubilee National Hospital.

Among those interviewed were Professor Hany Eteiba, Dr Stuart Watkins, Professor Keith Oldroyd, Cardiac Physiologist Douglas Gordon and Karen Main, Lead Radiographer for Cardiology.

The section our staff are featured in is called Primary PCI to Elective Interventions. Well done to everyone!



Dr Stuart Watkins

Realistic medicine – what does it all mean?

“By 2025, everyone who provides healthcare in Scotland will demonstrate their professionalism through the approaches, behaviours and attitudes of Realistic Medicine.”

The Chief Medical Officer, Scotland

What is realistic medicine?

Global healthcare successes in assisting people to live longer have also brought about new challenges. Older people now have multiple conditions and additional complexity, both in their experience of illness and care. It is, therefore, more important than ever to have an honest and open dialogue with people about their needs, and support them in a way that is helpful to them and their families.

At the Golden Jubilee we want our staff and the people who use our services to think about the values and the behaviours that underpin good experience. By drawing on these values, we can have meaningful conversations with people to plan and agree what matters most to our patients about their care.

We aim to implement Realistic Medicine in a number of ways:

- Listening to understand patients problems and preferences;
- Sharing decision making between healthcare professionals and their patients;
- Ensuring that patients have all the understandable information they need to make an informed choice;
- Moving away from the ‘doctor knows best’ culture to ensure a more equal partnership with people;
- Reducing the harm and waste caused by both over-provision and under-provision of care; and
- Identify and reduce unwarranted variation in clinical practices.

“Realistic Medicine has people at its heart. It has two overarching principles: strengthening the relationships between healthcare professionals and patients, and reducing the harm caused by unwarranted variation in diagnosis, treatment and outcomes. If we can embed these in the way we practice, we can help transform health and care services across Scotland for the better and deliver care that people truly value.”

Rhona Siegmeth



“Put simply, Realistic Medicine is about strengthening relationships between professionals and patients, addressing over treatment, challenging variation in clinical practice and offering higher value care.”

Jason Roberts

Jubilee Medical leads

To help us implement this vision, we have two Golden Jubilee Realistic Medicine leads – Rhona Siegmeth from Anaesthetics and Jason Roberts from Orthopaedics.

Although Realistic medicine is a relatively new term, this is an area that we have been working on for some time in various ways. Some examples of work already underway include:

- the use of anaesthetic information videos in the orthopaedic pre-assessment clinic to better prepare patients for their anaesthetic experience;
- the demand optimisation programme to try and reduce unwarranted laboratory investigations;
- the introduction of the national intravenous fluid programme to bring a more standardised approach to intravenous fluid management; and
- the introduction of remote ‘videoconference’ clinics to prevent unnecessary travel for our orthopaedic patients from the Highlands and Islands.

This work is set to continue over the next year where the priorities will be to strengthen shared decision making. This will be through a variety of measures including the use of further information videos and the introduction of the ‘Asking the Right Questions Matters’ campaign, as well as further reducing unwarranted variation in clinical practice through collaborative working and sharing good practice.

Both Jason and Rhona are keen to hear your Realistic Medicine ideas. To share your ideas with them or for further information on Realistic Medicine, they can be contacted on jason.roberts@gjnh.scot.nhs.uk and rhona.siegmeth@gjnh.scot.nhs.uk.

Patients remain positive about Golden Jubilee



“We are delighted with these results.”

Anne Marie Cavanagh,
Nurse Director

The majority of inpatients who spent at least a night in one of our wards said their stay was a positive one.

Figures from the Inpatient Experience Survey by the Scottish Government show 96 per cent of inpatients had a positive overall experience – with 83 per cent marking the hospital a nine or a 10 out of 10.

Hospital staff have also once again shown their outstanding commitment to patient care as 98 per cent of those who stayed in a ward or a room overnight said their contact with our staff was positive.

The survey was sent in January this year to a random sample of people aged 16 years or older who had an overnight hospital stay between April and September 2017.

The survey, which is administered by post, covers six specific areas of inpatient experience: admission to hospital; the hospital and ward; care and treatment; hospital staff; arrangements for leaving hospital; and care and support services after leaving hospital.

Other areas in which we scored highly include:

- I had enough privacy when being examined or treated – 99% positive
- The bathrooms and toilets were clean – 99% positive
- The main ward or room I stayed in was clean – 99% positive
- Overall, how would you rate your care and treatment during your stay in hospital? - 98% positive
- Overall, how would you rate the hospital and ward environment? - 98% positive

While the latest survey shows patient satisfaction remains consistently excellent with results going back to 2014, there are areas where patients highlighted room for improvement. For example, how to feedback on our services, home transport and the noise of other patients.

Read...

You can find the survey at www.careexperience.scot.nhs.uk/index.htm



Bee a flu hero. Don't infect. Protect

**We care for you! We don't want you to get flu.
And there are lots of people you care about too...**

This winter we've been aiming to maximise the flu vaccination uptake and participation amongst all Golden Jubilee Foundation staff.

We've been asking you to be a flu hero and do everything you can to keep your patients, colleagues, family and friends safe.

We can all work together to reduce flu risks for everyone.

To help make it possible for all staff to quickly and easily get their flu vaccination this year we held drop-in sessions over the last few weeks.

To protect you and your patients, family and colleagues, please contact Occupational Health for your flu vaccination on 5436.

“Staff, especially those who have contact with patients, can play a vital role in limiting the spread of the virus this year by getting vaccinated early.

“Flu is very infectious and can be serious, so don't risk your health or the health of those around you. Act now and play your part in ensuring we are ready to fight flu this winter.”

Anne Marie Cavanagh, Nurse Director



See me



We recently launched the See Me questionnaire.

“See Me” is a Scottish programme funded by the Scottish Government and Comic Relief, and managed by Scottish Association for Mental Health (SAMH) and the Mental Health Foundation, whose aim is to tackle mental health stigma and discrimination.

The information you provide will be sent to See Me for independent analysis and the report that they produce will be used by us to inform future actions and plans which will help us improve practices around mental health and wellbeing.

Look out for more information on the results and what we plan to do in the new year.

More information

Contact David Miller, Associate Director of Human Resources, on extension 5039

Celebrating World Radiographers Day

We always like to promote our staff, departments and the work we carry out. And what better day to highlight the important work of our Radiographers than on World Radiography Day.



This annual event is celebrated every 8 November and marks the anniversary of the discovery of X-rays by Wilhelm Roentgen in 1895.

Radiographers worldwide use the day to promote radiography as a career, as a vital contribution to modern healthcare and as a chance to increase public awareness of diagnostic imaging and radiation therapy.

Pictured are just some of our talented staff, celebrating their special day. Keep up the good work!

Positive feedback from our patients

We're always delighted to receive feedback on the services we provide. Our staff constantly strive to improve on our high standards each and every day.

Here's a snippet of positive feedback we've received from our patients and visitors to the Golden Jubilee National Hospital.

Joe Kibrade: "What can I say about this Hospital. The staff in all departments are first class. But best of all they gave me a better quality of life."

Noreen Heggie: "Lovely doctors and nurses made my time there really good and put me at ease. My operation went really well and the aftercare was great. They even phoned me when I got home to check on how I was getting on."

Judi Martin: "My four-day stay for a huge raft of 11 investigations, was the very best it could possibly be in any hospital. The facilities are superb, compared to so many other hospitals."

Laura Wilson: "I had an operation here and to say I was terrified was an understatement but the staff were amazing with me and gave me lots of reassurance despite being busy doing their jobs. The staff during the night made sure I was pain free and well looked after."



Gemma Henderson has been with the 205 for two years

Supporting nursing recruitment to the 205 Scottish Field Hospital

As an organisation committed to supporting the Armed Forces and Reservists, we recently welcomed the 205 Scottish Field Hospital (Army Medical Reserves) to the Golden Jubilee Foundation.

They were on a nurse recruitment drive and their aim is to recruit qualified and experienced Medical and Nursing professionals.

One member of staff who is currently part of the 205 Scottish Field Hospital is Gemma Henderson, who works in our Cardiac Catheterisation Laboratories (Cath Labs).

The 205's campaign culminated in an Open Night at their Headquarters in Govan, on Wednesday, 28 November.

Did you know?

You can find out more at:
www.army.mod.uk/who-we-are/corps-regiments-and-units/army-medical-services/205-field-hospital/



Regimental Operational Support and Welfare Officer, Samantha Wilkie, talking about the work they do to Staff Nurse Kirsten Baird



Staff Sergeant Matt McElhinney is part of the recruitment team

“I’m part of the Glasgow detachment and there’s four in total – Glasgow, Aberdeen, Dundee and Edinburgh.

“I’ve been with them for two years now. I joined up because the majority of my family have either served, or are serving in the British Army – that includes my dad, my brother and my grandparents as well.”

“The commitment is to head along on Wednesday for two hours and one weekend per month. It helps with transferrable skills too because I see injuries in the Army that I wouldn’t normally see in this job.

“I work between Theatres and Wards in the 205 and it’s very fulfilling. There’s other learning opportunities too, because, in the past two years, I’ve learned how to ski, rock climb and I’ve done some mountain biking as well.”

“It’s definitely a worthwhile recruitment drive and I’d recommend it to everyone.”

Gemma Henderson

Gillian Logan:
 My dad got home after six days in 3 East after a triple bypass turned quadruple. I have never met such a beautiful bunch of people under the one roof. Everyone was so kind to us from the cleaners, auxiliaries and nurses and surgeon who did the operation. ICU were angels, standing over him all night after surgery. I’m overwhelmed and emotional and will always be thankful.”

Patricia Rae:
 “Having waited for months for a Hip Replacement in Dundee, I was referred to this amazing hospital for the operation. I cannot praise the hospital, surgeon and staff enough for their excellent care and professionalism. The adjoining hotel for my husband to stay was also superb. Thank you Golden Jubilee.”

Sharron Richardson:
 “My dad’s routine Valve replacement op turned into a marathon and what we thought was going to be a week’s stay in hospital extended to three weeks. But every single person involved in my dad’s care has been wonderful and we cannot thank you enough for your dedication, your care and warmth not only to my dad but our whole family. Thank you all so much.”

David Russell:
 “Excellent facilities. Highly trained friendly staff using what would appear to be world class technology. This is a corner of the NHS in Scotland that we can all be truly proud of.”

Our first Black History Month event



On 12 October, we were delighted to be joined by two guest speakers for our first lunchtime learning event to mark Black History Month.

We heard from Sofi Taylor, Health Improvement Lead, NHS Greater Glasgow and Clyde and member of Unite Union Scottish Executive Committee, and **Rose Sehakizinka**, Project Coordinator, Isaro Social Integration Network.

Sofi gave us a fascinating and entertaining talk about migration and black and ethnic minority issues in the NHS, demonstrating how black workers, in particular nurses, have been treated when arriving in the UK.

Rose told us about the work of ISARO, which is social integration network working to support people from ethnic minority groups in West Dunbartonshire. ISARO run a wide range of community activities and we have agreed

to improve connections between Golden Jubilee and groups such as ISARO in our local area. You can find out more about ISARO at www.isaronetwork.org.uk

We are keen to hear from our Black Asian Minority Ethnic (BAME) staff to understand how we can continue to improve our equality and diversity support for all of our staff groups. Please get in touch with David Miller, our Senior Lead for Equalities at david.miller2@gjnh.scot.nhs.uk or call extension 5039.

Although Black History has been formally marked in the US since 1926, when it was labelled Negro History Week, it was not until 1987 until Black History Month was celebrated in the UK. Held during October each year, it is a time to promote knowledge of black history, as well share examples of positive contributions to British society by black people.

Bi Visibility Day learning session

This year, 23 September marked Bi Visibility Day – an important time to raise awareness of bi-phobia and the negative responses and behaviours experienced by bi people from heterosexual and lesbian and gay communities.

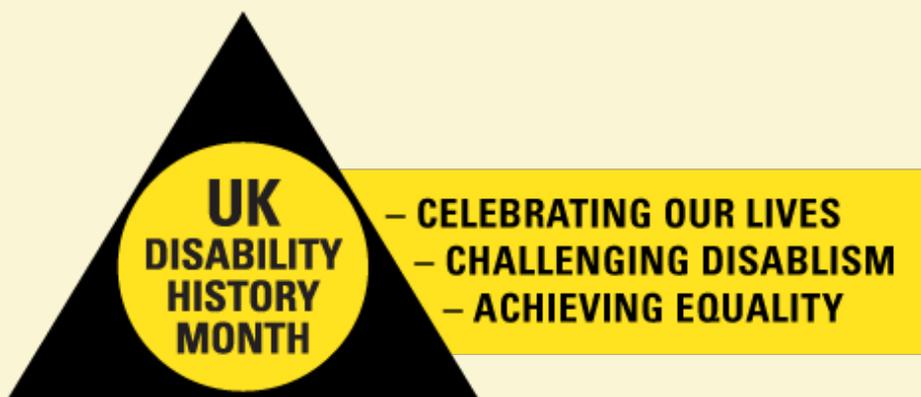
As an employer committed to equality we feel it's important to mark the day because Bi people are too often ignored and marginalised as part of LGBT-focused work.

However, research shows they experience higher levels of mental ill health than equivalent heterosexual or lesbian/gay populations.

Unfortunately a range of stereotypes still persist in relation to bi people such as the assumption that they are promiscuous, or incapable of monogamy.

Recognising that the specific experience of bi people can be very different to that of lesbian and gay people, we held a learning session for our staff, when Joanna Walker (pictured) from Virgin Money UK talked about her experiences of being a bi role model and how we can support and encourage our bi staff to be confident in their identity at work.





UK Disability History Month (UKDHM) is an annual event that runs from 22 November to 22 December and creates a platform to focus on how people with impairments struggle for equality and human rights.

This month covers World Aids Day (1 December), International Day of People with Disabilities (3 December) and International Human Rights Day (10 December).

At the Golden Jubilee Foundation we have actively worked over the last few years to create an inclusive environment where diversity is recognised and valued by rolling out and embedding our organisational Values.

We understand that two of the most common impairments impacting in the modern workplace are mental health issues and chronic pain resulting from musculoskeletal conditions.

As a result our Occupational Health Service has a range of interventions available for staff who have mental health issues and we have also established a staff physiotherapy service for staff with musculoskeletal problems.

Other work that we have undertaken to support our staff with impairments includes:

- Participating in the Disability Confident Scheme (this was previously the “positive about disability two ticks” scheme). This means that any applicant with a disability who meets the minimum job criteria is guaranteed an interview. The Foundation has achieved Level 3: Disability Confident Leader.
- Working with the Glasgow Centre for Inclusive Living (GCIL) and funding a graduate trainee post.
- Developing a range of guides including a Managers guide about Disability which includes reasonable adjustments, a Travel Guide for staff travelling overseas on Foundation business and recently a guide about Menopause.
- We have established a Staff Disability Network where staff can share experiences and provide support to colleagues as well as helping the Foundation shape the likes of services and policies. This now has a Facebook page that staff can ask to join.
- We are signed up to See Me. This is a Scottish programme funded by the Scottish Government and Comic Relief and managed by SAMH and the Mental Health Foundation, whose aim is to tackle mental health stigma and discrimination.

If you want more information on the work being undertaken to support our staff with impairments or want to join our staff network, contact our Disability lead Jane Christie-Flight on extension 5822 or email Jane.Christie-Flight@gjnh.scot.nhs.uk

Top 10 place for our LGBT champion Carole



One of our diversity champions, Carole Anderson, was named in the top 10 of the Financial Times OUTstanding LGBT+ Public Sector Executives List for the second year in a row.

Carole, our Head of Strategy and Performance and LGBT Equality Lead, was placed seventh on the list of high profile LGBT+ champions from around the world.

The OUTstanding list, which was first published last year, appears annually in a Financial Times special report on Executive Diversity with a focus on LGBT.

Carole was selected for the list as a result of the work she has done to support LGBT+ issues at the Golden Jubilee Foundation and in the community.

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“I am absolutely delighted to feature on this list again. To be named alongside LGBT champions who are known throughout the world for their equality work is definitely a massive honour.”

Carole Anderson

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Excellence Awards 2018

Recognising our heroes in the Excellence Awards

A variety of staff were rewarded for their efforts during our Excellence Awards presentation.

Cabinet Secretary for Health and Sport, Jeane Freeman MSP, presented a raft of trophies, recognising the positive difference our staff and teams make to patients, visitors, carers and guests on a daily basis.

More than 40 nominations were received across 10 categories, celebrating the success of teams and individuals for excelling in customer care, involvement, quality services, collaboration, innovation, environment, volunteering, values, and clinical education/service innovation. Judges also chose an additional nominee to receive a special recognition, with a surprise lifetime achievement also handed out.

“Our Excellence Awards are just one of the ways that we recognise those fantastic contributions our staff and volunteers make to visitors, patients and guests every day.

“Our judging panel had a really difficult job to do as the standard of entries was so high. All of our nominees truly deserve to be recognised and should be as proud of themselves as we are of them.

“Our staff and volunteers are what make the Golden Jubilee so successful: their care, compassion, innovation and ambition to always be the best - that’s who and what we are.”

Susan Douglas-Scott, Chair

Excellence in quality customer care



Nominees:

- Neil Chalmers
- Sandra Hill
- Paula McPhail
- Ward 3
- Hotel Front Office
- Hospital Reception/ Switchboard
- Occupational Health Physiotherapy
- Hotel Housekeeping

Winner: Hospital Reception / Switchboard

Excellence in quality service



Nominees:

- Mary Murray
- Centre for Health and Wellbeing
- Netcall Implementation Team

Winner: Mary Murray

Excellence in innovation



Nominees:

- Annette Hollis
- Inspire team
- Thoracic robot
- Synchrophi

Winner: Annette Hollis

Excellence in involvement



Nominees:

- Sasha Paton
- Denis Flanagan
- Hospital Expansion Team

Winner: Hospital Expansion Team

Excellence in volunteering



Nominees:

- Anna Paz
- Sandra Pairman
- Jim McClure and Sandra Pairman

Winner: Anna Paz

Excellence in collaboration



Nominees:

- Elizabeth Rogers
- Julie King and Patient Flow Team
- Orthopaedic Ward
- Pharmacy
- Gala Day Committee led by Conference Hotel team
- Hotel Front Office
- Hotel Sales Team

Winner: Gala Day Committee

Excellence in our environment



Nominees:

- Joseph Safi
- Infection Control
- Hotel Green Team
- Hotel Housekeeping
- Hotel Kitchen
- 2 East Housekeeping Team: Bridget Caldwell, Moira Raeside and May Filshie

Winner: 2 East Housekeeping team

Excellence in demonstrating our values



Nominees:

- Andy Gillies
- John MacDonald
- Orthopaedic Outpatient Nurses
- Purchasing and Stores

Winner: Orthopaedic Outpatient Nurses

William Cullen Prize for excellence in Clinical Teaching and/or service innovation



Nominees:

- Kamal Deep
- Thoracic Robot Team

Winner: Thoracic Robot Team

Platinum award



Nominees:

- Alan Kirk
- Frederic Picard
- June Rogers
- Julie McCann

Winner: June Rogers

Having worked in healthcare for 25 years, June has been instrumental in making the Golden Jubilee the success it is today. She manages the regular expansion of hospital services, delivering new ways of working, and using innovative technologies. She maintains high levels of patient satisfaction through a focus on treating patients faster, in a high quality environment, with a customer care approach.

Special recognition award



Winner: Fred Picard

Fred has worked for NHSScotland for over two decades. Fred has touched the lives of thousands of patients directly as an Orthopaedic Surgeon and indirectly as a result of being an internationally-respected pioneer in the field of computer navigation.

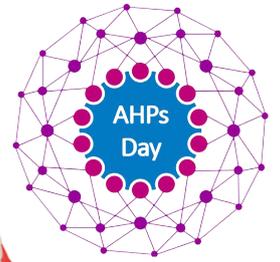
Lifetime achievement award



Winner: Jill Young

Chief Executive Jill Young led the Golden Jubilee for 14 years and spent 40 years working in the NHS. Jill has dedicated her career to improving quality and safety through the redesign of services, constantly looking for, and encouraging, new and innovative ways to ensure patients receive excellent care.

Celebrating our Allied Health Professionals



We celebrated the work of our Allied Health Professionals (AHP) with a special event in our Innovation Hub on AHP day, 15 October.

The event was a chance for us to shine the spotlight on our members of staff and to promote all the good work they do.

It was also an opportunity to come along to the Innovation Hub and find out more about this highly skilled group of staff who make a huge contribution to patient care at the Golden Jubilee National Hospital.



Watch...

Some of our staff talking about the work they do at:

- www.facebook.com/NHSGoldenJubilee/videos/1537536236391302/
- www.youtube.com/watch?v=aJ1UFX3AhE4&t=5s&fbclid=IwAR3bXBqlmUAghWhmO5ldhqSFGuvbt4zKlu9lji9Nxxw4v0KkOSyEcO8VoNtg
- www.youtube.com/watch?v=YWPYtXsFkIs&fbclid=IwAR0SEnQ6tsS_MtDAAquyROj0BLUMFKyzHBL9S5T7jphYyWShX-D0Mzoi5VY
- www.youtube.com/watch?v=FeRFeCTgmn8&fbclid=IwAR2ZZk5iFHX0r2TfLyk01UprDVGFJMRNcnZb-x0e6i5-EdxPSV8gCwFBaHk



Helping young adults make the transition to SACCS

We held our SACCS Transition Open Day in October. The event is a chance for young congenital heart patients to see what help and support is available to them when they transfer over to the adult service here at the Golden Jubilee National Hospital.

Watch...

This patient provides a fascinating insight into what is involved www.youtube.com/watch?v=2EwxsaxhTqk&t=10s&fbclid=IwAR25xTemDcNeXg-BBJT17iLVTjkwL0HNON3NrfNuP8gkiktZxTpsv3KT3b8

New Chief Executive is announced



Jann Gardner has been appointed as new Chief Executive of the Golden Jubilee Foundation, effective from 21 January 2019.

Our Director of Operations, June Rogers, will perform the role of interim Chief Executive until Jann's arrival in January.

About Jann

Jann is currently Chief Operating Officer and Interim Deputy Chief Executive at NHS Fife, where she previously held the role of Director of Strategic Planning and Performance.

She has more than 25 years of NHS and private healthcare management experience and held a variety of senior leadership roles in operations, strategy, transformation and clinical.

Jann started her career as a clinical pharmacist and worked through progressively senior roles, first within her professional field and then within wider hospital and healthcare management. She has worked within a number of organisations including NHS Fife, NHS Forth Valley, NHS Lanarkshire, NHS Greater Glasgow and Clyde, NHS North Yorkshire and Health Care International.

“I am absolutely thrilled to be taking up the role of Chief Executive of the Golden Jubilee Foundation Board.

“The Golden Jubilee Foundation is an organisation which has achieved outstanding success and I am privileged to be joining at this time with the expansion plans for Ophthalmology and Orthopaedics already on the horizon.

“I look forward to working with colleagues within the Foundation, across NHSScotland and beyond to further develop the opportunities to improve the health of the people of Scotland.”

Jann Gardner

Birthday celebrations



Morag McMillan (pictured centre) from our catering team recently celebrated her 60th birthday. Here she is enjoying the day with her colleagues.

End of an era

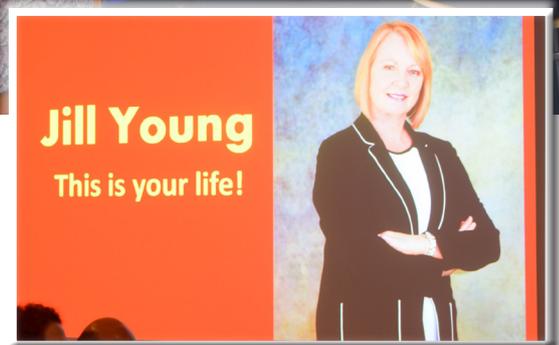


It was the end of an era as we bid farewell to Jill Young after 14 years as our Chief Executive.

Jill clocked out for the last time on St Andrew's Day (30 November 2018), more than 40 years after starting her NHS career.

Colleagues old and new gathered to wish Jill a happy retirement and present her with gifts to remember the Golden Jubilee by.

Director of Operations June Rogers has taken over as Interim Chief Executive until Jann Gardner takes up her post on 21 January 2019.



.....
“It has been my honour and my privilege to be Chief Executive of the Golden Jubilee Foundation. It has undoubtedly been the most exceptional job I could have wished for.



“I am leaving the Golden Jubilee in safe hands, and I am confident that it will continue operating at the highest level and delivering exceptional research, quality and innovation for the people of Scotland and beyond.”



Jill Young

.....
“Jill has dedicated her entire career to improving quality and safety through the redesign of services, constantly looking for and encouraging new and innovative ways to ensure patients receive excellent care.



“All of us here at the Golden Jubilee wish Jill a long and happy retirement, and know that she will always be a part of our Golden Jubilee family.”

Susan Douglas-Scott, Chair



Jill Young receives flowers on her last day at the Golden Jubilee from West Dunbartonshire Provost William Hendrie

Golden Jubilee 'Fab Five' shortlisted for industry awards

Five dedicated members of staff from our Conference Hotel have been shortlisted in the People of Excellence Awards at the Scottish Hotel Awards 2019.

Sasha Paton, Denis Flanagan, Vicki Miller, Margaret Young and Gary Gault have all been put forward for the final in their individual categories after receiving individual certificates in the Autumn People of Excellence commendations.

- Sasha Paton, Duty Operations Manager of the Year finalist;
- Denis Flanagan, Food and Beverage Manager of the Year finalist;
- Vicki Miller, Housekeeper of the Year finalist;
- Margaret Young, Banqueting Individual of the Year finalist; and
- Gary Gault, Banqueting Chef of the Year finalist.

The People of Excellence Awards are presented annually as part of the Scottish Hotel Awards. The Scottish Hotel Awards celebrate exceptional hospitality professionals, with the People of Excellence certificates recognising those who go the extra mile.

The five staff members will discover if they are winners during the Regional Final in January.

“Our teams across the Hotel are committed and hard-working and pay particular attention to detail. As a values based employer, we aim to support staff to be the very best that they can be.

“Exceptional service comes from exceptional people and these awards give us the opportunity to recognise and reward individual members of staff who go above and beyond the expectations of the Golden Jubilee and our guests. We wish Sasha, Denis, Vicki, Margaret and Gary all the very best in January.”

Bronagh Bell, Director of the Golden Jubilee Conference Hotel

Denis takes the hotel reigns



Denis Flanagan has been appointed Interim Hotel Manager until the end of March.

Everyone at the Golden Jubilee Foundation would like to congratulate Denis on his appointment.



Many happy returns to Lorraine Alexander from the Finance department, who recently celebrated turning the big 4-0.

Lorraine (pictured centre) returned from holiday to be showered with gifts from her big-hearted colleagues.

“My colleagues’ generosity towards me for my 40th has made it less painful for me. I am extremely humbled and I’m so very lucky to work with such lovely, thoughtful people.”

Lorraine Alexander





Two new members appointed to our Board

Stephen McAllister, a former police officer, and Linda Semple, who recently held senior positions in the NHS and Scottish Government, have been announced as non-executive Board members by the Cabinet Secretary for Health and Sport, Jeane Freeman.

Stephen, previously a Divisional Commander for Police Scotland, has extensive experience leading people through organisational changes.

Since his retirement, he has worked on the boards of the Samaritans and social enterprise Lifelink as a volunteer member.

Following a successful career in publishing, bookselling and journalism, Linda Semple was an Assistant Director in NHS Ayrshire and Arran for eight years.

She also worked in many NHS roles focusing on Health Intelligence, Health Economics and Quality Improvement.

Most recently, she was seconded into the Scottish Government where she ran a number of national improvement projects over the past five years, retiring in March as Head of Sustainability and Value.

In addition to Linda's strategic and analytical experience in health systems, she has spent time volunteering for LGBT and Women's organisations and in the third sector.

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“We are extremely pleased to welcome Stephen and Linda as part of our Board team.

“Their achievements and dedication in their careers, as well as their extra-curricular interests will bring so much experience as we move into a pivotal period here.

“It is such an exciting time to be part of the Golden Jubilee Foundation, which is at the heart of quality, research and innovation for the NHS in Scotland.

“With our expansion plans moving forward, our new Board members will be using their skills to ensure we continue to deliver safe, effective and person centred care as we treat more people across Scotland.”

Susan Douglas-Scott, Chair
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Well done Zahid

We would like to congratulate Mr Zahid Mahmood on his appointment to a substantive post as Consultant Cardiac Surgeon.

He has been an asset to the department for several years already and we are delighted to have him join us as a permanent member of the team.

Welcome to new Expansion team member



Rob White is joining our hospital expansion team as our Architect and Access Consultant.

As a qualified architect, Rob brings a wealth of both design and access knowledge and experience and will be a great asset to the programme as we finalise both our phase one detailed design and embark upon developing the design for phase two.

Rob will be a member of all workstream groups, the Programme Steering Group and the Monthly Principal Supply Chain Partners (PSCP) progress meeting and PSCP design team meeting.

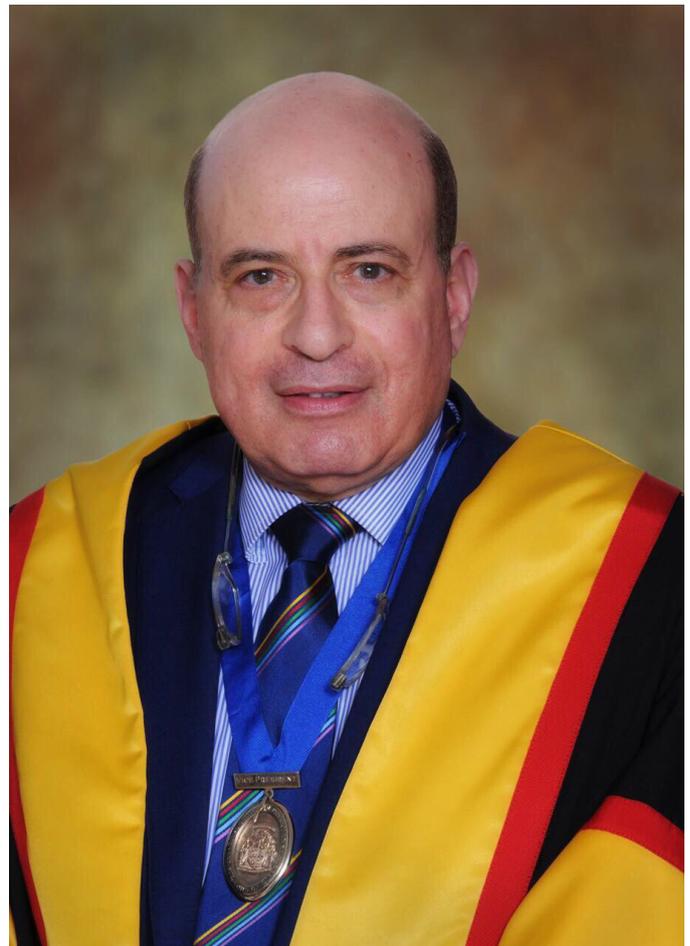
Professorship for Hany Eteiba

One of our Consultant Cardiologists has been recognised for his services to the medical profession and clinical research with an honorary title from the University of Glasgow.

Hany Eteiba, who is also our Associate Medical Director, has been awarded an Honorary Professorship at the University’s Institute of Cardiovascular and Medical Sciences.

The title recognises Professor Eteiba’s distinguished career as an interventional cardiologist and acknowledges his collaboration with the University’s academic team on vital clinical research projects.

The honorary professorship follows Professor Eteiba’s appointments as President of the Scottish Cardiac Society (SCS) and Vice President (Medical) of the Royal College of Physicians and Surgeons Glasgow (RCPSG), and an International Lifetime Achievement award from the Egyptian Society of Cardiology.



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“I am extremely proud to receive an Honorary Professorship with the University of Glasgow’s Institute of Cardiovascular and Medical Sciences.

“This is as a testament to the excellent clinical service and the quality research and innovation delivered by a highly motivated team. This cohesive team spirit and ethos of work earned the Golden Jubilee a prominent place worldwide as a national centre of excellence and internationally renowned institution of advanced medical research and training.

“Having spent my entire career working with healthcare professionals across the globe to improve treatment and service delivery to patients, I am looking forward to further collaborative work with our academic colleagues in the University of Glasgow to explore how we can best help Scottish patients have healthier lives and even live longer.”

Professor Eteiba
.....

.....
“On behalf of everyone at the Golden Jubilee, I would like to offer Hany my sincere congratulations on being recognised by the University of Glasgow with an honorary professorship.”

“This further supports the important relationship we have with the university and will ensure we continue to spread the Golden Jubilee Foundation’s vision of leading quality, research and innovation for the NHS in Scotland.”
Mike Higgins, Medical Director
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“The University of Glasgow is pleased and proud to bestow the title of Honorary Professor on Dr Hany Eteiba.

“Professor Eteiba is a distinguished leader and clinician in cardiovascular medicine and a long-time collaborator of the University of Glasgow.”
Dame Anna Dominiczkak, Vice Principal and Head of the College of Medical, Veterinary and Life Sciences at the University of Glasgow
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Remembering Stewart Hillis



Our staff got into the swing of things when they headed to Stirling Golf Club to contest the Golden Jubilee Annual Cardiology Golf Competition for the Professor Stewart Hillis Memorial Trophy.

Professor Hillis, who sadly passed away in 2014, was known around the world for his pioneering work in cardiology and his extensive work within Scottish football and the Scotland international team.

Professor Hillis also played a major role in establishing the Scottish Adult Congenital Cardiac Service (SACCS) at the Golden Jubilee National Hospital.

Many thanks to all who entered the competition.

Staff raise more than **£1000** with a Wear it Pink Bake Sale

wear it
pink



Pictured left to right: Jennifer Harrison, Ashley McFarlane, Dot Carswell and Pamela Firth

Our amazing staff raised **£1050** for Breast Cancer Now following a Wear It Pink Bake Sale in the theatre staffrooms.

Organiser Ashley McFarlane would like to thank all those who donated raffle prizes, brought along contributions for the bake sale, those who took part in the day's events and everyone who helped raise such a fantastic sum.

Team get on their bikes for fundraising challenge

Massive well done to our Team Jubilee which completed the 45-mile Pedal for Scotland Classic Challenge from Glasgow to Edinburgh, while raising over £1000 for the Foundation.

Philip Cole, Angela Harkness, Amelia Clifford (all pictured) and Mark MacGregor cycled the route to raise money in celebration of 10 years of Heart and Lung Services here at the Golden Jubilee and 70 years of the NHS.



Pictured left to right: Philip, Angela and Amelia

Gala Day Fun

for all the family

Nearly 3000 people helped us celebrate 70 years of the NHS and 10 years of heart and lung services at a fun packed Gala Day.

Staff, supporters and the local community experienced a day of fun filled attractions and activities.

The big celebration kicked-off with a parade of local community groups, before West Dunbartonshire Provost William Hendrie declared the Gala Day open.

Master of Ceremonies was The Greatest Showman and he was on hand to provide the updates, chat to the crowds and introduce the live acts.

Different coloured zones gave people the chance to walk round the grounds, buy a gift or get information at one of the 40+ stalls, take part in games and challenges, or watch their little ones enjoy a stint on the bouncy castles, ponies and fairground rides.

For older children there was the chance to test their gaming skills against the Foundation staff or assent the climbing wall.

To encourage healthy lifestyles the Centre for Health and Wellbeing team put on a traditional sports day for kids and adults and Jog Scotland held a fun run for children.



“The Gala Day was such a fantastic success, it was truly a wonderful day enjoyed by all that attended.

“It was an extremely family and community-based day and I’d like to thank everyone involved in the organisation of our Gala Day.”

Jill Young, Chief Executive

“The aim of this fun-packed day was to say thank you to the local community and to our staff for their hard work and dedication to caring for the people of Scotland.”

Bronagh Bell, Director of Golden Jubilee Conference Hotel and part of the organising Committee





Jubilee's Got Talent was a smash hit!

Forget the X-Factor..... our staff strutted their stuff and brought the house down during Jubilee's Got Talent.

In the Arcoona, in front of a packed audience, our members of staff proved they're no slouches when it comes to entertainment.

Pointe and Shake, The Abbarrythmias, The Heart Stoppers and Fiona Green were just some of the talented acts, hoping to catch the judges' eyes on the night.

In the end, though, it was Hotel receptionist Mel Tulloch's rendition of the Whitney Houston classic 'I have nothing' which saw her win the top prize.

In between, though, the executives had the audience in stitches with a Taskmaster segment that will live long in the memory.

Also providing additional entertainment were our Chief Executive, Jill Young, reciting some Burns style poetry, while our Board Chair Susan Douglas-Scott sang some of her own favourite musical numbers.

The event in September was part of our 70th Anniversary of the NHS celebrations and our 10th Anniversary of our Heart and Lung services

A host of photos are available on our facebook pages and can be purchased. And make sure you get your hands on a special DVD of Jubilee's Got Talent, by contacting our Research team at research@goldenjubilee.scot.nhs.uk.





Pointe 'n' Shake



Shockwaves



Kyle Johnston



Andy Gillies



Lisa McCormick



Beth Cameron



The Heart Stoppers



Jubilee's Got Talent Cake



Jim McClure



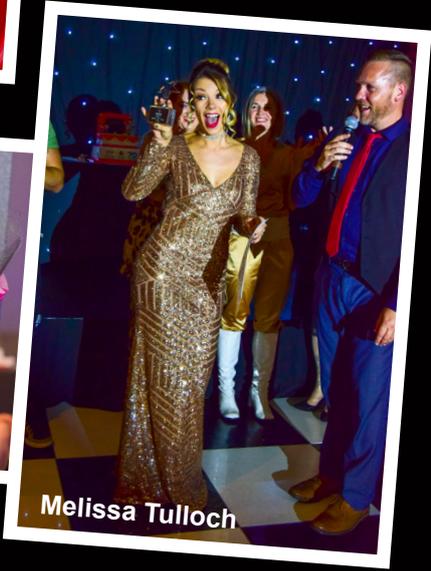
Derek Phillips



Robert McDade



Alex Tewkesbury



Melissa Tulloch

Tell us what you think

We are testing out designs for your staff magazine, Jubilee Life. Please take a few minutes to tell us what you think.



1. Did you find the magazine interesting?

1 = very, 2 = quite, 3 = average, 4 = not very, 5 = not at all



2. Did you find the magazine easy to read?

1 = very, 2 = fairly, 3 = average, 4 = not very, 5 = not at all



3. Where did you access the magazine?

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4. How do you think we could improve the magazine?

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5. Any other comments?

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6. If you would like a response to your comments, please provide your contact details below.

Name: Extension number:

Email:

Please send your comments to the Communications Team by emailing comms@gjnh.scot.nhs.uk

[Golden Jubilee Foundation, Golden Jubilee Foundation, Beardmore Street, Clydebank, G81 4HX](#)

